

# *HOW TO USE THESE FORM TEMPLATES*

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HELLO! THESE FORM TEMPLATES ARE HERE TO HELP YOU CREATE YOUR OWN INTAKE FORMS AND INFORMED CONSENTS FOR YOUR PERMANENT MAKEUP BUSINESS. PLEASE KEEP THE FOLLOWING IN MIND:

THIS IS A “VIEW ONLY” FILE. TO EDIT, SIMPLY CREATE YOUR OWN COPY IN CANVA (FILE > MAKE A COPY).

CUSTOMIZE THE TEMPLATES WITH YOUR BRANDING: COLORS, LOGO, AND LANGUAGE THAT SUITS YOUR STUDIO'S VIBE.

REVIEW EACH SECTION CAREFULLY TO ENSURE IT ALIGNS WITH YOUR SPECIFIC BUSINESS POLICIES AND PROCEDURES.

WE'RE HERE TO PROVIDE THESE TEMPLATES, BUT WE CAN'T TAKE RESPONSIBILITY FOR ANY ISSUES THAT MAY ARISE FROM THEIR USE. PLEASE ENSURE THAT YOUR FORMS COMPLY WITH LOCAL LAWS AND REGULATIONS.

BY USING THESE TEMPLATES, YOU AGREE TO TAILOR THEM FOR YOUR UNIQUE NEEDS.

**ENJOY CREATING!**

YOUR  
LOGO  
HERE

# PERMANENT MAKEUP PRE - PROCEDURE

## *information & advice*

If you had an eyebrow surgery, please consult your doctor. He will determine when it will be possible to sign up for the procedure.

Thread lifting can be done after permanent make-up. It is important to wait for healing.

4 weeks should pass after laser resurfacing and chemical peeling. Then you can sign up for a permanent make-up procedure.

You can do biorevitalization and mesotherapy 2 weeks before permanent makeup or after complete healing.

You can sign up for the eyebrows permanent makeup the month after the botulinum toxin injection was executed.

Coloring and lamination of eyebrows must be done a week before the permanent makeup procedure.

Make sure to scrub and moisturize the brow area 5-7 days before the start of the procedure.

Do not take antibiotics 2-3 days before the procedure.

Do not drink alcohol 24 hours before your procedure.

Do not drink caffeine on the day of your procedure.

Do not take blood-thinning medications the day before your procedure.

If you are planning a trip to hot countries, you should do your permanent makeup procedure a month before the trip.

If you are sunburned, wait till the skin returns to normal.

You are more sensitive during your menstrual cycle. Therefore, we recommend you to make an appointment either a week before the start or one week after your period.

If you are taking Accutane or other strong retinoids, wait 12 months after you stop taking it.

If you are using Retin A products, you can sign up for the procedure one month after you finished taking it. You can continue a month after the procedure.

Do not take aspirin, ibuprofen, aspirin, vitamin E, niacin 72 hours before the procedure .

If you are very sensitive to pain, take Tylenol 30 minutes before your procedure. Make sure you have no contraindications.

### Topical Anesthetic Advice:

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