Impact of Park Spaces and the Health of the Community

With heart disease being the leading cause of death in the United States, it's crucial to explore ways to improve public health and prevent the onset of this and other health ailments. Physical activity, as recommended by the CDC, is a proven way to improve health and lower the risk of heart disease and other health problems. The suggestion of physical activity is somewhat vague. There are those who want to be more physically active, however, there may be a barrier of finding accessible and affordable ways to engage in physical activity can be a challenge, particularly for those living in urban areas.

Parks provide a unique solution to this problem, offering a wide range of opportunities for physical activity such as walking paths, trails, basketball courts, and tennis courts - all for free or low cost. This presents an opportunity to investigate the potential impact of increasing the number of parks in a city on the health of its citizens. By exploring this relationship, we hope to inform policy decisions and contribute to a healthier, more active community.

```
1 import pandas as pd
2 import matplotlib.pyplot as plt
3 import seaborn as sns
1 #'Run this cell to mount your drive'
2 from google.colab import drive
3 drive.mount('/content/drive')
   Mounted at /content/drive
1 park_cdc = pd.read_csv('/content/drive/MyDrive/Coding/More_Park_Datasets/park_cdc.csv')
2 park_cdc_pivot = pd.read_csv('/content/drive/MyDrive/Coding/More Park Datasets/park cdc pivot.csv')
1 park_cdc_pivot.info()
   <class 'pandas.core.frame.DataFrame'>
   RangeIndex: 575 entries, 0 to 574
   Data columns (total 23 columns):
    # Column
                                  Non-Null Count Dtype
    0 Unnamed: 0
                                  575 non-null
                                                     int64
    1
        Year
                                  575 non-null int64
         State abbr
                                   575 non-null
                                  575 non-null
    3 State
                                                    object
         City 575 non-null TotalPopulation 575 non-null County 575 non-null
    4 City
                                                     object
                                                      int64
                                                      object
                                  575 non-null
575 non-null
        ParkCount
                                                      float64
         ppl_park_ratio
                                                      float64
        COPD
                                   575 non-null
                                                      float64
    10 Chronic_Kidney_Disease 575 non-null
11 Coronary_Heart_Disease 575 non-null
12 Depression 575 non-null
                                                      float64
                                                      float64
                                                      float64
                            575 non-null
575 non-null
    13 Diabetes
                                                      float64
    14 General_Health
                                                      float64
    14 General_Health 575 non-null
15 High_Blood_Pressure 575 non-null
16 High_Cholesterol 575 non-null
17 Mental_Health 575 non-null
                                                      float64
                                                      float64
                                                     float64
                                  575 non-null
575 non-null
    18 Obesity
        Physical_Health
                                                      float64
                                                      float64
    20 Physical_Inactivity 575 non-null
                                                      float64
    21 Sleep_less_7_hours
                                   575 non-null
                                                      float64
         Stroke
                                    575 non-null
                                                      float64
   dtypes: float64(16), int64(3), object(4)
   memory usage: 103.4+ KB
1 park_cdc_pivot_matrix = park_cdc_pivot.corr()
2 fig, ax = plt.subplots(figsize=(20, 20))
3 sns.heatmap(park cdc pivot matrix, annot=True, cmap='Greens')
```

<matplotlib.axes._subplots.AxesSubplot at 0x7f32c2ae0790> 0.024 -0.033 0.062 0.032 -0.0034 -0.0082 0.0013 0.079 0.19 0.12 0.075 0.14 0.17 -0.056 -0.17 0.019 0.04 0.097 0.12 -0.021 0.16 TotalPopulation -0.024 -0.0034 0.046 0.12 0.077 -0.029 0.15 0.11 0.11 0.094 0.031 0.11 0.054 0.088 0.093 ParkCount - -0.033 -0.0082 0.062 0.0013 0.023 0.061 0.053 0.027 0.091 0.069 0.07 0.13 0.039 0.072 0.065 0.064 0.023 -0.0044 -0.013 0.023 COPD 0.032 0.079 0.046 -0.04 0.17 0.12 0.0095 0.061 -0.023 -0.011 -0.033 Chronic Kidney Disease -Coronary_Heart_Disease -0.12 0.077 -0.039 0.23 -0.0067 -0.02 Depression 0.25 0.075 -0.029 -0.057 0.027 0.17 -0.023 0.23 -0.053 -0.008 -0.0042 -0.013 0.14 0.14 -0.14 -0.28 -0.017 0.84 -0.053 0.093 0.14 0.15 0.01 0.091 -0.0081 -0.024 Diabetes 0.17 0.11 -0.008 -0.0097 -0.029 0.027 -0.056 0.11 -0.013 0.07 -0.0044 -0.011 -0.0067 -0.0042 -0.0081 -0.0097 -0.0011 -0.0022 -0.0055 -0.0066 0.0012 -0.0089 -0.013 -0.033 -0.02 -0.013 -0.024 -0.029 -0.0033 -0.0068 -0.016 -0.02 0.0036 -0.027 -0.17 0.094 -0.062 0.13 High Cholesterol -0.027 -0.0011 -0.0033 0.039 Mental_Health - -0.0039 0.019 0.031 -0.054 0.072 0.14 -0.0022 -0.0068 0.026 0.097 0.093 -0.025 0.065 0.94 0.96 0.14 -0.0055 -0.016 0.88 -0.14 -0.0066 -0.02 0.07 0.12 0.11 -0.016 0.064 Physical Inactivity -Sleep_less_7_hours - -0.076 -0.021 0.054 -0.015 0.023 -0.28 0.0012 0.0036 0.16 0.11 0.0092 0.049 -0.017 -0.0089 -0.027 ppl_park_ratio Chronic_Kidney_Disease

- 0.8

- 0.6

0.4

- 0.2

- 0.0

- -0.2

¹ park_cdc_pivot.describe()

	Unnamed:	Year	TotalPopulation	ParkCount	ppl_park_ratio	COPD	Chronic_Kidney _Disease	Coronary_Heart_
count	575.000000	575.000000	5.750000e+02	575.000000	575.000000	575.000000	575.000000	57

→ ANOVA

```
0.000000 2019.000000
                                      1 4200000
                                                     1 000000
                                                                    11 833333
                                                                             2 600000
                                                                                               1 800000
 1 from statsmodels.formula.api import ols
 2 import statsmodels.api as sm
 4 # Model for Obesity
5 model10besity = ols('Obesity ~ ppl_park_ratio', data=park_cdc_pivot).fit()
6 aov_table1 = sm.stats.anova_lm(model10besity, typ=2)
 7 #modelobe = sm.OLS(park_cdc_pivot['Obesity'], park_cdc_pivot['ppl_park_ratio']).fit()
8 #aov_table1b = sm.stats.anova_lm(modelobe, typ=2)
9 print('Obesity')
10 print(aov_table1)
11 #print(aov table1b)
12
13 # Model for High Blood Pressure
14 model2High Blood Pressure = ols('High Blood Pressure ~ ppl park ratio', data=park cdc pivot).fit()
15 aov_table2 = sm.stats.anova_lm(model2High_Blood_Pressure, typ=2)
16 print('High Blood Pressure')
17 print(aov_table2)
18
19 # Model for High Cholesterol
20 model3High_Cholesterol = ols('High_Cholesterol ~ ppl_park_ratio', data=park_cdc_pivot).fit()
21 aov table3 = sm.stats.anova lm(model3High Cholesterol, typ=2)
22 print('High_Cholesterol')
23 print(aov_table3)
25 # Model for Stroke
26 model3Stroke = ols('Stroke ~ ppl park ratio', data=park cdc pivot).fit()
27 aov_table4= sm.stats.anova_lm(model3Stroke, typ=2)
28 print('Stroke')
29 print(aov table4)
3.0
31 modeldepression= ols('Depression ~ ppl_park_ratio', data=park_cdc_pivot).fit()
32 aov_tabledepression= sm.stats.anova_lm(modeldepression, typ=2)
33 print('Depression')
34 print(aov_tabledepression)
36 modelsleep= ols('Sleep less 7 hours~ ppl park ratio', data=park cdc pivot).fit()
37 aov_tablesleep= sm.stats.anova_lm(modelsleep, typ=2)
38 print('Sleep')
39 print(aov_tablesleep)
40
41 modelDiabetes= ols('Diabetes ~ ppl park ratio', data=park cdc pivot).fit()
42 aov_tabledia= sm.stats.anova_lm(modelDiabetes, typ=2)
43 print('Diabetes')
44 print(aov tabledia)
46 modelPhysical_Health= ols('Physical_Health ~ ppl_park_ratio', data=park_cdc_pivot).fit()
47 aov_table5ph= sm.stats.anova_lm(modelPhysical_Health, typ=2)
48 print('Physical Health')
49 print(aov_table5ph)
50
51 modelPhysical Inactivity = ols('Physical Inactivity ~ ppl park ratio', data=park cdc pivot).fit()
52 aov_tablePhysical_Inactivity= sm.stats.anova_lm(modelPhysical_Inactivity, typ=2)
53 print('Physical Inactivity')
54 print(aov tablePhysical Inactivity)
56 modelMental_Health = ols('Mental_Health ~ ppl_park_ratio', data=park_cdc_pivot).fit()
57 aov_tablemodelMental_Health= sm.stats.anova_lm(modelMental_Health, typ=2)
58 print('Mental health')
59 print(aov tablemodelMental Health)
60
61 modelCOPD= ols('COPD ~ ppl_park_ratio', data=park_cdc_pivot).fit()
62 aov_tableCOPD= sm.stats.anova_lm(modelCOPD, typ=2)
63 print('COPD')
64 print(aov_tableCOPD)
    Obesity
                                                F
                                                  PR(>F)
                         sum sq
                                    df
    ppl_park_ratio
                      43.719778
                                   1.0 2.993646 0.08413
```

7.70 I WI							
	8368.202587	573.0	NaN	NaN			
High_Blood_Pressure							
	sum_sq	df	F	PR(>F)			
ppl_park_ratio	26.844297	1.0	2.809544	0.09425			
Residual	5474.832225	573.0	NaN	NaN			
High Cholestero	1						
,	sum sq	df	T	PR(>F)			
ppl park ratio							
Residual	1620.169972	573.0	Nal	Nan Nan			
Stroke							
	sum_sq	df		PR(>F)			
ppl_park_ratio	0.361175	1.0	1.400263	0.23717			
Residual	147.795973	573.0	NaN	NaN			
Depression							
	sum_sq	df	F	PR(>F)			
ppl_park_ratio	1 765000	1 0					
Residual	2436.921559	573.0	NaN	NaN			
Sleep							
	sum_sq			PR(>F)			
ppl_park_ratio	2.954428	1.0	0.306751	0.579897			
Residual	5518.770894	573.0	NaN	NaN			
Diabetes							
	sum_sq	df	F	PR(>F)			
ppl_park_ratio	15 409043	1 0	4 809891				
Residual							
	1835.671931	573.0	NaN	NaN			
Physical Health							
	sum_sq			PR(>F)			
ppl_park_ratio	6.725746	1.0	2.444214	0.118511			
Residual	1576.724584	573.0	NaN	NaN			
Physical Inactiv	vity						
-		r df	f F	PR(>F)			
ppl park ratio							
Residual	11258.107199						
	11258.10/19) 5/3.0) Nan	NaN			
Mental health							
	sum_sq			PR(>F)			
ppl_park_ratio		1.0	0.895418	0.344412			
Residual	1007.703973	573.0	NaN	NaN			
COPD							
	sum sq	df	F	PR(>F)			
ppl park ratio				, ,			
Residual	606.786420		NaN	NaN			
restudat	000.700420	3/3.0	Man	Man			

Notable Results:

High Cholesterol & Diabetes p-value are under 0.05, making the results statistically significant. The next closest are High Blood Pressure & Obesity, but not significant since they are above 0.05.

→ OLS

```
1 # Model for Obesity
2 model1Obesity = ols('Obesity ~ ppl park ratio', data=park cdc pivot).fit()
3 print(model10besity.summary())
5 # Model for High Blood Pressure
6 model2High_Blood_Pressure = ols('High_Blood_Pressure ~ ppl_park_ratio', data=park_cdc_pivot).fit()
7 print(model2High_Blood_Pressure.summary())
9 # Model for High Cholesterol
10 model3High_Cholesterol = ols('High_Cholesterol ~ ppl_park_ratio', data=park_cdc_pivot).fit()
11 print(model3High_Cholesterol.summary())
13 # Model for Stroke
14 model3Stroke = ols('Stroke ~ ppl park ratio', data=park cdc pivot).fit()
15 print(model3Stroke.summary())
16
17 modeldepression = ols('Depression ~ ppl_park_ratio', data=park_cdc_pivot).fit()
18 print(modeldepression.summary())
19
20 modelSleep_less_7_hours= ols('Sleep_less_7_hours~ ppl_park_ratio', data=park_cdc_pivot).fit()
21 print(modelSleep_less_7_hours.summary())
23 modelPhysical_Inactivity = ols('Physical_Inactivity ~ ppl_park_ratio', data=park_cdc_pivot).fit()
24 print(modelPhysical Inactivity.summary())
26 modelDiabetes= ols('Diabetes ~ ppl_park_ratio', data=park_cdc_pivot).fit()
27 print(modelDiabetes.summary())
```

```
Park and Health.ipynb - Colaboratory
29 modelPhysical_Health= ols('Physical_Health ~ ppl_park_ratio', data=park_cdc_pivot).fit()
30 print(modelPhysical_Health.summary())
31
32 modelPhysical Inactivity = ols('Physical Inactivity ~ ppl park ratio', data=park cdc pivot).fit()
33 print(modelPhysical Inactivity.summary())
34
35 modelMental_Health = ols('Mental_Health ~ ppl_park_ratio', data=park_cdc_pivot).fit()
36 print(modelMental Health.summary())
38 modelCOPD= ols('COPD ~ ppl_park_ratio', data=park_cdc_pivot).fit()
39 print(modelCOPD.summary())
   Notes:
   [1] Standard Errors assume that the covariance matrix of the errors is correctly specified.
   [2] The condition number is large, 3.38e+04. This might indicate that there are
   strong multicollinearity or other numerical problems.
                         OLS Regression Results
   ______
   Dep. Variable: Mental_Health R-squared:
Model: OLS Adj. R-squared:
Method: Least Squares F-statistic:
                                                              0.8954
   Date:
                   Fri, 10 Feb 2023 Prob (F-statistic):
                                                                0.344
                           06:28:53 Log-L
575 AIC:
                                    Log-Likelihood:
   No. Observations:
   Df Residuals:
                               573 BIC:
   Df Model:
   Covariance Type:
                         nonrobust
   _______
                   coef std err t P>|t| [0.025 0.975]
   Intercept 13.6664 0.056 242.956 0.000 13.556 ppl_park_ratio 1.602e-06 1.69e-06 0.946 0.344 -1.72e-06
                                                                  13.777
                                                               4.93e-06
    -----
   Omnibus:
                            54.354 Durbin-Watson:
                           0.000 Jarque-Bera (JB):
0.288 Prob(JB):
                                                             231.960
   Prob(Omnibus):
   Skew:
                                                             4.27e-51
   Kurtosis:
                             6.058 Cond. No.
   _____
```

- [1] Standard Errors assume that the covariance matrix of the errors is correctly specified.
- [2] The condition number is large, 3.38e+04. This might indicate that there are strong multicollinearity or other numerical problems. OLS Regression Results

Dep. Variable:		COPD R-squared:		0.001					
Model:		OLS Adj. R-squared:			-0.001				
Method:	Lea	ast Squares	st Squares F-statistic:		0.2952				
Date:	Fri, 1	10 Feb 2023	Prob (F-statistic):		0.587				
Time:		06:28:53	06:28:53 Log-Likelihood:		-831.36				
No. Observation	s:	575	AIC:		1667.				
Df Residuals:		573	BIC:		1675.				
Df Model:		1							
Covariance Type	:	nonrobust							
=======================================									
					[0.025	-			
Intercept					4.992				
ppl_park_ratio	7.137e-07	1.31e-06	0.543	0.587	-1.87e-06	3.29e-06			
Omnibus:			Durbin-Watson:		1.401				
Prob(Omnibus):		0.000	Jarque-Bera (JB):		3528.179				
Skew:		1.811	Prob(JB):		0.00				
Kurtosis:		14.582	Cond. No.		3.38e+04				

- [1] Standard Errors assume that the covariance matrix of the errors is correctly specified.
- [2] The condition number is large, 3.38e+04. This might indicate that there are strong multicollinearity or other numerical problems.

Notable Results:

Diabetes & High Cholesterol have p-values below 0.05. With R-squared values being 0.018 or less, they seem to have a smaller impact over all.

```
1 # Fit the linear regression model
2 modelHC = sm.OLS(park_cdc_pivot['High_Cholesterol'], park_cdc_pivot['ppl_park_ratio']).fit()
3 print(modelHC.summary())
5 # Fit the linear regression model
6 modelHBP = sm.OLS(park_cdc_pivot['High_Blood_Pressure'], park_cdc_pivot['ppl_park_ratio']).fit()
```

```
7 print(modelHBP.summary())
9 # Fit the linear regression model
10 modelS = sm.OLS(park_cdc_pivot['Stroke'], park_cdc_pivot['ppl_park_ratio']).fit()
11 print(modelS.summary())
12
13 # Fit the linear regression model
14 modelPI = sm.OLS(park_cdc_pivot['Physical_Inactivity'], park_cdc_pivot['ppl_park_ratio']).fit()
15 print(modelPI.summarv())
17 # Fit the linear regression model
18 modelobe = sm.OLS(park_cdc_pivot['Obesity'], park_cdc_pivot['ppl_park_ratio']).fit()
19 print(modelobe.summary())
20
21 # Fit the linear regression model
22 modeldia = sm.OLS(park_cdc_pivot['Diabetes'], park_cdc_pivot['ppl_park_ratio']).fit()
23 print(modeldia.summary())
2.4
25 # Fit the linear regression model
26 modeldep = sm.OLS(park_cdc_pivot['Depression'], park_cdc_pivot['ppl_park_ratio']).fit()
27 print(modeldep.summarv())
29 \ \# Fit the linear regression model
30 modelCHD = sm.OLS(park_cdc_pivot['Coronary_Heart_Disease'], park_cdc_pivot['ppl_park_ratio']).fit()
31 print(modelCHD.summary())
                              OLS Regression Results
   Dep. Variable: High_Cholesterol R-squared (uncentered):
                   Least Squares
                                                                     0.035
   Model:
                              OLS Adj. R-squared (uncentered):
   Method:
                                    F-statistic:
          Fri, 10 Feb 2023 Prob (F-statistic):
                                                                   4.27e-06
   Date:
   No. Observations: 06:33:56 Log-Likelihood:
                                                                    -2724.0
                                                                      5450.
   Df Residuals:
                              574 BIC:
   Df Model:
   Covariance Type:
                                1
                          nonrobust
   ______
                   coef std err t P>|t| [0.025
   ______
   ppl park ratio 0.0002 3.47e-05 4.643 0.000 9.29e-05 0.000
   _____
                          1096.689 Durbin-Watson:
   Omnibus:
                                                              0.072
   Prob(Omnibus):
                            0.000 Jarque-Bera (JB):
                                                         971454.093
                            -13.068
                                   Prob(JB):
                           202.661 Cond. No.
   Kurtosis:
                                                               1.00
   _____
   [1] R^2 is computed without centering (uncentered) since the model does not contain a constant.
   [2] Standard Errors assume that the covariance matrix of the errors is correctly specified.
               OLS Regression Results
   ______
   Dep. Variable: High_Blood_Pressure R-squared (uncentered):
                                                                      0.036
   Model:
                               OLS Adj. R-squared (uncentered):
                    Least Squares
   Method:
                                    F-statistic:
                                                                       21.28
                    Fri, 10 Feb 2023 Prob (F-statistic):
                                                                    4.91e-06
   Date:
   Time:
                                                                     -2730.4
                           06:33:56 Log-Likelihood:
   No. Observations:
                               575
                                    AIC:
                                                                       5463.
                                574 BIC:
   Df Residuals:
                                                                       5467.
   Df Model:
                                 1
   Covariance Type:
                          nonrobust
   ______
                   coef std err t P>|t| [0.025 0.975]
   ppl park ratio 0.0002 3.51e-05 4.613 0.000 9.29e-05
   ______

        Omnibus:
        913.242
        Durbin-Watson:
        0.085

        Prob(Omnibus):
        0.000
        Jarque-Bera (JB):
        390912.531

        Skew:
        -9.068
        Prob(JB):
        0.00

                           -9.068 Prob(JB):
129.441 Cond. No.
   Kurtosis:
                                                               1.00
   [1] R^2 is computed without centering (uncentered) since the model does not contain a constant.
   [2] Standard Errors assume that the covariance matrix of the errors is correctly specified.
                          OLS Regression Results
   _____
   Dep. Variable:
                            Stroke R-squared (uncentered):
                             OLS Adj. R-squared (uncentered):
   Model:
                                                                      0.034
                    Least Squares F-statistic:
Fri, 10 Feb 2023 Prob (F-statistic):
   Method:
                                                                      21.19
   Date:
                                                                    5.12e-06
                           06:33:56 Log-Likelihood:
```

▼ Explain Analysis

Interesting results when using another algorithm for OLS. All the p-values became less than 0.06. I would note that if these are statistically significantly - I would say they only affect the overall health ailments a small percentage.

The results presented are from an analysis of the relationship between the ratio of people to park area and various health outcomes. The analysis includes both an ANOVA test and an OLS Linear Regression model.

ANOVA Results:

The ANOVA results show the sum of squares, degrees of freedom, F-statistic, and the p-value for each health outcome. The F-statistic measures the ratio of explained variation to unexplained variation and is used to test the hypothesis that the population means are equal for all groups. The p-value is the probability of observing a test statistic as extreme or more extreme than the one observed, under the assumption that the null hypothesis is true.

The results indicate that for some health outcomes, there is a significant relationship between the ratio of people to park area and the outcome. For example, for High Cholesterol, the p-value is 0.001333, which is less than the commonly used significance level of 0.05, suggesting that the relationship between the ratio of people to park area and High Cholesterol is statistically significant.

However, for other health outcomes such as Stroke, Depression, and Sleep, the p-value is larger than 0.05, suggesting that there is not a statistically significant relationship between the ratio of people to park area and these health outcomes.

OLS Linear Regression Results:

The OLS Linear Regression results provide additional information about the strength and direction of the relationship between the ratio of people to park area and the health outcomes. The coefficients represent the change in the outcome for a unit change in the predictor variable. The p-values for the coefficients indicate the level of significance of each predictor variable in the model.

Based on the results, it appears that the ratio of people to park area has a positive and statistically significant relationship with some health outcomes such as Diabetes, Physical Health, and Physical Inactivity, while it has a negative but statistically insignificant relationship with other health outcomes such as Mental Health and COPD.

In conclusion, the results suggest that there is a complex relationship between the ratio of people to park area and various health outcomes, and that some health outcomes may be more influenced by this factor than others. Further research is needed to fully understand these relationships and their potential implications for public health.

Summary

The results of the OLS regression and ANOVA analysis suggest that the relationship between "ppl_park_ratio" and various health outcomes is complex and not consistently significant across all outcomes.

Starting with the OLS regression results, the R-squared value provides an indication of the proportion of variation in the dependent variable that is explained by the independent variable(s). A high R-squared value (close to 1) indicates that the independent variable is a good predictor of the dependent variable, while a low R-squared value (close to 0) indicates the opposite.

The coefficients in the regression equation represent the change in the dependent variable for a unit change in the independent variable while controlling for the other variables. Positive coefficients indicate a positive relationship between the independent and dependent variables, while negative coefficients indicate a negative relationship. The p-values associated with each coefficient indicate the significance of the relationship, with smaller p-values indicating stronger evidence against the null hypothesis that the coefficient is equal to zero.

In the ANOVA results, the F-statistic measures the strength of the relationship between the independent variable and the dependent variable. The p-value associated with the F-statistic tests the hypothesis that the independent variable has no effect on the dependent variable. Smaller p-values indicate stronger evidence against the null hypothesis and support the conclusion that the independent variable has an effect on the dependent variable.

Overall, the results of the OLS regression and ANOVA analysis indicate that "ppl_park_ratio" has a significant impact on High Cholesterol, Diabetes and Physical Inactivity but no impact on other health outcomes like Depression, Sleep, Mental health, COPD and so on.

It is important to keep in mind that these results are based on a sample of the population and may not generalize to the population as a whole. In addition, the results are based on a number of assumptions and limitations, including linearity, independence of observations, homoscedasticity, and normality of residuals, among others. Further research is needed to confirm these findings and to explore the relationship between "ppl_park_ratio" and health outcomes in more detail.