ST. LOUIS OBSESSIVE COMPULSIVE DISORDER SUPPORT GROUP

Meetings are held every 3rd Saturday at Missouri Baptist Medical Center-Auditorium 1. Signs will be posted to direct you to the meeting room. Meetings start at 10:00 a.m. with a speaker, followed by the support group from 11:00 am to noon. There is a short coffee break between the speaker and support group. Refreshments are provided. Meetings are FREE, confidential, and open to people with OCD, their family, and friends. For more information call 314-291-7556, visit our website at www.stlocd.org, or e-mail us at stlocd@swbell.net. You can follow us on Facebook at St. Louis OCD Support Group and Resources.

April 15, 2017

Beth Brawley, MA, LPC - Life Without Anxiety, LLC

Obsessive Compulsive Personality Disorder (OCPD) & How it Differs from Obsessive Compulsive Disorder (OCD)

May 20, 2017

C. Alec Pollard, PhD. - St. Louis Behavioral Medicine Institute

<u>Guidelines for Families of OCD Sufferers, Part 1: When the Individual is IN</u>
<u>Therapy</u>

June 17, 2017

Melanie VanDyke, PhD. - St. Louis College of Pharmacy

<u>Guidelines for Families of OCD Sufferers, Part 2: When the Individual is</u>
<u>NOT in Therapy</u>