



CORIUM CORRECTIVE 360° SKIN CARE SCRIPT

TRANSFORMING **BRIAN JAMES** SKIN TO A BETTER DEGREE OF HEALTH.

START TREATMENT DATE: **03/28/2025**

***CORIUM CORRECTIVE 360° CANNOT BE COMBINED WITH ANY OTHER SKIN CARE PRODUCTS**

SKIN CARE ROUTINE & PRODUCTS

	Column 1	Column 2
STEP 1	Cleanse Use the Ultra Foaming Gel Cleanser with lukewarm water, massaging gently for at least 60 seconds to ensure all debris and buildup are thoroughly removed before patting dry with a clean towel.	Cleanse Use the AQ1 Deep Pore Cleanser in the evening, especially if you have worn makeup or SPF. Perform a double cleanse by starting with Skin Prep, then follow with the cleanser to ensure full removal.
STEP 2	Tone Apply the Balancing Toner generously using a cotton round, making sure to press gently into the skin rather than rubbing, especially around sensitive areas like the cheeks and forehead.	Mask Apply the Quench Mask 2–3 times a week. Leave on for 10–15 minutes while avoiding eye and lip areas. Rinse thoroughly with cool water and pat dry. Follow with hydrating products immediately.
STEP 3	Serum Dispense 1 to 2 pumps of the Growth Factor serum and distribute evenly over the face and neck. Allow the product to absorb fully before layering additional products.	Serum Use the Nourishing C&E Serum in the evening, focusing on areas showing pigmentation or sun damage. Allow 5 minutes to absorb before proceeding to next step.
STEP 4	Moisturizer Use the Advanced Hydra Serum and press into the skin using the palms of your hands. Focus on drier areas and don't forget to apply to the jawline and neck.	Night Cream Massage the Night Cream with Collagen & Elastin into the skin using upward strokes. This step is essential to support skin elasticity and deep hydration overnight.
STEP 5	SPF Apply a generous amount of Tinted Defense sunscreen 15 minutes before sun exposure. Be sure to reapply throughout the day, especially if perspiring or after towel drying.	Spot Treatment Apply BP-9 Cream only on active breakouts or red inflamed areas. Do not overuse as it may cause dryness or irritation. Spot use only, not full-face.
STEP 6	Eye Cream Gently tap a pea-sized amount of the Intensive Eye Cream around the entire orbital bone using your ring finger to avoid tugging on the delicate eye area.	Hydrating Mist Spritz Hydra-Cool Gel Mist after cleansing and before applying serum. This helps to prep the skin and enhance absorption of active ingredients.
STEP 7	Lip Treatment Apply the Lip Balm after all other steps. Reapply as needed throughout the day to maintain hydration and protection from environmental stressors.	Retinol Cream Apply a thin layer of Rejuvenating Cream to the entire face, avoiding eyes and lips. Use only at night and follow with moisturizer to reduce dryness.
STEP 8	Neck Cream Apply the Neck & Decollete Serum in upward sweeping motions. Use morning and night for best results and avoid applying to freshly exfoliated skin.	Overnight Mask On nights when retinol is not used, apply the Soothing Zinc Gel Mask as the final step. Leave on overnight and rinse off in the morning.