# correlation between GAD scores and demographic attributes

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## **Findings**

#### general

- 27.2% of respondents have minimal GAD; 35.4% have mild, 24.9% have moderate and 12.5% have severe GAD
- majority of respondents are from rich and medium-resource schools; 42.4% rich, 32.2% medium and 25.4% poor
- an overwhelming majority of respondents are of age 14-19, inclusive; they account for 88% of respondents
- respondents are almost evenly split with regard to gender; 48.6% of respondents are male, 51.4% are female
- c. two of every three respondents is from a minority tribe; 65.5% minority, 34.5% majority

#### severity against select demographics

#### severity and age

• across all severity levels, respondents aged 14-17, inclusive, are the overwhelming majority. respondents aged 14-19, inclusive, account for 88% of respondents, therefore, it is reasonable that, statistically, the 14-17 group has the observations it exhibits

| severity              | proportion aged 14-17 (%) |
|-----------------------|---------------------------|
| minimal               | 89.4                      |
| $\operatorname{mild}$ | 89.2                      |
| moderate              | 86.6                      |
| severe                | 84.2                      |

• the age range across severity levels viz

| severity              | age range |
|-----------------------|-----------|
| minimal               | 12-21     |
| $\operatorname{mild}$ | 13-23     |
| moderate              | 13-19     |
| severe                | 13-25     |

notice how the respondents under moderate severity are strictly teenagers

#### severity and gender

• male respondents make a majority in the severity levels minimal and mild and a minority in the levels moderate and severe

| severity              | %female | %male |
|-----------------------|---------|-------|
| minimal               | 49.4    | 50.6  |
| $\operatorname{mild}$ | 46.4    | 53.6  |
| moderate              | 51.8    | 48.2  |
| severe                | 67.1    | 32.9  |

the differences between genders in the groups where males are in the majority is smaller than those where the females are in the majority

#### severity and tribe

• respondents from minority tribe(s) make a majority across all severity levels; the differences between tribes is large

| severity              | %majority | %minority |
|-----------------------|-----------|-----------|
| minimal               | 33.5      | 66.5      |
| $\operatorname{mild}$ | 42.5      | 57.5      |
| moderate              | 29.3      | 70.7      |
| severe                | 30.5      | 69.5      |

#### severity and school resources

• respondents from less-resourced schools make a majority of respondents in each severity level; 52% of those that reported minimal and 46.3% of those that reported severe GAD levels are from poor schools

| severity              | %rich | %medium | %poor |
|-----------------------|-------|---------|-------|
| minimal               | 30.7  | 17.3    | 52.0  |
| $\operatorname{mild}$ | 34.8  | 25.8    | 39.5  |
| moderate              | 32.9  | 32.9    | 34.1  |
| severe                | 26.8  | 26.8    | 46.3  |

• in the moderate and severe levels, there are as many respondents from resource-rich schools as those from schools with medium resources: 32.9% unser moderate and 26.8% under severe

#### severity and all demographic characteristics

there is weak correlation between severity and all demographic characteristics

|            | Tribe      | Gender     | Age        | School_Rese | our <b>Ses</b> verity |
|------------|------------|------------|------------|-------------|-----------------------|
| Tribe      | 1.00000000 | -          | -0.1547092 | -0.4697763  | -                     |
|            |            | 0.06649228 |            |             | 0.09551923            |
| Gender     | -          | 1.00000000 | 0.1310904  | 0.1225617   | -                     |
|            | 0.06649228 |            |            |             | 0.10956822            |
| Age        | -          | 0.13109041 | 1.0000000  | 0.3646377   | 0.14902258            |
|            | 0.15470924 |            |            |             |                       |
| School_Res | sources -  | 0.12256171 | 0.3646377  | 1.0000000   | 0.10230336            |
|            | 0.46977631 |            |            |             |                       |
| Severity   | -          | =          | 0.1490226  | 0.1023034   | 1.00000000            |
|            | 0.09551923 | 0.10956822 |            |             |                       |

- the most positive is age (0.15) and the most negative is gender (-0.11)
  - to some extent, the older a respondent is the more likely it to have more severe  $\operatorname{GAD}$

#### **About GAD**

#### what is GAD?

- GAD is a long-term condition that causes a patient of feel anxious about a wide range of situations and issues rather than one specific event
- People with GAD feel anxious most days and often struggle to remember the last time they felt relaxed
- As soon as one anxious thought is resolved, another may appear about a different issue

#### what does the GAD score measure?

• One's proclivity to have excessive, uncontrollable and often irrational worry about events or activities

#### why is GAD important as a measure of mental wellness?

• It is an efficient tool for screening for GAD and assessing its severity in clinical practice and research

#### Method

#### flow

• consume dataset

- clean dataset
- perform simple EDA
- create a correlogram of severity levels against demographic characteristics
- create an abstract

# Data set

• 658 variables of 33 observations

## missing values

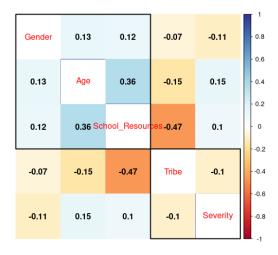
• the data-set is imputed, therefore, there are no missing values

### imputed data-set

• not able to determine what type of imputation has been used

# Visualisations

Correlogram of severity and demographic characteristics



# Sources

- 1. Datrtmouth-Hitchcock
- 2. Brief measures
- 3. MIRECC
- $4.\,$  NHS UK
- 5. NIMH US
- 6. AAFP US
- 7. NLM US

# **Tables**

1. Occurrence of GAD by severity

| Severity | Freq | Percentage |
|----------|------|------------|
| Mild     | 233  | 35.4       |
| Minimal  | 179  | 27.2       |
| Moderate | 164  | 24.9       |
| Severe   | 82   | 12.5       |
|          |      |            |

2. Occurrence of GAD by school resources

| School_Resources | Freq | Percentage |
|------------------|------|------------|
| Medium           | 212  | 32.2       |
| Poor             | 167  | 25.4       |
| Rich             | 279  | 42.4       |

3. Occurrence of GAD by age

| Age | Freq | Percentage |
|-----|------|------------|
| 12  | 1    | 0.152      |
| 13  | 13   | 1.98       |
| 14  | 84   | 12.8       |
| 15  | 179  | 27.2       |
| 16  | 199  | 30.2       |
| 17  | 117  | 17.8       |
| 18  | 42   | 6.38       |
| 19  | 15   | 2.28       |
| 20  | 3    | 0.456      |
| 20  | 1    | 0.152      |
| 21  | 1    | 0.152      |
| 22  | 1    | 0.152      |
| 23  | 1    | 0.152      |

| Age | Freq | Percentage |
|-----|------|------------|
| 25  | 1    | 0.152      |

# 4. Occurrence of GAD by gender

| Gender   | Freq | Percentage |
|----------|------|------------|
| F        | 338  | 51.4       |
| ${ m M}$ | 320  | 48.6       |

# 5. Occurrence of GAD by tribe

| 7 34.5<br>65.5 |
|----------------|
|                |

# 6. Occurrence of GAD by age, grouped by severity

| Severity | Age  | Freq | Percentage |
|----------|------|------|------------|
| Mild     | 13   | 4    | 1.72       |
| Mild     | 14   | 24   | 10.3       |
| Mild     | 15   | 63   | 27.0       |
| Mild     | 16   | 72   | 30.9       |
| Mild     | 17   | 49   | 21.0       |
| Mild     | 18   | 14   | 6.01       |
| Mild     | 19   | 4    | 1.72       |
| Mild     | 20   | 2    | 0.858      |
| Mild     | 23   | 1    | 0.429      |
| Minimal  | 12   | 1    | 0.559      |
| Minimal  | 13   | 7    | 3.91       |
| Minimal  | 14   | 31   | 17.3       |
| Minimal  | 15   | 52   | 29.1       |
| Minimal  | 16   | 53   | 29.6       |
| Minimal  | 17   | 24   | 13.4       |
| Minimal  | 18   | 7    | 3.91       |
| Minimal  | 19   | 2    | 1.12       |
| Minimal  | 20.5 | 1    | 0.559      |
| Minimal  | 21   | 1    | 0.559      |
| Moderate | 13   | 1    | 0.610      |
| Moderate | 14   | 21   | 12.8       |
| Moderate | 15   | 49   | 29.9       |
| Moderate | 16   | 46   | 28.0       |
| Moderate | 17   | 26   | 15.9       |
|          |      |      |            |

| Severity | Age | Freq | Percentage |
|----------|-----|------|------------|
| Moderate | 18  | 15   | 9.15       |
| Moderate | 19  | 6    | 3.66       |
| Severe   | 13  | 1    | 1.22       |
| Severe   | 14  | 8    | 9.76       |
| Severe   | 15  | 15   | 18.3       |
| Severe   | 16  | 28   | 34.1       |
| Severe   | 17  | 18   | 22.0       |
| Severe   | 18  | 6    | 7.32       |
| Severe   | 19  | 3    | 3.66       |
| Severe   | 20  | 1    | 1.22       |
| Severe   | 22  | 1    | 1.22       |
| Severe   | 25  | 1    | 1.22       |

7. Occurrence of GAD by gender, grouped by severity

| Severity | Gender       | Freq | Percentage |
|----------|--------------|------|------------|
| Mild     | F            | 115  | 49.4       |
| Mild     | ${ m M}$     | 118  | 50.6       |
| Minimal  | $\mathbf{F}$ | 83   | 46.4       |
| Minimal  | ${f M}$      | 96   | 53.6       |
| Moderate | $\mathbf{F}$ | 85   | 51.8       |
| Moderate | ${ m M}$     | 79   | 48.2       |
| Severe   | $\mathbf{F}$ | 55   | 67.1       |
| Severe   | ${ m M}$     | 27   | 32.9       |

8. Occurrence of GAD by tribe, grouped by severity

| Severity | Tribe    | Freq | Percentage |
|----------|----------|------|------------|
| Mild     | Majority | 78   | 33.5       |
| Mild     | Minority | 155  | 66.5       |
| Minimal  | Majority | 76   | 42.5       |
| Minimal  | Minority | 103  | 57.5       |
| Moderate | Majority | 48   | 29.3       |
| Moderate | Minority | 116  | 70.7       |
| Severe   | Majority | 25   | 30.5       |
| Severe   | Minority | 57   | 69.5       |

9. Occurrence of GAD by school resources, grouped by severity

| Severity | School_Resources | Freq | Percentage |
|----------|------------------|------|------------|
| Mild     | Medium           | 81   | 34.8       |
| Mild     | Poor             | 60   | 25.8       |
| Mild     | Rich             | 92   | 39.5       |
| Minimal  | Medium           | 55   | 30.7       |
| Minimal  | Poor             | 31   | 17.3       |
| Minimal  | Rich             | 93   | 52.0       |
| Moderate | Medium           | 54   | 32.9       |
| Moderate | Poor             | 54   | 32.9       |
| Moderate | Rich             | 56   | 34.1       |
| Severe   | Medium           | 22   | 26.8       |
| Severe   | Poor             | 22   | 26.8       |
| Severe   | Rich             | 38   | 46.3       |