

MONDAY TO SATURDAY (excluding public holidays)

	29	29	29A	29	29A	29	29A	29	29A	29	29A	29	29A
Workington Bus Station Stand B	0523	0606	0706	0745	0807	0847	0915	0947		15	47		1515
Lillyhall Blackwood Road	0532	0615	0715	0755	0817	0857	0925	0957		25	57		1525
Lillyhall Joseph Noble Road	0535	0618	0718	0758	0820	0900	0928	1000		28	00		1528
Distington Main Street	0539	0622	-	0803	-	0905	-	1005		-	05	Until	-
Lowca	-	-	0728	-	0830	-	0938	-		38	-		1538
Whitehaven Duke Street	0549	0632	0738	-	0841	-	0949	-		49	-		1549
Whitehaven Strand Street	-	-	0738	0816	0841	0919	0949	1019		-	19		-
Whitehaven Lowther Street	0550	0633	-	-	-	-	-	-		-	-		-

Then
at
these
mins
past
each
hour

29A	29
15	47
25	57
28	00
-	05
38	-
49	-
-	19

29A	29	29A
1515	1600	1630
1525	1610	1640
1528	1613	1643
-	1618	-
1538	-	1653
1549	-	-
-	1632	1707

MONDAY TO SATURDAY (excluding public holidays)

	29	29A	29	29
Workington Bus Station Stand B	1700	1730	1815	1900
Lillyhall Blackwood Road	1710	1740	1825	1909
Lillyhall Joseph Noble Road	1713	1743	1828	1912
Distington Main Street	1718	-	1832	1916
Lowca	-	1753	-	-
Whitehaven Duke Street	-	-	1844	-
Whitehaven Strand Street	1733	1807	-	-
Whitehaven Lowther Street	-	-	-	1927

Key

Monday to Friday only

- Stop not served

For alternative journeys
between Workington &
Whitehaven, please see the
30 Service timetable.

MONDAY TO SATURDAY (excluding public holidays)

	29	29	29	29	29A	29	29	29A	29A	29	29
Whitehaven Lowther Street	0535	0551	0635	0730	0810	0840	Then at these mins past each hour	10	40		1515
Distington Main Street	0546	0602	0646	0743	-	0853		-	53		- 1558
Lowca Post Office	-	-	-	-	0820	-	20	-		1525	- 1630
Lillyhall Joseph Noble Road	0550	0606	0650	0748	0830	0858	30	58		1535	1603 1640 1708
Lillyhall Blackwood Road	0553	0609	0653	0751	0833	0901	33	01		1538	1606 1643 1711
Workington Bus Station	0602	0618	0702	0801	0843	0911	43	11		1548	1616 1653 1721

MONDAY TO SATURDAY (excluding public holidays)

	29A	29	29
Whitehaven Lowther Street	1720	1755	1930
Distington Main Street	-	1808	1941
Lowca Post Office	1730	-	-
Lillyhall Joseph Noble Road	1740	1813	1945
Lillyhall Blackwood Road	1743	1816	1948
Workington Bus Station	1753	1826	1957

Key

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30 Service timetable.