Quarto Basics

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Preface

This course is an effort to expose research minded undergraduate students in psychology to the wealth of computational and programming tools that they can use to ease their research tasks, and in some cases do things that they could not do otherwise. It is in written as a series of qmd files. This makes it a Quarto book. Quarto can be seen as a successor to RStudio and Rmd files. It is in another in the series of markup languages that allow you to write in plain text, but by following certain conventions, make it easy to convert those plain text files into any number of output formats such as html (for a website) or pdf (for a book or article). I want to emphasize the writing of reproducible code and papers. There are many different systems that can accomplish this goal. Quarto is just one option, but it is one of the easier ones to get started with. In addition, to Quarto, we will explore IDEs via Visual Studio Code, and also some of the basics of programming, bibliographic tools, and auxilliary tools like zettlekasten and databases.

You do not need to read this book in order. At this early draft stage some things are repeated, some are missing, and some are misordered. You may have to jump around to find what you are looking for.

One of the key lessons for learning to use your computer effectively as a research tool is learning how to do things *generally*; rather than mastering one particular variety of software; we want to be able to figure out how to use whatever is the right tool for a particular application. Your needs will change as your science evolves. The tools available will change. You don't want to be still using the software you learned in University twenty years from now. If you are you will be less able to tackle the problems that interest you. Instead of doing the key experiment, you will be figuring out how to do the experiment that is most like, but not quite, the right one, but is as well as you can do with the old software you know how to use.

1 Introduction

This is a book being created for PSYCH390 at the University of Waterloo.

It is very much a work in progress. You can help it get better by providing feedback. Ideally you will do this by raising an issue on the github repo. Even better is if you would fix the book yourself and make a pull request.

2 The role of the computer as a tool in psychological research

To begin learning how to use the computer as a tool for our research we have to first be clear on what that means. Before we go into specific tools let's discuss the research process so we can better detect where there are opportunities for us to use computers and software to aid our work.

? Class Question

Ignore for the moment the specific content of a psychological research project. That is whether it is a study on attention or memory. Let's consider abstractly what are the components of a psychological research project? And then how can computers help us to do our research better? For right now we will focus on the stages of research and the tools we are now using, if any, and then we will return to the particular research stages for developing our experience with particular research tools.

2.1 Research Project Stages

2.1.1 Preliminaries

How do you decide what it is you are going to do? Look up and read the prior literature.

- 1. How do you find what to read?
- 2. How do you keep track of what you have read?
- 3. How do you organize your notes on what you have read?
- 4. How do you integrate and connect your notes and readings so as to discover new connections or ideas?
- 5. How to you make sure you can correctly cite the articles you have read when it comes to writing up your research proposal or research result.

How do you protect yourself against a change in databases or death of a harddrive?

2.1.2 Do the research

What skills are needed for this?

- 1. Program an experiment
- 2. Language? Python; Javascript; other
 - 1. How do you make stuff appear on a computer screen?
 - 2. How do you verify the timing?
- 3. How do you make sure you can find the version of the experiment if you need to share it or re-use it.
- 4. There is a new tool in the lab with drivers and hardware. Can you download and install the necessary software?
- 5. What happens to the data?
 - 1. How do you store it?
 - 2. How do you search it?
 - 3. What if it is big?
 - 4. What if it needs to be shared?

2.1.3 Analyzing the Research

- 1. How do you organize the data?
- 2. Working on a big data project?
 - 1. How do you get the data?
 - 2. Can you set up a database?
 - 3. Search it?
- 3. How do you do statistics?
 - 1. What is the tool?
 - 2. Could you write your own analysis?

2.1.4 Diseminate the Research

- 1. What is the tool you use for writing your research?
- 2. What is reproducibility?
- 3. Does your writing tool support it?
- 4. How do you make sure others can re-run your analyses?
- 5. How do you make sure that you can easily adapt your analyses and make sure the right figures are included when you update the data? Or that the p-values in the text are also adapted?

6. How do you change the citation format when you submit to a journal that does not want APA or an edit changes which of your citations is the first (so it changes when you use et al)?

2.1.5 Make Your Research Open

- **?** Class Question
 - What is "open research"?
 - Should research be open?
 - How many of your labs are following these practices?

What are Open Science practices?

A recommended reading: 10 strategies for open science

And that is it for today.

3 Open Research Practices Continued

? Class Question

What are the **Fair** principles for research?

Take a few minutes and see if you can determine what "Fair" stands. Then we can see if we agree. We can then use those principles to evaluate our research tools.

3.1 Fair Principles

- Fair principles
- Fair guiding principles

•

3.2 Lab Notebooks

I will not actually be spending much time on this, but we could. It is a neglected practice in psychology to keep a lab notebook that is updated. Here are some options if you are interested in exploring this topic.

- Jupyter notebooks in Psychology
- 10 rules for lab notebooks (electronic)
- How to keep a lab notebook
- Pick an electronic lab notebook
- Lab notebook 2023 guide

3.3 Bibliographic Tools and Exercises

This would make sense to be discussed next since it fits with our outline of the process that commences with reading and cross referencing knowledge. However, we do not yet have available the tools that we will need to manage this, so we will defer this for now until AD-DLINKHERE.

3.4 IDEs and Writing up your Research



Class Question

What does IDE stand for and what are examples of IDEs?

3.4.1 **VSCode**

There are many powerful IDEs available. It will be useful for you to try more than one. However, at this moment in time the clear winner of the IDE popularity contest is Microsoft's Visual Studio Code.

Since I want you to learn to use your computer as a tool, and to continue to be able to do so when tooling changes, you need to be able to:

- 1. Locate code/programs on the internet
- 2. Download and install that program to your computer
- 3. Locate the help to begin to use the tool without formal instruction.



In-class Exercise

Locate, download, install, and verify you can start VS Code.

3.4.1.1 Some helpful links to get you started

- Basics Video
- Using VSCode with Python
- Using VSCode with R
- Text Editor Page from Quarto Site
 - What is "pip"? And why will you need to know?

3.4.2 Overleaf

VS Code is far from your only option. For technical writing and collaboration many scientists rely on Overleaf.

Nature will [let you submit your manuscript](https://www.nature.com/srep/authorinstructions/submission-guidelines) from an Overleaf template.

Don't forget to do the overleaf homework assignment.

But know that you always have choices. You can [write LaTeX with Quarto](https://github.com/James-Yu/LaTeX-Workshop?tab=readme-ov-file) (see also).



• Classroom Discussion

What is single source publishing? How does this idea impact your preference for tools like Overleaf and Quarto?

4 Coding

For a lot of the above we need to know how to code. In order to write code we need minimally to answer two questions. What language? What tooling?

4.0.0.1 Languages

What should I consider when selecting a programming language? Will it do what I need it to do now and tomorrow.

- Is SPSS a good language for statistics?
- Is R a good language for statistics?
- Is Python a good language for statistics?
- Is R a good language for coding a web app?
- Is R a good language for coding an in-lab visual experiment?
- Should you use Julia? Common Lisp? Haskell? Lean? OCaml? Rust? Go?

How do you *future proof*? - If languages go in and out of fashion what is it you should really be learning about programming? What are good coding practices?

4.0.1 IDEs

- Who are you writing code for? Human or Machine?
- What is an IDE? What makes for a good IDE?

4.0.1.1 Using an IDE

For this course we will default to VSCode, because it is currently very popular and becoming somewhat of a standard. Everything said above about not getting to attached to the flavor of the month applies to IDEs. Especially since VSCode is a tool tied to Microsoft. However, there is an opensource build of VSCode that you can use instead. You can also use anyother tool you want as long as you can figure out how to make it do the things I will ask you to do. I, for one, live in Emacs.

4.0.1.2 VSCode

https://www.youtube.com/embed/B-s71n0dHUk?si=y3fy80M0mGxGLwr5

- Basics video
- Using VSCode with R
- Using VSCode with Python

Exercise Install VSCode

4.0.1.3 Jupyter Notebooks

What are jupyter notebooks? Are jupyter notebooks ide's? What are their purpose? What languages to they support? MORE TO ADD

4.0.2 Terminals

https://vimeo.com/453837142



Class Question

What is a terminal?

Find your terminal

Different operating systems refer to the terminal differently.

In Windows the =CMD.exe= [fn:1] command is an approximation to a terminal as is the =Power Shell= [fn:2].

For OSX you navigate to you applications, find the folder "Utilities" and look in their for the terminal application.

For Linux it will depend on which particular flavor you have installed.

4.0.2.1 Some Terminology

While they do not mean exactly the same thing, you will often find the following terms being used relatively interchangeably. - terminal - shell - command line What they have in common is the idea of a text based interface to communicating with the operating system. What this means is that instead of opening a gui (gui: G raphical U ser I nterface) to navigate your file tree you do this with a text based system of commands.

4.0.2.2 Some sample commands

ls

Figure 4.1: Typing this command in your terminal will list the files and directory. What would you have to do to see the hidden files? How would you get more information about this function and how to use it?

4.0.2.2.1 An Historical Aside

In the early days of computing people wrote their programs on punch cards. Some see the inspiration as the Jacquard machine. There are still programmers alive who can tell you their horror stories of tripping and falling and scattering their punch cards everywhere. Want to know if your program worked? Take it to the main frame data center, drop it off, and come back the next day to get your print out. Terminals came along as an alternative to communicating with big central processors. There was a screen and keyboard. By typing you could send input to the computer that returned the output to your screen. The terminals we have today are not true terminals, but emulators. Though few people refer to them as such. We emulate this old way of communicating to the processor because it works and is efficient.

4.0.2.3 Why use a terminal?

You can get more done. You can get it done more quickly. Once you learn to do one hard thing you never have to figure out how to do it again, because you can easily script it. That is why you want to learn to use the terminal

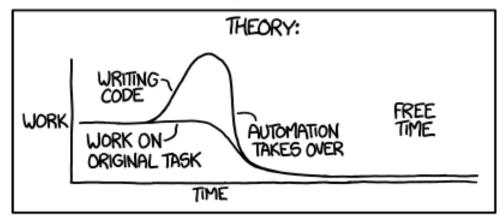
Terminals are ubiquitous. They are low in their resource usage. They permit remote logins without the need for sending graphics back and forth. In fact, the remote computer need not have a system installed for displaying windows or even a physical screen attached (called headless).

Knowing how to use a terminal will allow you to use =ssh= to connect to remote hosts. It will allow you to quickly and efficiently navigate your system, and it will make it easy for you to do things that used to take ages.

4.0.2.4 A scripting example

Want to convert and compress a large directory of videos as I did for this course. No need to open up each in an application and click a bunch of mouse clicks. Just write a =bash= script to invoke a command line program to do all the work for you. Go get a cup of coffee and come back when the job is done.

"I SPEND A LOT OF TIME ON THIS TASK. I SHOULD WRITE A PROGRAM AUTOMATING IT!"



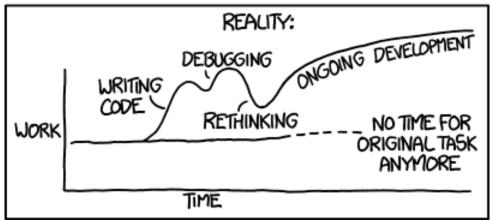


Figure 4.2: How would you pronounce XKCD?

```
for i in *.MP4;
do name=`echo "$i" | cut -d'.' -f1`;
echo "$name";
ffmpeg -i "$i" -c:v libx264 -b:v 1.5M -c:a aac -b:a 128k "${name}S.mp4";
done
```

Almost all of this I copied off the Internet where it appeared as an answer to a question from someone else wanting to do essentially the same thing I did. It took me a while to tweak it to my particular use case, but when that was done my problem was solved, /forever./ Every new batch of videos I just put in their own directory and run this script from the command line. Note that this script uses a *for loop*, this is a very common programming construct.

```
for (i in seq(1,5)) { print(i)}
```

- [1] 1
- [1] 2
- [1] 3
- [1] 4
- [1] 5

4.0.2.4.1 Resources on Terminals

There are a great many resources on how to use the terminal effectively, but don't go out and read them all. One of the skills to learn in learning to use the computer is to develop your own set of links and resources you can go to when need arises. Don't try to learn everything at once. You will get overwhelmed and discouraged. Instead you learn what you need when the need arises. And if you need to know something more than once, then you spend the time to dive deeper. There are a great many things about using the terminal that I do not know, but I know the ones I use often, and I know where to find more when I need to know more. You should do the same. Here are a few online resources to get you started.

- 1. The command line
- 2. A Short Series of Terminal Lessons from the UbuntuWiki
- 3. Some Scripting Basics
- 4. Another Scripting Introduction

Most of what you want to do at the command line, at least in the beginning, you can do with typing directly into the terminal. But at some point you will want to write a file, a script, that has all the commands typed into it. They you can run that script from the terminal. This blog post has some basic background for how to get started.

Note the use of the term "BASH". This stands for the Bourne Again Shell. Your terminal can use different shells (and if you are using a mac you are probably using the zsh shell). So while

you can use the terms interchangeably most of the time, they don't mean exactly the same thing.

4.0.2.4.2 Terminal Games

These will only work on linux and OS X. If you are on windows you could enable the linux subsystem for linux or you could learn the powershell equivalents. But I suggest that you use the terminals that are built into VS Code for practice. You will usually see these at the bottom of your screen. If not, there is a menu you can use to open one.

- 1. ls -la /home/
- What does all this output mean?
- What changes when you leave out the -la?
- What does the hyphen do?
- 2. Can you find the location of your desktop folder in your terminal?
- 3. Can you change to that directory? cd
- 4. Find out where you are? pwd
- 5. Can you find out who the computer thinks you are, your user name? who ami
- 6. Find out how much free space you have on your computer disk. df-h
- 7. How do you get help for most of these commands? Usually command –help or (-h)
- 8. How do you find the manual? man ls
- 9. Navigating
 - 1. Paths: absolute and relative.
 - 2. What do those "dots" mean?
 - 3. What do those slashes mean?
 - 4. Tab is your friend.
 - 5. Try the up arrow too.
- 10. File ownership
 - 1. Make a text file from the command line. touch /home/yourname/Documents/testText.txt
 - 2. Who owns it?
- 11. Make a directory mkdir /home/britt/Documents/myFirstDir/ Spaces are the enemy. Never use them, but if you have to, escape () them.

4.0.2.5 Using the Terminal to Setup a Python Venv and install Jupyterlab

Our goal is to be able to test and develop the idea of a jupyter lab notebook. But we will need several pieces of code installed. Assuming we have python3 installed we can use the terminal to set up a secure environment for creating a virtual environment. Think of a sandbox that

let's you play without getting the things you installed for experimentation conflict with your system's tools.

- 1. Open a terminal
- 2. Make a directory (mkdir)
- 3. "cd" into your new directory and create the virtual environment

```
python3 -m venv .
```

4. Next, "activate" the environment with

```
source ./bin/activate
```

5. Now you can install the needed packages with pip.

```
pip install numpy matplotlib jupyterlab
```

4.0.2.6 Beginning with Jupyter and Quarto/VS

Good instructions are on the Quarto website. Note those terminal commands.

You could at this point use the brower interface for editing your ipynb file with {sh} python3 -m jupyter lab or you could open a file in VS Code.

Make sure you have the jupyter extension for vscode. Then you will want to create or open a new jupyter file and select the appropriate kernel (initially use python). If you are in the correct directory and had previously created a virtual environment then all should be good to go. And you can *in the terminal* invoke the quarto command to see your document with quarto preview my-demo-notebook.ipynb.

4.0.3 Languages

4.0.3.1 R

4.0.3.1.1 Installation

- OSX
- Windows
- Linux

Download the CORRECT R

Follow the appropriate instructions for your operating system.

Test your installation by opening a TERMINAL and typing the capital letter R. You should end up in an interpreter. You can quit with quit().

Restart R in a TERMINAL and install a package. A package is a collection of code, often much of it written in R, that is used for doing things in R. For example try:

```
```{r}
install.packages("tidyverse")
```
```

The tidyverse is a very popular collection of R code that itself will depend on many additional pieces of R code and other packages, some R and some not.

If that went well, you need to make sure you restart VS Code and then click on the little set of squares at the left to install the R extension for VS Code.

If all goes well check out the book on using R that is itself written in Quarto, by the programmer who authored the tidyverse. And make sure you can create a file in VSCode as a quarto document, cut and paste in some R code, and see the whole thing compile to a web page. This after all will be a homework.

```
if(!require(tidyverse)){
   install.packages("tidyverse")
}
```

Loading required package: tidyverse

```
-- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
       1.1.4
v dplyr
                    v readr
                               2.1.5
v forcats
           1.0.0
                    v stringr
                               1.5.1
v ggplot2 3.5.1
                               3.2.1
                    v tibble
v lubridate 1.9.4
                    v tidyr
                               1.3.1
           1.0.2
v purrr
-- Conflicts -----
                                    x dplyr::filter() masks stats::filter()
x dplyr::lag() masks stats::lag()
i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become
```

```
if(!require(palmerpenguins)){
   install.packages("palmerpenguins")
}
```

Loading required package: palmerpenguins

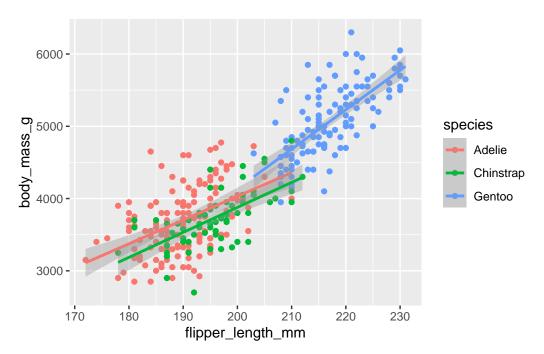
```
library(tidyverse)
library(palmerpenguins)

ggplot(
   data = penguins,
   mapping = aes(x = flipper_length_mm, y = body_mass_g, color = species)
) +
   geom_point() +
   geom_smooth(method = "lm")
```

`geom_smooth()` using formula = 'y ~ x'

Warning: Removed 2 rows containing non-finite outside the scale range (`stat_smooth()`).

Warning: Removed 2 rows containing missing values or values outside the scale range (`geom_point()`).



4.0.3.2 Python

Note

If the following doesn't go smoothly for you check out the additional suggestions in the python-venv appendix.

4.0.3.2.1 Installation

Installation Instructions

Install the mathplotlib and numpy packages.



Class Discussion

What is a "package" when talking about programming languages? What is a "library"? What is an "executable"?



⚠ Warning

Ask me about virtual environments!

setting up a venv in vscode and python

4.0.3.2.2 Testing



Warning

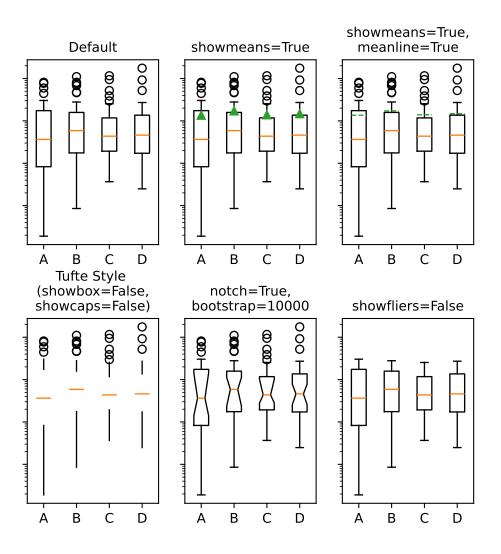
You may need to install the "reticulate" package for R if you want to run both python and R code in the same document as I am trying to do here.

```
import matplotlib.pyplot as plt
import numpy as np
# fake data
np.random.seed(19680801)
data = np.random.lognormal(size=(37, 4), mean=1.5, sigma=1.75)
labels = list('ABCD')
fs = 10 # fontsize
fig, axs = plt.subplots(nrows=2, ncols=3, figsize=(6, 6), sharey=True)
axs[0, 0].boxplot(data, tick_labels=labels)
```

```
{'whiskers': [<matplotlib.lines.Line2D object at 0x141152e90>, <matplotlib.lines.Line2D object
axs[0, 0].set_title('Default', fontsize=fs)
axs[0, 1].boxplot(data, tick_labels=labels, showmeans=True)
{'whiskers': [<matplotlib.lines.Line2D object at 0x1411a51d0>, <matplotlib.lines.Line2D object
axs[0, 1].set_title('showmeans=True', fontsize=fs)
axs[0, 2].boxplot(data, tick_labels=labels, showmeans=True, meanline=True)
{'whiskers': [<matplotlib.lines.Line2D object at 0x1411a79d0>, <matplotlib.lines.Line2D object
axs[0, 2].set_title('showmeans=True,\nmeanline=True', fontsize=fs)
axs[1, 0].boxplot(data, tick_labels=labels, showbox=False, showcaps=False)
{'whiskers': [<matplotlib.lines.Line2D object at 0x141216350>, <matplotlib.lines.Line2D object
tufte_title = 'Tufte Style \n(showbox=False, \nshowcaps=False)'
axs[1, 0].set_title(tufte_title, fontsize=fs)
axs[1, 1].boxplot(data, tick_labels=labels, notch=True, bootstrap=10000)
{'whiskers': [<matplotlib.lines.Line2D object at 0x141217890>, <matplotlib.lines.Line2D object
axs[1, 1].set_title('notch=True,\nbootstrap=10000', fontsize=fs)
axs[1, 2].boxplot(data, tick_labels=labels, showfliers=False)
{'whiskers': [<matplotlib.lines.Line2D object at 0x141291bd0>, <matplotlib.lines.Line2D object
axs[1, 2].set_title('showfliers=False', fontsize=fs)
for ax in axs.flat:
    ax.set_yscale('log')
    ax.set_yticklabels([])
```

```
[Text(0, 0.001, ''), Text(0, 0.01, ''), Text(0, 0.1, ''), Text(0, 1.0, ''), Text(0, 10.0, ''], []
[]
[Text(0, 0.001, ''), Text(0, 0.01, ''), Text(0, 0.1, ''), Text(0, 1.0, ''), Text(0, 10.0, ''], []
[]
```

fig.subplots_adjust(hspace=0.4)



4.0.3.3 Javascript

5 Writing Scientific Documents

Papers Posters Websites Books Math Formulas Images Graphs References Analyses/Code

What is RStudio? What happened to RStudio? How does Quarto relate to RStudio? What languages does it support? Can you write code in it? Can you write text in it? Can you write an article in it?

5.0.1 Scientific Publishing Tools

What is a markup language?

What are the advantages/disadvantages of using a tool other that Word for writing up your research?

Write once use everywhere.

Some of the available options.

- LaTeX This was the standard for several decades, and used more by mathematicians than others, but today it seems limited in that it produces mostly pdfs, and many people also want their files to export to html (webpages)
- A guide to LaTex for Word Users (pdf)
- The descendants of markdown
- Quarto (we will skip Rmd and since we are using its successor qmd. Both are related to the people who wrote RStudio,knitr, and are now known as Posit).

Here are some of the helper links for things we can do with Quarto: - journal formats try the Elsevier format for this course. A lot of psych journals are Elsevier owned. - presentation - Talking to databases. - Make a website/blog for your work or lab - And more ...

6 In Lab Experiments

- Making stuff appear on monitors.
- What is OpenGL?
- Use pygame to make some simple visual experiments.
- Have a beauty contest the following week to see what people have been able to make?
- Make sure that people are using venv

6.0.1 Online Experiments

Running a server for testing and more? XAMPP Running a lab now seems to require some familiarity with servers. And people who want to write their experiments in javascript often want to try things out first so it seems something like XAMPP might be a good resource. Exercise to download and get the XAMPP server running? Need to expand this. An exercise with JavaScript? This site has a simple bit of code for throwing an image on the screen. Then use the XAMPP server to test it? Require changing the image? Animate a button to toggle or get a random image?

7 What are some of the challenges that computational tools pose for reproducibility?

? Classroom Exercise

Read and discuss: A toolkit for transparency

8 Knowledge Management (Zettlekasten)

- 1. Org-roam
- 2. Dendron works with VS Code
- 3. Obsidian

9 Reference Management

- What is Crossref?
- What is a doi?
- What is an orcid?
- What is zotero?
- What is csl?
- Classroom Exercise

Locate and download the csl file for the current APA style and also for one at least one other non-apa style.

9.1 Using References With Quatro and VS Code

9.2 Using References With Overleaf

VS Code is not your only option. Overleaf also use ".bib" files to hold references, though some of the other syntax is different.

Here are some links to get you started with references in overleaf. 1. Linking Overleaf and Zotero 2. [Connecting Zotero and Quarto](https://quarto.org/docs/visual-editor/technical.html#citations-from-zotero)

9.3 Poster Presentations? (MOVE THIS SECTION)

[Scientific Posters with Quarto](https://github.com/quarto-ext/typst-templates/tree/main/poster)

LaTeX and Knitr in Overleaf][knitr]] with overleaf. A scientific poster with Overleaf?

10 Finding Citations

- Semantic Scholar
- OpenAlex
- Google Scholar
- Consensus
- Undermind

11 Testing Your Javascript

11.1 Run your own server locally

Running a lab now seems to require some familiarity with servers. And people who want to write their experiments in javascript often want to try things out first so it seems something like XAMMP is a good tool to know about.

11.1.1 XAMPP

XAMMP

11.1.1.1 Downloading

Download link

11.1.2 In Lab Experiments

- Making stuff appear on monitors.
- What is OpenGL?
- Use pygame to make some simple visual experiments.
- Have a beauty contest the following week to see what people have been able to make?
- Make sure that people are using venv

11.1.3 Online Experiments

An exercise with JavaScript? This site has a simple bit of code for throwing an image on the screen.

Can you use the XAMPP server to test it? Require changing the image? Animate a button to toggle or get a random image? WIP HERE

12 Large Language Models

12.1 Run locally

Why? Own your own data.

Security and Privacy.

Research applications you may not want participants' data fed to openAI or other proprietary vendors.

12.2 How to?

There are many methods to running LLMs locally on your own hardward. I have chosen GPT4All. It can run under OSX, Windows, and Ubuntu (linux).

12.2.1 Key Features of GPT4ALL

According to the website https://getstream.io/blog/best-local-llm-tools/:

GPT4All can run LLMs on major consumer hardware such as Mac M-Series chips, AMD and NVIDIA GPUs. The following are its key features.

- Privacy First: Keep private and sensitive chat information and prompts only on your machine.
- No Internet Required: It works completely offline.
- Models Exploration: This feature allows developers to browse and download different kinds of LLMs to experiment with. You can select about 1000 open-source language models from popular options like LLama, Mistral, and more.
- Local Documents: You can let your local LLM access your sensitive data with local documents like .pdf and .txt without data leaving your device and without a network.
- Customization options: It provides several chatbot adjustment options like temperature, batch size, context length, etc.

• Enterprise Edition: GPT4ALL provides an enterprise package with security, support, and per-device licenses to bring local AI to businesses.

It is also a very popular LLM for self-hosting (second only to Ollama, which you should also try out).

12.3 How-to

From the GPT4all download page download the version for your operating system.

Follow the download instructions appropriate to your system and pay particular attention to any warnings and make sure that you have sufficient freespace. This is a big application and the model parameters are also quite large.

After you have successfully downloaded and installed the program checkout the quickstart guide.

- 1. Start Chatting
- 2. Install a Model
- 3. I tried "Llama 3.2 1b Instruct"
- 4. Load the model
- 5. Start chatting

12.4 Using LLMs for Dynamic Research

What are the mechanics we need for this? We need our model to accept input and generate output and we need a method to transfer the elements of the conversation back and forth. The first stage is to think of the components we have used so far and how we might stitch them together for this task.

It is also a useful transitional step to work incrementally. First, maybe try to set up an interface to allow someone to talk to the model via a web interface. Then you might be able to figure out how to use GET and POST from PHP to communicate between two web servers. There are definitely better ways to do that, but it is a fairly direct starting point. If you want an additional challenge perhaps try to use the tool: curl.



Classroom Exercise

Download and implement the above.

Start the GPT4All Server

See if you can get your GPT4All model to talk to another group's model.

12.5 Why Might You Want To Do This?

Durably reducing conspiracy beliefs through dialogues with AI

https://www.youtube.com/watch?v = qD1fnYDTbHM

This LinkedIn post talks about ChatGPT integration. What would you have to change to get it working with your local server?



? Class Question

What is a RAG in this context?

12.6 Next steps

Recently (Duan, Li, and Cai 2024) has published an R package to make all of this easier. The github repository has the library, a "read-me" and installation instructions. Our class activity is to see if anyone can get this up and working by next week.

13 Databases and management

- What is it
- A book on DuckDB database stuff
- MariaDB This SQL like, and open source. Might be easier to get started with and still be SQL enough to give them some professional benefits. I was thinking we could get some data online, often they come as CSV's and read it into the database? This is one example how. A blog that compares MariaDB to SQL. A quickie tutorial.
- Why would I want to use a relational database over a csv file (or R data frame or similar)? This could be a class exercise and discussion.
- Exercise Download MariaDB

13.0.1 Datascience

• one person's roadmap for non-cs grads

13.0.2 Grant Funding

At the moment I am not sure if will have time for this. But thinking of having the students review the peer review manual for NSERC Discovery Grants. Then have them each write a minimal proposal. Assign the proposals to members of the class, and then hold our own reviewers meeting to decide which projects to fund. Top grants get performed for experiments? Get extra-credit points?

14 Summary

In summary, I have not gotten to writing a summary yet.

A Version Control

A.1 Getting Started - Some old videos on git from PSYCH363/310

A few years ago when I was teaching a more elementary version of some of this material (PSYCH363) I included some videos on git and using Github. Some components of these videos may be a bit out of date, and a few things about the interface have changed. Still they may be a reasonable starting point for those of you who feel you need a refresher on version control. Note that for PSYCH390 I am assuming you can either already use version control or figure it out on your own. I will give some class time for getting things working, but mostly you will have to pursue this on your own. The notes here are intended to be prompts and guides, but not to be comprehensive.

You will notice that in the videos I talk a lot about Linux. We are not using that for this course so you can ignore those references. However, I do demonstrate the use in the *terminal*. That is available to all of you regardless of operating system. You will just have to find your own OS version of it.

Frequenly you will see this referred to as a command line tool ("cli"). It is now easier to get this this working on Windows and OSX than it used to be. For OSX you can also check out **Homebrew**. For the adventurous Windows user you can look at WSL2.

A.2 An overview of git and Github

https://vimeo.com/456349738

A.3 You have choices - other version control system

- 1. Mercurial
- 2. Darcs
- 3. CVS
- 4. Subversion
- 5. Pijul

Each has their own fans. CVS and Subversion are more legacy options, but you will still see them occasionally. Darcs is more of an experiment than a broadly used system. Mercurial used to be the cool kid, but now seems eclipsed by *Pijul*. That is the one for experimental users.

A.4 Git is not Github

Git is the version control software. Github is a very popular place to host your publically accessible git repository, but it is far from your only option. You can host elsewhere.

- 1. OSF.io For scientists OSF.io seeks to make itself a way to host scientific projects and their data. Trivia question? Do I have any repositories on Osf.io?
- 2. Sourceforge An oldie, but still used.
- 3. Bitbucket
- 4. Gitlab The university provides you with a gitlab account: https://git.uwaterloo.ca
- 5. Codeberg If you believe in freedom and neck beards.

A.5 Things you should do

- 1. Install git
- 2. Get an account on github
- 3. Fork the course repository
- 4. Clone the course repository to your laptop
- 5. Set up my version as an additional **remote**.
- 6. See if you can make a "pull request" to me. You may find that you have to set up an ssh key in order to efficiently pull and push to Github. Github has very clear instructions on how to go about doing this.

A.6 But first

If you have not used git before you will have to configure git. It needs to know who you are and how to reach you at least.

You can execute commands like this in your terminal:

```
git config --global user.name "John Doe"
git config --global user.email johndoe@example.com
```

More on these configuration options can be found in a nice online book.

A.7 Understanding Git and the Workflow in Pictures

When starting to use git I found it very confusing to tell what was where and what direction things were going when I pushed and pulled. I found pictures helpful adjuncts to the prose descriptions. A few helpful illustrations to the distinction of clones, forks, pull, push, and pull request can be found here.

I also made a little video to try and illustrate some of these concepts a few years ago. Read for the gist and not for the specific examples.

https://vimeo.com/456349595

A.8 Principal Terms to Learn First

- Fork: A copy of one github repository to another github repository.
- Clone: A copy of one git repository to another git repository. The first repository might be hosted on github, but the second one, the *cloned* one exists on a local machine. In your case this is probably your laptop.
- **Remote:** This is a repository that you are following. You will typically *pull* from these, but your *push* permissions may be limited depending on the distinctions between forks and clones, and whether you own the remote or someone else does. You can have more than one remote.
- **Pull:** the transfer of information and changes **from** one repository incorporated into another. This is how you get the new information from a remote transported to a local repository that you control.
- **Push:** this is the transfer of information **to** a repository you control (or have permissions to push to) from another repository that you control. This is often from your local laptop version to the hosted repository (your fork) on github.
- **Pull Request:** When you have information or changes that you think would be helpful to a remote you do **not** have push permissions for then you can request that the owner of that repository pull in your changes. This is a formal process called a pull request. It is primarily a github concept and not a git concept.
- Branch: within a repository the development of the code may be proceeding in a few different directions at the same time. The principal production branch is conventionally called master. And the principal repository that is the main, shared one is called origin. We will not be working with branches in our course, but those terms do show up in commands.

All of these "basics" are covered in detail in the book Pro Git (available on line).

B Just a place for some notes for installing things on Mac

C Emacs

I used homebrew awhile ago for this and forgot the details.

C.1 init files

```
Seems to live at ~/.emacs.d/init.el
```

Added these lines and restarted to get the basic package set up working.

```
(require 'package)
(add-to-list 'package-archives '("melpa" . "https://melpa.org/packages/") t)
(package-initialize)
(require 'use-package)
(setq use-package-always-ensure t)
```

C.2 pdf-mode

Do a package-list-packages to get a refesh and install (mark with an "i") the pdf-tools package from melpa. Then you "x" to execute the installation. Afterwards you need to run M-x pdf-tools-install. This can take awhile.

C.3 keys and keyboards

Several emacs shortcuts conflict with defaults on mac. You can change these in the system utilities for keyboard shortcuts. Just search them out as they arise and turn off the mac ones. The ctrl key is ^ in their printed list.

C.4 orgmode related

1. for exporting html needed to install package htmlize.

C.5 emacs

There is a quarto editing mode which I installed through the packaging tools.

D Quarto

Find the download here. The demo needs matplotlib and plotly. So, you need python which I got from brew. brew install python-matplotlib will pull in a lot of other libraries as well. There are some tricky steps here. Plotly is not easily gotten via homebrew, and I did not want to mix up my system by also using pip now that I was working hard under homebrew. This brings up the idea of virtual environments. That is generally a good idea, especially with python in my opinion. While doing some searching I came across pipx that seems to try and do both. Allow you to install via homebrew (the pipx) and then use pipx to create virtual environments that can isolate the libraries, but expose the binaries.

```
brew install pipx
pipx ensurepath
sudo pipx ensurepath --global # optional to allow pipx actions with --global argument
brew update && brew upgrade pipx.
```

Then, because I could not get plotly in homebrew, I created a venv.

```
python3 -m venv /Users/britt/p390venv
cd p390venv
source bin/activate
pip install plotly
```

I needed to end up also doing pip install for matplotlib and jupyter from within the venv. Then I simply cut and pasted the demo document and followed their recommendation.

The file I tested as "test.qmd" is ...

For a demonstration of a line plot on a polar axis, see Figure D.1.

```
import numpy as np
import matplotlib.pyplot as plt

r = np.arange(0, 2, 0.01)
theta = 2 * np.pi * r
fig, ax = plt.subplots(
```

```
subplot_kw = {'projection': 'polar'}
)
ax.plot(theta, r)
ax.set_rticks([0.5, 1, 1.5, 2])
ax.grid(True)
plt.show()
```

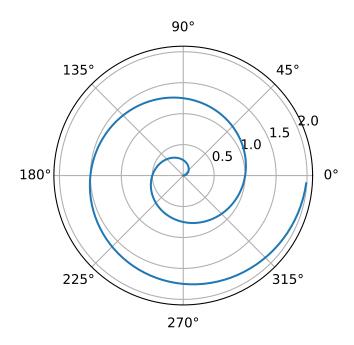


Figure D.1: A line plot on a polar axis

And the command was quarto render test.qmd --to html.

And if you brew install texlive then export to pdf works well too.

E Python

F Virtual Environments

The advantage of a virtual environment is the ability to isolate libraries you may install for a particular project from interfering with other projects or previously installed libraries. The disadvantage is that they do involve some additional steps and complexity and you may end up installing multiple versions of the same library, which can be an issue if hard disk space on your computer is limited.

F.1 Methods

There is more than one tool for creating a python virutal environment, but one of them is built into the standard python installation: *venv*, and so for simplicity this is the one that I recommend starting with.

F.1.1 Creating and Activating the Venv

If you are in a console you can simply run these commands in the terminal.

```
python -m venv <dir-where-you-want-venv>
cd <dir-where-you-want-venv>
source ./bin/activate
```

Note

Depending on the specifics of your operating system and python installation you may find you need to use python3 and pip3 commands instead of plain python and pip.

If you are using a Windows device you will have to find your equivalent of a linux terminal. This can be using WSL or something like MinGW.

Once you have activated your venv you will see a change in the terminal display that indicates the venv is active. Now when you run things like pip install <something> it will install that library to a sandbox that is only accessible when using python from within that virtual environment. You should note that this notion of a sandbox or virtual environment is also available for some other programming languages.

To deactivate the environment you run,

```
deactivate
```

from within the venv. Look for the change in the terminal display. Note how activating the environment shows up in the terminal prompt.

```
britt@arts-220486 ~ % source p390venv/bin/activate
(p390venv) britt@arts-220486 ~ % deactivate
britt@arts-220486 ~ %
```

F.1.2 The Terminal is All You Need

If you are a minimalist or doing something simple you can invoke the python interpreter in your venv and complete your task there with no other tools, and using only the libraries required for your particular, limited task. However, if you use some companion tooling things may get more complicated and trickier to debug.

F.2 Visual Studio Code

VS Code tries to make using a venv easier, but this also means there is some indirection that may make it harder to puzzle out errors. The basic work flow is to make sure that VS code is working in the folder you want your venv to be in. If not, use the open folder menu of VS Code to do so. Then, you can use the Command Palette (found under the *View* menu tab) to locate the Python Create Environment command. If you have never created an environment before it will do so. This can take some time so be patient and make sure this process completes. If there was a virtual environment previously constructed VS Code will probably be able to figure that out and ask you if you want to re-use it. Usually you will, but if not you can select to destroy it and create a new one. You will probably also need to affiliate a particular python version to association to your environment. VS Code can often make a reasonable suggestion and you can also use the command Python Select Interpreter if necessary.

After you have done that you will need to move into the affiliated terminal window of your VS Code environment to install the necessary libraries. You will need to be deliberate and make sure that you are in the correct terminal. VS Code may have several of these open for different purposes if you are working on a complicated project.

Note that while it may be convenient to use the VS Code terminals you do not have to. If you have a terminal program on your computer accessible to you outside of VS Code you can use VS Code as the editor and then move to your other terminal for activating and implementing and compiling the python project.

F.2.1 Quarto Complications

When you embed a python code block in your .qmd document you will want to compile it. Quarto is assembling a document. It will need more than just the libraries necessary for compiling the python code. It also needs the library for the textual and graphical representation of the output that you will insert into your document. Specifically, it needs the jupyter python library. This means that whatever the python is doing, even if no additional libraries are needed, you will have to have done a pip install jupyter in your venv and you will need to have the venv active for the location where the qmd is stored and compiled.

It is worth knowing that although VS Code offers the convenience of buttons to invoke the quarto process it is *not* necessary. You can invoke all the quarto commands through a terminal directly. For instance quarto preview <file-name>.qmd will try to compile your file and will also usually launch your browser so you can see the html result. It will then watch the source file and update the html whenever it detects you have changed the source. This can be quite convenient for editing.

Duan, Xufeng, Shixuan Li, and Zhenguang G. Cai. 2024. "MacBehaviour: An r Package for Behavioural Experimentation on Large Language Models." *Behavior Research Methods* 57 (1). https://doi.org/10.3758/s13428-024-02524-y.