

**Please use black or blue pen and CAPITAL letters. Use an X in boxes where required.**

**media**  
super



**If you are eligible to make salary sacrifice contributions complete this form and give it to your employer or payroll manager (not Media Super) to approve and action your request.**

You should also check that making extra contributions doesn't affect any salary-based entitlements you may have.

The Government limits the amount you can contribute to super each year. If you pay more than these limits you may pay extra tax. Before-tax contributions (such as salary sacrifice and employer Superannuation Guarantee contributions) count towards your before-tax (concessional) contributions cap. For the 2025/26 financial year this cap is \$30,000, but if your total super balance across all accounts is under \$500,000 at the end of the previous financial year, you can use any unused concessional contribution cap amounts on a rolling five-year basis. Read our *How super works* guide for full details.

## Step 1: Provide your personal and employment details

Title						Date of birth								Gender													
<input type="checkbox"/>	Mr	<input type="checkbox"/>	Mrs	<input type="checkbox"/>	Miss	<input type="checkbox"/>	Ms	<input type="checkbox"/>	Other	<input type="text"/>	<input type="text"/>	D	D	/	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	X	Male	<input type="checkbox"/>	X	Female

Given name(s)

Family name

**Residential address** (compulsory)

Suburb/town

State

Postcode

**Postal address** (if different from your residential address)

Suburb/town

State

Postcode

Media Super member number

Your employee/staff number (if you have one)

## Step 2: Select how much you would like to salary sacrifice

I want to begin making salary sacrifice contributions to my Media Super super account as follows:

Contribution amount	\$							0	0	OR	Percentage of before-tax salary				%
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**Frequency** ☐ Weekly ☐ Fortnightly ☐ Monthly ☐ One-off contribution

### Step 3: Choose when contributions should start from

Please start salary sacrifice contributions from (choose one option only):

The next pay run      This date    D D / M M / 2 0 Y Y

### Step 4: Sign the form



Sign here:

Date \_\_\_\_\_

DD / MM / 20YY

### Step 5: Hand to your employer or payroll manager

## Employer use only

Date received

Date actioned

DD / MM / 20YY

DD / MM / 20YY

Actioned by



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**1800 640 886**  
8am to 8pm (AEST/AEDT)  
Monday to Friday



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Visit us in person in Adelaide, Brisbane,  
Melbourne, Perth and Sydney.  
Details: **mediasuper.com.au/contact**