

# I EAT FOR A HEALTHY WORLD!

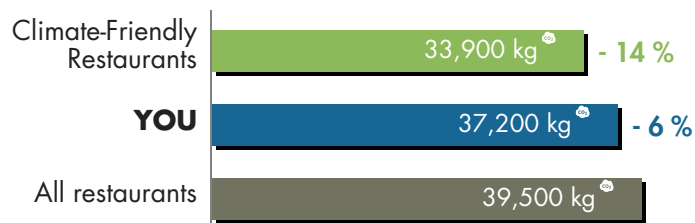
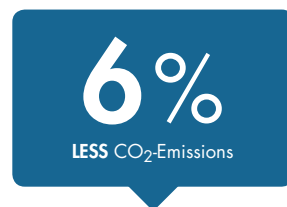
## Monthly CO<sub>2</sub> - report YOUR RESTAURANT



### Restaurant CO<sub>2</sub> - Emissions

February 2016

This month you caused **6% LESS** CO<sub>2</sub> emissions than the average restaurant in your category  
– you are one of the most climate-friendly restaurants.



awarded 😊 😊

► **GOOD** 😊

more CO<sub>2</sub> than an average

#### Which restaurants are you compared with?

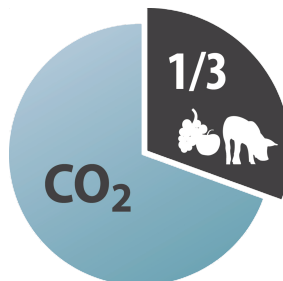
■ **All restaurants**  
135 comparable restaurants, categorized by the size of the business in regard to the total number of guests (basis of 830kcal per guest).

■ **Climate-Friendly Restaurants**  
The top 20 percent of the "All Restaurants" group.



#### What is 1 kg CO<sub>2</sub> - emissions?

Burning half a litre of petrol creates 1kg of CO<sub>2</sub> emissions. An oak tree binds up around 20kg of CO<sub>2</sub> per year. By eating climate-friendly food three times a week for a year, one person reduces CO<sub>2</sub> emissions by the same amount as ten oak trees could in the same period.



Food causes 1/3 of our  
CO<sub>2</sub> - emissions.



Apply the Eaternity  
Award to encourage a  
climate-friendly meal  
choice.

# Overview



## Product Choice

Detailed insights into your purchases; categories and single products.

Page 3



## Meal Offering

What meal has the lowest CO<sub>2</sub>-emissions?

Page 5



## Restaurant Certificate

The final result for you and your guest - to be displayed at your restaurant.

Appendix 2




## Meal Certificate

Which meals are awarded climate-friendly – to be displayed at your restaurant.

Appendix 2

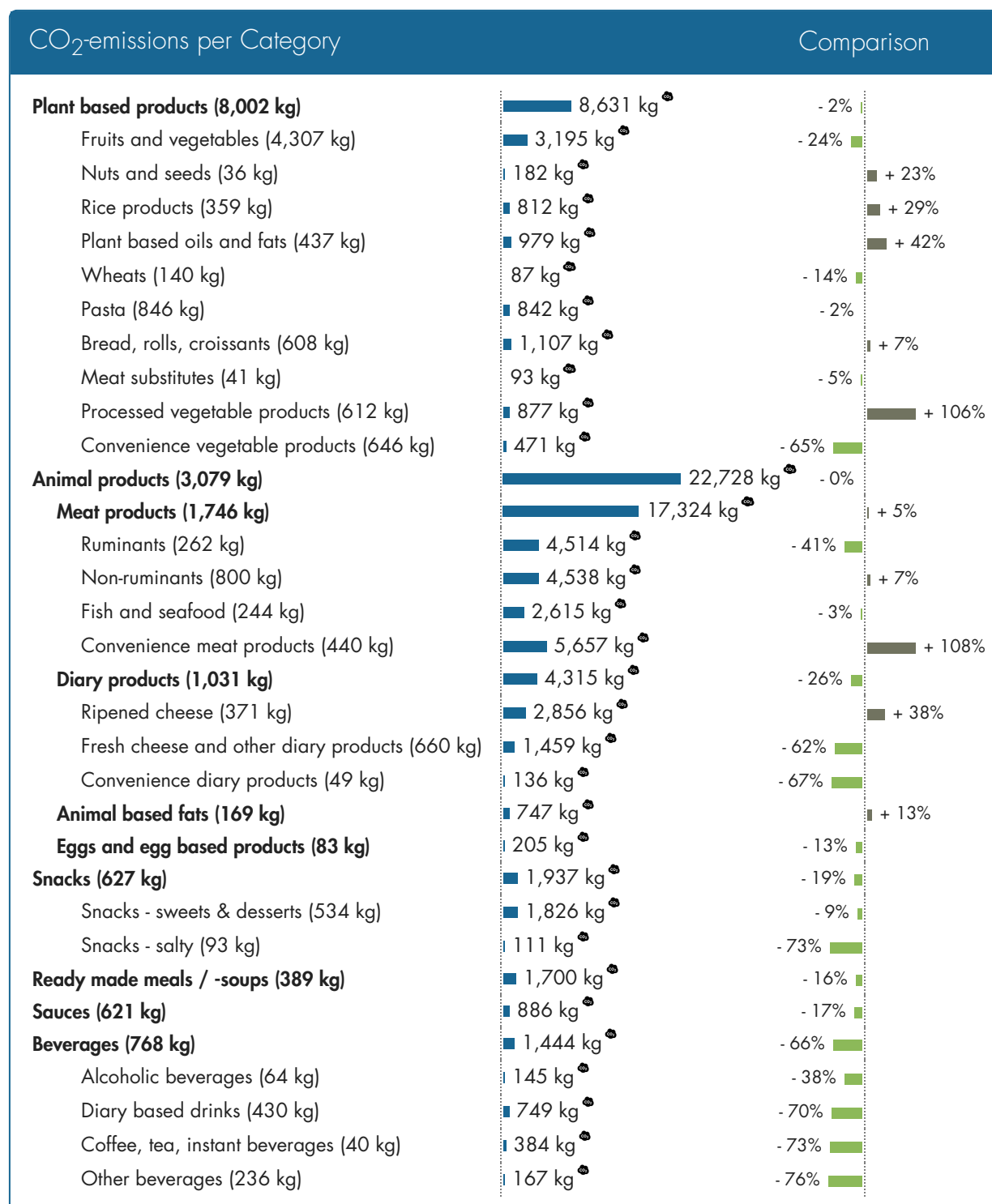


What is ? Not all greenhouse gas emissions impact the climate in the same way. Methan, nitrous oxide and ammonia for example have a stronger greenhouse potential than CO<sub>2</sub>. Most products cause different kinds of greenhouse gas emissions. Therefore the total impact is calculated into the amount of CO<sub>2</sub>-equivalents. All values consider the complete life-cycle of a product or meal – from the farm to fork, including transportation and seasonal influences.



# Analysis of the Product Choice

CO<sub>2</sub> - emissions caused by the purchase, broken down into individual product categories.  
Comparison with all restaurants of their category.

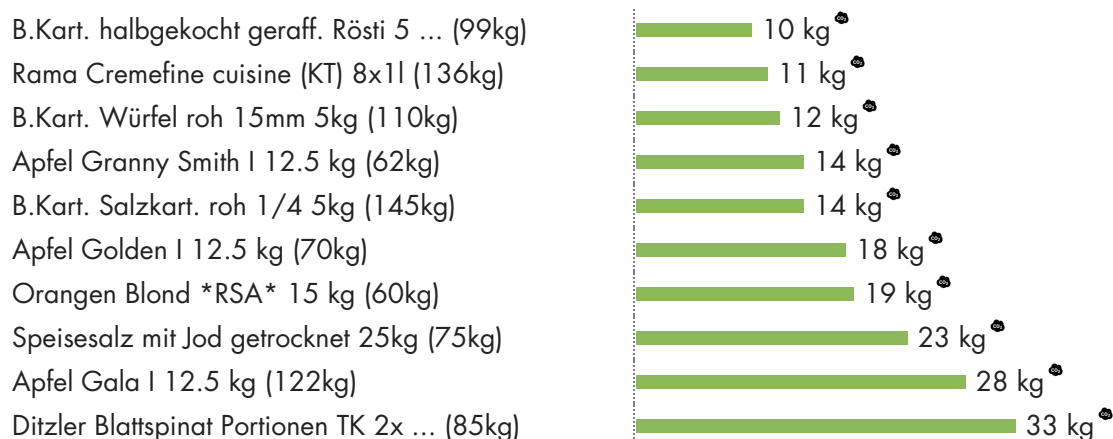


## Plant based is better than animal based:

The product choice matters. Vegetables, wheats, legumes and nuts have a significant lower climate impact than meat or diary products. However, choosing meat types and milk products with a lower climate impact can make a big difference.

## The 10 best climate-friendly food products

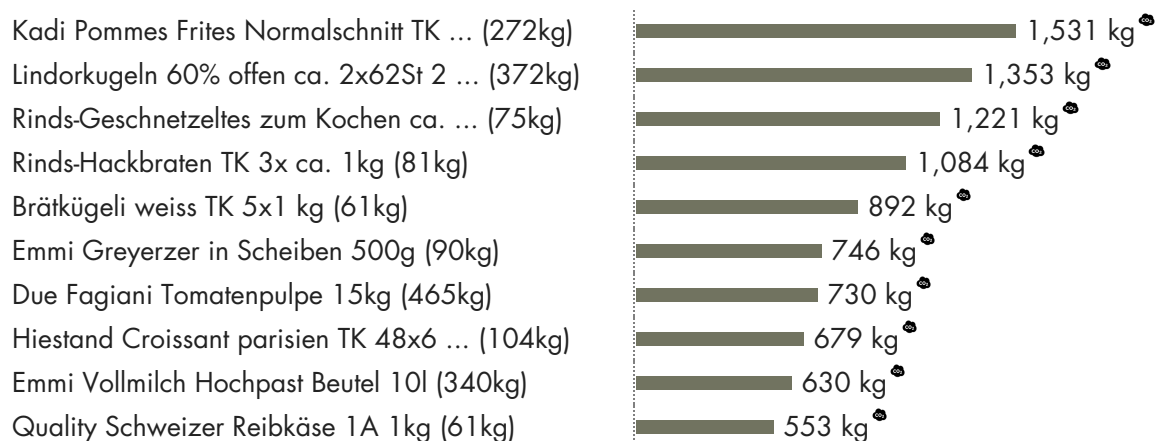
### Products that caused the **least** CO<sub>2</sub>.



Only the 60 products with the highest purchase weights were taken into account. Purchased weights are between brackets.

## The 10 least climate-friendly food products

### Products that caused the **most** CO<sub>2</sub>.



Only the 60 products with the highest purchase weights were taken into account.



## Analysis of the Product Choice

There are no sales figures available for this restaurant.



Meals are awarded as climate-friendly if they belong to the top 20% of all meals being served. (below 710 g CO<sub>2</sub> and more than 320kcal). In this restaurant the climate-friendly meals have **69% LESS** CO<sub>2</sub> than the average meal.



### The 10 best climate-friendly food products

Samosa (CH),Sweechili-Dip,Wokgemüse,Basm ...	384g <sup>ms</sup>
Bami Goreng,Asianudeln, Wokgemüse,Sojasp ...	402g <sup>ms</sup>
Gefüllte Riesenchampignons mit Chorizo,w ...	416g <sup>ms</sup>
Frühlingsrollen (VN),Sweetchili-Dip,Wokg ...	422g <sup>ms</sup>
Siedfleisch (CH),geriebener Meerrettich,W ...	438g <sup>ms</sup>
Indonesisches wokgericht,mit Falafel,,	467g <sup>ms</sup>
Gemüsebuffet,,,	480g <sup>ms</sup>
Auberginen Piccata,mit Tomaten-Basilikum ...	494g <sup>ms</sup>
rotes Thaicurry,mit marinierten Tofuwürf ...	555g <sup>ms</sup>
Schweinsbratwurst (CH),Zwiebelsauce,Röst ...	592g <sup>ms</sup>

## Best and Worst Meals

The **climate-friendliest** meal this month:

Best: Samosa (CH), Sweenchili-Dip, Wokgemüse, Basmatireis

80 g	Pure Original Basmati Reis 5kg	176 g <sup>co2</sup>
100 g	Ditzler Wok-Gemüsemischung TK 2x2,5 ...	123 g <sup>co2</sup>
70 g	SWEET Chili Sauce für Gefl. TH 12x8 ...	52 g <sup>co2</sup>
50 g	Kadi Samosas mit Gemüse TK 30x50g	32 g <sup>co2</sup>
2 g	Speisesalz mit Jod getrocknet 25kg	1 g <sup>co2</sup>



384 g<sup>co2</sup>

**SUM**

**384 g<sup>co2</sup>**

The meal with the **most** CO<sub>2</sub> - emissions served in this restaurant:

Worst: Rindstatar (CH), Wintersalat, Nüsse, Kerne, karamel ...

115 g	Bell Tartar Portionen TK 20x 70g	5,850 g <sup>co2</sup>
1,000 g	Quality Baumnusskerne halb hell 1kg	5,324 g <sup>co2</sup>
80 g	Hiest.Toast mit Butt. geschn.TK 10x ...	80 g <sup>co2</sup>
75 g	Knorr Roux weiss 10kg	64 g <sup>co2</sup>
60 g	Breitsamer ausländischer Honigtöpfel ...	55 g <sup>co2</sup>
60 g	Nick the easy rider Ahornsirup 2,5d ...	37 g <sup>co2</sup>
120 g	Rotkabis ca. 10kg	31 g <sup>co2</sup>
30 g	Rucola 1 kg	28 g <sup>co2</sup>
30 g	Eisberg geschnitten 26 mm	26 g <sup>co2</sup>
8 g	Chirat Tafellessig 12l	23 g <sup>co2</sup>
83 g	... other ingredients	59 g <sup>co2</sup>



11,578 g<sup>co2</sup>

**SUM**

**11,578 g<sup>co2</sup>**

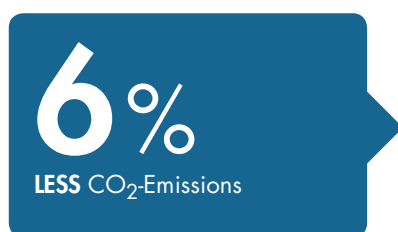
I EAT FOR A  
HEALTHY  
WORLD!

Restaurant certificate  
SIEMENS



## Restaurant CO<sub>2</sub> - Emissions

February 2016



awarded 😊 😊

**GOOD** 😊

more CO<sub>2</sub> than an average



This restaurant  
**37,200 kg<sup>CO<sub>2</sub></sup>**

All restaurants  
**39,500 kg<sup>CO<sub>2</sub></sup>**



This restaurant causes **6% LESS** CO<sub>2</sub> emissions than the average restaurant. This is equivalent to the amount of carbon that 948 trees can sequester in one month (2,340 kg CO<sub>2</sub>). Emissions of this restaurant are compared with restaurants that serve a similar number of guests. The number of guests per month varies, and, therefore, so do the average restaurants emissions.



I EAT FOR A  
HEALTHY  
WORLD!

Meal certificate  
SIEMENS



Meal CO<sub>2</sub> - Emissions  
February 2016

Take notice of the Eaternity Award  
when you choose your meal.



∅ climate-friendly meals

**528 g<sup>CO<sub>2</sub></sup>**



∅ meals of this restaurant

**1,930 g<sup>CO<sub>2</sub></sup>**

∅ meals of all restaurants

**1,715 g<sup>CO<sub>2</sub></sup>**



Meals are awarded as climate-friendly if they belong to the top 20% of all meals being served. In this restaurant the climate-friendly meals have **69% LESS** CO<sub>2</sub> than the average meal.