

WHO GETS THE BEST SLEEP?

Gender

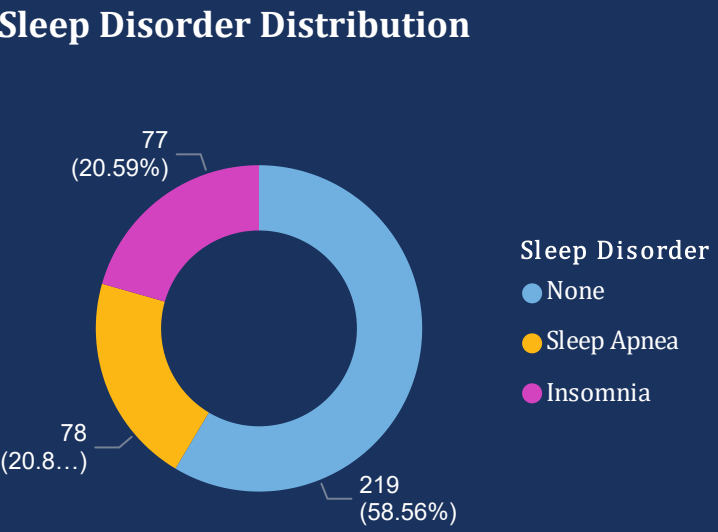
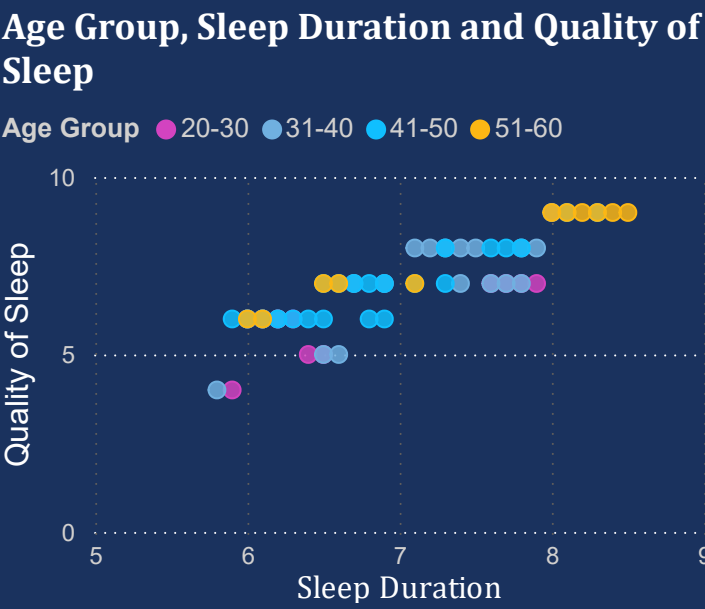
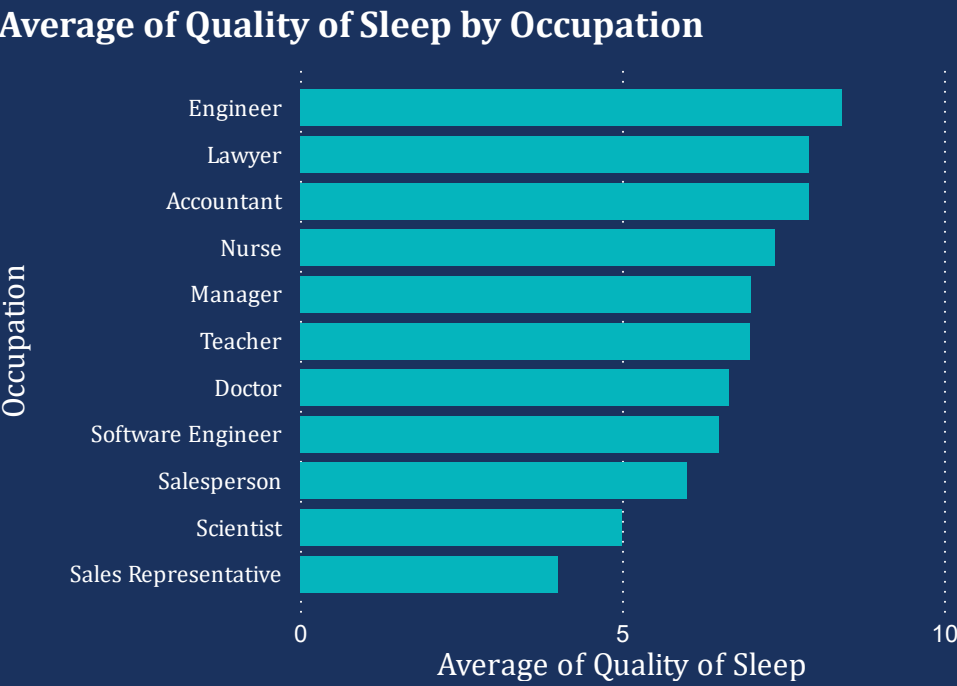
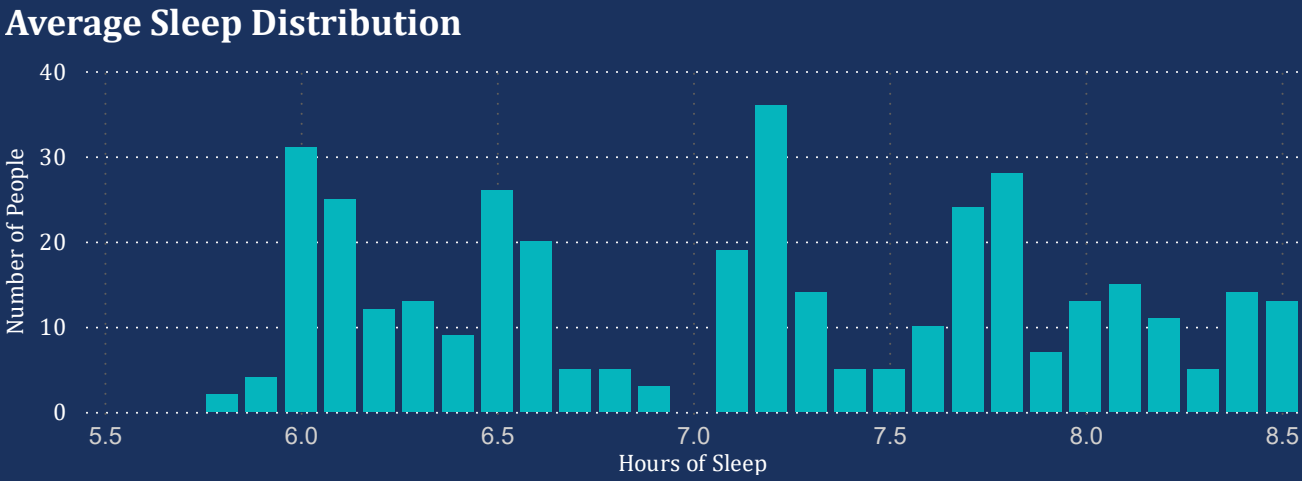
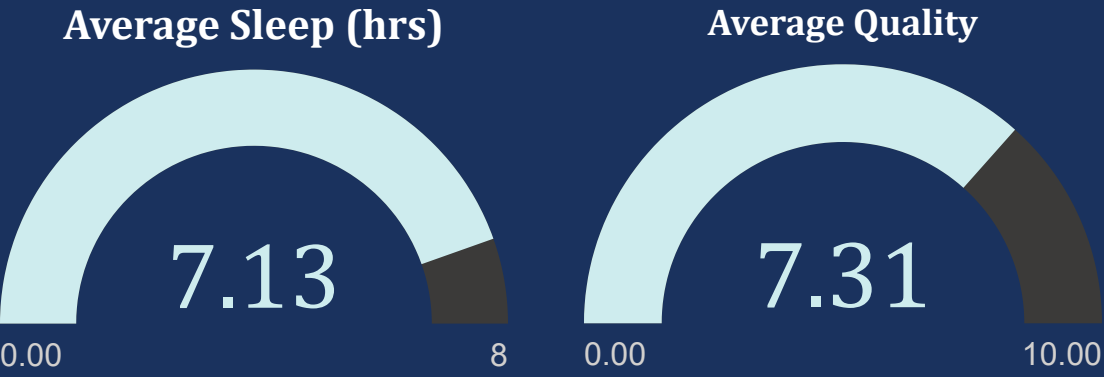
All

Age Group

All

Occupation

All



SLEEP VS HEALTH

Gender

All

Age Group

All

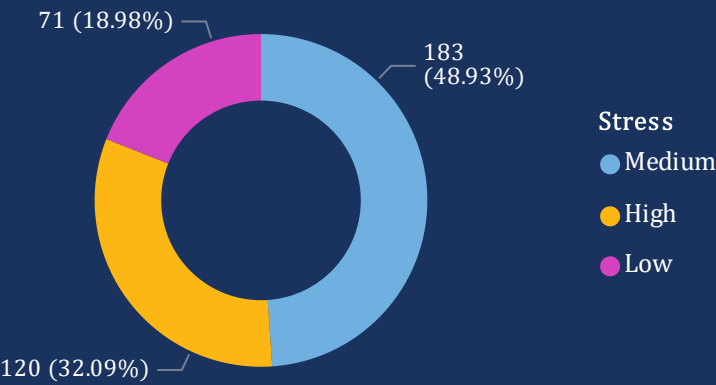
Occupation

All

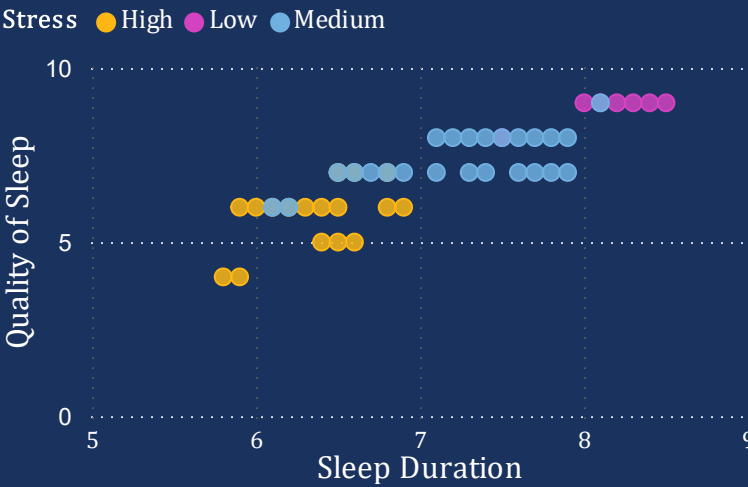
Sleep Disorder

All

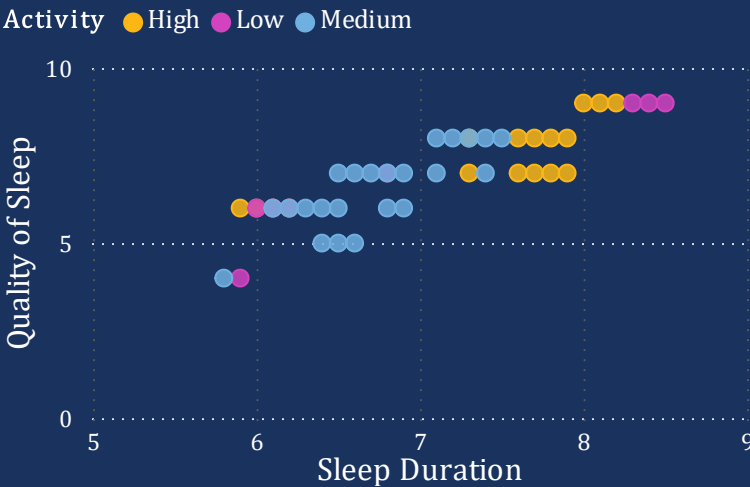
Stress Distribution



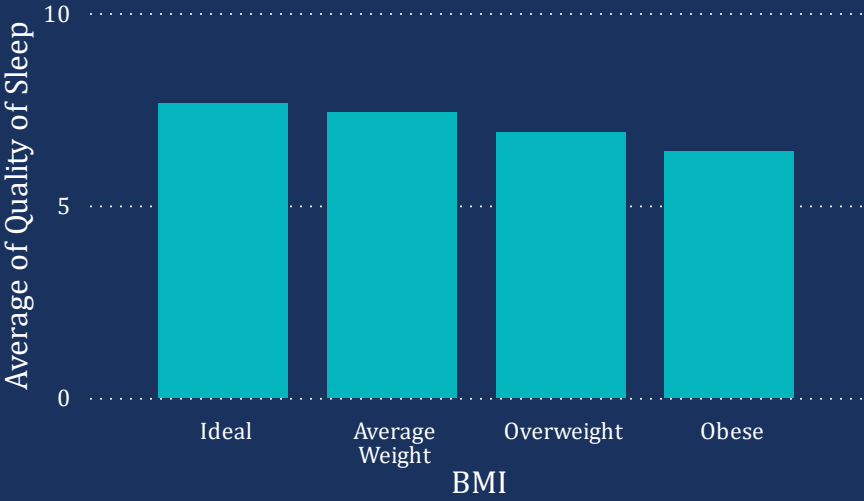
Stress, Sleep Duration and Quality of Sleep



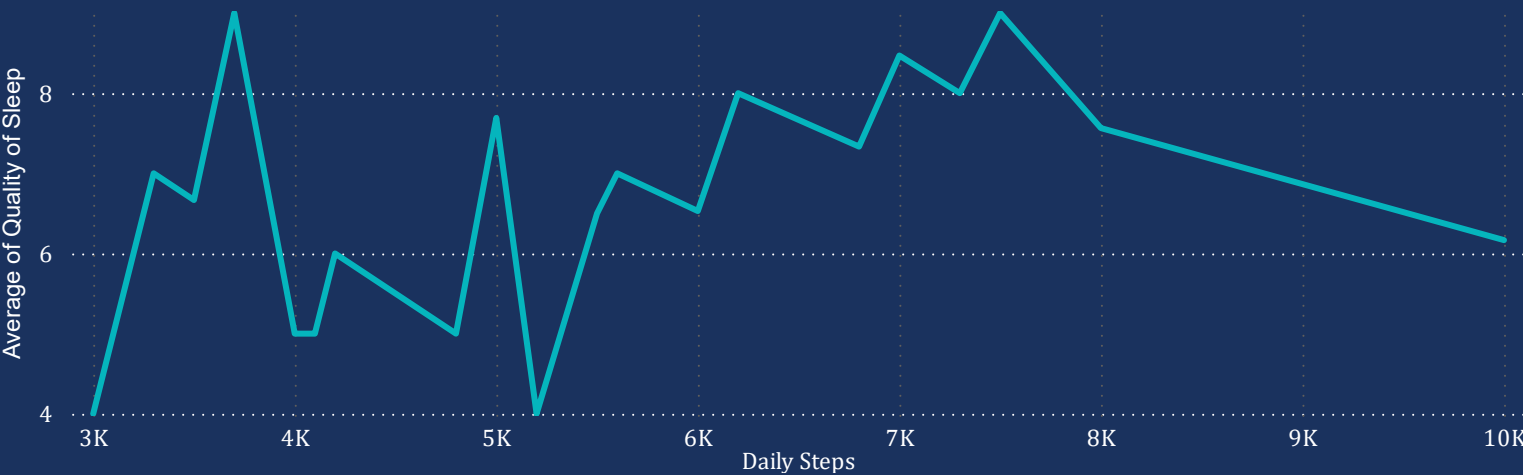
Activity, Sleep Duration and Quality of Sleep



Average of Quality of Sleep by BMI



Average of Quality of Sleep by Daily Steps



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