

Meetings Overview

To: Dr. Bond

From: Brett Mullenix; Tyler Roby; Jasper Bassett; Victor Riedman; Ryan Craig; Kyler Gimenez

Date: October 27, 2015

Re: Meeting Overview

Here is going to be a summary of the last two class meetings and what our two group have accomplished.

Meeting: October 20, 2015

We had previously voted on getting the topic of “Sleep Deprivation” and we are going to explain how this is a problem here at Trine University. We then had to divide into two teams of three, with one side picking to be for support of our topic, and the other group saying that our topic is not an issue or problem. The team supporting the issue consists of: Jasper Bassett, Ryan Craig, and myself (Brett Mullenix). The opposing side consisted of: Tyler Roby, Victor Riedman, and Kyler Gimenez. We then divided into our teams and started doing individual research about our sides of the topic. The teams talked with each other individually and discussed what they were going to say on the 27th during the proposals. After an hour and fifteen minutes, the class concluded and met again on October 22nd. Due to my job/role of being the secretary of the group, I was assigned to do this memo for the group and the remaining memos rest of the project.

Meeting: October 22, 2015

This meeting involved the antagonist side leaving earlier to do research out of class in preparation for the upcoming proposal on the 27th, while my group stayed around for about 1 hour. There we did research, where we gathered facts, leads, and new ideas into what we can talk about in our proposal. There Jasper told the group that he was going to make some note cards for the group to use. Then the group decided to meet before the proposal to get together and discuss the order during the presentation.

The antagonists talked on a group message about their future plans for the weekend leading up to the 27th. They decided to do research while gone and get more facts for the presentation.

Why Sleep deprivation?

As a group we decided to choose sleep deprivation due to our own personal experiences sleep, and know of other problems that have occurred around the campus. We were able to find plenty of research that helped support our claim that Trine needs to help address this issue here on campus. Where we found that a survey found that nationwide, 9/10 students suffered from a lack of sleep, or sleep deprivation.

Research

The research we found included facts that support us coming from university studies, to government studies, and independent research. The group managed to find research that didn't support our idea, and was not in favor of our view, but were able to find other information that backed up and dismissed that information. We found through our research that majority of the questions that we needed to answer we could find easily, and the remaining questions we decided to research into them over time to answer the missing few.

Conclusion

The two meetings that our group had helped us prepare for our presentations in class. During the meetings we found common ground on how we wanted to define wellness and sleep deprivation. We also decided upon what the two major problems with sleep deprivation are on campus and how we would like to fix them. We analyzed how others might argue with our points and show that sleep deprivation is not a major concern on Trine's campus.