

# **ST. LOUIS OBSESSIVE COMPULSIVE DISORDER SUPPORT GROUP**

Meetings are held every 3rd Saturday at **Missouri Baptist Medical Center-Auditorium**

**1.** Signs will be posted to direct you to the meeting room. Meetings start at **10:00 a.m.** with a speaker, followed by the support group from 11:00 am to noon. There is a short coffee break between the speaker and support group. Refreshments are provided. Meetings are **FREE**, confidential, and open to people with OCD, their family, and friends. For more information call 314-291-7556, visit our website at [www.stlocd.org](http://www.stlocd.org), or e-mail us at [stlocd@swbell.net](mailto:stlocd@swbell.net). You can follow us on Facebook at **St. Louis OCD Support Group and Resources**.

**October 8, 2016**

**3<sup>rd</sup> Annual OCD Awareness Mini Conference (see brochure)**

***You...Me...and OCD...You are NOT Alone***

**November, 19 2016**

**Gregg Sansone, SHOWme OCD Support Group**

***Keep on Trying – Story of Recovery***

**December 17, 2016**

***Support Group Only***

