An Advanced Morning Execution Model Built for NQ

This is a premium breakdown of the exact 15-minute Opening Range Breakout method Jo uses live each morning, paired with the internal Gooey Model we built to avoid fakeouts and catch precise entries. This model has only been shared inside Eternal Exchange. If you're reading this, you're getting early access.
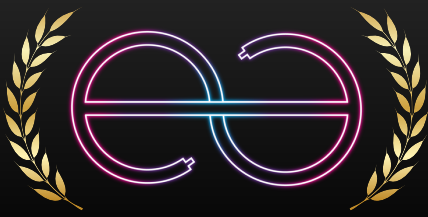
You'll learn how to:
- Mark the ORB with real intent
- Use SMT, FVGs/ iFVGs, and liquidity sweeps to confirm clean entries
- Avoid chop, trap candles, and overtrading

If you're still guessing when to trade in the morning, this fixes it.

> 🔒 **For Internal Use Only**
> This framework is pulled directly from Jo's internal morning model. It's how Jo approaches morning trades live with our team.
> You're free to apply it. Just know most traders won't have access to this level of clarity.

Why Most ORB Strategies Break Down in Live Markets

> Most traders think the 15-minute Opening Range is about catching breakouts. So they draw a box from 9:30 to 9:45, wait for a candle to break out, and jump in.

Here's what usually happens:

- They chase the first candle that breaks the range
- Price fakes out, reverses, and wipes them out
- They re-enter in the opposite direction
- They overtrade and lose confidence

This happens because their system is reactive, not structured.
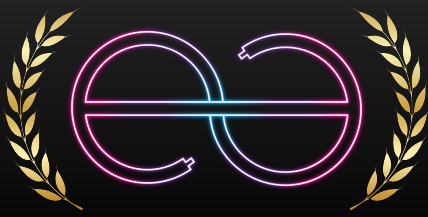
Why This Fails Repeatedly

Traders take the same setup every day hoping "this time it'll work."
What they're really doing is:

- Trading without directional bias
- Entering without confirmation
- Ignoring liquidity
- Letting emotions make decisions

This isn't a strategy. It's gambling with candlesticks.

The market doesn't reward speed.
It rewards structure, patience, and intent.

15 minute ORB + Gooey Model

A Precision Framework for Catching High-Probability Morning Moves

The ORB + Gooey Model Setup Flow

What We Look For Before Entry:

- **9**:30–9:45 Opening Range marked
- Liquidity above or below ORB/ at ORB H/L levels
- SMT divergence (NQ vs ES)
- Fakeout of ORB high/ low in higher TF FVG
- 1,2,3,5min FVG created during fakeout
- inversion of said FVG
- Defined risk and target

Why It Works:

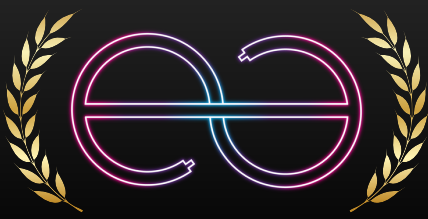We don't enter because price breaks out.
We enter because price:

- Took liquidity
- Bounced from Higher TF FVG
- Confirmed reversal with inversion

Then we enter on the iFVG, not the breakout.

What That Gives Us:

- Trade with higher conviction
- Avoid fakeouts
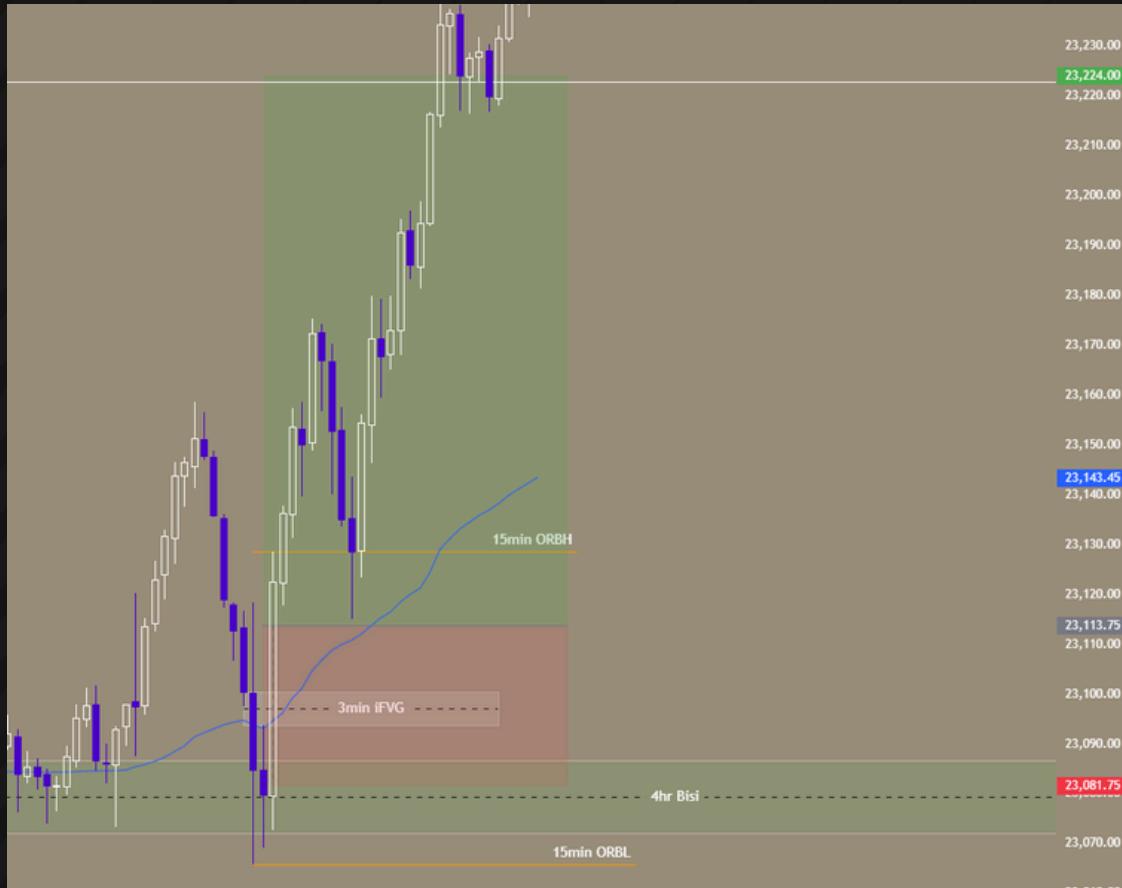- Manage risk around clean technical levels

📌 This setup isn't built to give you 10 trades a day.
It's built to help you take 3-5 repeatable, high-quality trades per week with confidence.

15 minute ORB + Gooey Model

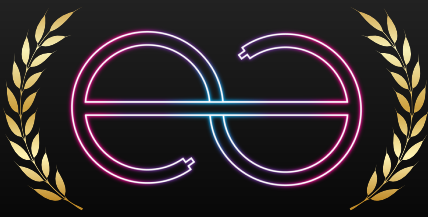A Precision Framework for Catching High-Probability Morning Moves

Live Trade Example Using the ORB + Gooey Model

Trade Breakdown: Tuesday, 7/17/2025 – NQ

- ORB marked from 9:30–9:45
- Price swept liquidity below when ORB formed
- SMT confirmed on NQ vs ES
- Bearish FVG formed after displacement
- Inversion of 3min bearish FVG confirmation
- Entry taken on close of iFVG candle
- Target was previous day high

This trade delivered over 400 ticks while most traders were chasing price above the ORB, we were already banking.
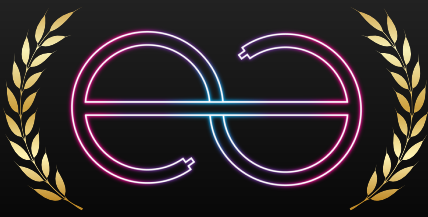
Alternate Trade Example Using the
ORB + Gooey Model

Trade Breakdown: Thursday, 8/08/2025 – NQ

- ORB marked from 9:30–9:45
- Price broke out of the 15min range
- Sweep of internal liquidity
- SMT confirmed with ES holding price up
- bearish FVG formed after displacement on 1min TF
- Inverison of 1min Sibi confirmed entry
- Entry taken on close of 1min inversion candle
- Partial taken at previous high

This trade was quick and clean. 200+ ticks were locked in before the chop hit. Not every trade needs to be massive. The edge is knowing when to take your win.

15 minute ORB + Gooey Model

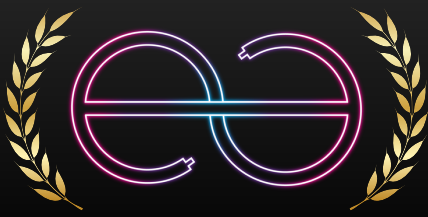A Precision Framework for Catching High-Probability Morning Moves

ORB + Gooey Model Morning Execution Checklist

Checklist:

- ✅ Mark the ORB: 9:30 to 9:45 AM
- ✅ Identify key liquidity above and below the range
- ✅ Watch for SMT divergence between NQ and ES
- ✅ Wait for Fake out that leaves a clean FVG
- ✅ Confirm bounce from higher TF FVG for reversal
- ✅ Enter on iFVG creation or retest with defined stop
- ✅ Target session highs/lows or key liquidity
- ✅ Step away if the setup's not there.

Screenshot this page and make it part of your morning prep. Consistency starts here.

Execution Discipline is the Edge

Most traders lose not because they don't have a strategy — but because they can't follow one.

The ORB + Gooey Model isn't built for constant action. It's built for precision.

🔒 **Wait for the full setup — or don't trade.**

🧠 **Confidence comes from rules, not hope.**
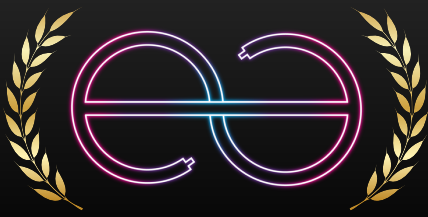
📉 **No setup = no risk.**

There are days when price won't give you what you want.

That *isn't* a missed opportunity, it's a win for your discipline.

🚫 **If you take trades outside the model, don't blame the model.**
Your job is to execute — not predict.
Trust the process. Let the market come to you.

Post-Trade Review Checklist

Every trade teaches you something, if you look close enough. Use this to evaluate every ORB + Gooey trade you take.

Setup Confirmation

✅ Did you mark the ORB from 9:30–9:45?

✅ Did price sweep liquidity before entry?

✅ Was SMT divergence confirmed between NQ & ES?
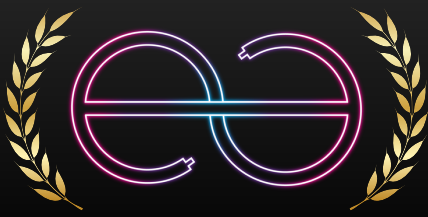
✅ Was there a clear iFVG?

✅ Did momentum confirm intent?

Execution Review

✅ Did you enter on retest (not impulse)?

✅ Was your stop loss placed logically?

✅ Did you respect your target and plan?

Discipline Check

✅ Did you wait for the full setup?

✅ If no trade, did you stay out and protect your capital?

💥 Screenshot, log it, and build a playbook of your own trades.

The Model Only Works If You Do

This model wasn't built to make you feel smart. It was built to make you consistent.

The rules don't bend. The setups don't chase. You either trade with discipline, or you trade on tilt.

📌 **Know your edge. Stick to it. Show up ready.**

The ORB + Gooey Model will always be here.

The question is, will you?

📁 Save this playbook.

📸 Screenshot what resonates.

💬 Ask questions when you're stuck, you're never alone in EE.
✅ Revisit this model weekly.

✅ Journal trades against it.

✅ Refine your execution with intent.
This model won't babysit you. But it will reward your discipline every single time.

🚀 Ready to Fast-Track Your Consistency?

If you're serious about mastering the ORB + Gooey Model and want direct, personalized mentorship, join the Eternal Exchange Mentorship today. 👉 **Book Your Call Here**

- Eternal Exchange

Trade with discipline. Live with intention.