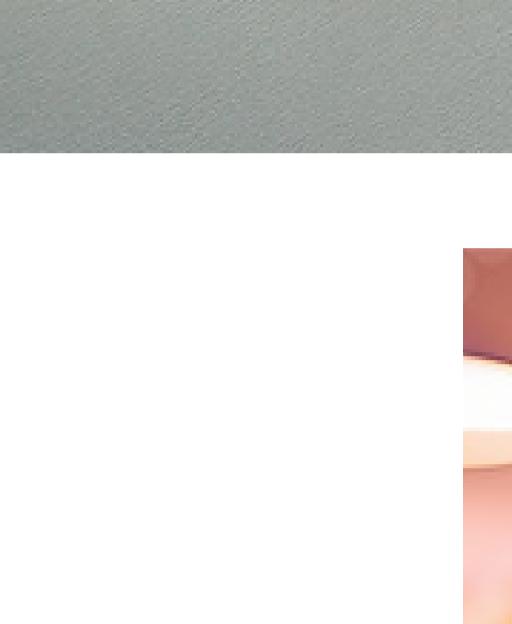




We've got something for everyone.

RESERVE NOW

ORDER ONLINE



The BEAT Menu

Experience culinary nostalgia at The BEAT Kitchen Diner with our eclectic menu inspired by the 60s and 70s. From funky appetizers to soulful entrees, each dish is crafted with care and creativity. Savour classics like Disco Inferno Shrimp Scampi or modern twists like Avocado Sunrise Toast. A culinary journey awaits!



Shareables & Small Plates

Rockin' Roll Nachos

Crispy Tortilla Chips Topped With Melted Cheddar, Spicy Jalapeños, Tangy Salsa, And Creamy Guacamole.
Calories: 480 \$8.99

Soulful Spinach Artichoke Dip

Creamy Spinach And Artichoke Dip Served With Warm Tortilla Chips For Dipping.
Calories: 420 \$8.49

Disco Dip Duo

A Combination Of Creamy Spinach Artichoke Dip And Zesty Queso Dip Served With Tortilla Chips.
Calories: 450 \$12.99

Reggae Rumaki

Bacon-Wrapped Water Chestnuts Marinated In A Sweet And Savory Sauce.
Calories: 300 \$10.99

Bohemian Rhapsody Bruschetta

Toasted Baguette Slices Topped With Fresh Tomatoes, Basil, Garlic, And Balsamic Glaze.
Calories: 220 \$12.99

Joplin's Jazzy Jalapeño Poppers

Spicy Jalapeños Stuffed With Cream Cheese And Wrapped In Crispy Bacon.
Calories: 350 \$10.99

Sgt. Pepper's Stuffed Mushrooms

Mushroom Caps Filled With A Savory Mixture Of Cream Cheese, Herbs, And Breadcrumbs.
Calories: 280 \$11.49

Breakie & Lunch

Avocado Sunrise Toast

Crispy Tortilla Chips Topped With Melted Cheddar, Spicy Jalapeños, Tangy Salsa, And Creamy Guacamole.
Calories: 480 \$8.99

Sunrise Scramble Bowl

Creamy Spinach And Artichoke Dip Served With Warm Tortilla Chips For Dipping.
Calories: 420 \$8.49

Banana Boat Pancakes

Fluffy Banana Pancakes Served With Maple Syrup, Nutella And Whipped Cream.
Calories: 550 \$9.99

Psychedelic Veggie Wrap

A Colorful Wrap Filled With Grilled Vegetables, Hummus, And Sprouts, Served With A Side Of Sweet Potato Fries.
Calories: 450 \$11.99

Retro Rainbow Salad

Mixed Greens Topped With Sliced Strawberries, Mandarin Oranges, Almonds, And A Citrus Vinaigrette.
Calories: 380 \$12.99

Hippy Chick'n Caesar Wrap

Grilled Chicken, Romaine Lettuce, Parmesan Cheese, And Caesar Dressing Wrapped In A Whole Wheat Tortilla.
Calories: 580 \$12.99

Chef Ethan's Famous Woogie Boogie Burger

A Juicy Beef Burger Topped With Melted Cheddar, Crispy Bacon, And Tangy BBQ Sauce, Served With Fries And Onion Rings. Topped With Sprinkles!
Calories: 980 \$15.99

Dinner & Drinkies

Foxy Lady Fettuccine Alfredo

Creamy Fettuccine Alfredo With Grilled Chicken, Mushrooms, And Sun-Dried Tomatoes.
Calories: 720 \$19.99

Purple Haze Pizza

A Vibrant Pizza Topped With Mozzarella, Roasted Eggplant, Red Onions, And Balsamic Glaze.
Calories: 780 \$19.99

Disco Inferno Shrimp Scampi

Succulent Shrimp Sautéed In Garlic Butter Sauce, Served Over Linguine Pasta.
Calories: 620 \$29.99

Stairway To Sirloin

Grilled Sirloin Steak Served With Garlic Mashed Potatoes And Roasted Vegetables.
Calories: 820 \$39.99

Disco Diva Daiquiri

A Tropical Daiquiri With White Rum, Pineapple Juice, And A Splash Of Grenadine.
Calories: 200 \$9.99

Foxy Lady Fizz

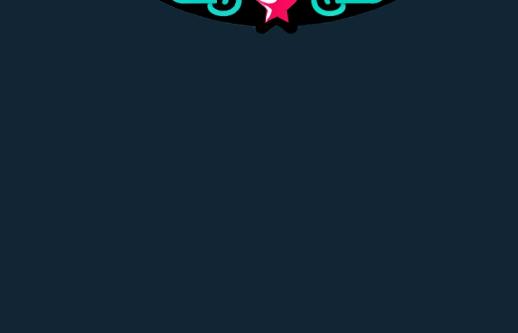
Spicy Jalapeños Stuffed With Cream Cheese And Wrapped In Crispy Bacon.
Calories: 350 \$12.99

Retro Rocket Root Beer Float

Classic Root Beer Served With A Scoop Of Vanilla Ice Cream.
Calories: 480 \$7.99

The BEAT Berry Milkshake

The BEATs Classic Strawberry Milkshake Topped With Coconut Whipped Cream, Rainbow Sprinkles And Chocolate Drizzle
Calories: 300 \$7.99



The BEAT Kitchen Diner

12345 Water Street West

St. John's, NL, Canada

A1C 5B3

It's our pleasure to serve you!

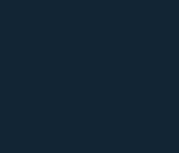
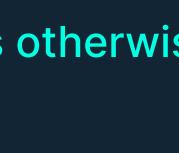
Mon - Thurs 8 am - 10 pm

Fri - Sat 10 am - 1 am

Sun 11 am - 8 pm

709-867-5309

hello@thebeat.ca



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