

Express Scripts Pharmacy[®], our home delivery pharmacy, is a convenient option if you're taking a medication on a regular basis to treat an ongoing health condition. Express Scripts Pharmacy, which is a Cigna company, is one of the country's largest home delivery pharmacies.

What are the benefits of using Express Scripts Pharmacy?

Express Scripts Pharmacy helps make it easy for you to get your medication. With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice).

- Easily order, manage, track and pay for your medications **on your phone or online**.
- > Standard shipping at no extra cost¹
- > Fill up to a 90-day supply at one time
- Helpful pharmacists available 24/7
- > Automatic refills² and refill reminders so you don't miss a dose
- **Payment assistance** if you're having trouble paying for your medication.

Three easy ways to switch to home delivery

 Go to my.cigna.com/choosehomedelivery. Follow the online instructions for how to move your prescription(s) to our home delivery pharmacy.







- 2. Call your doctor's office. Ask them to send a 90-day prescription (with refills)³ electronically to Express Scripts Home Delivery. Or,
- **3. Call Express Scripts Pharmacy at 800.835.3784.** They'll contact your doctor's office to help transfer your prescription. Have your Cigna ID card, doctor's contact information and medication name(s) ready when you call.

Got a new prescription?

Ask your doctor to send it to Express Scripts Pharmacy using one of these methods:

- **1. Electronically:** For fastest service, they can send your prescription electronically to Express Scripts Home Delivery, NCPDP 2623735.
- 2. By fax: They can call 888.327.9791 to get a Fax Order Form.





Use the myCigna® App or website to manage your medications.

- > See which medications your plan covers. You can also see which tier they're covered on.
- Use Price a Medication to see how much your medication costs. You can also see if there are lower cost alternatives available.⁴
- See your pharmacy claims and coverage details.
- Connect to your Express Scripts online account. There, you can:
 - Refill your prescriptions and/or request a new prescription from your doctor
 - Check your order status and track your order
 - Sign up for automatic refills (if your medication is eligible)
 - View your order history
 - Update your profile information (shipping address and phone number, payment information, allergies and/or health conditions, how you'd like to be contacted)
 - Pay your bill online





- 1. Standard shipping costs are included as part of your prescription plan.
- 2. Express Scripts Pharmacy can automatically refill certain medications. Log in to the myCigna App or website or call 800.835.3784 to sign up.
- 3. Certain medications may only be packaged in less than a 90-day supply. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
- 4. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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