Q: What does "Cascading" refer to?

A: The order of priority—how the browser knows what style to apply if there is a conflict

CSS priority scheme (highest to lowest)

| Priority | CSS source type | Description |
|----------|--|--|
| 1 | Importance | The "!important" annotation overwrites the previous priority types |
| 2 | Inline | A style applied to an HTML element via HTML "style" attribute |
| 3 | Media Type | A property definition applies to all media types, unless a media specific CSS is defined |
| 4 | User defined | Most browsers have the accessibility feature: a user defined CSS |
| 5 | Selector specificity | A specific contextual selector (#heading p) overwrites generic definition |
| 6 | Rule order | Last rule declaration has a higher priority |
| 7 | Parent inheritance | If a property is not specified, it is inherited from a parent element |
| 8 | CSS property definition in HTML document | CSS rule or CSS inline style overwrites a default browser value |
| 9 | Browser default | The lowest priority: browser default value is determined by W3C initial value specifications |

https://en.wikipedia.org/wiki/CSS

Where to get CSS ideas -inspect websites you like -visit w3schools