

| Outcome                 | Unit   | CDP                        | HUS                        | Dietary Patterns           |                            |                            |
|-------------------------|--------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
|                         |        |                            |                            | MED                        | PLNT                       | VEG                        |
| <b>Health</b>           |        |                            |                            |                            |                            |                            |
| Cancer                  | Cases  | 80,631 (77,762, 83,830)    | 58,691 (56,134, 61,607)    | 56,106 (53,326, 59,154)    | 75,320 (72,213, 78,528)    | 82,986 (80,031, 86,134)    |
| Cardiometabolic disease | Deaths | 366,991 (355,715, 377,880) | 233,331 (224,067, 243,220) | 252,218 (243,018, 262,214) | 339,695 (328,917, 350,103) | 339,695 (328,917, 350,103) |

*Note:*

Median (95% UI)