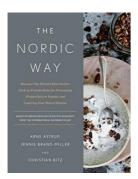
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## THE NORDIC WAY: DISCOVER THE WORLD'S MOST PERFECT CARB-TO-PROTEIN RATIO FOR PREVENTING WEIGHT GAIN OR REGAIN, AND LOWERING YOUR RISK OF DISEASE (HARDBACK)



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- Authored by Arne Astrup, Jennie Brand-Miller, Christian Bitz
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