1 Equations of motion

1.1 Lagrangian

Definition (action) Let $L(q, \dot{q}, t)$ be a Lagrangian. Let $q: time \to configuration$ space. Define action by

$$S(q) := \int_{a}^{b} L(q, \dot{q}, t) dt$$

Mechanics will minimize action of the appropriate Lagrangian.

2 Theorem (euler-lagrange)

$$\frac{\mathrm{dS}}{\mathrm{dq}} = \left\langle \frac{\partial L}{\partial q} - \frac{\mathrm{d}}{\mathrm{dt}} \frac{\partial L}{\mathrm{d\dot{q}}}, - \right\rangle$$

Proof. Let h be an infinitesimal perturbation (endpoints are 0).

$$\begin{split} S(q+h) &= \int L(q+h,\dot{q}+d\dot{q},t)dt \\ &= \int L(q,\dot{q},t)dt + \int DL(q,\dot{q},t)(h,d\dot{q},0) + o(h) \\ &= \int \frac{\partial L}{\partial q}hdt + \underbrace{\frac{\partial L}{\partial \dot{q}}}_{u}\underbrace{\frac{d\dot{q}dt}{dv}}_{dv} \\ &= \int \left(\frac{\partial L}{\partial q} - \frac{d}{dt}\frac{\partial L}{\partial \dot{q}}\right)hdt + \underbrace{\left[h\frac{\partial L}{\partial \dot{q}}\right]_{\alpha}^{b}}_{0 \text{ as } h(\alpha) = h(b) = 0} \end{split}$$

3 Corollary (stationary action)

$$\frac{\partial L}{\partial q} - \frac{d}{dt} \frac{\partial L}{d\dot{q}} = 0$$

2 Conservation laws

2.1 Energy

1 Definition (energy)

$$\mathsf{E} \coloneqq \left\langle \mathsf{D}\mathsf{q}, \frac{\partial \mathsf{L}}{\partial \dot{\mathsf{q}}} \right\rangle - \mathsf{L}$$

2 Theorem When $D(t \mapsto L(_,_,t)) = 0$ (e.g. closed system or constant field), energy is conserved.

Proof. By hypothesis,

$$\frac{dL}{dt} = \left\langle \frac{\partial L}{\partial q}, \dot{q} \right\rangle + \left\langle \frac{\partial L}{\partial \dot{q}}, \ddot{q} \right\rangle$$

By euler-lagrange,

$$\frac{dL}{dt} = \left\langle \frac{d}{dt} \frac{\partial L}{\partial \dot{q}}, \dot{q} \right\rangle + \left\langle \frac{\partial L}{\partial \dot{q}}, \ddot{q} \right\rangle$$

By product rule,

$$\frac{dL}{dt} = \frac{d}{dt} \left\langle \dot{q}, \frac{\partial L}{\partial \dot{q}} \right\rangle$$

Subtracting dL/dt finishes the proof.

2.2 Momentum

2 Definition (momentum)

$$P \coloneqq \sum_{\alpha} \frac{\partial L_{\alpha}}{\partial \nu_{\alpha}}$$

where a indexes over particles.

 \triangle Theorem (conservation of momentum) In a closed system, $\dot{P}=0$.

Proof. This follows from homogeneity of space. Suppose every particle moves by infinitesimal ϵ with velocities unchanged. Then

$$dL = \sum_{\alpha} \left\langle \frac{\partial L}{\partial L} \partial \mathbf{r}_{\alpha}, \epsilon \right\rangle$$

which must be 0 by homogeneity. As ϵ is arbitrary, we conclude

$$\sum_{\alpha} \frac{\partial L}{\partial r_{\alpha}} = 0$$

By euler-lagrange,

$$\frac{d}{dt} \sum_{\alpha} \frac{\partial L}{\partial \nu_{\alpha}} = 0$$

5 Corollary (Newton's third law)

$$\sum_{\alpha} \mathbf{F}_{\alpha} = 0$$

Definition (generalized momenta)

$$p_i \coloneqq \frac{\partial L}{\partial \dot{q}_i}$$

7 Definition (generalized force)

$$F_{\mathfrak{i}} \coloneqq \dot{\mathfrak{p}}_{\mathfrak{i}}$$

2.3 center of mass

8 Definition (Center of mass)

$$R \coloneqq \frac{\sum m_\alpha r_\alpha}{\sum m_\alpha}$$

A system is at rest (P = 0) in a frame of reference where R = 0.

- \bigcirc Definition (internal energy) The energy of a system at rest, denoted $E_{\rm i}$.
- 1 O Theorem Energy in different reference frames. Put $u_{lpha}' =
 u_{lpha} + V$. Then

$$\mathsf{E} = \mathsf{E}' + \left\langle \mathbf{V}, \mathsf{P}' \right\rangle + \frac{1}{2} \mu \mathbf{V}^2$$

Proof.

$$E = \frac{1}{2} \sum m_{\alpha} |v_{\alpha}|^{2} + U$$

$$= \frac{1}{2} \sum m_{\alpha} |v'_{\alpha} + V|^{2} + U$$

$$= \frac{1}{2} \mu V^{2} + \langle V, \sum m_{\alpha} v'_{\alpha} \rangle + \frac{1}{2} \sum m_{\alpha} |v'_{\alpha}|^{2} + U$$

1 1 Corollary

$$E = \frac{1}{2}\mu |\mathbf{V}|^2 + E_i$$

12 Corollary

$$L = L' + \langle \mathbf{v}, P' \rangle + \frac{1}{2}\mu |\mathbf{V}|^2$$

13 Corollary

$$S = S^{\,\prime} + \mu \left\langle \boldsymbol{\nu}, P^{\,\prime} \right\rangle + \frac{1}{2} \mu |\boldsymbol{V}|^2 t$$

2 Conservation laws

2.4 Angular momentum

$$\mathfrak{so}(3) \cong (\mathbb{R}^3)^* \wedge \mathbb{R}^3$$

Proof. Let

$$f(x) := x^T x$$

Then

$$SO(3) \cong f^{-1}(I)$$

But

$$f(I + dx) = (I + dx)^{T}(I + dx)$$
$$= I^{T}I + dx^{T}I + I^{T}dx + dx^{T}dx$$

Hence

$$\begin{aligned} Df|_{I}(h) &= h + h^{T} \\ Df|_{x} &= (x)Df|_{I}(x^{-1}) \end{aligned}$$

so

$$\mathfrak{so}(3) \cong \ker \mathsf{Df} \cong \mathbb{R}^3 \wedge \mathbb{R}^3$$

15 Definition (angular momentum)

$$M\coloneqq \sum r_\alpha\times p_\alpha$$

1 6 Theorem (conservation of angular momentum) In a closed system,

$$\dot{\mathbf{M}} = 0$$

Proof. Let $d\phi \in \mathfrak{so}(3)$ be an infinitesimal rotation.

$$d\mathbf{r} = d\mathbf{\phi} \times \mathbf{r}$$

But the Lagrangian is unchanged by $d\phi$, hence

$$\begin{split} dL &= \sum_{\alpha} \left(\frac{\partial L}{\partial \mathbf{r}_{\alpha}} d\mathbf{r}_{\alpha} + \frac{\partial L}{\partial \mathbf{v}_{\alpha}} d\mathbf{v}_{\alpha} \right) = 0 \\ &\sum \left\langle \dot{\mathbf{p}}_{\alpha}, d\phi \times \mathbf{r}_{\alpha} \right\rangle + \left\langle \mathbf{p}_{\alpha}, d\phi \times \mathbf{v}_{\alpha} \right\rangle = 0 \\ &\left\langle d\phi, \sum \left(\mathbf{r}_{\alpha} \times \dot{\mathbf{p}}_{\alpha} + \mathbf{v}_{\alpha} \times \mathbf{p}_{\alpha} \right) \right\rangle = 0 \\ &\left\langle d\phi, \frac{d}{dt} \sum \mathbf{r}_{\alpha} \times \mathbf{p}_{\alpha} \right\rangle = 0 \end{split}$$

But $d\phi$ is arbitrary, hence

$$\frac{\mathrm{d}}{\mathrm{dt}} \sum \mathbf{r}_{\alpha} \times \mathbf{p}_{\alpha} = 0$$

1 7 Theorem (M in a different frame) If $r_\alpha=r_\alpha'+\alpha,$ then

$$\mathbf{M} = \mathbf{M'} + \mathbf{a} \times \mathbf{P}$$

Proof.

$$\begin{split} M &= \sum r_{\alpha} \times p_{\alpha} \\ &= \sum r'_{\alpha} \times p_{\alpha} + \alpha \times \sum p_{\alpha} \\ &= M' + \alpha \times P \end{split}$$

- 1 \otimes Corollary If L (equivalently, U) is symmetric around the axis with unit e, then $\langle M, e \rangle$ is conserved.
- \bigcirc Corollary If L is symmetric around the origin, then M is conserved.

3 Integration of the equations of motion

3.1 One dimension

$$L = \frac{1}{2}m\dot{x} - U(x)$$

so

$$t = \int_{x_0}^{x_1} dx \sqrt{\frac{m/2}{E - U(x)}}$$

3.2 Pendulum

Consider the pendulum

$$z = -ir \exp(i\phi)$$

with

$$K = \frac{1}{2}m|\dot{z}|^2 = \frac{1}{2}mr^2|\dot{\varphi}|^2$$

$$U = -mgr\cos\varphi$$

$$L = r|\dot{\varphi}|^2 + g\cos\varphi$$

3 Integration of the equations of motion

Let $\omega^2 = g/r$. By euler-lagrange

$$\ddot{\phi} + \omega^2 \sin \phi = 0$$
$$\dot{\phi} \ddot{\phi} + \dot{\phi} \omega^2 \sin \phi = 0$$
$$\frac{d}{dt} \left(\frac{\dot{\phi}^2}{2} - \omega^2 \cos \phi \right) = 0$$

Integrating gives

$$0 = \left(\frac{\dot{\Phi}^2}{2} - \omega^2 \cos \Phi\right)_0^t$$
$$\dot{\Phi}^2 = 2\omega^2 \cos \Phi\Big|_0^t + \dot{\Phi}(0)^2$$

Hence

$$\pm t = \int_{\varphi(0)}^{\varphi} \frac{d\varphi}{\sqrt{2\omega^2 \cos \varphi|_0^t + \dot{\varphi}(0)^2}}$$

But $\cos \phi|_0^t = 2\sin^2(\phi/2)|_t^0$, so

$$\pm t = \int_{\phi(0)}^{\phi} \frac{d\phi}{\sqrt{4\omega^2 \sin^2 \frac{\phi}{2} \Big|_{t}^{0} + \dot{\phi}(0)^2}}$$

$$\pm 2\omega t = \int_{\phi(0)}^{\phi} \frac{d\phi}{\sqrt{\sin^2 \frac{\phi(0)}{2} + \frac{\dot{\phi}(0)^2}{4\omega^2} - \sin^2 \frac{\phi}{2}}}$$

Let

$$k = \left(\sin^2\frac{\phi(0)}{2} + \frac{\dot{\phi}(0)^2}{4\omega^2}\right)^{-1/2}$$

Then

$$\pm \frac{2\omega t}{k} = \int_{\phi(0)}^{\phi} \frac{d\phi}{\sqrt{1 - k^2 \sin^2 \frac{\phi}{2}}}$$
$$\pm \frac{\omega t}{k} = \int_{\phi(0)/2}^{\phi/2} \frac{d\theta}{\sqrt{1 - k^2 \sin^2 \theta}}$$

Definition (Incomplete elliptic: 1st kind)

$$F(u,k) = \int_0^u \frac{d\theta}{1 - k^2 \sin^2 \theta}$$

Definition (sn)

$$\operatorname{sn}(-,k) = \sin\left(F^{-1}(-,k)\right)$$

So

$$\varphi(t) = 2\arcsin sn \left(F\left(2^{-1}\varphi(0),k\right) \pm \frac{\omega t}{k},k \right)$$

3.3 Two body problem

As the system is closed, the center of mass is inertial. Set this as the origin.

$$\frac{m_1z_1 + m_2z_2}{m_1 + m_2} = 0$$

We would like to switch to the reference frame where the Sun is stationary:

$$z = z_2 - z_1$$

Solving in terms of z gives

$$z_1 = \frac{m_2 z}{m_1 + m_2}$$
$$z_2 = \frac{m_1 z}{m_2 + m_1}$$

To find K,

$$\begin{split} K &= \frac{1}{2} m_1 |\dot{z}_1|^2 + \frac{1}{2} m_2 |\dot{z}_2|^2 \\ &= \frac{1}{2} m_1 \left| \frac{m_2 \dot{z}}{m_1 m_2} \right|^2 + \frac{1}{2} m_2 \left| \frac{m_1 \dot{z}}{m_2 + m_1} \right|^2 \\ &= \frac{1}{2} \frac{m_1 m_2 (m_1 + m_2)}{(m_1 + m_2)^2} |\dot{z}|^2 \\ &= \frac{1}{2} \underbrace{\frac{m_1 m_2}{m_1 + m_2}}_{M} |\dot{z}|^2 \\ &= \frac{1}{2} M |\dot{z}|^2 \end{split}$$

The Lagrangian is

$$\begin{split} LM/2 &= \frac{1}{2}M|\dot{z}|^2 + \frac{Gm_1m_2}{|z|} \\ L &= |\dot{z}|^2 + 2G\frac{m_1+m_2}{|z|} \\ L &= |\dot{z}|^2 + \frac{2g}{|z|} \end{split}$$

where $g = G(m_1 + m_2)$.

By conservation of angular momentum, $z \times \dot{z}$ is constant. Suppose $|z \times \dot{z}| = \omega$. Without loss of generality, $z \in \mathbb{C}$. Furthermore, if $z = re^{i\varphi}$, then on time interval dt,

$$\omega dt = z \times dz = r \times ird\varphi = r^2 d\varphi$$

So

$$d\varphi = \frac{\omega}{r^2}dt$$

Hence

$$|dz|^2 = |dr + ird\phi|^2 = dr^2 + \frac{\omega^2}{r^2}dt^2$$

 $|\dot{z}|^2 = \dot{r}^2 + \frac{\omega^2}{r^2}$

By conservation of energy,

$$\begin{split} E &= \underbrace{\dot{r}^2}_T + \underbrace{\frac{\omega^2}{r^2} - \frac{2g}{r}}_V \\ \varphi &= \int \frac{\omega dr/r^2}{\sqrt{E - V}} \\ &= \int \frac{dr/r^2}{\sqrt{\frac{E}{\omega^2} + \frac{2g}{\omega^2}r^{-1} - r^{-2}}} \\ &= \int \frac{dr/r^2}{\underbrace{\frac{E}{\omega^2} + \frac{g^2}{\omega^4} - \left(r^{-1} - \frac{g}{\omega^2}\right)^2}}_{k^2} \end{split}$$

Substituting

$$k\cos u = r^{-1} - \frac{g}{\omega^2}k\sin udu = dr/r^2$$

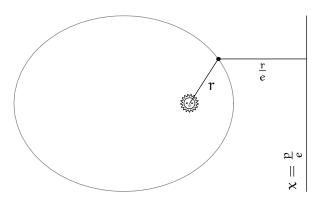
gives

$$\begin{split} \varphi &= \int \frac{k \sin u}{k \sin u} du = u \\ \sin \varphi &= \frac{\omega^2/r - g}{\sqrt{E\omega^2 + g}} + C \\ \sin \varphi &= \frac{\omega^2/r}{\sqrt{E\omega^2 + g}} + C \end{split}$$

Pick an origin for ϕ such that

$$\frac{\omega^2}{r} = 1 + (\cos \phi) \sqrt{E\omega^2 + g}$$

This is a conic section with focus 0 and eccentricity $e=\sqrt{E\omega^2+g}$, as the above implies $r/e=p-er\cos\varphi$.



4 Hamiltonian

4.1 Legendre Transforms

] Definition (Legendre transform) Given $f:V\to\mathbb{R}$ define

$$\begin{array}{cccc} \hat{f} & : & V^* & \to & \mathbb{R} \\ & p & \mapsto & sup_x(px-f(x)) \end{array}$$

2 Definition Define

$$H(q,p,t) = \sup_{\dot{q}} (p(\dot{q}) - L(q,\dot{q},t))$$

Theorem (conjugate momenta)

$$p = \frac{\partial L}{\partial \dot{q}}$$

Proof. Suppose q is maximal, i.e.

$$H = p\dot{q} - L(q, \dot{q}, t)$$

Hold p, q, t constant. Take partials in q. By maximality,

$$0 = p - \frac{\partial L}{\partial \dot{q}}$$

4 Hamiltonian

$$dH=pd\dot{q}+dp\dot{q}-\frac{\partial L}{\partial q}dq-\frac{\partial L}{\partial \dot{q}}d\dot{q}-\frac{\partial L}{\partial t}dt \tag{4.1}$$

5 Theorem (Hamilton's equations)

$$\begin{split} \frac{\partial H}{\partial q} &= -\dot{p} \\ \frac{\partial H}{\partial p} &= \dot{q} \\ \frac{\partial H}{\partial t} &= \frac{-\partial L}{\partial t} \end{split}$$

Proof. All but the first follow from directly inspecting eq. (4.1). The first gives

$$-\frac{\partial L}{\partial q} = -\frac{d}{dt}\frac{\partial L}{\partial \dot{q}} = -\dot{p}$$