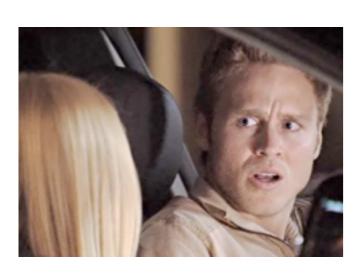
Lab 1: Lab in Human Cognition

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How do people remember?

- Remembering is so commonplace to almost be obvious... it is our ability to use past experience to inform our current experience.
- It has long been recognized that there a really multiple forms of remembering





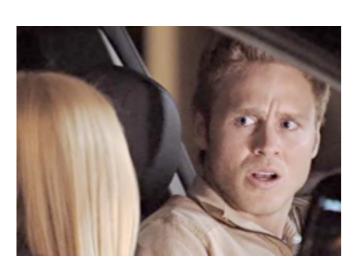
Which people have you seen before



What is my grandma's phonenumber?

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RECOGNITION



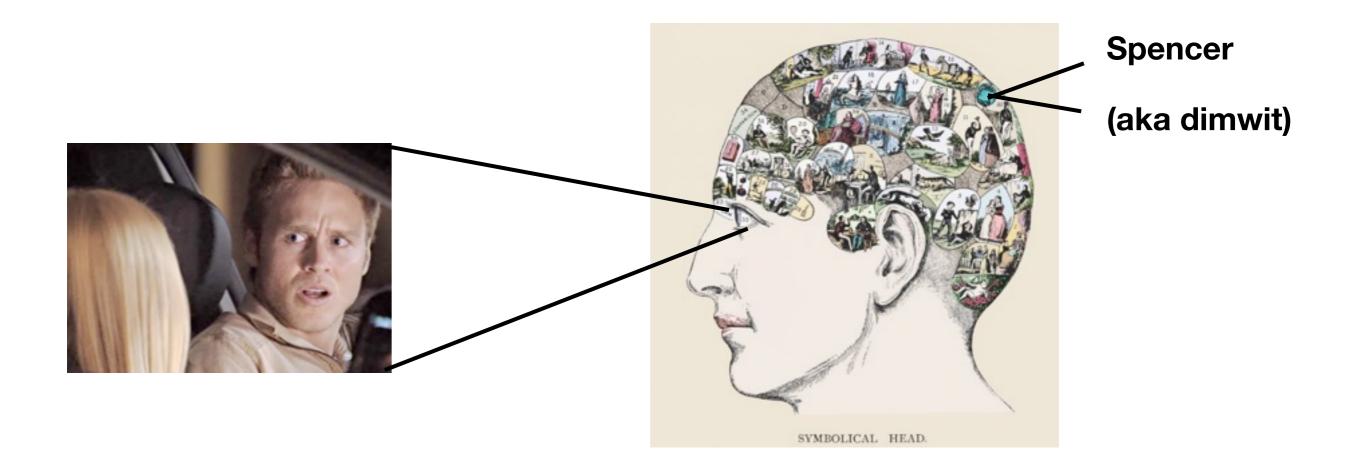
RECALL

Recognition and Recall as Two Forms of Remembering

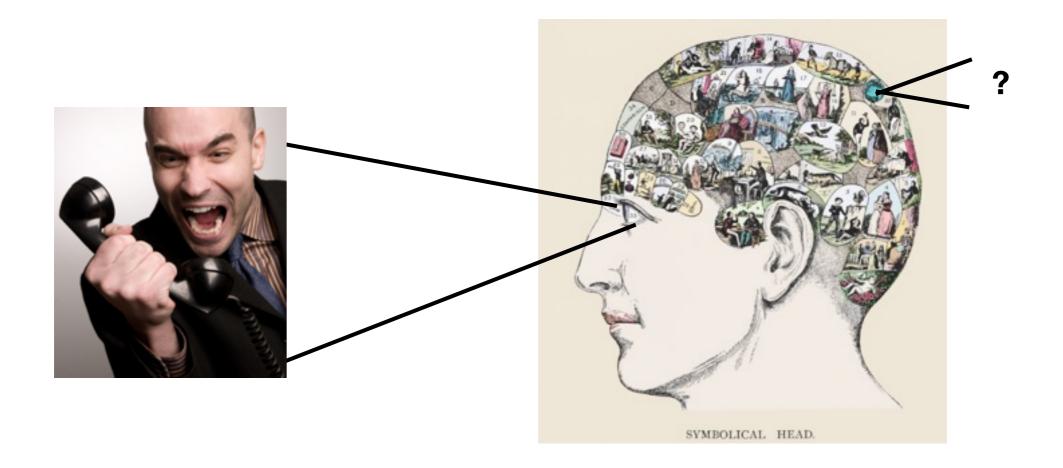
- Even if we have some intuition of how they might be different, the scientific question is how do these forms of memory retrieval or remembering differ from one another?
- What are the INFORMATION PROCESSING STEPS involved in either type of retrieval?

- According to this theory there is really only one process of remembering and it is RECOGNITION
- RECOGNITION is a simple process... presentation of a stimulus either externally (in the world) or internally (and idea that comes to mind) causes activation of other concepts in your head.
- Successful RECOGNITION happens when the presented cues activate a concept.

The process of recognition

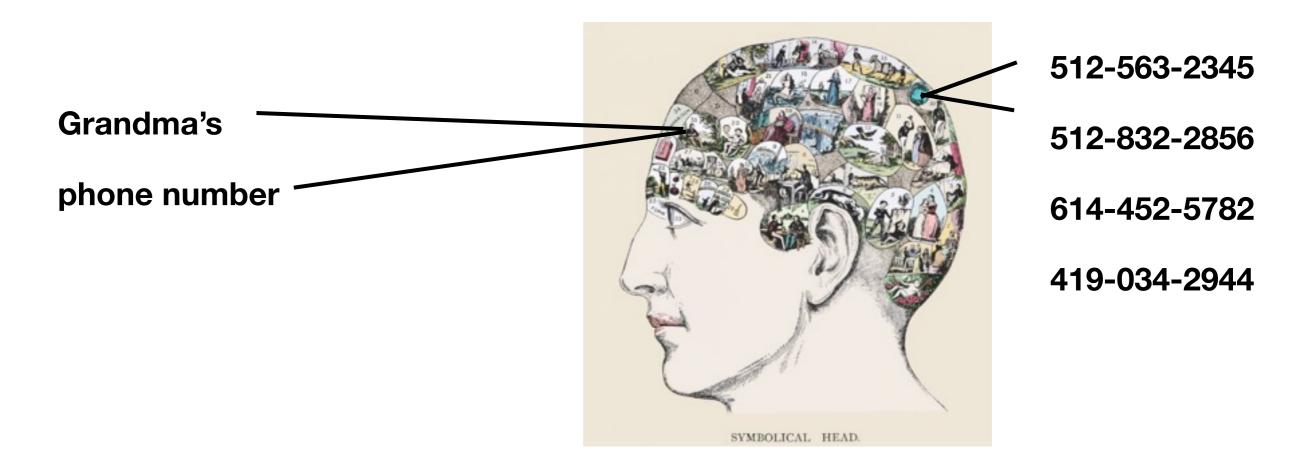


The process of recognition



How does recall work then?

GENERATE



How does recall work then?

GENERATED LIST

512-563-2345

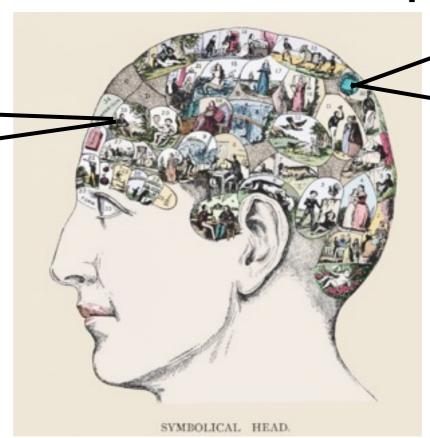
512-832-2856

614-452-5782

419-034-2944

RECOGNIZE

512-832-2856!!!!



 Critically, according to the GENERATION-RECOGNITION hypothesis, RECALL is a TWO STAGE PROCESS

- STEP 1: Generate a list of possible alternatives in your head
- STEP 2: Apply a recognition procedure to the internal list and output the item which is recognized

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AN INFORMATION PROCESSING THEORY

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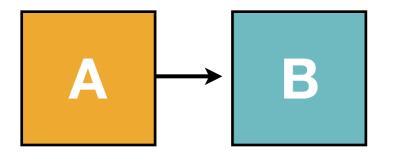
- Remember, a theory is only useful if it is in principal FALSIFIABLE!!!
- What makes something falsifiable? It has to make a prediction about some observation we could the test with an experiment.
- No prediction, not a good theory.
- What prediction might the GENERATION-RECOGNITION theory make?

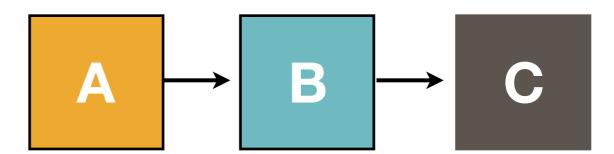
- One prediction concerns the relationship between RECALL and RECOGNITION tasks.
- Remember, according to the GENERATION-RECOGNITION theory RECALL is a 2 stage processes that ultimately relies on a single memory processes - RECOGNITION
- In RECOGNITION the GENERATE step is skipped... just recognize the cues in the external world.
- In RECALL, you first GENERATE the list, the scan it with your "mind's eye" to see which of the generated set you RECOGNIZE.

- What can go wrong in RECOGNITION?
 - Cue not similar enough to studied cue (spencer and himself a couple years ago before he became a REAL freak)
 - Cue is present but activation of internal memory not sufficient to cause the feeling of "remembrance"
 - Cue activates some other trace more strongly (the wrong one). Maybe we confuse Spencer for a shaggy dog.

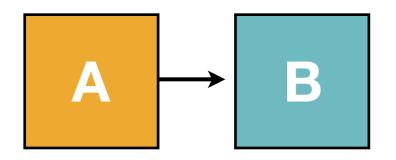
- What can go wrong in RECALL?
 - The internal list you generate doesn't include the target you are trying to remember
 - Your internal list you generated includes the target but you fail to RECOGNIZE it for all the reasons just listed (a failure of RECOGNITION process)

 If you were an engineer which system would you prefer? Why?





If you were an engineer which system would you prefer? Why?



 $\begin{array}{c|c} A & \rightarrow & B \\ \hline \end{array} \longrightarrow \begin{array}{c} C \\ \end{array}$

Two things can go wrong

Three things can go wrong

 If you were an engineer which system would you prefer? Why?

The more things that can go wrong, the more errors the system is likely to make!

 If you were an engineer which system would you prefer? Why?

Therefore, RECALL performance should always be WORSE than (OR EQUALTO) RECOGNITION performance.

In other words, the G-R theory predicts that RECALL is HARDER than RECOGNITION.

If you were an engineer which system would you prefer? Why?

Is it?

FLOWER

SWEET

BABY

SMOOTH

SMOKE

PAIN

GO

CUT

BUG

WASH

SHEEP

QUEEN

COLD hand mail puzzle LIGHT tooth integral NEED code apple **GREEN** brain chimney LARGE slap DAY noise book **BLUE** sad count shower WET tree **BALL** park card diver WIND throat application **CHAIR** cup MAN old car

hand	 mail	
puzzle	 tooth	
integral	 code	
apple	 brain	
slap	 chimney	
noise	book	
sad	count	
shower	 tree	
park	 card	
diver	 throat	
application	 cup	
old	 car	

grass	baby	father	cold	stop	winter
flower	white	shining	boy	round	smooth
go	woman	run	help	clothes	sharp
sea	small	skin	night	cigarette	blow
ice	scissors	sit	bounce	light	sheep
cough	sour	bee	fat	yellow	sky
need	clean	throne	blood	queen	knife
big	hurt	want	child	blue	silk
cry	ball	cut	insect	breeze	smoke
crown	day	bug	rain	green	wind
petal	wet	money	laundry	rough	sugar
fly	cow	candy	sun	food	wool
dark	pain	pool	water	king	large
dry	cute	went	desk	red	man
wash	basket	ouch	bulb	fire	table
lady	rose	hot	sweet	chair	bright

- Other details:
- 2 minutes study
- 1 minute distraction task (think of streets you've lived on)
- 2 minutes test
- 1 minute distraction task (think of phone numbers you know)
- 2 minutes test
- 24 study pairs (12 strong, 12 weak)
- 96 test items on recognition (24 old, rest new)

- Two groups, two orders (RECALL first or RECOGNITION first)
- Which has higher performance?
- Can you think of any confounds in this simple design?

hand COLD

@puzzle LIGHT

@integral NEED

apple GREEN

@slap LARGE

@noise DAY

sad BLUE

shower WET

park BALL

@diver WIND

@application CHAIR

old MAN

@mail FLOWER

tooth SWEET

@code BABY

@brain SMOOTH

chimney SMOKE

@book PAIN

count SHEEP

@tree GO

card QUEEN

throat CUT

@cup BUG

car WASH

Bold @ = weak associates Regular @= strong associates

- Two groups, two orders (RECALL first or RECOGNITION first)
- Which has higher performance?
- What impact does prior knowledge or prior associations play in supporting recall performance? By comparing STRONG and WEAK associates we can at least quantify how much people were falling back on prior knowledge to solve the task.

- Critically, according to the ENCODING SPECIFICITY
 hypothesis retrieval based on a congruence between how
 information was ENCODED (or studied) and how it is
 accessed at retrieval.
- An example of TRANSFER-APPROPRIATE PROCESSING.
- Memory is highly context-dependent and EPISODIC in nature (it is not abstracted from the task done at encoding)
- Cues that were present and actively processed at the time of the study will be the most effective retrieval cues

- A "Mind Hack" (we will read a chapter on this later)
- Goal: Easily remember a list of ten things you need to take with you when you leave the house

Medication Keys Cell Phone Notebook Wallet PDA Eyeglasses Handkerchief Knife Pen

1
2
3
4
5
6
7
8
9
10

Gun	Medication		
Shoe	Keys		
Tree	Cell Phone		
Door	Notebook		
Hive	Wallet		
Sticks	PDA		
Heaven	Eyeglasses		
Gate	Handkerchief		
Wine	Knife		
Hen	Pen		

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6	Sticks	PDA	
7	Heaven	Eyeglasses	
8	Gate	Handkerchief	
9	Wine	Knife	
10	Hen	Pen	

I, GUN, MEDICATION

- According to the ENCODING-SPECIFICITY hypothesis, RECALL performance could be greater than recognition because at study participants were encouraged to think about the PAIRS of words in terms of one another.
- The episodic trace from this encoding process means that the paired cue can act as a BETTER retrieval cue than the word itself!!
- Basically you didn't even really store the words, but the word pairs, and given part of the word pair you can recover the other part, but it can be hard to recognize the word alone.

- Note this theory contradicts the GENERATION-RECOGNITION hypothesis which says recall has to be equal to or harder than recognition.
- This theory predict recall may even be EASIER than recognition.

So, what happened in our data?

Scoring our data

- HIT = correctly recalled word
- FA = (false alarm) memory for a word that wasn't actually presented
- CR = (correct rejection) correctly saying a word was new when it actually is new (applies to recognition only)
- MISS = not remembering a word when it was actually studied

We need HIT/FA/CR/MISS for each person in Recognition

We need HIT/FA/MISS for each person in Recall

We want HITS separately for STRONG/WEAK terms in Recognition and Recall (using the answer key)

Ok, how do we know what happened in our data?

For next time....

- READ the Tulving & Thompson paper posted online
- READ the mind hacks chapters poster online
- Be prepared for a quiz or discussion over the readings!!!!
- Come prepared to start REALLY analyzing Exp. 1!