



# CORIUM CORRECTIVE 360° SKIN CARE SCRIPT

TRANSFORMING **BRIAN JAMES** SKIN TO A BETTER DEGREE OF HEALTH.

START TREATMENT DATE: **03/28/2025**

*\*CORIUM CORRECTIVE 360° CANNOT BE COMBINED WITH ANY OTHER SKIN CARE PRODUCTS*

## SKIN CARE ROUTINE & PRODUCTS

	MORNING	NIGHT
STEP 1	<u>Cleanse:</u> Use the Ultra Foaming Gel Cleanser with lukewarm water, massaging gently for at least 60 seconds to ensure all debris and buildup are thoroughly removed before patting dry with a clean towel.	<u>Cleanse:</u> Use the AQ1 Deep Pore Cleanser in the evening, especially if you have worn makeup or SPF. Perform a double cleanse by starting with Skin Prep, then follow with the cleanser to ensure full removal.
STEP 2	<u>Tone:</u> Apply the Balancing Toner generously using a cotton round, making sure to press gently into the skin rather than rubbing, especially around sensitive areas like the cheeks and forehead.	<u>Mask:</u> Apply the Quench Mask 2–3 times a week. Leave on for 10–15 minutes while avoiding eye and lip areas. Rinse thoroughly with cool water and pat dry. Follow with hydrating products immediately.
STEP 3	<u>Serum:</u> Dispense 1 to 2 pumps of the Growth Factor serum and distribute evenly over the face and neck. Allow the product to absorb fully before layering additional products.	<u>Serum:</u> Use the Nourishing C&E Serum in the evening, focusing on areas showing pigmentation or sun damage. Allow 5 minutes to absorb before proceeding to next step.
STEP 4	<u>Moisturizer:</u> Use the Advanced Hydra Serum and press into the skin using the palms of your hands. Focus on drier areas and don't forget to apply to the jawline and neck.	<u>Night Cream:</u> Massage the Night Cream with Collagen & Elastin into the skin using upward strokes. This step is essential to support skin elasticity and deep hydration overnight.
STEP 5	<u>SPF:</u> Apply a generous amount of Tinted Defense sunscreen 15 minutes before sun exposure. Be sure to reapply throughout the day, especially if perspiring or after towel drying.	<u>Spot Treatment:</u> Apply BP-9 Cream only on active breakouts or red inflamed areas. Do not overuse as it may cause dryness or irritation. Spot use only, not full-face.
STEP 6	<u>Eye Cream:</u> Gently tap a pea-sized amount of the Intensive Eye Cream around the entire orbital bone using your ring finger to avoid tugging on the delicate eye area.	<u>Hydrating Mist:</u> Spritz Hydra-Cool Gel Mist after cleansing and before applying serum. This helps to prep the skin and enhance absorption of active ingredients.
STEP 7	<u>Lip Treatment:</u> Apply the Lip Balm after all other steps. Reapply as needed throughout the day to maintain hydration and protection from environmental stressors.	<u>Retinol Cream:</u> Apply a thin layer of Rejuvenating Cream to the entire face, avoiding eyes and lips. Use only at night and follow with moisturizer to reduce dryness.
STEP 8	<u>Neck Cream:</u> Apply the Neck & Decollete Serum in upward sweeping motions. Use morning and night for best results and avoid applying to freshly exfoliated skin.	<u>Overnight Mask:</u> On nights when retinol is not used, apply the Soothing Zinc Gel Mask as the final step. Leave on overnight and rinse off in the morning.