

Department of Defense (DoD) Height/Weight Standards Table

**Males**

<b>Height</b>	<b>Maximum Standard</b>	<b>Minimum Standard</b>
<b>(Inches)</b>	<b>(Pounds)</b>	<b>(Pounds)</b>
52"	106	73
53"	110	76
54"	114	79
55"	118	82
56"	122	85
57"	127	88
58"	131	91
59"	136	94
60"	141	97
61"	145	100
62"	150	104
63"	155	107
64"	160	110
65"	165	114
66"	170	117
67"	175	121
68"	180	125
69"	186	128
70"	191	132
71"	197	136
72"	202	140
73"	208	144
74"	214	148
75"	220	152
76"	225	156
77"	231	160
78"	237	164
79"	244	168
80"	250	173
81"	256	177
82"	263	182
83"	269	186
84"	276	191
85"	283	195
86"	289	200

**Females**

<b>Height</b>	<b>Maximum Standard</b>	<b>Minimum Standard</b>
<b>(Inches)</b>	<b>(Pounds)</b>	<b>(Pounds)</b>
52"	100	73
53"	104	76
54"	108	79
55"	112	82
56"	115	85
57"	120	88
58"	124	91
59"	129	94
60"	133	97
61"	137	100
62"	142	104
63"	146	107
64"	151	110
65"	156	114
66"	161	117
67"	166	121
68"	171	125
69"	176	128
70"	181	132
71"	186	136
72"	191	140
73"	197	144
74"	202	148
75"	208	152
76"	213	156
77"	219	160
78"	225	164
79"	230	168
80"	236	173
81"	242	177
82"	248	182
83"	255	186
84"	261	191
85"	267	195
86"	274	200