# Optical measurement of cerebral hemodynamics and oxygen metabolism in neonates with congenital heart defects

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**Abstract.** We employ a hybrid diffuse correlation spectroscopy (DCS) and near-infrared spectroscopy (NIRS) monitor for neonates with congenital heart disease (n=33). The NIRS-DCS device measured changes during hypercapnia of oxyhemoglobin, deoxyhemoglobin, and total hemoglobin concentrations; cerebral blood flow  $(rCBF_{DCS})$ ; and oxygen metabolism  $(rCMRO_2)$ . Concurrent measurements with arterial spin-labeled magnetic resonance imaging  $(rCBF_{ASL-MRI}, n=12)$  cross-validate  $rCBF_{DCS}$  against  $rCBF_{ASL-MRI},$  showing good agreement (R=0.7, p=0.01). The study demonstrates use of NIRS-DCS on a critically ill neonatal population, and the results indicate that the optical technology is a promising clinical method for monitoring this population. © 2010 Society of Photo-Optical Instrumentation Engineers. [DOI: 10.1117/1.3425884]

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# 1 Introduction

Approximately 30,000 infants are born each year in the United States with congenital heart disease (CHD), with about a third requiring major surgical repair in the first few months of life. Recent advances in cardiac surgery for complex CHD have minimized infant mortality. Thus, the current focus in

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the clinical community is oriented toward preventing neurologic injury and improving neurocognitive outcome in these high-risk babies who grow up to face various medical and academic challenges.<sup>2,3</sup>

Two key determinants of neurologic injury in babies with complex CHD are now believed to be damaged cerebral autoregulation<sup>4</sup> and low-baseline cerebral blood flow (CBF<sub>bl</sub>).<sup>5</sup> Cerebral autoregulation<sup>6</sup> is loosely defined as the ability of a subject to maintain stable and adequate blood flow to the brain at the microvascular level despite changes in cerebral perfusion pressure. Damaged cerebral autoregulation may complicate the clinical management of sick newborns, where the goal is to minimize periods of hypoxia and hypoperfusion. In fact, damaged cerebral autoregulation implies that the local CBF may be passively dependent on external factors. Therefore, to achieve success with this approach to clinical management, it is desirable to continuously monitor cerebral autoregulation and local CBF at the bedside and optimize patient management accordingly.

Unfortunately, it is very difficult to measure cerebral autoregulation noninvasively at the bedside. The neonatal population presents challenges different from those of adults. Traditional modalities for measurement of CBF in adults (PET, SPECT, Xenon CT, ASL-MRI, Doppler ultrasound) often pose safety risks, require patient transport, or are limited to large-vessel measurements. Thus, an unfilled niche exists for a safe, noninvasive, continuous, bedside monitor of CBF and related hemodynamics in the infant microvasculature.

In this study, we focus on infants born with CHD. We validate a new diffuse optical diagnostic technique, diffuse correlation spectroscopy (DCS), against a more established modality, arterial spin-labeled magnetic resonance imaging (ASL-MRI), for measurement of cerebral blood flow (CBF). Then, using an all-optical instrument that combines DCS with near-infrared spectroscopy (NIRS), we derive changes in oxy- and deoxyhemoglobin concentrations, CBF, as well as a calculated estimate of cerebral metabolic rate of oxygen extraction (CMRO<sub>2</sub>) during hypercapnia.

Previously, optical monitoring using near-infrared light (NIRS) has been used for transcranial measurements of total hemoglobin concentration, blood oxygen saturation. <sup>11,12</sup> NIRS is particularly successful in infants due to their thin skulls. <sup>13–20</sup> NIRS has also been used for CBF monitoring using exogenous tracers such as indocyanine green or changes in inspired gases. <sup>21,22</sup> Unfortunately, this approach using tracers is indirect at best and can be limited in certain physiological conditions. <sup>23</sup>

A recent advance in biomedical optics has been the development and *in vivo* application of diffuse correlation spectroscopy (DCS).<sup>24–27</sup> DCS measures microvascular blood flow in deep tissue utilizing the temporal intensity fluctuations of multiply scattered light. DCS is based on physical principles somewhat similar to those of NIRS and thus shares advantages such as noninvasiveness and the ability to penetrate to deep tissues. Additionally, DCS provides a direct measure of CBF without the need for exogenous tracers.<sup>28–30</sup> DCS has been validated against other modalities under a variety of conditions,<sup>31–36</sup> and concurrent use of DCS and NIRS in hybrid probes offers potential for continuous noninvasive estimation of CMRO<sub>2</sub>.<sup>28,29,35,37–39</sup>

However, application of DCS in neonatal populations has been very limited. For example, while NIRS-DCS has been utilized in adults<sup>40</sup> and premature infants<sup>33,35</sup> in clinical settings, it has not as yet been validated or even explored as a monitor of cerebral hemodynamics in critically ill neonates with *low-baseline* CBE.<sup>5</sup>

For this study, we measure CBF in infants with complex forms of CHD. During the study, we employ increased carbon dioxide (CO<sub>2</sub>) in the inspired gas mixture as an intervention to study vascular reactivity in the population. Information about vascular reactivity, in turn, permits us to assess the status of cerebral autoregulation. Increased CO<sub>2</sub> is a potent cerebral arteriolar vasodilator. Healthy response to hypercapnia is characterized by a slight increase in blood pressure, by a drop in vascular resistance, and by an increase in CBF. The CBF response to CO<sub>2</sub> is a marker for physiologic reserve in the cerebrovascular bed. CO<sub>2</sub> reactivity [i.e., change in CBF per change in partial pressure of CO<sub>2</sub> (pCO<sub>2</sub>)] is of interest, because impaired CO<sub>2</sub> reactivity has been associated with poor neurodevelopmental outcome and a higher risk of death in all age groups.

Neonates with complex forms of CHD are dependent on a patent ductus arteriosus for systemic blood flow, including CBF. In these neonates, management of the delicate balance of pulmonary blood flow and systemic blood flow is critical. Since CO<sub>2</sub> is also a potent pulmonary arteriolar vasoconstrictor, its presence can alter this balance by limiting pulmonary flow in favor of systemic circulation. Increased inspired CO<sub>2</sub> (FiCO<sub>2</sub>) has been shown by NIRS to significantly increase mixed venous oxygenation in neonates with hypoplastic left heart syndrome (HLHS)<sup>45</sup> and to increase CBF during hypothermic cardiopulmonary bypass. 46,47 Studies from our institution have demonstrated that periventricular leukomalacia (PVL), a form of white matter injury seen in this patient population and in infants born prematurely, occurred in 28% of CHD neonates and was associated with lower baseline CBF values and a smaller change in cerebral blood flow with hypercapnia—i.e., associated with reduced CO<sub>2</sub> reactivity.<sup>5</sup> We note that while the baseline CBF of term neonates born with CHD as a group  $(10.2 \pm 4.4 \text{ ml}/100 \text{ g/min})$  also be lower than healthy neonates<sup>48</sup> to  $(16.6 \pm 5.9 \text{ ml}/100 \text{ g/min})$ , the key point we stress here is that those with lower CBF among CHD neonates had a higher occurrence of neurological injury.

Very recently, we have demonstrated in a subpopulation of infants with CHD that neurological injury was associated with decreased blood oxygen saturation and increased time to surgery, thus indicating the potential value for preoperative monitoring.<sup>49</sup> NIRS has also been used to follow hemodynamic changes in CHD neonates after the Norwood procedure, suggesting that cerebral hemodynamics were influenced by external interventions and postoperative events.<sup>50</sup> The present feasibility study demonstrates potential for relating neurological outcome and cerebral hemodynamics in this early period after surgery by demonstrating the use of an alloptical, bedside monitor during this presurgical period that could safely be deployed at the bedside. We measure hemodynamic CO<sub>2</sub> reactivity in response to induced hypercapnia, which, as mentioned earlier, could be related to the neurological outcome (to be demonstrated in a future, larger study).

**Table 1** Tabulation of various characteristics of the subjects. Values are quoted as mean+standard error of the mean. Admission CHD diagnosis of either hypoplastic left heart syndrome (HLHS) or +transposition of the great arteries (TGA) was required for study inclusion.

Diagnosis	Gender	Gestational Age (week)	Age at Study (day)	Head Circumference (cm)	Birth Weight (kg)
TGA	6M/5F	39.4±0.2	$4.5 \pm 0.5$	34.8±0.2	3.6±0.1
HLHS	13M/9F	38.8±0.2	$3.7 \pm 0.3$	$34.3 \pm 0.2$	$3.3 \pm 0.1$

Furthermore, arguably, addition of a CBF measure and calculation of CMRO<sub>2</sub> should further enhance this potential by providing a more complete picture of the cerebral oxygen metabolism than currently available.

The present work is the first to report the use of such an all-optical instrument in neonates with complex CHD (n=33). Furthermore, concurrent measurements with ASL-MRI  $(rCBF_{ASL-MRI})$  in 12 (n=12) neonates cross-validate DCS  $(rCBF_{DCS})$  against  $rCBF_{ASL-MRI}$ . The optical data is compared to literature values of vasoreactivity to hypercapnia, and a calculated index that is approximately proportional to changes in CMRO<sub>2</sub> during hypercapnia is determined.

#### 2 Materials and Methods

#### 2.1 Population

With institutional review board approval, all newborn infants with complex CHD admitted to the cardiac intensive care unit (CICU) at Children's Hospital of Philadelphia (CHOP) were screened for study inclusion and were approached for participation if the admitting CHD diagnosis was hypoplastic left heart syndrome (HLHS) or transposition of the great arteries (TGA). All patients (n=33) were at full-term age ( $40\pm4$  weeks gestation age) with pre- or postnatally diagnosed CHD and were scheduled for surgery with with cardiopulmonary bypass with or without deep hypothermic circulatory arrest. A full baseline neurologic examination was carried out by a child neurologist (DJL) on the day prior to the surgery. Table 1 shows detailed tabulation of the patient characteristics.

# 2.2 Study Protocol

All procedures were approved by the Children's Hospital of Philadelphia Institutional Review Board. On the morning of surgery, all patients were transported to the operating room for induction of general anesthesia (fentanyl  $5-10~\mu g/kg$ , pancuronium 0.2~mg/kg). Vital signs, including blood pressure, electrocardiogram, transcutaneous oxygen saturations, and end-tidal  $CO_2~(EtCO_2)$  measurements, were monitored during the induction of anesthesia, in transport, and while in the MRI. On arrival at the MRI suite, arterial and venous blood samples were drawn for baseline arterial  $CO_2~(PaCO_2)$  and co-oximetry (quantitative venous and arterial oxygen saturations). The protocol has been previously described,  $^{5.49,51}$  and a time line is outlined in Fig. 1.

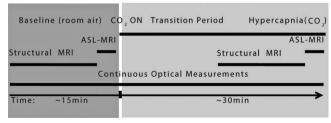
# **2.3** Diffuse Optics: Background, Instrumentation, and Analysis

In the near-infrared spectral region, light is multiply scattered as it travels centimeters through deep tissue. Photon absorption in the near-infrared range also occurs mainly due to oxyand deoxyhemoglobin, water, and lipid. A detectable amount of light scattering comes from red blood cells (RBCs). If photons are scattered from moving RBCs, then the light intensity interference pattern (i.e., the speckle pattern) on the tissue surface will fluctuate in time. The resultant fluctuations of the detected intensity are measured by DCS. NIRS, on the other hand, measures the differential change in the transmitted light intensity at multiple wavelengths due to absorption and scattering, which, in turn, depend on concentrations of oxy- and deoxyhemoglobin ( $\Delta HbO_2$  and  $\Delta Hb$ , respectively) among other factors.

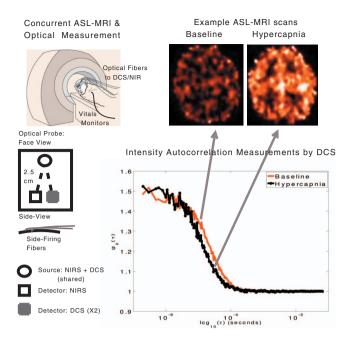
The present investigation employs a hybrid instrument combining NIRS and DCS. <sup>28,38</sup> For DCS, we employed a long-coherence-length laser at 785 nm. Three lasers (690 nm, 785 nm, 830 nm) modulated at 70 MHz were used for NIRS. For DCS, two high-sensitivity avalanche photodiode detectors and a correlator board were used to calculate intensity autocorrelation functions in real time. For NIRS, a homodyne detection scheme with one detector channel was used.

As shown in Fig. 2, a probe with one source fiber (shared by NIRS and DCS lasers), two detector fibers for DCS, and one detector fiber for NIRS was used. All detectors were placed at 2.5 cm away from the source fiber. The probe thickness was  $\sim$ 2.5 mm, and fibers were 12 m long. All materials

# Protocol Time Line (45-60 Minutes)



**Fig. 1** Measurement time line consists of two periods: (1) Baseline, where the subject is breathing room air equivalent mixture with zero  $\mathrm{CO}_2$  concentration, and (2) Hypercapnia, where  $\mathrm{CO}_2$  is added to the mixture. There is an intermediate transition period until significant changes are recorded in the  $\mathrm{EtCO}_2$  measurements. Optical data is obtained continuously throughout the study. Structural MRIs are obtained in both periods prior to ASL-MRI measurements.



**Fig. 2** Measurement schematic showing optical probe details, probe placement, and the concurrent measurement. Typical ASL-MRI images (brighter red/orange indicating higher blood flow) and autocorrelation functions measured by DCS during baseline and hypercapnia are also shown.

were thoroughly tested for MRI compatibility. Fiducial markers were placed over the probe to locate fiber positions in the MRI images.

Optical data was analyzed using a semi-infinite, homogeneous medium model that is expected to be fairly accurate given the thin neonate skulls. We have verified this assumption with simulations based on a two-layer model.<sup>28</sup> Any variation in the tissue optical properties or tissue dynamics within the probed volume, such as those resulting from a CBF change due to CO<sub>2</sub> inhalation, are detectable in the decay rate of the intensity autocorrelation function  $[g_2(\tau)]$  and in the amplitude and phase of the NIRS signal. Figure 2 shows two representative  $g_2(\tau)$  measurements wherein changes in decay time due to increased CBF during hypercapnia are clearly visible. The semi-infinite model was iteratively fit to the measured autocorrelation functions, and a flow-index from the decay time for each hemisphere was extracted every 8 s. For NIRS, a modified Beer-Lambert equation with assumed photon path lengths from the literature was used. 52-54 NIRS calculations report HbO2 and Hb concentration changes relative to the baseline (i.e.,  $\Delta HbO_2$ ,  $\Delta Hb$ ,  $\Delta THC$ ). Note that measured changes in absorption from NIRS data were used to improve the DCS fits. DCS flow indices from two detectors were divided by the baseline values and averaged, providing a measure of  $rCBF_{DCS}$  versus time. All analysis procedures have been previously described.<sup>40</sup>

Changes in CMRO<sub>2</sub> ( $rCMRO_2$ ) can be calculated from a synthesis of rCBF,  $\Delta Hb$ , and  $\Delta THC$  utilizing a relatively simple model. <sup>37,55–57</sup> In particular, a compartmentalized model of the vasculature is assumed, and an equation that relates these measurable quantities is derived using Fick's law:  $CMRO_2 = OEF \times CBF \times C_a$  (Ref. 41). OEF is the normalized

oxygen extraction fraction—i.e., the difference between oxygen concentrations in arterial  $(C_a)$  and venous ends of the vasculature. Since diffuse optical signal mainly originates from the microvasculature, further assumptions are made to relate the microvascular blood oxygenation to the percentage of blood in the venous and arterial components. These assumptions lead to an equation that has been used  $^{28,29,37,38}$  to estimate  $rCMRO_2$ :

$$rCMRO_{2} = rOEF \times rCBF,$$

$$= \left(\frac{S_{a}O_{2} - S_{t}O_{2}}{S_{a}O_{2bl} - S_{t}O_{2bl}}\right) \left(\frac{\gamma_{bl}S_{a}O_{2bl}}{\gamma S_{a}O_{2}}\right) rCBF,$$

$$\approx \left(\frac{S_{a}O_{2} - S_{t}O_{2}}{S_{a}O_{2bl} - S_{t}O_{2bl}}\right) \left(\frac{S_{a}O_{2bl}}{S_{a}O_{2}}\right) rCBF. \tag{1}$$

 $S_t O_2 = HbO_2/(THC)$  is the microvascular blood oxygen saturation measured by NIRS. Subscript bl is used throughout this paper to indicate baseline values of a parameter. Baseline  $StO_2$  ( $S_tO_{2bl}$ ) was assumed from literature values for neonates to be 65%. <sup>58–62</sup>  $THC_{bl}$  is also assumed from baseline values reported in the literature as 53  $\mu$ M. <sup>58–62</sup> Changes in HbO<sub>2</sub> and Hb concentrations were then used to calculate the hypercapnic values for  $StO_2$  and THC. Note that we do not estimate THC from systemic measures of hemoglobin concentration, since it has been previously shown that NIRS values in CHD populations may not be directly correlated to systemic measures of hemoglobin. <sup>62</sup>

Here,  $\gamma$  is the percentage of blood in the venous compartment. In the last step, we assume that  $\gamma$  does not change with hypercapnia in accordance with previous observations of neonates and children with CHD that hypercapnia does not alter the proportion of arterial to venous blood in the brain. <sup>63</sup>

Last, in order to report a single-relative change per parameter per subject, we have used the EtCO<sub>2</sub> data to define a stable *baseline* and a stable *hypercapnic* period. The latter was defined as the time period during increased CO<sub>2</sub> administration where EtCO<sub>2</sub> was at a plateau. All the reported changes in both optical and systemic data are calculated according to these time periods. All % changes are reported as % of baseline.

#### **2.4** MRI Imaging Protocol

Due to various technical problems, either with ASL-MRI or optical data acquisition, high-quality data were acquired concurrently with custom pediatric ASL-MRI sequences in 12 of the 33 neonates.  $^{5,64-66}$  Figures 1 and 2 show the time line and representative pre- and during hypercapnia ASL-MRI images. All MRIs were acquired on a Siemens 3.0T Trio at Children's Hospital of Philadelphia. In particular, MRI sequences included multiplanar reconstructed (MPR) volumetric  $T_1$  and  $T_2$  SPACE (short for sampling perfection with application-optimized contrasts using different flip-angle evolutions) sequences acquired in the axial plane and later reconstructed in the sagittal and coronal planes. Axial fluid attenuated inversion recovery (FLAIR), susceptibility (both standard echo gradient and susceptibility weighted imaging), and diffusion weighted imaging (DWI) sequences were also acquired. Clini-

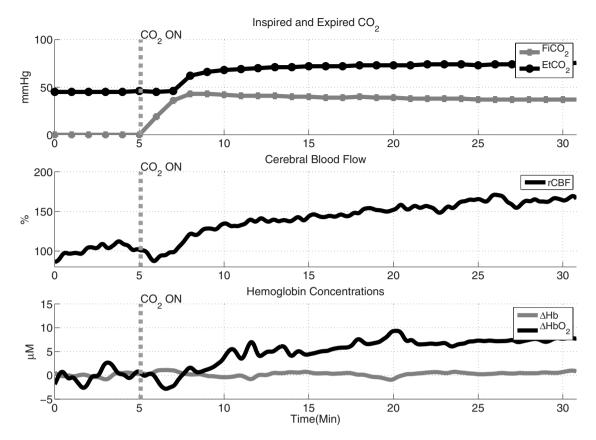


Fig. 3 Typical time traces of inspired and expired CO<sub>2</sub> and cerebral hemodynamics during baseline and hypercapnia.

cal MRI interpretations were performed by a single pediatric neuroradiologist (RAZ) blinded to the patient's clinical information. Imaging parameters of the ASL-MRI scan were FOV=20 cm, 64×64 matrix, TR/TE=3000/19 ms, slice thickness=5 mm and 1 mm gap. Eight slices were acquired using a gradient echo-planar imaging (EPI) sequence. A delay time (1.2 s) was applied between the saturation and excitation pulses to reduce transit artifacts. Because of large voxel sizes of ASL-MRI images of CBF, whole brain averages were used to compare against DCS.

# 2.5 Overall Study Protocol

MRI-compatible optical probes were designed with ~12-m-long optical fibers mounted on a flexible pad. The probe was placed on the neonate's forehead (Fig. 2). Concurrent baseline optical and baseline MRI perfusion measurements were obtained (Fig. 1). After completion of the baseline ASL-MRI measurements, supplemental CO<sub>2</sub> was added to the fresh gas mixture to achieve an inspired CO2 (FiCO2) of 2.7% as measured by capnometry. Continuous optical data was acquired throughout the study. Structural brain MRI sequences were acquired for  $\sim 10$  to 15 min after the initiation of supplemental CO<sub>2</sub> and its equilibration. At the end of this period, a second set of ASL-MRI sequences were run to reflect the hypercarbic CBF. Blood gas samples were then drawn and analyzed to confirm a higher PaCO2. The hypercarbic gas mixture was discontinued after the completion of the hypercarbic CBF measurement, and the patient was transported back to the operating room directly for the surgery.

#### **2.6** Statistical Analysis

Data from each subject was collected as a time series and normalized to a stable pre-hypercapnia period. In order to assess the hemodynamic changes during hypercapnia, the time period where end-tidal  $CO_2$  was stable was identified, and all optical data during that period were averaged. All data are reported as mean  $\pm$  SEM (standard error of the mean) when averaged over the population and as mean  $\pm$   $\sigma$  (standard error) when averaged over time for a single subject. Standard box-plots  $^{67}$  were used to visually explore the data.

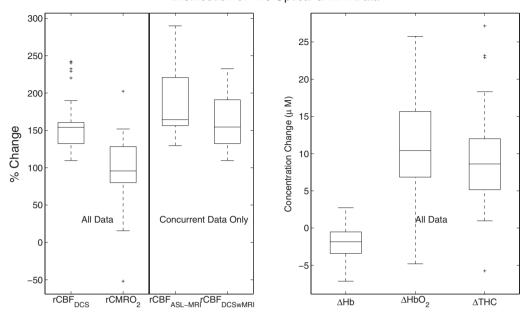
Pearson's correlation coefficient (R) and corresponding p-value (with p<0.05 considered as significant) were used to investigate correlations between modalities or parameters. Bland-Altman analysis was used to assess agreement between modalities (ASL-MRI and DCS measures of CBF) visually by identifying those measurements that lie outside the two standard-deviation range from the mean difference between results, and the slope is not significantly different from zero (with p<0.05 considered significant). Last, Lin's concordance correlation coefficient was used to investigate the accuracy of the agreement.  $^{69,70}$ 

A student's t-test was used to asses whether the estimated population mean of a hemodynamic change was significantly different from zero. p < 0.05 was considered as the threshold for rejection of the null hypothesis.

#### 3 Results

Figure 3 shows the time series of FiCO<sub>2</sub>, EtCO<sub>2</sub>, and the

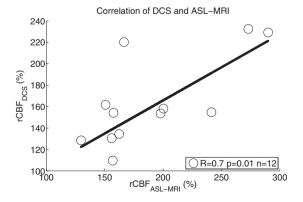
#### Distribution of The Optical & MRI Data



**Fig. 4** Box-plots of rCBF<sub>ASI-MRI</sub>, rCBF<sub>DCS</sub>, rCMRO<sub>2</sub> (% change from baseline),  $\Delta$ THC,  $\Delta$ Hb, and  $\Delta$ HbO<sub>2</sub> (concentration change from baseline) for whole data set (n=33). Box-plot (top-left) shows the comparison of ASL and DCS (n=12). Note that the lines in the boxes correspond to the lower quartile, median, and upper quartile. The mean corresponds to the center of the box. The dashed lines extend out to indicate the rest of the data within the interquartile distance. The crosses are the outliers.

optical data from a representative subject. Increased  $InCO_2$  led to increases in  $EtCO_2$ ,  $rCBF_{DCS}$  and  $\Delta HbO_2$ . Blood pressure and arterial oxygen saturation remained relatively stable.

Figure 4 shows box-plots of population-averaged optical and MRI data. Significant increases were measured in CBF<sub>DCS</sub> (158  $\pm$  6%, p<0.001, n=33), HbO<sub>2</sub> (11  $\pm$  1  $\mu$ M, p<0.001, n=33), and THC (9  $\pm$  1  $\mu$ M, p<0.001, n=33). On the other hand, Hb decreased (-2  $\pm$  0.4, p<0.001, n=33), and CMRO<sub>2</sub> was unaltered (98  $\pm$  8%, p=0.8, n=33). Concurrent measurements of rCBF<sub>ASL-MRI</sub> (190  $\pm$  15%, p<0.001, n=12) and rCBF<sub>DCS</sub> (164  $\pm$  12%, p<0.001, n=12) demonstrated (Fig. 5) that rCBF<sub>DCS</sub> and rCBF<sub>ASL-MRI</sub> showed good correlation (R=0.7, p=0.01, n=12) and good agreement (concordance correlation coefficient,  $R_c$ =0.6). Bland-Altman plots confirmed that all points lie within two



**Fig. 5** Correlation between  $rCBF_{DCS}$  and  $rCBF_{ASL-MRI}$  is shown for each individual subject (n=12).

standard deviations from the mean difference between the results and that the slope is zero (p=0.33).

We have also investigated whether NIRS measures of  $\Delta THC$  are related to rCBF<sub>DCS</sub>. As expected, a weaker (R=0.5), but significant (p=0.007) correlation between the two parameters was observed. The so-called Grubb exponent, which is the ratio of THC changes to CBF changes, was  $0.39\pm0.04$ , in reasonable agreement with the literature. We note that this value depends on the assumed baseline value for THC of 53  $\mu$ M. S8-62

Vascular reactivity, defined as percent change in CBF per mmHg change in PaCO<sub>2</sub>, was measured to be  $3.1\pm1.9\%$  CBF change/mmHg CO<sub>2</sub>, well within the literature values of 1 to 9% CBF change/mmHg CO<sub>2</sub> in sick neonates. <sup>43,73–76</sup> Vascular reactivity to CO<sub>2</sub> was not found to depend on baseline CBF<sub>ASL-MRI</sub> or baseline PaCO<sub>2</sub> (p=0.1 for both). The NIRS data was also in good agreement with previous NIRS studies on hypercapnia-induced changes in neonates. <sup>45,77,78</sup>

# 4 Discussion

This work demonstrates the feasibility of the DCS and NIRS hybrid method to measure blood flow, blood oxygenation, and total hemoglobin concentration in neonatal brains. NIRS is widely used, albeit mostly as a research tool 11,12—for example, a series of pioneering studies at our institution 45,61,77,79,80 and others 46,81–84 showed that NIRS could play a role in monitoring cerebral oxygenation before, during, and after surgical interventions to patients with CHD. The application of DCS represents a new approach, adding noninvasive and direct measures of microvascular CBF to the arsenal of optical tools. Taken together, NIRS and DCS enable estimation of rCMRO<sub>2</sub>, thereby providing further insight into

brain metabolism in CHD neonates. By studying a population of babies with complex congenital heart defects, we were able to utilize hypercapnia as a challenge to alter hemodynamics and validate DCS against ASL-MRI. If deployed during the presurgical period, these technologies should enable large-scale studies of the relationship between cerebral autoregulation,  $\rm CO_2$  reactivity, and other important physiological factors and neurological outcome.

ASL-MRI has recently been commercialized and validated against a large array of techniques. ASL-MRI is currently the only modality that can be utilized in neonates for microvascular CBF measurements. ASL-MRI provides full-brain images and can be applied repeatedly with minimal safety concerns. On the other hand, it is not a technology suitable for continuous monitoring, since it requires patient transport away from the safe confines of the intensive care unit.

Diffuse optical technologies in general, and DCS in particular, provide a promising alternative for continuous and bedside hemodynamic cerebral monitoring. Currently, DCS has been limited to measurements of relative CBF in cortex from few positions on the head. On the other hand, DCS accuracy does not depend on baseline CBF, and the method does not require risky patient transport and appears capable of continuous monitoring for hours and even days. Therefore, DCS could provide complementary information to that available from ASL-MRI—e.g., DCS has the potential to study larger populations and healthy babies with minimal risk (e.g., without injection of a contrast agent, patient transfer, or anesthesia) in order to ferret out subtle differences between healthy and diseased response.

A somewhat surprising, although not entirely unexpected, result of this study is the demonstrated ability of these sick babies to respond to increased CO<sub>2</sub>. Our data agree with existing neonate data in the literature, <sup>43,73–76</sup> but generally, these other studies measuring CO<sub>2</sub> reactivity were performed on other sick neonates with various clinical conditions, since it is ethically difficult to justify the use of methods requiring contrast agents or anesthesia to measure local CBF and also the artificial induction of hypercapnia. Thus, we are unable to compare our data to the responses of healthy neonates. In the future, it should be possible to derive healthy neonate responses, since our optical methods are noninvasive and can be deployed at the bedside. We note that in comparison to healthy adults, <sup>86</sup> our data show a wider range.

The NIRS data were also in agreement with the literature of hypercapnia-related changes in neonates with CHD  $^{45,77,78}$  and shows a well-behaved spread.  $\Delta THC$  was previously shown to be correlated to blood flow changes measured by Xenon-CT in neonates during hypercapnia.  $^{43}$  However, in comparison, we have observed only a weak correlation of  $\Delta THC$  with rCBF  $_{DCS}$ .

Combined NIRS and DCS use is beneficial for two reasons: DCS analysis is improved by incorporating NIRS changes, and a more complete picture of cerebral well-being is derived by measuring CBF in combination with NIRS-measured cerebral blood volume and oxygenation without the need for external tracers, without relying on assumptions that translate total hemoglobin concentration to cerebral blood volume, and without assumptions about how cerebral blood volume is then related to CBF. The combined data can be used

to measure changes in cerebral metabolic rate of oxygen; <sup>28,29,37,38</sup> in fact, it has recently been demonstrated that NIRS and DCS combination provides a better estimate of changes in CMRO<sub>2</sub> in premature infants than NIRS alone. <sup>35</sup>

Historically, it has often been assumed that CMRO2 does not change during hypercapnia. 87 In fact, unchanging CMRO<sub>2</sub> is assumed during hypercapnia and is used in functional MRI (fMRI) studies to calibrate the blood oxygen level dependent (BOLD) signals for measurement of CMRO<sub>2</sub> during a functional task. 88,89 However, several studies indicate increased or even reduced CMRO<sub>2</sub> during hypercapnia in both healthy and disease states, leading to a continuing debate (see Ref. 90 and references therein). Very recently, for example, it was shown that spontaneous neuronal activity was reduced during hypercapnia, hinting at the possibility that CMRO2 may be reduced during hypercapnia.<sup>91</sup> During surgical procedures with cardiopulmonary bypass where brain CO2 levels are managed according to different pH strategies, it was shown that different responses of CMRO<sub>2</sub> to hypercapnia can be observed.<sup>92</sup> During this artificially lowered baseline CMRO<sub>2</sub> state, hypercapnia led to reductions in CMRO<sub>2</sub> in one group but not in the other. In head injury patients, it was shown that CMRO<sub>2</sub> was dependent on cerebral CO<sub>2</sub> levels. 93 Cerebral maturity is a known confounding factor, and studies have shown a direct correlation with cerebral CO2 and CMRO2 in immature animals. 94 In immature rats, CBF was improved in response to hypercapnia during hypoxic-ischemic conditions. Presumably, the oxygen delivery was also improved under these conditions. 95 This led to observed increases in glucose utilization and oxidative metabolism, and it was suggested that CMRO<sub>2</sub> was lowered during the hypoxic-ischemic baseline as a neuroprotective action. In fact, it has been suggested that mild hypercapnia may be permissible for intensive care management of neonates in order to improve cerebral blood flow, oxygen delivery, oxygen consumption, and neurological outcome. 96 Overall, the CMRO2 response to hypercapnia is very complex, and its measurement throughout the last decades relied on a multitude of modalities with their own strengths and weaknesses.

Our observations are in general agreement with the assumption of unchanged CMRO<sub>2</sub>. A weakness of our study was our reliance on literature data and other estimates for baseline values of StO<sub>2</sub> and THC, which have influenced our findings. To establish the effect of these assumptions on our estimates of rCMRO2, the baseline values were varied over a large range by assuming  $S_tO_{2hl}$  to be correlated to baseline arterial concentration measured by co-oximetry for each neonate. We observed that small changes ( $<10\pm4\%$ ) in rCMRO<sub>2</sub> cannot be ruled out. Despite this weakness, the hybrid DCS and NIRS instrumentation is a relatively simpler and inexpensive device that could be readily deployed in hospital wards and clinics. From a diffuse optical technology development standpoint, further studies with an NIRS device capable of measuring absolute baseline values and potential studies to validate the assumptions that go into rCMRO<sub>2</sub> calculations are now in place.

Last, we note that, to the best of our knowledge, no studies have been carried out on infants wherein anesthesia was varied and  $\mathrm{CO}_2$  administration was repeated. Since it is expected that the relationship of hemodynamic response to  $\mathrm{CO}_2$  and

anesthesia is a mechanism that is species, age, and clinical condition dependent, it may be inaccurate to extrapolate from studies on animals. Therefore, in our conclusions, we rely on the fact that all infants were anesthetized in the same manner. Our work is accurate for comparison to other studies with this limitation.

#### 5 Conclusion

We have recruited a cohort of neonates with complex congenital heart defects to study the cerebrovascular reactivity to increased CO<sub>2</sub> (hypercapnia). By employing a hybrid diffuse correlation spectroscopy and near-infrared spectroscopy, we have measured changes during hypercapnia of oxyhemoglobin, deoxyhemoglobin, and total hemoglobin concentrations, cerebral blood flow (rCBF), and oxygen metabolism. In a subpopulation, we were able to obtain concurrent ASL-MRI data to validate the optical measurements of rCBF.

We have shown that rCBF measurements by both modalities exhibit reasonable agreement. Hence, we have provided validation that diffuse correlation spectroscopy provides reliable measurements of changes in CBF in neonates. Furthermore, this population of neonates were shown to retain their cerebrovascular reactivity to hypercapnia. Combination of NIRS and DCS allowed us to study cerebral oxygen metabolism, which was unaltered in response to hypercapnia. Overall, the study demonstrates the potential to use hybrid diffuse optical probes on a critically ill neonatal population.

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