

YOUR
LOGO
HERE

PMU LIPS AFTERCARE

information & advice

Congratulations on your new lip blush! By following these instructions, you'll ensure that your lips heal beautifully and retain their color for lasting results.

Day 1: Immediately After the Procedure

- Cleansing: Gently cleanse your lips with a mild, fragrance-free cleanser and water. Pat dry with a clean towel.
- Aftercare Ointment: Apply a thin layer of the aftercare ointment provided by your artist to keep your lips moisturized and protected.

Days 2-14: Ongoing Care

- Ointment Application: With a clean cotton swab, apply a small amount of aftercare ointment to your lips twice a day.
- Do Not Touch: Refrain from picking, scratching, or rubbing your lips to prevent scarring or pigment loss.

Additional Care Guidelines

- Moisture Control: Avoid getting the treated area wet for the first 24 hours after your procedure. Avoid swimming, saunas, and hot tubs for at least two weeks.
- Sun Protection: Protect your lips from direct sunlight to prevent fading. Consider wearing a hat or using sunscreen on surrounding areas.
- Makeup & Skincare: Don't apply any makeup or skincare products on or near the treated area for one week. When you resume, be gentle to avoid disrupting healing.
- Hot Liquids: Avoid drinking hot liquids like coffee or tea for the first 24 hours. Drink through a straw for the first few days to reduce moisture on your lips.

Managing Side Effects

- Comfort Care: It's normal to experience slight itching, redness, or swelling. If needed, apply a cool compress for relief, but avoid direct contact with ice. Do not scratch or pick at any flakiness to prevent complications.

Healing Expectations

- Normal Changes: During healing, your lips may appear dry, flaky, or lightly scabbed. This is normal—avoid picking at any dry areas to preserve the pigment.
- Patience with Results: Final color results may not appear for several weeks, as lip blush typically softens and lightens as it heals.

If you have any questions or concerns about your aftercare, please contact your artist. Follow-up appointments may be necessary to ensure that your permanent makeup heals properly.

By following these instructions carefully, you'll achieve the best possible results for your new lip blush.

By signing below, I certify that I have read and fully understand the above paragraphs, that I have had sufficient opportunity for discussion and to ask questions, and that I hereby consent to the information described above.

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Client Printed Name

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Clients Signature

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Date

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Cosmetic Professional Name

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Cosmetic Professiona Signature

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Date

BEAUTY BUSINESS NAME

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