1.	Her phone is broken. She is	
2.	His food is bad. He is	
3.	She has run up a big hill on a hot day. She is	and
	He has toothache. He is in	

## **List of Emotions and Definitions**

Also pairing nouns and adjectives

Fear frightened

**Grouping words?** 

And also some cloze exercises.

Her phone was broken and she was .....

## **Enjoyment**

Enjoyment is thought to be the only basic positive emotion. It may include other positive emotional experiences such as:

- pleasure
- joy
- happiness
- amusement
- pride
- awe

- excitement
- ecstasy

#### **Sadness**

Sadness is a low-activation (low-energy) negative emotion that we often feel in response to things like <u>rejection</u> or loss. A list of <u>sadness</u> related emotions include:

- <u>lonely</u>
- unhappy
- hopeless
- gloomy
- miserable

#### **Fear**

Fear is a high-activation, avoidance-motivated negative emotion that we tend to feel in response to threats. Here's a fear-related emotion list:

- worried
- nervous
- anxious
- scared
- panicked
- stressed

### **Anger**

Like fear, anger is a high-activation negative emotion. But unlike fear, it is an approach-motivated emotion. When we feel anger we want to approach the object of our anger rather than run away from it. Here is a list of angerrelated emotions:

annoyed

- frustrated
- bitter
- infuriated
- mad
- insulted
- vengeful

# **Disgust**

Disgust is an avoidance-motivated emotion. There is something that we don't want to be around or experience, and we desire to move away. Here are some disgust-related words:

- dislike
- revulsion
- nauseated
- aversion
- offended
- horrified