

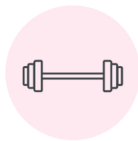
PMU LIPS AFTERCARE



KEEP LIPS DRY AND DAB
AWAY ANY FLUIDS GENTLY
AFTER TREATMENT



KEEP YOUR LIPS MOISTURISED
WITH LIP BALM FOR THE
WHOLE HEALING PROCESS



AVOID HEAVY SWEATING
AND EXERCISE FOR ONE
WEEK



DON'T TOUCH, BITE, OR
SCRATCH YOUR LIPS TO
PREVENT IRRITATION



SKIP MAKEUP ON LIPS FOR
1-2 WEEKS TO AVOID
IRRITATION



AVOID FACIALS OR BEAUTY
TREATMENTS ON YOUR FACE
FOR ONE WEEK



AVOID DIRECT
SUNLIGHT FOR 2 WEEKS



NO LIP FILLERS
FOR AT LEAST 2 -3 WEEKS