

Current health recommendations disregard climate change.



Using existing indicators for meals, only 30% were both healthy and climate friendly.



**229 Million** disability adjusted Life Years are lost due to unhealthy diets worldwide.



**CARDIOVASCULAR**



**DIABETES**



**CANCER**

Your diet related risk for: **Cardiovascular, Diabetes, Cancer** differs per country, age and gender.

## WHAT IS DALY?

### DALY

Disability Adjusted Life Year is a measure of overall disease burden, expressed as the cumulative number of years lost due to ill-health, disability or early death.

$$= \text{YLD Years Lived with Disability} + \text{YLL Years of Life Lost}$$



Healthy life

Disease or Disability

Early death

Expected life years