

20-Hour Street Medic Training

Training Intro

	Planned	Actual
Instructors	BD	
Duration	10	
Start Time	5:20 PM	
End Time	5:30 PM	
Notes		

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Trainers

- Miriam Rocek
- Brian Dominick
- Roger Benham

Schedule

- Friday, 5pm - 8pm
- Saturday, 9am - 7pm
- Sunday, 9am - 4pm

People Intro

Slide

Tell us

- Where do you live
- Where are you from?
- What are your affiliations?
- What is your medical background?
- What do you hope to do with your training?

Action Medical Intro

Slide

What is action medical?

A loose network of trained, volunteer medical activists who support movements and communities in struggle.

- Not a movement.
- Maybe a mindset or approach.
- Not an organization.

First Aid Intro

Slide

What is first aid?

assistance given to any person suffering a sudden illness or injury, with care provided to **preserve life, prevent the condition from worsening, and/or promote recovery**. It includes **initial intervention** in a serious condition **prior to professional medical help** being available, such as performing CPR while awaiting an ambulance, as well as the **complete treatment of minor conditions**, such as applying a [bandage] to a cut. (Wikipedia)

Scene Assessment

	Planned	Actual
Instructors	MR	
Duration	15	
Start Time	6:20 PM	
End Time	6:35 PM	
Notes		

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STOP!

Scan (or survey) the scene

Take precautions

Organize help

Proceed with caution

Practical: Scene Assessment

Slide

Consent

Slide

Street medics get consent for *everything*.

How we get consent

- Approach calmly and cautiously.
- Introduce yourself confidently and swiftly, e.g.

CAUTION

“Hello, my name is Inigo Montoya and I’m a street medic, can I help you?”

Practical: Consent

Slide

Instructions

1. Pair off with a partner.
2. Take turns as medic and injured person.
3. Patient declines care at first; medic tries to work with it.

TIP

Medics, remember your approach matters!

Patients, make it difficult!

Break

Slide

Teamwork Intro

Slide

NOTE Why do street medics always work in pairs?

- extra hands
- second opinion
- safety
 - eyes in the back of your head
 - crowd control
 - direct protection while treating

Body Substance Isolation

Slide

Practical: BSI

Slide

Day 1 Wrapup

Slide

Day 2 Opening

Slide

Initial Assessment Intro

Slide

C-Spine

Slide

Practical: C-Spine

Slide

Mental Status

Slide

Practical: Mental Status

Slide

Airway & Breathing

	Planned	Actual
Instructors		
Duration	15	
Start Time	10:10 AM	
End Time	10:25 AM	
Notes		

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Practical: Airway & Breathing Check

Slide

Circulation & Shock

Slide

Practical: Pulse Check

Slide

Practical: Shock Treatment

Slide

Break

Slide

Disability & Environment

Slide

Practical: Lifts & Carries

Slide

Police Tactics & Weapons

Slide

Chemical Weapons

Slide

Practical: Chemical Weapons

Slide

Scenario 1 (Chem Weapons)

Slide

Break

Slide

Special Injuries

Slide

Jail & Jail Support

Slide

Scenario 2

Slide

Break - Lunch

Slide

Day 2 Wrapup

Slide

Instructors Meeting

Slide

Day 3 Opening

Slide

Scenario 3

Slide

Hot Weather Ailments

Slide

Cold Weather Ailments

Slide

Anaphylaxis

	Planned	Actual
Instructors		
Duration	10	
Start Time	10:25 AM	
End Time	10:35 AM	
Notes		

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Diabetic Emergencies

Slide

Feinting & Seizures

Slide

Scenario 4

Slide

Street Medic Operations

Slide

Street Medic Philosophy & Organizing

Slide

Street Medic Gear

Slide

Day 3 Wrapup

Slide