Table 1: Effect of Hours Constraints: Log Changes, Unweighted

	Sin	gle	Married					
	(1) Chg. log head work hours	(2) Chg. log head HW hours	(3) Chg. log head work hours	(4) Chg. log head HW hours	(5) Chg. log wife work hours	(6) Chg. log wife HW hours	(7) =1 if wife starts working	
Became upside constrained	-0.0839*** (0.00904)	-0.0270 (0.0185)	-0.0728*** (0.00402)	-0.0407*** (0.0150)	-0.0249*** (0.00782)	-0.0489*** (0.0117)	$0.00633 \\ (0.00523)$	
Became downside constrained	$-0.0214^*$ $(0.0125)$	$-0.0752^{**}$ $(0.0301)$	$-0.0145^{***}$ (0.00545)	-0.0436 $(0.0270)$	-0.0420*** (0.0127)	-0.0243 $(0.0218)$	0.00964 $(0.00940)$	
Observations	7928	6128	25738	14215	19545	14982	25774	
$R^2$	0.313	0.414	0.258	0.334	0.433	0.195	0.152	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents coefficient estimates from equation  $\ref{eq:condition}$  using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 2: Effect of Hours Constraints: Level Changes, Unweighted

	Sin	gle		Married					
	(1) Chg. head work hours	(2) Chg. head HW hours	(3) Chg. head work hours	(4) Chg. head HW hours	(5) Chg. wife work hours	(6) Chg. wife HW hours	(7) =1 if wife starts working		
Became upside constrained	-127.1*** (9.641)	9.124 (10.24)	-131.8*** (10.85)	3.922 (11.52)	3.211 (24.01)	-5.736 (12.94)	$0.00633 \\ (0.00523)$		
Became downside constrained	79.06*** (16.30)	-26.33 (17.31)	73.90*** (18.97)	-15.78 $(19.43)$	-13.36 $(38.75)$	9.089 $(22.36)$	0.00964 $(0.00940)$		
Observations	31971	22731	24313	17340	17340	24313	25774		
$R^2$	0.220	0.104	0.219	0.099	0.100	0.106	0.152		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation  $\ref{eq:condition}$  using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 3: Effect of Hours Constraints: Log Changes, Weighted

	Sin	gle		Married					
	(1) Chg. log head work hours	(2) Chg. log head HW hours	(3) Chg. log head work hours	(4) Chg. log head HW hours	(5) Chg. log wife work hours	(6) Chg. log wife HW hours	(7) =1 if wife starts working		
Became upside constrained	-0.0748*** (0.00515)	-0.0488*** (0.0152)	-0.0655*** (0.00524)	-0.0581*** (0.0195)	-0.00947 (0.00910)	-0.0314** (0.0134)	-0.000795 (0.00660)		
Became downside constrained	-0.0112** (0.00559)	-0.0208 $(0.0231)$	0.00139 $(0.00578)$	0.00894 $(0.0312)$	-0.0190 (0.0136)	0.00702 $(0.0215)$	0.00138 $(0.0103)$		
Observations	34207	20833	25738	14215	19545	14982	25774		
$R^2$	0.258	0.346	0.251	0.331	0.457	0.182	0.147		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation  $\ref{eq:condition}$  using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level.  $\ref{eq:condition}$ ,  $\ref{eq:condition}$ , and 1% levels, respectively.

Table 4: Effect of Hours Constraints: Level Changes, Weighted

	Sin	gle	Married					
	(1) Chg. head work hours	(2) Chg. head HW hours	(3) Chg. head work hours	(4) Chg. head HW hours	(5) Chg. wife work hours	(6) Chg. wife HW hours	(7) =1 if wife starts working	
Became upside constrained	-145.1*** (12.61)	3.805 (12.39)	-153.4*** (13.09)	-7.090 (13.40)	13.09 (30.55)	-7.247 (15.78)	-0.000795 (0.00660)	
Became downside constrained	64.65*** (17.63)	-24.26 (21.09)	72.39*** (20.82)	-4.473 (23.12)	-21.93 (47.18)	-1.355 $(25.26)$	0.00138 $(0.0103)$	
Observations	31971	22731	24313	17340	17340	24313	25774	
$R^2$	0.220	0.102	0.216	0.088	0.094	0.099	0.147	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents coefficient estimates from equation  $\ref{eq:condition}$  using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are weighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 5: Effect of Hours Constraints: Log, Unweighted

	Sin	gle	Married					
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working	
Upside constrained	-0.0366*** (0.00657)	$0.0380^*$ $(0.0202)$	-0.0559*** (0.00320)	0.0175 $(0.0201)$	0.00723 $(0.0141)$	-0.00781 (0.00964)	0.0142 $(0.0115)$	
Downside constrained	$0.0431^{***} $ $(0.00951)$	0.0341 $(0.0398)$	$0.0320^{***} $ (0.00554)	0.0108 $(0.0369)$	-0.00869 $(0.0254)$	$0.0457^{***} $ (0.0164)	-0.000978 $(0.0221)$	
Observations $R^2$	6517	6483	21445	20154	17754	20318	17754	
Person FE	Y	Y	Y	Y	Y	Y	Y	
Year FE	Y	Y	Y	Y	Y	Y	Y	
Controls	Y	Y	Y	Y	Y	Y	Y	

Notes: The table presents PPML coefficient estimates from equation ?? using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 6: Effect of Hours Constraints: Level, Unweighted

Table 6: Effect of Hours Constraints: Level, Unweighted									
	$\sin$	gle	Married						
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working		
Upside constrained	-1.305*** (0.231)	$0.501^*$ $(0.259)$	-2.233*** (0.129)	0.165 $(0.123)$	0.0630 $(0.226)$	-0.179 (0.262)	0.00790 (0.00684)		
Downside constrained	1.581*** (0.351)	0.392 $(0.474)$	1.402*** (0.241)	0.00940 $(0.219)$	-0.00966 $(0.413)$	$1.226^{***}$ $(0.454)$	0.000519 $(0.0133)$		
Observations	6517	6517	21445	21445	21445	21445	21445		
$R^2$	0.734	0.590	0.640	0.487	0.660	0.587	0.616		
Dep. var. mean	39.25	7.682	39.25	7.682	12.29	20.00	0.457		
Person FE	Y	Y	Y	Y	Y	Y	Y		
Year FE	Y	Y	Y	Y	Y	Y	Y		
Controls	Y	Y	Y	Y	Y	Y	Y		

Notes: The table presents coefficient estimates from equation ?? using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Estimates are unweighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Table 7: Effect of Hours Constraints: Log, Weighted

	Sin	gle	Married					
	(1) Head work hours	(2) Head HW hours	(3) Head work hours	(4) Head HW hours	(5) Wife work hours	(6) Wife HW hours	(7) Wife working	
Upside constrained	-0.0408*** (0.00916)	0.0571** (0.0262)	-0.0616*** (0.00410)	0.0151 $(0.0265)$	0.0244 (0.0180)	-0.0104 (0.0115)	$0.0255^*$ $(0.0148)$	
Downside constrained	0.0370*** (0.0111)	-0.0258 $(0.0464)$	$0.0354^{***}$ (0.00623)	0.00192 $(0.0467)$	-0.0408 $(0.0321)$	$0.0572^{***}$ (0.0186)	-0.0356 $(0.0291)$	
Observations $R^2$	6517	6483	21445	20154	17754	20318	17754	
Person FE Year FE Controls	Y Y Y	$egin{array}{c} Y \ Y \ Y \end{array}$	Y Y Y	$egin{array}{c} Y \ Y \ Y \end{array}$	$\begin{array}{c} Y \\ Y \\ Y \end{array}$	$egin{array}{c} Y \ Y \ Y \end{array}$	Y Y Y	

Table 8: Effect of Hours Constraints: Level, Weighted

	Sin	gle	Married						
	(1)	(2)	(3)	(4)	(5)	(6)	(7)		
	Head work	Head HW	Head work	Head HW	Wife work	Wife HW	Wife		
	hours	hours	hours	hours	hours	hours	working		
Upside constrained	-78.17***	35.52**	-129.8***	6.671	17.99	-14.12	0.0160*		
	(17.13)	(16.37)	(8.664)	(7.692)	(15.22)	(17.85)	(0.00910)		
Downside constrained	69.41*** (21.42)	-12.16 (27.87)	80.10*** (14.05)	-3.661 (12.98)	-24.85 (25.41)	87.05*** (28.43)	-0.0194 $(0.0167)$		
Observations $R^2$	6517	6517	21445	21445	21445	21445	21445		
	0.739	0.595	0.645	0.475	0.663	0.585	0.606		
Dep. var. mean	2059.1	375.8	2059.1	375.8	822.5	$1070.5 \\ Y$	0.448		
Person FE	Y	Y	Y	Y	Y		Y		
Year FE Controls	$egin{matrix} \mathbf{Y} \\ \mathbf{Y} \end{bmatrix}$	Y Y	$egin{matrix} \mathbf{Y} \\ \mathbf{Y} \end{bmatrix}$	Y Y	Y Y	Y Y	Y Y		

Notes: The table presents coefficient estimates from equation ?? using data from the Panel Study of Income Dynamics. Columns 1 and 2 subset to single-headed households, while columns 3–7 subset to married households. Control variables are the number of children in the household, number of adults, whether the head works part-time, and the family income (net of head labor income) decile. Estimates are weighted, with standard errors clustered at the household-head level. \*, \*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.