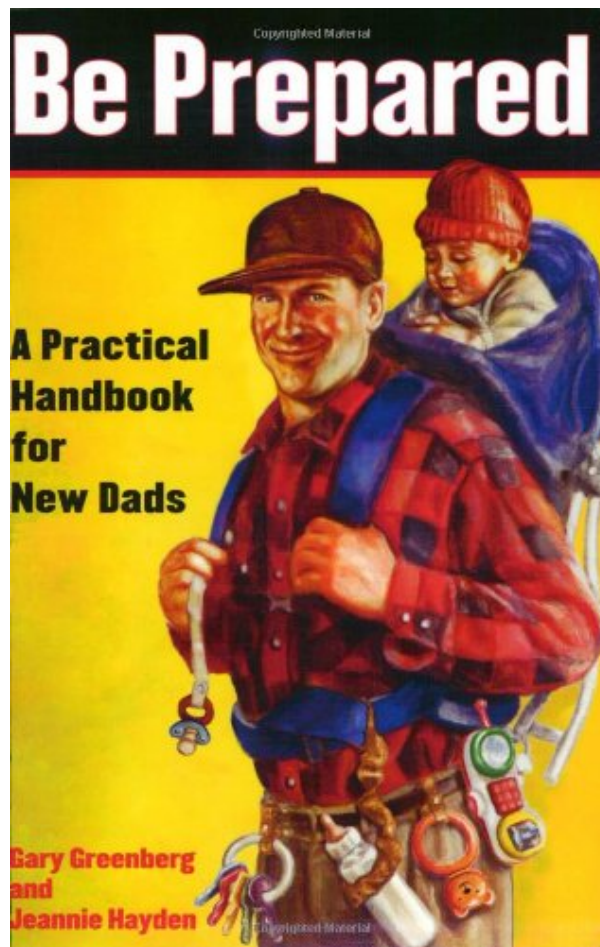


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Synopsis:

An indispensable survival manual for guys entering the trenches of fatherhood, *Be Prepared* is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the first year as a dad.

Finally, a book that teaches men all the things they *really* need to know about fatherhood...including how to:

- change a baby at a packed sports stadium
- create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear

- stay awake (or at least upright) at work
- babyproof a hotel room in four minutes flat
- construct an emergency diaper out of a towel, a sock, and duct tape

Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, *Be Prepared* is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

