

## The Grumley Group

Author, consultant and speaker, Dr. Jeff Grumley LCPC, is a senior faculty member and current President of the International Association of Applied Control Theory ([www.iaact.com](http://www.iaact.com)). His doctorate is in counseling and he is licensed in the State of Illinois as an LCPC. In 1988 he began The Grumley Group with several associates. Dr. Grumley is a child and adolescent psychotherapist. He has experience counseling in camps, group homes, inpatient psychiatric hospitals, churches, mental health organizations and through his private practice with children, adolescents and their families. Based upon his effectiveness as a psychotherapist for over twenty years, he is one of the most sought-after counselors in northern Illinois and southern Wisconsin.



### Testimonial



THE GRUMLEY GROUP  
7120 Windsor Lake Pwky  
Loves Park, Illinois 61111  
Phone: 815-877-9999

E-Mail: [jgrumley@comcast.net](mailto:jgrumley@comcast.net)

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# Consulting

The Grumley Group: Mental Health Services provides consulting for government divisions including school districts, correction, social services and mental health. Currently, select multiyear contracts with Circle North Training in northern Canada and Rockford Public Schools in the Midwest focus on workshops and consulting with correctional officers/case workers, youth care workers, child protection staff, victim services staff, and educators at all levels from superintendents to paraprofessionals.

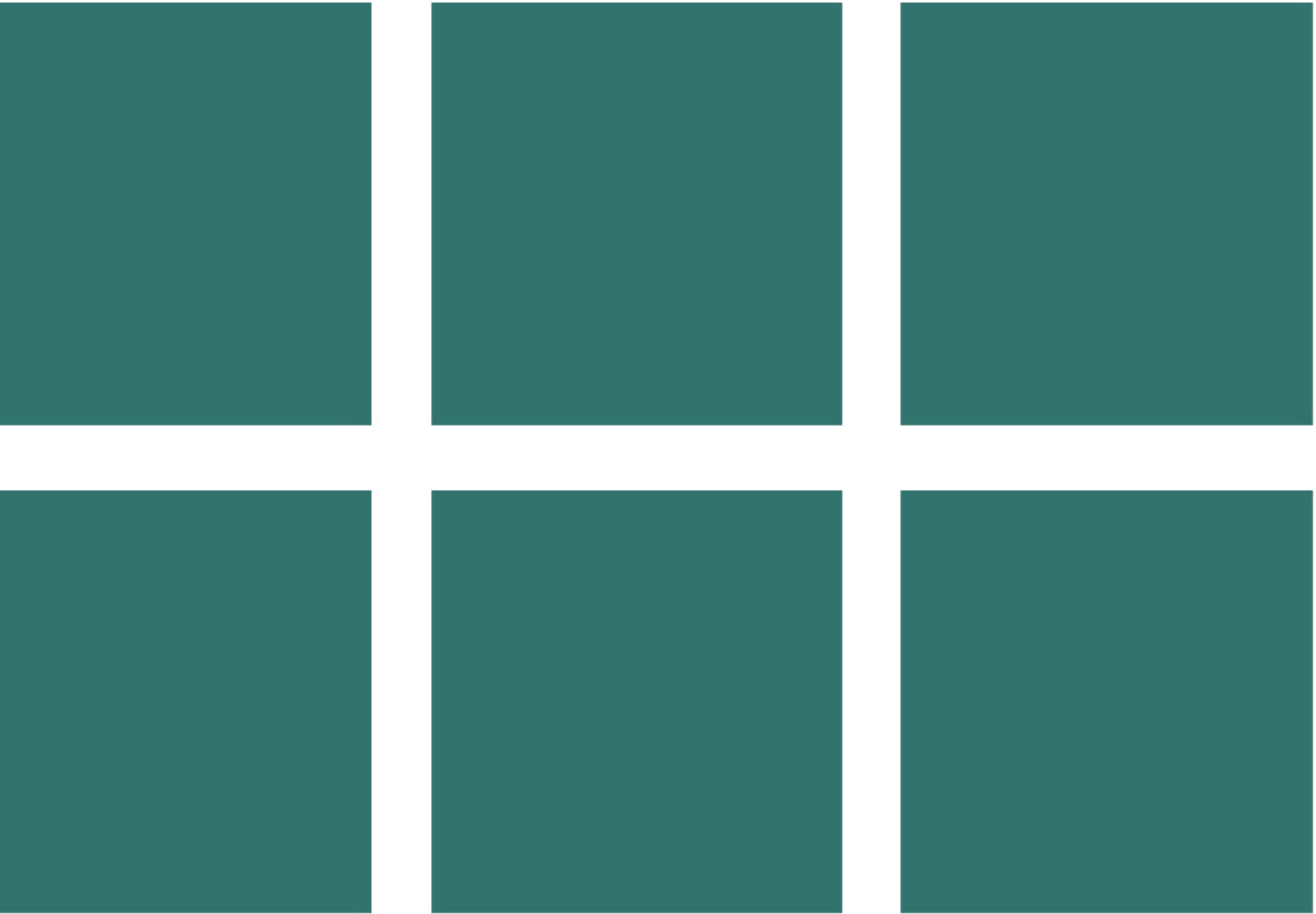
Dr. Grumley works in collaboration with Lynn Taylor from Yellowknife to deliver the Healing and Learning Together (HALT) consulting and workshop in the western Arctic. Again, with Ms. Taylor we deliver the Inuvialuit Healing and Learning Together (NUHALT) in the eastern Arctic. These contracts and other multiyear school contracts in northern Canada have been delivered since 1996 with Circle North Training.

Dr. Grumley works as a consultant for the Rockford Public Schools providing training in "A Connected Classroom", based upon a book he co-authored of the same title in 2003. Subsequently, he and Ms. Taylor wrote "A Connected Classroom" providing lessons for the first weeks of the school year, and they lead workshops of the same title. In Rockford, Dr. Grumley works with Ms. Vicki Jacobson, Assistant Superintendent for Elementary Schools to lead the elementary school in utilizing A Connected School approach to improve academic and behavioral performance. This current contract has been in operation for the past two years with significant results in achieving the desired outcomes.

For more information about their consulting contracts during the past 25 or more years, please refer to our About page.

# Corrections

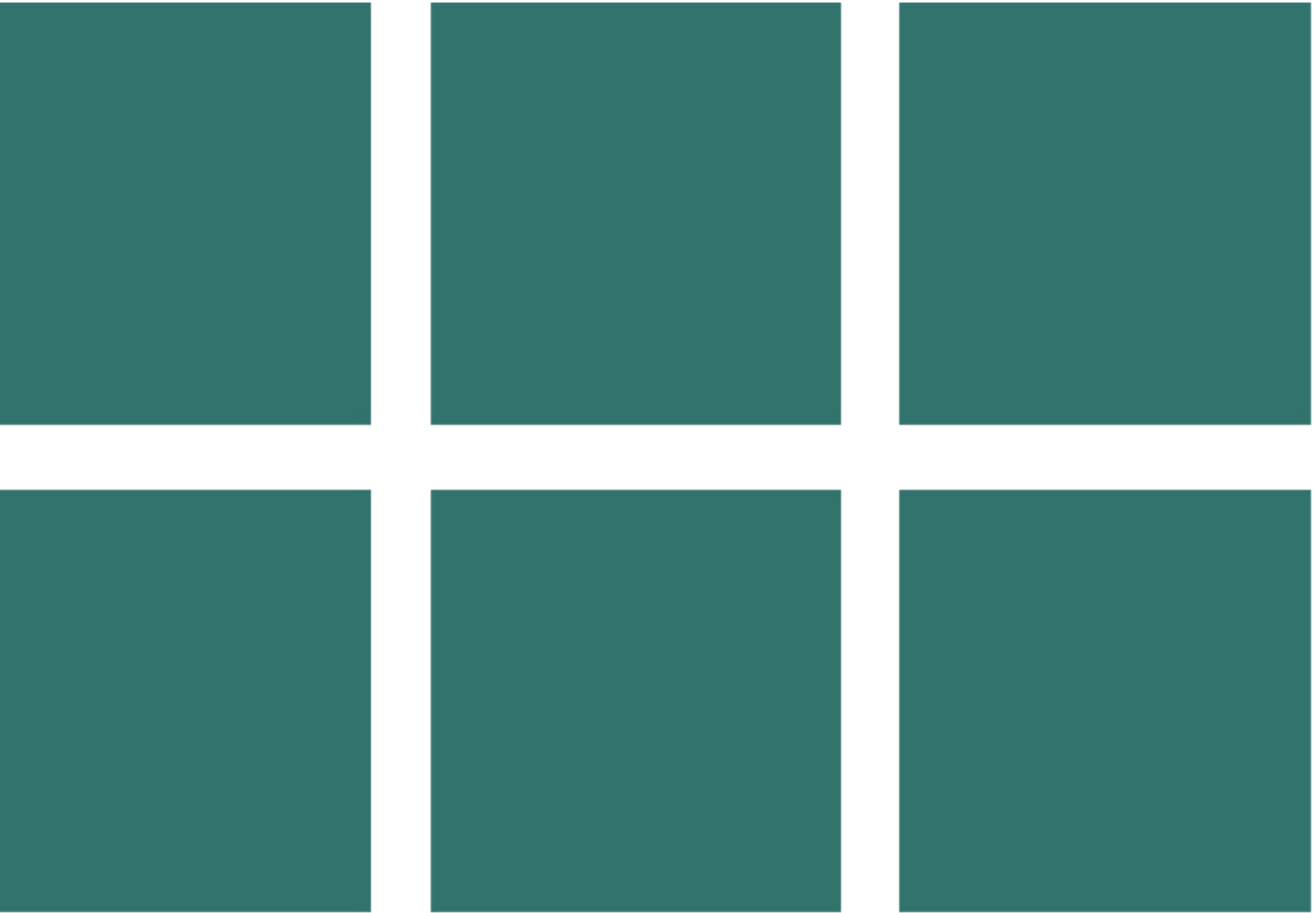
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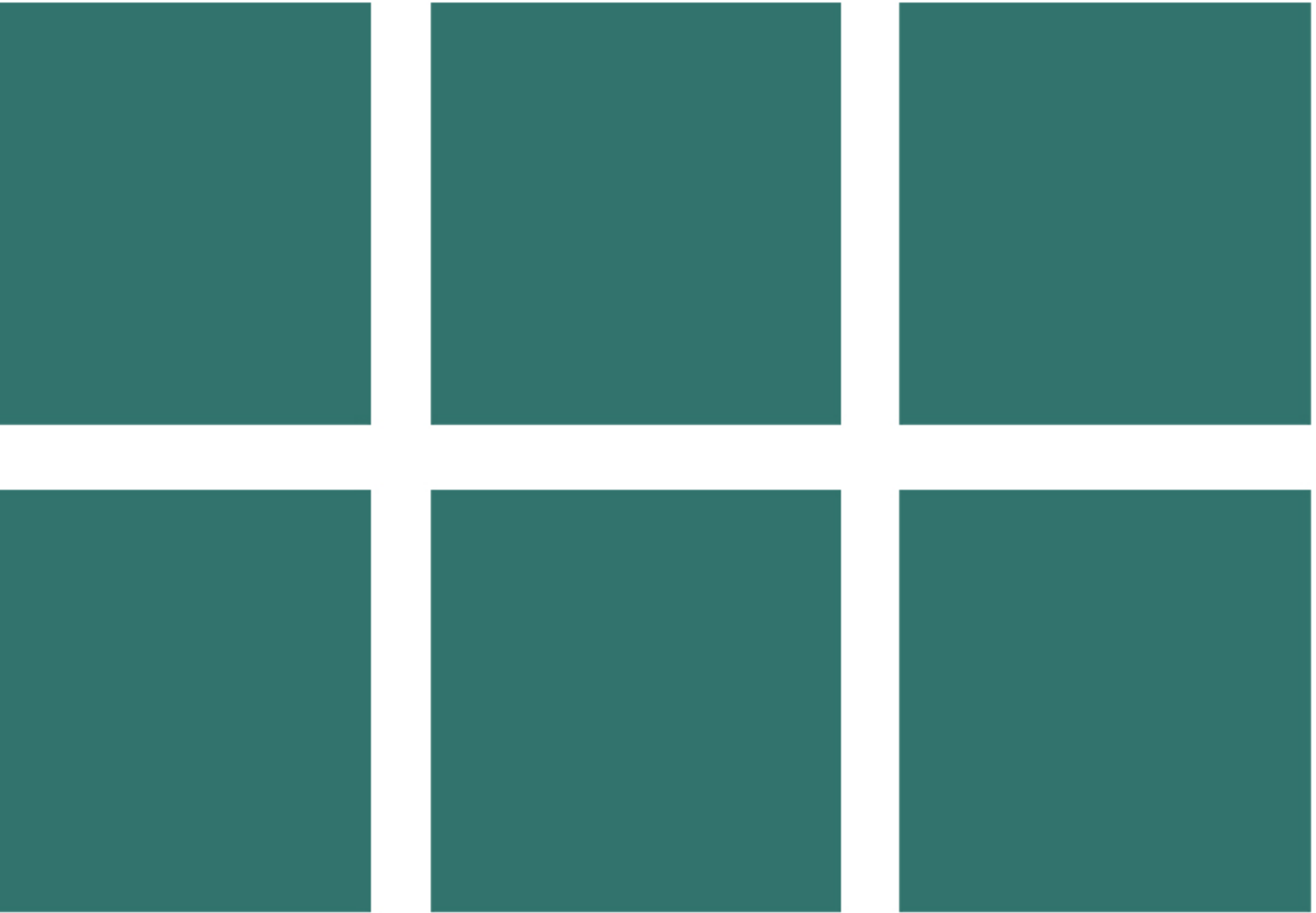
# Education

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# Parenting

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Consulting

New Patient

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Testimonials

# Testimonials



Short Video Description Goes Here.



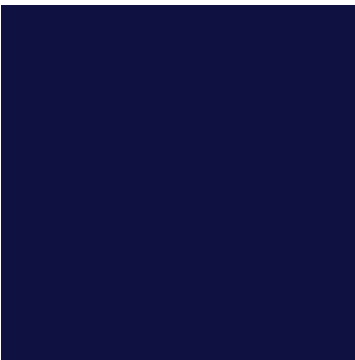
Video Description



Video Description



Video Description



Video Description



Video Description



# New Patient

Costs: \$200/session except for initial diagnostic interview (\$300).  
If insurance is used, then discounted reimbursement is based upon insurance plan.

Credentials: Dr. Grumley has a doctorate in counseling and is licensed in the State of Illinois as an LPC (Licensed Clinical Professional Counselor).

To schedule an appointment: Call Sherie at (815) 877-9999 for further information about insurance and appointments.

## Forms to print and bring with you with our first session:

[Intake Summary](#)

[Policies and Practices](#)

[Acknowledgement of Receipt of Notice of Privacy Practices](#)

[Authorization for Release of Information](#)





## Resources

[Keeping Myself in Balance](#)

[Five Positions](#)

[Metacognitive Journal](#)

[Self Evaluation Questions](#)

[Thirty second interventions](#)



# About

## Experience

1992–current The Grumley Group: Mental Health Services & Enterprises  
Psychotherapist for adults, children, adolescents & families; with special focus with youth and their families using the evidence-based treatment modality called Reality Therapy, developed by world-renowned psychiatrist William Glasser, MD.  
Consultant, speaker, and author who works in schools, social service agencies, and correctional facilities in US and Canada.

1989–1992 Oakwood Hospital Adolescent Services  
Program Director – Managed 55 employees—MDs, psychologists, nurses, mental health technicians  
Corporate Trainer — “The Journey” staff development in 8 hospitals throughout USA

1988 – 1989 Rockford Memorial Hospital  
Consultant to Woodstock Memorial Hospital – Crisis intervention, and patient services  
Consultant to Addictions Unit – Provided training for staff, direct services to patients

## Selected Contracts

1. Circle North Training, Yellowknife, Canada (15 years) -- YK1 school district & North Slave Young Offenders Facility
2. New View, Chapel Hill, NC serving school districts in SE USA
3. Chelsom Consultants Limited, Saskatoon, Canada (10 years) serving schools throughout USA & Canada
4. Consultant to IL Department of Children & Family Services in Rockford (10 years)
5. Rockford Public Schools (9 years), primarily Haskell Elementary & West Middle School; Boone - Winnebago County schools
6. Clinical Director for Youth Services International, Baltimore, MD (2 years)
7. Kivalliq School Operations, NU, Canada (2 years)
8. Miðgarður Family Services, Reykjavík, Iceland (3 years)
9. Spectrum School, Rockford, IL (6 years)
- 10.Children Home & Aid Society, Rockford, IL (1 year)

## Published Works

- 1.A Connected Family, TAKES HOLD! Publication, Rockford, 2002
- 2.A Connected Classroom, TAKES HOLD! Publication, Rockford, 2003
- 3.A Connected School (with P. Good & S. Roy), New View Publication, Chapel Hill, 2003
- 4.Inside the Circle , Chelsom Consultants, Saskatoon, SK, 1998
- 5.Restitution Research, Chelsom Consultants, Saskatoon, SK, Canada 1999
6. “Restitution for Teens” Video series, Chelsom Consultants, Saskatoon, SK, Canada 1998
- 7."Healing and Learning Together" DVD series, CircleNorth Training, Yellowknife, NT, Canada 2010
- 8.Reference Guide for H.A.L.T. (Healing and Learning Together) CircleNorth Training, Yellowknife, NT, Canada 2011

## Education

- 1992-1995 Lutheran School of Theology, D. Min, Doctorate in Counseling
- 1987-1988 Holy Names College, M.A. ICCS program, Geojustice/Transpersonal Psychology
- 1978-1980 Christ Seminary-Seminex, M.Div. Ministry/Pastoral Counseling
- 1973-1977 Valparaiso University, B.A., Biology, Christ College Honors

## Professional Status

- 2008 - Present, Principal, The Grumley Group: Mental Health Services
- 2005 - 2008 President, Executive Council of the Board of Directors for International Association of Applied Control Theory (IAACT)
- 1999 Senior Instructor, Perceptual Control Theory (IAACT)
- 1997 Licensed Clinical Professional Counselor (LCPC) State of Illinois License # 180-002629
- 1995 Member, Illinois Counseling Association; and 2006 Member, IMHCA
- 1995 Certification in Reality Therapy, William Glasser Institute
- 1980-1987 Pastor, Northern Illinois Conference of the United Methodist Church--Winnebago & Burritt (1980-1983) and Poplar Grove (1983-1987)

## Contact

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The office for the *Grumley Group* is on the 2nd floor (suite 2) of the building at 7120 Windsor Lake Parkway, which is three buildings behind the Post Office in Loves Park.

Please park in the back of the building but the entrance is on the side of the building. Again, please note that the entrance is on the south side of the building.