

MONDAY TO SATURDAY (excluding public holidays)															
Carlisle Bus Station Stand 3	0555	0655	0725	0755	0825		55	25	1500	1530	1600	1630	1700	1730	1800
Nealhouse	0610	0710	0740	0810	0840		10	40	1515	1545	1615	1645	1715	1745	1815
Thursby The Ship Inn	0615	0715	0745	0815	-		-	-	-	-	-	-	-	-	-
Wigton King Street	0626	0727	0758	0828	0857		27	57	1532	1603	1633	1703	1732	1802	1831
Waverton Village	0633	0734	0805	0835	0904		34	04	1539	1610	1640	1710	1739	1809	1838
Aspatria Market Square	0645	0747	0818	0847	0917		47	17	1552	1623	1653	1723	1752	1822	1851
Crosby Community Centre	0654	0756	0827	0856	0926		56	26	1601	1632	1702	1732	1801	1831	1900
Maryport Curzon Street arrive	0659	0802	0833	0902	0932		02	32	1607	1638	1708	1738	1807	1837	1905
Same bus - no need to change	8	8	8	8	8		8	8	8	8	8	8	8	8	8
Maryport Curzon Street depart	0700	0805	0835	0905	0935		05	35	1610	1640	1710	1740	1810	1839	1906
Siddick	0708	0813	0843	0913	0943		13	43	1618	1648	1718	1748	1818	1847	1912
Workington Bus Station	0714	0821	0851	0921	0951		21	51	1626	1656	1726	1756	1825	1854	1918

MONDAY TO SATURDAY (excluding public holidays)							
Carlisle Bus Station Stand 3	1830	1900	2000	2115	2215	2315	
Nealhouse	1845	1915	2015	2130	2230	2330	
Thursby The Ship Inn	-	1920	2020	2135	2235	2335	
Wigton King Street	1901	1931	2031	2146	2246	2346	
Waverton Village	1908	1938	2038	2153	2253	2353	
Aspatria Market Square	1921	1951	2051	2205	2305	0005	
Crosby Community Centre	1930	2000	2100	2214	2314	0014	
Maryport Curzon Street arrive	1935	2005	2105	2219	2319	0019	
Same bus - no need to change	8	8	8	8	8	8	
Maryport Curzon Street depart	1936	2006	2106	2220	2320	0020	
Siddick	1942	2012	2112	2226	2326	0026	
Workington Bus Station	1948	2018	2118	2232	2332	0032	

## Key

This journey operates Monday to Friday only

..... This section of journey operates as service 30 towards Workington, the same bus operates throughout  
- Stop not served

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For alternative journeys between Maryport & Workington plus continuation of journeys towards Whitehaven, please see the Service 30 timetable.

From 4th November 2024, the frequency of the service between Carlisle and Maryport is increased due to financial support from Cumberland Council



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**MONDAY TO SATURDAY** (excluding public holidays)

<b>Workington</b>	Bus Station	Stand E	0416	0526	0554	0616	0647	0709	0743	0806	0811	0836	0906	36	06	1541
<b>Siddick</b>			0422	0532	0600	0622	0653	0715	0749	0812	0817	0842	0912	42	12	1547
<b>Maryport</b>	Curzon Street	arrive	0434	0544	0612	0634	0705	0727	0801	0824	0829	0854	0924	54	24	1559
Same bus - no need to change			06	06	06	06	06	06	06	06	06	06	06	06	06	06
<b>Maryport</b>	Curzon Street	depart	0435	0545	0613	0636	0707	0729	0804	0827	0832	0857	0927	Then at these mins past each hour	Until	1602
<b>Crosby</b>	Community Centre		0440	0550	0618	0641	0712	0735	0810	0833	0838	0903	0933	03	33	1608
<b>Aspatria</b>	Market Square		0449	0559	0627	0650	0721	0744	0819	0842	0847	0912	0942	12	42	1617
<b>Waverton</b>	Inglewood		0502	0612	0640	0703	0734	0757	0832	0855	0900	0925	0955	25	55	1630
<b>Wigton</b>	King Street		0512	0622	0650	0713	0744	0808	0844	0907	0912	0937	1007	37	07	1642
<b>Thursby</b>	Village Green		0521	0631	-	0722	-	-	-	-	-	-	-	-	-	-
<b>Nealhouse</b>			0526	0636	0704	0729	0759	0823	0859	0922	0927	0952	1022	52	22	1657
<b>Carlisle</b>	Bus Station		0541	0651	0719	0744	0814	0838	0914	0937	0942	1007	1037	07	37	1712

**MONDAY TO SATURDAY** (excluding public holidays)

<b>Workington</b>	Bus Station	Stand E	1611	1641	1711	1811	1940	2040	2140
<b>Siddick</b>			1617	1647	1717	1817	1946	2046	2146
<b>Maryport</b>	Curzon Street	arrive	1629	1659	1729	1829	1958	2058	2158
Same bus - no need to change			8	8	8	8	8	8	8
<b>Maryport</b>	Curzon Street	depart	1632	1702	1732	1832	2000	2100	2200
<b>Crosby</b>	Community Centre		1638	1708	1738	1838	2005	2105	2205
<b>Aspatria</b>	Market Square		1647	1717	1747	1847	2014	2114	2214
<b>Waverton</b>	Village		1700	1730	1800	1900	2027	2127	2227
<b>Wigton</b>	King Street		1712	1742	1812	1912	2038	2138	2238
<b>Thursby</b>	The Green		-	-	-	-	-	-	-
<b>Nealhouse</b>			1727	1757	1827	1927	2050	2150	2250
<b>Carlisle</b>	Bus Station		1742	1812	1842	1942	2105	2205	2305

Key

This journey operates Monday to Friday only

This journey operates Saturday only

- Stop not served



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SUNDAY (including public holidays)													Key
<b>Workington</b> Bus Station Stand E	0751	0851	0951	1051	1151	1251	1351	1451	1551	1651	1851		
<b>Siddick</b>	0757	0857	0957	1057	1157	1257	1357	1457	1557	1657	1857		
<b>Maryport</b> Curzon Street arrive	0809	0909	1009	1109	1209	1309	1409	1509	1609	1709	1909		
Same bus - no need to change	8	8	8	8	8	8	8	8	8	8	8		
<b>Maryport</b> Curzon Street depart	0811	0911	1011	1111	1211	1311	1411	1511	1611	1711	1911		
<b>Crosby</b> Community Centre	0817	0917	1017	1117	1217	1317	1417	1517	1617	1717	1917		
<b>Aspatria</b> Market Square	0826	0926	1026	1126	1226	1326	1426	1526	1626	1726	1926		
<b>Waverton</b> Inglewood	0839	0939	1039	1139	1239	1339	1439	1539	1639	1739	1939		
<b>Wigton</b> King Street	0850	0950	1050	1150	1250	1350	1450	1550	1650	1750	1950		
<b>Thursby</b> Village Green	0859	0959	1059	1159	1259	1359	1459	1559	1659	1759	1959		
<b>Nealhouse</b>	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	2004		
<b>Carlisle</b> Bus Station	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	2019		

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SUNDAY (including public holidays)													Key
<b>Carlisle</b> Bus Station Stand 3	0925	1025	1125	1225	1325	1425	1525	1625	1725	1825	2025		
<b>Nealhouse</b>	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	2040		
<b>Thursby</b> The Ship Inn	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	2045		
<b>Wigton</b> King Street	0957	1057	1157	1257	1357	1457	1557	1657	1757	1857	2057		
<b>Waverton</b> Croft House	1004	1104	1204	1304	1404	1504	1604	1704	1804	1904	2104		
<b>Aspatria</b> Market Square	1017	1117	1217	1317	1417	1517	1617	1717	1817	1917	2117		
<b>Crosby</b> Community Centre	1026	1126	1226	1326	1426	1526	1626	1726	1826	1926	2126		
<b>Maryport</b> Curzon Street arrive	1033	1133	1233	1333	1433	1533	1633	1733	1833	1933	2133		
Same bus - no need to change	8	8	8	8	8	8	8	8	8	8	8		
<b>Maryport</b> Curzon Street depart	1034	1134	1234	1334	1434	1534	1634	1734	1834	1934	2134		
<b>Siddick</b>	1042	1142	1242	1342	1442	1542	1642	1742	1842	1942	2142		
<b>Workington</b> Bus Station	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	2150		

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