



CONNECTIONS

Spring 2009

Our mission is to provide prevention, intervention, and educational services that foster non-violence in the lives of children and adults.

Executive Director
Carolyn Khan

Board of Directors

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Melissa Brown

Vice President
Cindy DeNormandie

Treasurer
Candace Jeffers

Secretary
Mary Jo Johnson

Board Member
Angel Williams

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*Meillyn Donohue
Lynn Gros
Joan Romanus*

Send us your e-mail!

We'd love to send you updates electronically.

volunteer@bridgestoanewday.org



Bridges to a New Day Board members (from left) Cindy DeNormandie, Mary Jo Johnson, Angel Williams, Meillyn Donohue, Candace Jeffers and Melissa Brown stand around a bouquet dedicated to the 42 victims of domestic violence who lost their lives in Will County over the past five years.

See back page for more photos from the event!

Celebrating 5 years with a record fundraiser

Bridges to a New Day celebrated its fifth anniversary Sunday, March 29 with a record annual fundraiser. Despite the gloomy weather, over 90 people showed up to support Bridges to a New Day. The event raised over \$57,000, a fundraising record for the agency.

"This has been a very successful year for our agency," Executive Director Carolyn Khan said. "In order to keep up with

our astounding growth over the past few years, we need to be successful fund raisers. This year's event will really help us achieve our goals."

The event also included a flower drawing and silent auction of many great prizes – including over 50 lbs. of chocolate! – as well as a ceremony honoring the many dedicated volunteers who lend their services to the agency (see box below).

Honoring our dedicated supporters



All Our Kids Network Coordinator Rebecca Deang, winner of the Distinguished Community Partnership Award



Longtime volunteer Barb McKernin, winner of the Bohne/Bryant Advocate Award.



Lockport Allstate Agent Claudia Gamache, winner of the Distinguished Community Partnership Award

2009 Fundraiser Brunch Photos



From left: Dupage Township Supervisor Bill Mayer, Will County Board Member Ann Dralle, Bolingbrook Mayor Roger Claar, and Bridges to a New Day Board President Melissa Brown



Executive Director Carolyn Khan thanks the volunteers for all their support.



Board President Melissa Brown and Vice President Cindy DeNormandie draw door prize winners.



Mas Khan of Subco Foods picks a flower for the Flower Drawing.



Guests bid on gift baskets stuffed with goodies.

Say it out loud.

Bridges to a New Day was awarded a grant of \$10,000 to be a part of Illinois' new campaign to promote mental health awareness.

Say it out loud is a multi-year, statewide campaign to promote mental health, reduce the barriers that prevent many from seeking or giving help, and to build a stronger network of mental health services.

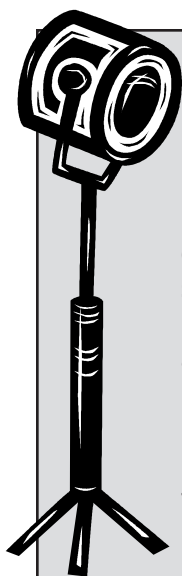
Bridges to a New Day is proud to be a part of the campaign, said Counselor Karen Olalde.

"We want people to realize that getting mental health treatment is synonymous with getting treatment for any medical condition you have," she said.

To find out how you can join Bridges to a New Day in promoting **Say it out loud**, visit the campaign website at www.mentalhealthillinois.com.

Can you find us?

Bridges to a New Day is increasing its efforts to publish exciting new developments in the local media. So far, we've made headlines in The Herald News Online. If you see us anywhere else, we'd love to know! Forward us a link or send a clipping to our office.



Program Spotlight: Parenting Support Groups

Bridges to a New Day is proud to offer support on the parenting front through free community seminars. The seminars take place at the New Lenox Township Hall and Bridges to a New Day's home office in Lockport. Each seminar covers a new parenting topic, ranging from boosting self-esteem to managing anger.

"The best thing about the groups is that parents get to find out there are other people out there going through what they're going through," Case Manager Kathy Weinstock said.

Ms. Weinstock heads the groups along with fellow case manager Deonne McGinty, who specializes in groups on ADD and ADHD support.

Upcoming meetings and topics:

Lockport:

- June 2: Fun Summer Activities to Build Your Child's Self-Esteem
- July 7: Making Time Out Work for You
- August 4: Trouble with Toddlers! What Every Parent Should Know

New Lenox:

- May 21: ADHD, Autism, and Learning Disabilities: Effects on Parents
- June 18: Your Child's Self Esteem: Tips for Parents
- July 16: When Parents Can't Agree
- August 20: Helping Your Child by Helping Yourself