

LUO/KAMBA CULTURAL FOOD MENU

BREAKFAST	LUNCH	SUPPER
<ul style="list-style-type: none">• Roasted groundnuts• Sweet potatoes• Fermented porridge.• Mandazi(cooked with a mixture of maize flour and wheat flour)• Black tea.	<ul style="list-style-type: none">• Muthokoi.• Musukui Chicken.• Mango smoothie.	<ul style="list-style-type: none">• Brown ugali• Deep fried tilapia.• Kachumbari• A mixture of <i>Sageti,terere,managu</i> (Kienyeji vegetables)cooked with ghee.