

MONDAY TO SATURDAY (excluding public holidays)										Then at these mins past each hour			Until				
	29	29	29A	29	29A	29	29A	29	29A		29	29A		29	29A	29	29A
Workington Bus Station Stand B	0523	0606	0706	0745	0807	0847	0915	0947	15		47				1515	1600	1630
Lillyhall Blackwood Road	0532	0615	0715	0755	0817	0857	0925	0957	25		57				1525	1610	1640
Lillyhall Joseph Noble Road	0535	0618	0718	0758	0820	0900	0928	1000	28		00				1528	1613	1643
Distington Main Street	0539	0622	-	0803	-	0905	-	1005	-		05				-	1618	-
Lowca	-	-	0728	-	0830	-	0938	-	38		-				1538	-	1653
Whitehaven Duke Street	0549	0632	0738	-	0841	-	0949	-	49		-				1549	-	-
Whitehaven Strand Street	-	-	0738	0816	0841	0919	0949	1019	-		19				-	1632	1707
Whitehaven Lowther Street	0550	0633	-	-	-	-	-	-	-		-				-	-	-

MONDAY TO SATURDAY (excluding public holidays)				
	29	29A	29	29
Workington Bus Station Stand B	1700	1730	1815	1900
Lillyhall Blackwood Road	1710	1740	1825	1909
Lillyhall Joseph Noble Road	1713	1743	1828	1912
Distington Main Street	1718	-	1832	1916
Lowca	-	1753	-	-
Whitehaven Duke Street	-	-	1844	-
Whitehaven Strand Street	1733	1807	-	-
Whitehaven Lowther Street	-	-	-	1927

Key

Monday to Friday only

- Stop not served

For alternative journeys between Workington & Whitehaven, please see the 30 Service timetable.

MONDAY TO SATURDAY (excluding public holidays)														
	29	29	29	29	29A	29	Then at these mins past each hour	29	29A	Until	29A	29	29A	29
Whitehaven Lowther Street	0535	0551	0635	0730	0810	0840		10	40		1515	1545	1620	1650
Distington Main Street	0546	0602	0646	0743	-	0853		-	53		-	1558	-	1703
Lowca Post Office	-	-	-	-	0820	-		20	-		1525	-	1630	-
Lillyhall Joseph Noble Road	0550	0606	0650	0748	0830	0858		30	58		1535	1603	1640	1708
Lillyhall Blackwood Road	0553	0609	0653	0751	0833	0901		33	01		1538	1606	1643	1711
Workington Bus Station	0602	0618	0702	0801	0843	0911		43	11		1548	1616	1653	1721

MONDAY TO SATURDAY (excluding public holidays)			
	29A	29	29
Whitehaven Lowther Street	1720	1755	1930
Distington Main Street	-	1808	1941
Lowca Post Office	1730	-	-
Lillyhall Joseph Noble Road	1740	1813	1945
Lillyhall Blackwood Road	1743	1816	1948
Workington Bus Station	1753	1826	1957

Key

Monday to Friday only

- Stop not served

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