I improved my math fluency, and so can you

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Ich konnte ein paar Worte und Phrasen herausgreifen,

aber die allgemeine Idee war mir verloren.

1. If books are your thing, read books

2. Get out the pencil and paper

3. Use recall

4. Take a hike

5. Chunk your learning

Sources/Reading List

Benjamin, Arthur "The Magic of Math: Solving for x and Figuring Out Why"

Devlin, Keith "The Math Instinct: Why You're a Mathematical Genius (Along with Lobsters, Birds, Cats and Dogs)

Ellenberg, Jordan "How Not to Be Wrong: The Power of Mathematical Thinking"

Sources/Reading List

Mlodinow, Leonard "The Drunkard's Walk: How Randomness Rules Our Lives"

Oakley, Barbara "A Mind For Numbers: How to Excel at Math and Science (Even If You Flunked Algebra)"

Paulos, John Allen "Innumeracy: Mathematical Illiteracy and its Consequences"