

Planning My Day - Feb 10th

- ☒ Weights @ 6:00- 7:45 AM
- ☒ Class 8:00- 9:05 AM
- ☐ Class 9:20 - 10:15 AM
- ☐ Work 10:30-1:30 PM
- ☐ EAT FOOD
- ☐ 1 on 1 Training 2:15-3:30 PM
- ☐ Training Room 3:40-4:00PM
- ☐ Nap 4-5PM
- ☐ Film 5:15 PM-5:45 PM
- ☐ Training 5:45 PM - 7:30 PM
- ☐ Go to Trader Joe's for Dinner
- ☐ Eat dinner and shower
- ☐ Homework @ 9:15 PM - NA
- ☐ GO TO BED

Do I really love
soccer this much?

