

ROSS NORTON NEWSLETTER

MARCH 2022



Mon.-Fri., 10 a.m. - 9 p.m. Sat. & Sun. 10 a.m. - 5 p.m. Closed Feb. 21 (President's Day)

POOL HOURS

Pool is closed for the season.

GYM/FITNESS CENTER

Fitness Orientation • Wed., 6 - 9 p.m. Contact Ural Robinson 727-562-4380 ural.robinson@myclearwater.com

YOUTH CLUB

Ages 11 - 17 • Wed. & Fri., 6 - 7:30 p.m.

DAILY ADMISSION FEES

ADULTS: \$3 (W) / \$6 (W/O)

FREE with Rec. Card PLUS and Silver Sneakers

CHILDREN: \$2 (W) / \$4 (W/O)

FREE with Rec. Card PLUS

SKATE PARK

\$1 (W) / \$2 (W/O) FREE with Rec. Card PLUS

Bikes Permitted in Skate Park Mon. - Fri.: 2 - 9 p.m. Sat. & Sun.: 10 a.m. - 5 p.m.



SCHEDULES, CLASSES & PROGRAMS •

AFTER SCHOOL PROGRAM

Juvenile Welfare Board
CHARTING THE COURSE FOR YOUTH AN AFTER SCHOOL PROGRAM

Activities include homework, games, crafts, field trips, skateboarding, basketball, volleyball and swimming. Focus on positive self-esteem, nutrition, healthy choices and obesity prevention.

CALL (727) 562-4380 FOR INFORMATION ABOUT ENROLLMENT

Mon. - Fri., 2 - 6 p.m.

- After-school program is funded in part by Juvenile Welfare Board of Pinellas County
- Program runs throughout the school year
- Free
- Free pick up at select schools
- You must live in Pinellas County to qualify.



ROSS NORTON MONTHLY SPOTLIGHT

This month, we would like to shine the spotlight on Marianne Paz. Marianne Paz has been with the City of Clearwater for 15 years. A year ago, she became a part of the Ross Norton family and we are happy to have her! Marianne is an graduate of Widener University with a degree in Elementary Education.

Marianne has been a huge asset to our afterschool and summer camp program. She also helps at our front desk at night and on the weekends.

We are truly blessed to have such a hard working and dedicated staff member. If you see Marianne in the hallways, playground, classrooms, or at the front desk, please take a moment to thank her for her service to our kids in our community. Thank you for all that you do!









FOR MORE INFORMATION OR TO REGISTER FOR PROGRAMS:(727) 562-4380

1426 S. Martin Luther King, Jr. Ave. Clearwater, FL 33756











ADULT

MOMMY & ME STORY TIME

Bond with your child and help them build social & emotional skills through reading, songs, and movement activities. Story time is for babies, pre-school aged children and their caregivers.

First & Third Tuesday of each month at 10:30 a.m.

Please email Johnareus. Young@myclearwater.com for details.

OPEN DROP-IN VOLLEYBALL

Tue., 6 - 9 p.m. Free (SS/PLus) \$1 (W) \$2 W/O

40+ BASKETBALL LEAGUE

Mon., 6 - 10 p.m.

To sign up or for more information, call Ural Robinson at 727-562-4380.

DROP-IN BASKETBALL

Bring your friends out for a friendly pick-up game.

Fri., 6 - 9 p.m.

Sat. & Sun., 1 - 5 p.m.

Free (PLUS/SS) / \$1 (W) / \$2 (W/O)



COMMUNITY •

LAKE BELLEVIEW COMMUNITY MEETING AT ROSS NORTON

Next Meeting:

March 1, 7 - 8 p.m



PICKLEBALL

Pickleball is a fun, active game that is played on a badminton court with the net lowered to 34 inches.

Wed. & Thu., 6 - 8:45 p.m.

Sat. & Sun., 10 a.m. - 1 p.m.

Free (PLUS/SS) / \$2 (W) / \$3 (W/O)

Call the center to confirm availability.

NEW DAYTIME PICKLEBALL

Mon.-Fri., 10 a.m. - noon

TAI CHI - MATTER OF BALANCE

A Matter Balance program is a FREE evidence based program for age 60 and older designed to reduce falls and increase activity levels.

The program consists of 2-hour classes, twice a week (Mon. & Wed.) for 4 weeks.

For more info & to sign up call Ural Robinson 727-562-4380 or email ural.robinson@myclearwater.com

YOGA

Learn proper alignment of yoga postures and stress-reducing

breathing techniques.

Call the center for dates and times.

Free

TABLE TENNIS

(18 and older)

Drop in for some top-notch table tennis competition. A friendly, experienced group of adult table tennis players is eager to help you learn and improve.

Tues., Wed., Thu., 6 - 8:45 p.m.

Sun., 1 - 5 p.m.

Ages 10-15 must be accompanied by parent Free (PLUS/SS) / \$1.50 (W) /

\$2 (W/O) daily

SHINE

Health Insurance Counseling SHINE Volunteers offer unbiased health insurance counseling on Medicare, Medicaid, prescriptions and long-term care insurance. By appointment only. Call (727) 562-4380.

Free







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AFTER SCHOOL PROGRAM

Community Out of School Time (*C.O.S.T.*), ages 5 - 12.

Activities include homework, games, crafts, field trips, skateboarding, basketball and volleyball. Focus on positive self-esteem, nutrition, healthy choices and obesity prevention. After-school program is funded in part by Juvenile Welfare Board of Pinellas County. Free to Pinellas County residents.



Boys, ages 8 - 18 yrs.

Goal & Mission: To improve the academic achievement, self-esteem, social competence, and avoidance of problem/ high-risk behavior by providing a relationship with a caring adult friend who works to help youth achieve their potential.

Thurs., 6 - 7 p.m.

Contact Ural Robinson at the center or email Ural directly at Ural.Robinson@myclearwater.com



ROSS NORTON YOUTH CLUB

Ages: 12 - 17

Wed. and Fri., 6 - 7:30 p.m.

This free program strives to teach teens to

- Build positive relationships with peers and local community leaders
- Complete the college admissions process and prepare to excel in academic courses
- Learn essential soft skills like selfawareness, value-based decision making, the importance of keeping social commitments and resolving conflicts.



YOUTH CLUB

Coed, ages 10 - 17

Wed. and Fri., 6 - 7:30 p.m. .

Ross Norton's Youth Club will enable all young people, especially those who need us the most, to reach their full potential as productive, caring and responsible citizens.



March 30, 6 - 8 p.m.

*Externded ours of Youth Club for the movie. Watch your favorite movie on the big screen.

MENTORING

Boys, ages 8 - 18

Thu., 6 - 7 p.m.

This mentorship program aims to improve the academic achievement, self-esteem, social competence and avoidance of problem/high-risk behavior of young men by providing a relationship with a caring adult friend.

GAMING NIGHT

March 4, 11, 18

Whether Fortnite or Minecraft is your game of choice, there will be lots of fun and competitive matches!

GYM GAMES

Open Gym:

Ga Ga Ball, Mushroom Ball, Coast to Coast March 4, 11, 18

OPEN GYM

March 25, 6:30 - 8:30 p.m.

Choose what you want to do in the gymnasium or participate in E-Sports.



COMING SOON

Open Indoor Soccer Friday Nights 6 - 8 p.m. Cost - \$2 drop in, \$1 Rec Card Free with Plus Pass or SS Pass

Inquire within for details or email Ramon.Pires@myclearwater.com







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