

Student Wellness Advisory Board



The Student Wellness Advisory Board promotes holistic health and well-being through its three branches: Healthy Minds, Healthy Bodies, and Healthy Communities and partners with the following university departments to promote prevention education and outreach programming:

- CAMPUS RECREATION
- THE COUNSELING CENTER

- THE STUDENT HEALTH CENTER
- THE TITLE IX OFFICE

Wellness Statement

As physical and mental well-being directly impacts academic and spiritual growth, health and well-being objectives support the University's mission by equipping students to engage in purposeful, healthy behaviors, serve as role models in self-care and bystander intervention, and lead with resilience.

Health and Well-being Goals

The health and well-being goals for Pepperdine University include promoting holistic well-being among students by planning prevention and awareness programs and events, offering well-being-related workshops, training student-leaders, and doing all this within the context of Pepperdine's Christian mission.

SWAB Members

- Co-Presidents

Interested in Working with SWAB?

All SWAB positions include an application and interview process. Positions are listed, and applications are available on [Handshake](#) in the spring prior to the upcoming academic year.

Have questions about being on the SWAB or collaborating/partnering with the SWAB? Check out SWAB's Instagram account [@pepperdineswab](#), or for more in-depth information and/or questions, email us at swab@pepperdine.edu.

Student Wellness Advisory Board Learning Outcomes

Student leaders will:

- Demonstrate an increased understanding of healthy behaviors and practices that create a safe community
- Engage in cognitions and behaviors that will improve their own health and enable students to care for others
- Demonstrate skills to empathize with and assist others from diverse backgrounds who have safety or health-related concerns

General expectations:

- Serve as a liaison between the student body and University departments represented by SWAB
- Attend all meetings
- Collaboratively participate in event planning
- Maintain and uphold the integrity of health and well-being of the university

Have questions about being on SWAB or collaborating/partnering with SWAB? Check out SWAB's Instagram account [@pepperdineswab](#), or email us at swab@pepperdine.edu.