Table 1: Effect of Hours Constraints: Log Changes, Unweighted

	Sin	gle	Married					
	(1) Chg. log head work hours	(2) Chg. log head HW hours	(3) Chg. log head work hours	(4) Chg. log head HW hours	(5) Chg. log wife work hours	(6) Chg. log wife HW hours	(7) =1 if wife starts working	
Became upside constrained	-0.0674*** (0.0102)	-0.00975 (0.0193)	-0.0668*** (0.00411)	-0.0271* (0.0162)	-0.0121 (0.00834)	-0.0336*** (0.0124)	$0.00638 \\ (0.00591)$	
Became downside constrained	-0.00188 (0.0138)	-0.0614^* (0.0335)	0.00416 (0.00587)	-0.0455 (0.0290)	-0.0290** (0.0132)	-0.0138 (0.0229)	0.00750 (0.00999)	
Observations	6300	5008	21744	12376	17251	12492	21744	
R^2	0.266	0.430	0.196	0.337	0.446	0.207	0.158	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 2: Effect of Hours Constraints: Level Changes, Unweighted

	Sin	gle	Married					
	(1) Chg. head work hours	(2) Chg. head HW hours	(3) Chg. head work hours	(4) Chg. head HW hours	(5) Chg. wife work hours	(6) Chg. wife HW hours	(7) =1 if wife starts working	
Became upside constrained	-145.8*** (10.71)	10.62 (10.78)	-150.1*** (12.05)	3.594 (12.05)	0.655 (25.57)	4.872 (14.10)	$0.00638 \\ (0.00591)$	
Became downside constrained	103.2*** (18.30)	-26.41 (18.70)	104.3*** (20.80)	-20.94 (20.56)	-24.50 (40.87)	22.31 (22.88)	0.00750 (0.00999)	
Observations	27207	20181	20901	15638	15638	20901	21744	
R^2	0.128	0.106	0.126	0.102	0.099	0.106	0.158	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 3: Effect of Hours Constraints: Log Changes, Weighted

	Sin	gle		Married					
	(1) Chg. log head work hours	(2) Chg. log head HW hours	(3) Chg. log head work hours	(4) Chg. log head HW hours	(5) Chg. log wife work hours	(6) Chg. log wife HW hours	(7) =1 if wife starts working		
Became upside constrained	-0.0675*** (0.00544)	-0.0315* (0.0163)	-0.0621*** (0.00530)	-0.0478** (0.0207)	0.00133 (0.00955)	-0.0220 (0.0143)	0.000964 (0.00728)		
Became downside constrained	0.00746 (0.00611)	-0.0108 (0.0249)	0.0170^{***} (0.00649)	0.0102 (0.0331)	-0.0109 (0.0140)	0.0169 (0.0230)	0.00197 (0.0110)		
Observations	28454	17748	21744	12376	17251	12492	21744		
R^2	0.201	0.349	0.181	0.334	0.469	0.194	0.152		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level. $\ref{eq:condition}$, $\ref{eq:condition}$, and 1% levels, respectively.

Table 4: Effect of Hours Constraints: Level Changes, Weighted

	Sin	gle	Married					
	(1) Chg. head work hours	(2) Chg. head HW hours	(3) Chg. head work hours	(4) Chg. head HW hours	(5) Chg. wife work hours	(6) Chg. wife HW hours	(7) =1 if wife starts working	
Became upside constrained	-161.1*** (14.31)	7.379 (13.13)	-170.2*** (15.46)	-5.768 (13.97)	16.17 (32.32)	4.912 (17.07)	$0.000964 \\ (0.00728)$	
Became downside constrained	91.39*** (20.02)	-19.79 (22.31)	$107.7^{***} (23.17)$	-6.345 (23.96)	-28.06 (48.77)	3.994 (26.08)	0.00197 (0.0110)	
Observations	27207	20181	20901	15638	15638	20901	21744	
R^2	0.123	0.101	0.117	0.092	0.098	0.102	0.152	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level. $\ref{eq:condition}$, $\ref{eq:condition}$, and 1% levels, respectively.

Table 5: Effect of Hours Constraints: Log, Unweighted

	Sin	gle	Married						
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working		
Upside constrained	-0.0684*** (0.00812)	0.0556** (0.0216)	-0.0794*** (0.00369)	0.0166 (0.0217)	0.00133 (0.0137)	-0.00651 (0.00994)	0.00794 (0.0118)		
Downside constrained	0.0491*** (0.0130)	0.0561 (0.0425)	$0.0401^{***} $ (0.00635)	-0.0139 (0.0380)	-0.00112 (0.0247)	$0.0387^{**} (0.0167)$	0.00967 (0.0218)		
Constant	3.621*** (0.0117)	6.594^{***} (0.0463)	3.695*** (0.0103)	6.305^{***} (0.0593)	6.943*** (0.0527)	6.999*** (0.0390)	-0.421*** (0.0452)		
Observations R^2	6300	5275	21744	17750	17868	17925	17868		
Person FE	Y	Y	Y	Y	\mathbf{Y}	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents PPML coefficient estimates from equation ?? using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 6: Effect of Hours Constraints: Level, Unweighted

	Sin	gle	Married						
	(1)	(2)	(3)	(4)	(5)	(6)	(7)		
	Head work	Head HW	Head work	Head HW	Wife work	Wife HW	Wife		
	hours	hours	hours	hours	hours	hours	working		
Upside constrained	-2.424*** (0.287)	38.54*** (14.85)	-3.151*** (0.147)	8.770 (6.859)	0.433 (11.35)	-6.811 (14.21)	0.00385 (0.00690)		
Downside constrained	1.833*** (0.489)	34.97 (27.75)	$1.704^{***} \\ (0.272)$	-7.345 (11.75)	0.667 (20.62)	54.48** (24.35)	0.00494 (0.0128)		
Observations R^2	6300	5313	21744	18938	21744	18938	21744		
	0.587	0.584	0.490	0.493	0.671	0.602	0.618		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	V	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 7: Effect of Hours Constraints: Log, Weighted

	Sin	gle	Married					
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working	
Upside constrained	-0.0728*** (0.0104)	0.0736** (0.0288)	-0.0827*** (0.00486)	0.0115 (0.0287)	0.00424 (0.0174)	-0.00825 (0.0119)	0.0156 (0.0154)	
Downside constrained	$0.0416^{***} $ (0.0150)	0.00484 (0.0516)	0.0424^{***} (0.00718)	-0.0159 (0.0476)	-0.0291 (0.0307)	0.0521^{***} (0.0189)	-0.0176 (0.0282)	
Observations R^2	6300	5275	21744	17750	17868	17925	17868	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents PPML coefficient estimates from equation ?? using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 8: Effect of Hours Constraints: Level, Weighted

	Sin	gle	Married						
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working		
Upside constrained	-2.636*** (0.374)	47.30** (18.62)	-3.303*** (0.194)	6.079 (8.270)	2.685 (14.63)	-11.71 (18.61)	0.00827 (0.00940)		
Downside constrained	$1.557^{***} \\ (0.569)$	5.065 (31.74)	1.789*** (0.308)	-8.410 (13.38)	-18.87 (24.10)	80.79*** (29.04)	-0.00914 (0.0159)		
Observations R^2	6300 0.608	5313 0.593	21744 0.496	18938 0.481	21744 0.673	18938 0.602	21744 0.606		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation $\ref{eq:condition}$ using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level. *, **, and *** denote statistical significance at the 10%, 5%, and 1% levels, respectively.