

**THE NEWFOUNDLAND AND LABRADOR
CENTRE ON SUBSTANCE USE**

Update:

**Continuing Education Opportunities in
Substance Use Treatment**

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Mental Health and Addictions
NL Health Services

Recommended Resources

META:PHI (Mentoring, Education, and Clinical Tools for Addiction: Partners in Health Integration)

- Webinars
- Annual conference
- Listservs
- Monthly newsletter
- Resource library
- Toolkits (ED Toolkit for Opioid Use Disorder, Withdrawal Management Services Toolkit)

Learn more: metaphi.ca

BCCSU (British Columbia Centre on Substance Use)

- Provincial Opioid Addiction Treatment Support Program
- Addiction Practice Pod
- Care guidance:
 - Opioid Use Disorder
 - Alcohol Use Disorder
 - Stimulant Use Disorder

Learn more: bccsu.ca

Recommended Resources

CAMH (Centre for Addiction and Mental Health)

- Continuing education programs and courses:
 - Opioid Dependence Treatment Certificate Program
 - Core course: Opioid Use Disorder Treatment (OUDT) Course
 - Elective courses include:
 - Buprenorphine Treatment for Opioid Use Disorder
 - Concurrent Disorders in Primary Care Online
 - Medication, Interactions, and Substance Use

Learn more:

<https://www.camh.ca/en/education/continuing-education-programs-and-courses>

Atlantic Mentorship Network (Pain & Addiction)

- Continuing professional development offerings (conferences, webinars, and courses)
- Mentoring (large and small group as well as one-on-one)
- Membership request: <https://www.atlanticmentorship.com/copy-of-membership-request>

Learn more:

<https://www.atlanticmentorship.com/newfoundland-network>

Recommended Resources

CSAM (Canadian Society of Addiction Medicine)

- CSAM-SMCA Certification
- Scientific conference and annual meeting (Fundamentals of Addictions Course)
- Online journal club
- Free newsletter
- Membership (network, committees/special interest groups, full access to the Canadian Journal of Addiction)

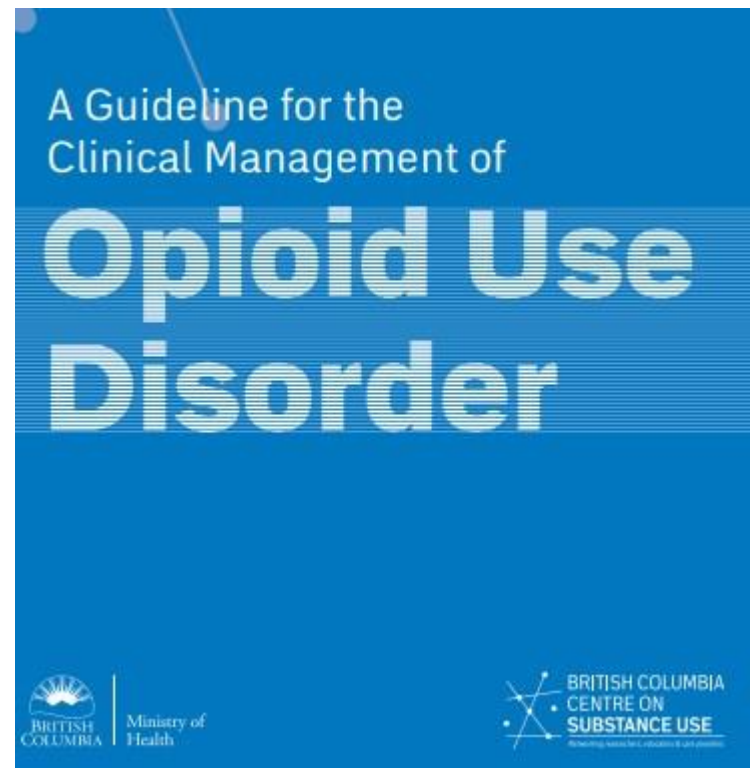
Learn more:

<https://csam-smca.org/>

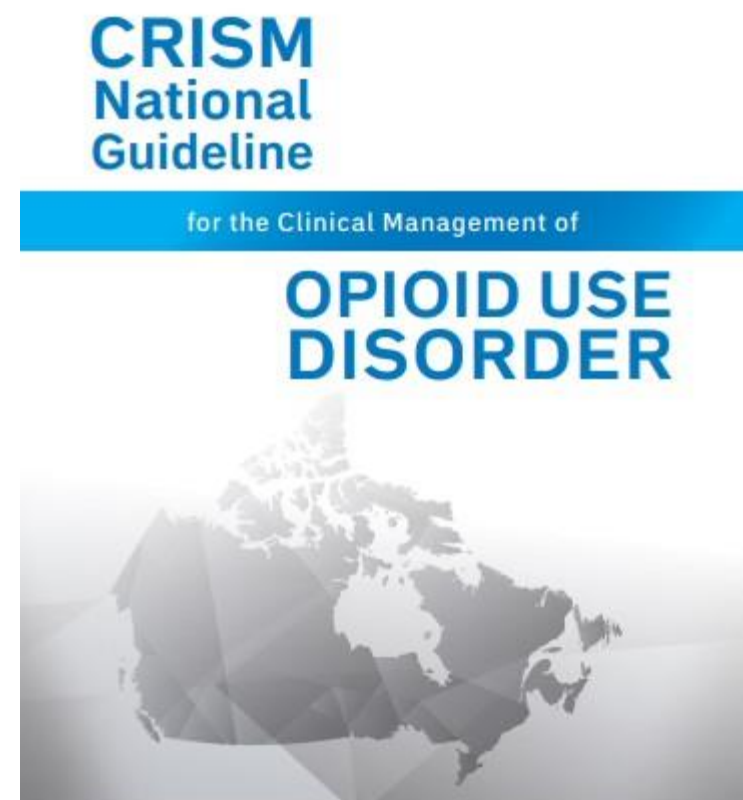
Other resources:

- [Addiction and Mental Health Education Series Video Archive](#) (Alberta Health Services)
- [Opioids Clinical Primer](#) (McMaster University Health Sciences)
- [AFMC Response to Opioid Crisis](#) (The Association of Faculties of Medicine of Canada)

Quick Links: Practice Guidelines



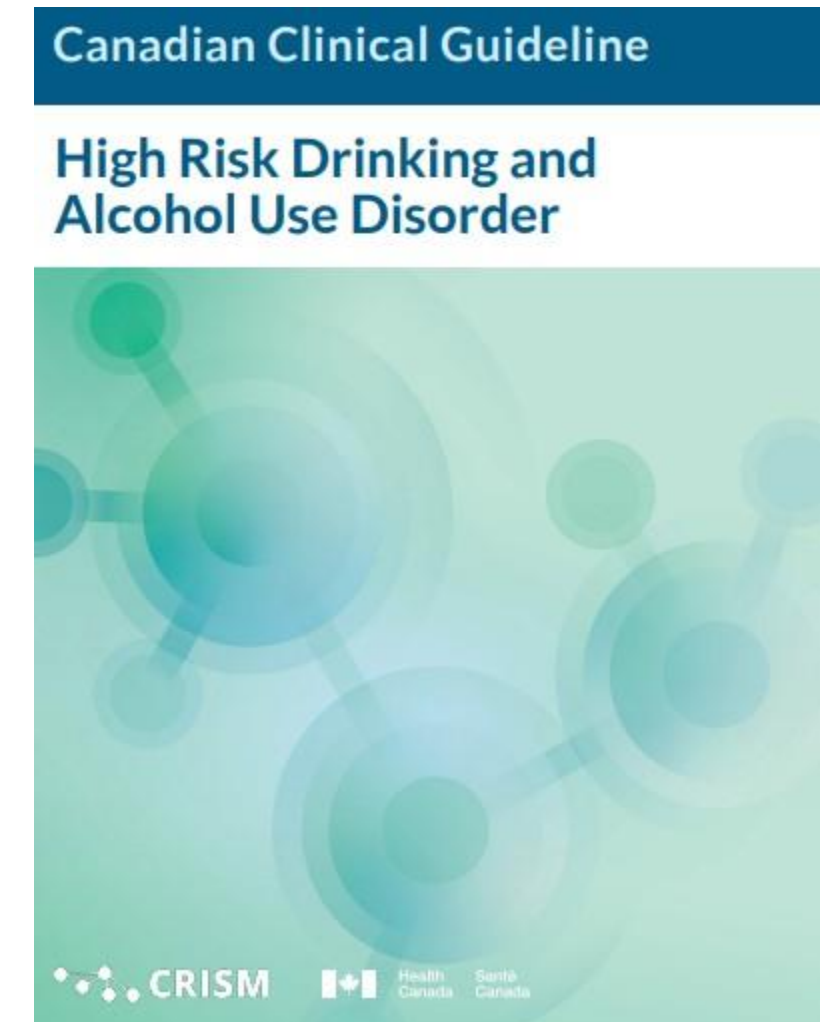
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Please consult the websites for the most recent versions of the guidelines.

Newfoundland and Labrador-Specific Documents

College of Physicians and Surgeons of Newfoundland and Labrador:

[Practice Guideline: Opioid Prescribing for Opioid Use Disorder \(2022\)](#)

College of Registered Nurses of Newfoundland and Labrador:

[Fact Sheet: Nurse Practitioner Authority to Prescribe Buprenorphine-Naloxone and/or Methadone for Opioid Use Disorder \(2021\)](#)

Newfoundland and Labrador Pharmacy Board:

[Standards of Practice: Standards for the Safe and Effective Provision of Opioid Agonist Maintenance Treatment](#)

(*Currently under review: <https://nlpb.ca/opioid-agonist-maintenance-treatment-standards-of-practice-consultation-now-open/>)

Project ECHO NL: Substance Use

- Project ECHO moves knowledge instead of people
- Started in New Mexico in 2003:
 - Replicated internationally
 - First ECHO program based exclusively out of Atlantic Canada
 - “All teach, all learn:”
 - Builds health care provider capacity to treat and manage substance use/substance use disorders
 - Clinically focused; didactic but primarily interactive
 - Mentorship from core team and multidisciplinary case-based learning
- Target Audience: Health care professionals providing care for clients who use substances/with substance use disorders in NL

Project ECHO NL: Substance Use

- Started as Project ECHO NL: Opioid Use Disorder:
 - 2 cycles (182 – 257 unique participants); 21 sessions
- Sessions remaining in Project ECHO NL: Substance Use (Cycle 1) (*Wednesdays; 1 hour*):

Approaches to Substance Use During Pregnancy (<i>Nov. 15!</i>)	Suboxone Initiation for Hospital Inpatients
Alcohol Screening, Brief Intervention, and Referral to Treatment	Flexible Practices in Opioid Use Disorder Management
Medications for Alcohol Use Disorder	Practice Updates: Sublocade, Microdosing, and Macrodosing in the Emergency Room
Alcohol Withdrawal: Clinical Presentation and Appropriate Treatment Settings	Acute Pain Management and Polysubstance Use
Harm Reduction and Alcohol Use	Navigating Care Pathways for Substance Use Disorders in Newfoundland and Labrador

For more information and to register: Email Kate.Lambert@easternhealth.ca or Brittany.Howell@easternhealth.ca

An acknowledgement of past and present mentoring team members, without whom Project ECHO NL (OUD and/or Substance Use) wouldn't be possible:

Lisa Stagg	Geri Dalton
Jennifer Patrick	Vicki Doyle
Stephen Darcy	Jill Peckford
Joni Ingram	Kayla Ryan
Stephanie Delaney	Martha North
Sydney Peckham	

The NL Centre on Substance Use

- Knowledge Exchange Framework:
 - Project ECHO
 - Newsletter
 - Webinars and workshops
 - Communities of practice
 - Practice resources
 - Annual conference
 - Consultation/connection with subject matter experts
- Knowledge Exchange Facilitators:
 - Kate Lambert (kate.lambert@easternhealth.ca)
 - Brittany Howell (brittany.howell@easternhealth.ca)
- Reach out to Kate or Brittany to join the NLCSU email list

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Thank you!

Any Questions?

Kate Lambert & Brittany Howell