

Brooke M. Smith, M.S.

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Education

Ph.D. (anticipated 2019)	Utah State University Combined Clinical/Counseling Psychology (APA accredited) Dissertation: <i>Mechanisms and outcomes of acceptance/tolerance and extinction/regulation approaches to exposures for intrusive thoughts</i> Chair: Michael P. Twohig, Ph.D.
M.S. 2015	Utah State University Combined Clinical/Counseling Psychology (APA accredited) Thesis: <i>Effects of differential rates of alternative reinforcement on resurgence of human avoidance behavior: A translational model of relapse in the anxiety disorders</i> Chair: Michael P. Twohig, Ph.D.
B.A. 2010	University of Nevada Reno Major: Psychology, with distinction Minor: English Literature Undergraduate Honor's Thesis: <i>The influence of a personal values intervention on cold pressor pain tolerance</i> Chair: Steven C. Hayes, Ph.D.

Awards & Honors

8/12 – 5/16	Presidential Doctoral Research Fellowship (\$20,000 plus tuition per year) Utah State University, Office of Research and Graduate Studies – Logan, UT
2015	Graduate Enhancement Award (\$4,000) Utah State University, Graduate Student Council – Logan, UT
2015	Walter R. Borg Applied Practice and Research Scholarship (\$3,000) Utah State University, Department of Psychology – Logan, UT
2010	Psi Chi Undergraduate Research Fair Award University of Nevada Reno, Department of Psychology – Reno, NV
2008	Critical Writing Award University of Nevada Reno, Department of English – Reno, NV
2007 – 2009	Dean's List University of Nevada Reno – Reno, NV

Grant Activity

Safe Passage

Funding Period: 9/2017 – 9/2020

Amount: \$15,000

Funding Source: Utah State University Diversity Council

Role: Co-Investigator (PI: Litson, K.)

Activities: Co-developed project, co-authored application

Promotion and Understanding of Tolerance/Acceptance of Obsessions

Funding Period: 12/2015 – 12/2017

Amount: \$50,000

Funding Source: International OCD Foundation

Role: Project Director (PI: Twohig, M. P.)

Activities: Designed study, co-authored application

Effects of Differential Rates of Alternative Reinforcement on Resurgence of Human Avoidance Behavior: A Translational Model in the Anxiety Disorders

Date submitted: October 2013

Amount: \$1,000 (Not Funded)

Funding Source: Society for the Advancement of Behavior Analysis

Role: Principle Investigator

Research Experience

12/15 – Present **International OCD Foundation Grant: Promotion and Understanding of Tolerance/Acceptance of Obsessions**

Project Director

Center for Clinical Research, Utah State University

Currently serving as project director on an analogue study of acceptance/tolerance and extinction/regulation approaches to exposures for obsessions. Duties include designing and managing the study, including collecting, analyzing, and interpreting physiological, behavioral, and self-report data and managing a team of undergraduate research assistants. The position required training in the use of the Biopac MP 150 with EDA, RSP, and ECG modules for the collection of physiological data.

Supervisor: Michael P. Twohig, Ph.D.

11/14 – Present **Center for Clinical Research**

Graduate Researcher

Department of Psychology, Utah State University – Logan, UT

Currently engaged in the conceptualization, design, and implementation of several research projects. The first is a longitudinal study investigating the effects of a 2-year Buddhism and meditation course on psychological and health outcomes. The second is the development and validation of a behavioral economic measure of psychological flexibility: The Behavioral Economic Flexibility Inventory (BE-Flex-i). Currently in the data analysis phase of a basic

human operant study investigating the effects of varying rates of alternative reinforcement on suppression and resurgence of negatively reinforced target behavior.

Supervisor: Michael P. Twohig, Ph.D.

9/11 – 3/12

Contextual Change, LLC

Research Assistant

Reno, NV

Collected current and historical written and verbal data for inclusion in a book. Managed a team of undergraduate research assistants.

Supervisor: Steven C. Hayes, Ph.D.

8/08 – 5/11

Contextual Behavioral Science Laboratory

Undergraduate Research Assistant

Department of Psychology, University of Nevada Reno

Assisted with recruitment for an NIMH-funded grant investigating the impact of acceptance and commitment therapy on the prevention of behavioral health problems and suicidality in college freshmen. Created database and entered data for a study comparing the effects of mindfulness and behavior change components of acceptance and commitment therapy.

Supervisor: Steven C. Hayes, Ph.D.

8/07 – 5/10

Couples and Family DBT Research Laboratory

Undergraduate Research Assistant

Department of Psychology, University of Nevada Reno

Administered the depression and dysthymia sections of the Structured Clinical Interview for DSM Disorders (SCID) on a study investigating the effects of validating and invalidating behaviors in couples. Administered study protocol and assisted with recruitment for a study investigating the effects of validation and invalidation during a stress induction task on the accuracy of emotion identification in participants with borderline personality features.

Supervisor: Alan E. Fruzzetti, Ph.D.

Clinical Experience

5/17 – 5/18

Utah State University Health and Wellness Center – Logan, UT

Graduate Assistant Therapist

Conducted consultation and brief psychotherapy with college students in a primary care setting. Consulted with physicians, psychiatrist, nurses, and dietician. Approaches included modular evidence-based therapy, cognitive behavior therapy, acceptance and commitment therapy, behavioral activation, and motivational interviewing.

Supervisor: M. Scott DeBerard, Ph.D.

8/12 – 1/17

Center for Clinical Research – Logan, UT

Research Assessor & Therapist

International OCD Foundation Grant: *Combining acceptance and commitment therapy with exposure and response prevention to enhance treatment engagement*

Administered the Mini International Neuropsychiatric Interview (MINI), Yale-Brown Obsessive Compulsive Scale (Y-BOCS), and a battery of self-report questionnaires at pre, post, and follow-up to adults with obsessive-compulsive disorder as part of a randomized controlled trial of acceptance and commitment therapy (ACT) plus exposure and response prevention (ERP) versus ERP alone. Served as a research therapist in the ACT+ERP and ERP conditions.

Supervisors: Michael P. Twohig, Ph.D. & Jonathan S. Abramowitz, Ph.D.

8/12 – 4/16

Center for Clinical Research – Logan, UT

Research Therapist

Conducted individual psychotherapy for three studies of acceptance and commitment therapy: a randomized waitlist controlled trial of adults with impulsive decision making and addictive behaviors, an open trial of adults with stuttering, and a randomized waitlist controlled trial of adolescents with trichotillomania.

Supervisor: Michael P. Twohig, Ph.D.

8/15 – 4/16

Avalon Hills Residential Eating Disorders Program – Logan, UT

Practicum Student Therapist

Conducted interpersonal and body image process groups, led acceptance and commitment therapy and dialectical behavior therapy skills groups, and provided secondary individual psychotherapy for adolescent females with eating disorders in a residential setting. Therapeutic approaches included motivational interviewing, acceptance and commitment therapy, and contingency management. Conducted psychological assessments including administration, scoring, interpretation, and report writing, and worked within a multidisciplinary treatment team.

Supervisors: Jenna Glover, Ph.D. & Tera Lensegrav-Benson, Ph.D.

8/14 – 5/15

Anxiety Specialty Clinic – Logan, UT

Practicum Student Therapist

Conducted individual psychotherapy with adults and adolescents with anxiety and related disorders using acceptance and commitment therapy. Conducted

psychological assessments including administration, scoring, interpretation, and report writing.

Supervisor: Michael P. Twohig, Ph.D.

2/15 – 5/15 **Brigham City Community Hospital Cardiac Wellness** – Brigham City, UT
Graduate Assistant Therapist

Conducted brief individual psychotherapy, case management, and screening and consultation services for adults undergoing rehabilitation following a major cardiac event in a hospital setting. Presented stress management workshops to patients and hospital staff.

Supervisor: M. Scott DeBerard, Ph.D.

8/13 – 8/14 **Utah State University Psychology Community Clinic** – Logan, UT
Practicum Student Therapist

Conducted individual psychotherapy with adults, adolescents, children, and families. Therapeutic approaches included cognitive behavior therapy, acceptance and commitment therapy, and motivational interviewing. Conducted psychological assessments including administration, scoring, interpretation, and report writing.

Supervisors: Susan Crowley, Ph.D. & Jenna Glover, Ph.D.

3/11 – 8/12 **Fit Learning** – Reno, NV
Instructor & Case Manager

Implemented precision teaching, direct instruction, and applied behavior analysis to teach academic skills to children and adolescents with learning disabilities, autism spectrum disorder, and no diagnosis in a learning center. Additionally, provided intensive applied behavior analysis services to children with autism spectrum disorder in an in-home setting. Trained staff, prepared instructional materials, assisted with treatment decisions, and collected and interpreted individual data using the Standard Celeration Chart.

Supervisor: Kendra Newsome, Ph.D., BCBA-D

6/10 – 2/11 **Alliance Family Services** – Reno, NV
Psychosocial Rehabilitation Specialist

Provided communication, coping, social, and basic living skills to children, adolescents, and adults in a low-income community population.

Supervisor: Christian Conte, Ph.D.

7/09 – 5/10 **University of Nevada Reno Early Childhood Autism Program** – Reno, NV
Autism Tutor

Provided intensive applied behavior analysis services to children and adolescents with autism spectrum disorder in an in-home setting.

Supervisor: Patrick Ghezzi, Ph.D., BCBA-D

Publications

Peer-Reviewed Journal Articles

6. **Smith, B. M.**, Villatte, J. L., Ong, C. W., Butcher, G., Twohig, M. P., Levin, M. E., & Hayes, S. C. (in press). The influence of a personal values intervention on cold pressor-induced distress tolerance. *Behavior Modification*.
5. Galizio, A., Frye, C. C. J., Haynes, J. M., Friedel, J. E., **Smith, B. M.**, & Odum, A. L. (2018). Persistence and relapse of reinforced behavioral variability. *Journal of the Experimental Analysis of Behavior*, 109, 210-237. doi:10.1002/jeab.309
4. Lee, E. B., **Smith, B. M.**, Twohig, M. P., Lensegrav-Bensen, T., & Quakenbush-Roberts, B. (2017). Assessment of the body image acceptance and action questionnaire in a female residential eating disorder treatment facility. *Journal of Contextual Behavioral Science*, 6(1), 21-28.
3. **Smith, B. M.**, Smith, G. S., Shahan, T. A., Madden, G. A., & Twohig, M. P. (2017). Effects of differential rates of alternative reinforcement on resurgence of human behavior. *Journal of the Experimental Analysis of Behavior*, 107(1), 191-202.
2. Twohig, M. P. & **Smith, B. M.** (2015). Targeting the function of inner experiences in obsessive compulsive and related disorders. *Current Opinion in Psychology*, 2, 32-37.
1. Twohig, M. P., Abramowitz, J. S., Bluett, E. J., Fabricant, L. E., Jacoby, R. J., Morrison, K. L., ... & **Smith, B. M.** (2014). Exposure therapy for OCD from an acceptance and commitment therapy (ACT) framework. *Journal of Obsessive-Compulsive and Related Disorders*, 6, 167-173.

Book Chapters

6. Ong, C. W., **Smith, B. M.**, Levin, M. E., & Twohig, M. P. (in press). Mechanisms of change: Mindfulness and acceptance. In J. S. Abramowitz and S. M. Blakey (Eds.). *Clinical Handbook of Fear and Anxiety: Psychological Processes and Treatment Mechanisms*. Washington, D.C.: American Psychological Association Press.
5. **Smith, B. M.**, Twohig, M. P., & Levin, M. E. (2017). Acceptance and commitment therapy. In A. E. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology* (7-9). Thousand Oaks, CA: Sage Publications.
4. Morrison, K. L., **Smith, B. M.**, & Twohig, M. P. (2017). Mindfulness and acceptance therapies for obsessive-compulsive and related disorders. In C. Pittenger (Ed.) *Obsessive-compulsive Disorder: Phenomenology, Pathophysiology, and Treatment* (431-442). New York, NY: Oxford University Press.

3. Morrison, K. L., **Smith, B. M.**, Lee, E. B., & Twohig, M. P. (2017). Acceptance and commitment therapy for OC-spectrum disorders. In J. S. Abramowitz, D. McKay, & E. A. Storch (Eds.) *The Wiley Handbook of Obsessive Compulsive Disorders* (1175-1192). Hoboken, NJ: Wiley-Blackwell.
2. **Smith, B. M.**, Bluett, E. J., Lee, E. B., & Twohig, M. P. (2017). Acceptance and commitment therapy for OCD. In J. S. Abramowitz, D. McKay, & E. Storch (Eds.) *The Wiley Handbook of Obsessive Compulsive Disorders* (596-613). Hoboken, NJ: Wiley-Blackwell.
1. Levin, M. E., Twohig, M. P., & **Smith, B. M.** (2016). Contextual behavioral science: An overview. In R. Zettle, S. C. Hayes, D. Barnes-Holmes, & A. Biglan (Eds.) *The Wiley Handbook of Contextual Behavioral Science* (17-36). Oakland, CA: New Harbinger.

Other Publications

2. Ong, C. W., Papa, L. A., Reveles, A. K., **Smith, B. M.**, & Domenech Rodríguez, M. M. (2018). *Safe Passages for U: Training Manual*. Logan, UT: Utah State University. Retrieved from: <https://osf.io/45kb6/>. doi: 10.17605/OSF.IO/45KB6
1. Ong, C. W., Papa, L. A., Reveles, A. K., **Smith, B. M.**, & Domenech Rodríguez, M. M. (2018). *Safe Passages for U: Participant's Manual*. Logan, UT: Utah State University. Retrieved from: <https://osf.io/d5bz7/>

Manuscripts Under Peer-Review

2. Levin, M. E., **Smith, B. M.**, & Smith, G. S. (under review). The benefits of flexibility for dissemination and implementation: Acceptance and commitment therapy as an example.
1. Twohig, M. P., Abramowitz, J. S., **Smith, B. M.**, Fabricant, L. E., Jacoby, R. J., Morrison, K. L., Bluett, E. J., Reuman, L., Blakey, S. M., & Ledermann, T. (under review). Adding acceptance and commitment therapy to exposure and response prevention for obsessive-compulsive disorder: A randomized controlled trial.

Manuscripts in Preparation

5. **Smith, B. M.**, Ong, C. W., Madden, G. A., & Twohig, M. P. (in preparation). Development and validation of the Behavioral Economic Flexibility Inventory (BE-Flex-i).
4. **Smith, B. M.**, Ong, C. W., Barrett, T. S., Bluett, E. J., Slocum, T. A., & Twohig, M. P. (in preparation). Longitudinal effects of a 2-year meditation and Buddhism course on wellbeing, quality of life, and valued living.
3. **Smith, B. M.**, Bluett, E. J., Barrett, T. S., Ong, C. W., Slocum, T. A., & Twohig, M. P. (in preparation). Psychological and health impacts of long-term meditation.
2. **Smith, B. M.**, Smith, G. S., Shahan, T. S., & Twohig, M. P. (in preparation). Resurgence of negatively reinforced target behavior in humans: Effects of differential rates of alternative reinforcement.

1. Morrison, K. L., **Smith, B. M.**, Lee, E. B., Ong, C. W., Friedel, J. E., Rung, J., Odum, A. L., Madden, G. A., Ledermann, T., & Twohig, M. P. (in preparation). Effects of acceptance and commitment therapy on impulsive decision making.

Conference Presentations

Presentations prior to 2014 have been adjusted from maiden to married name

Peer-Reviewed Presentations

12. Twohig, M. P. & **Smith, B. M.** (2018, July). *Mechanisms and outcomes of acceptance and regulation approaches to exposures for intrusive thoughts. An IOCDF-funded study.* Paper accepted for presentation at the International OCD Foundation Annual OCD Conference, Washington, DC.
11. **Smith, B. M.**, Smith, G. S., Shahan, T. S., & Twohig, M. P. (2017, May). Resurgence of negatively reinforced target behavior in humans: Effects of differential rates of alternative reinforcement. In **B. M. Smith** (Chair), *Variables affecting resurgence and renewal across species*. Paper presented at the annual meeting of the Association for Behavior Analysis International, Denver, CO.
10. Rudaz, M., **Smith, B. M.**, Potts, S., Levin, M. E., & Twohig, M. P. (2016, June). The effectiveness of a mind-body training to foster self-care in health professionals. In B. Pilecki (Chair), *Which skills for whom? Identifying and applying mindfulness skills in diverse populations*. Paper presented at the annual meeting of the Association for Contextual Behavioral Science, Seattle, Washington.
9. **Smith, B. M.** & Twohig, M. P. (2015, July). Effects of differential rates of alternative reinforcement on resurgence of human avoidance behavior: A translational model of relapse in the anxiety disorders. In **B. M. Smith** (Chair), *Toward a coherent model of scientific progress: Translational research in Contextual Behavioral Science*. Paper and symposium presented at the annual meeting of the Association for Contextual Behavioral Science, Berlin, Germany.
8. **Smith, B. M.** (2015, July). *Using basic science and RFT to study ACT processes of change.* Symposium chaired at the annual meeting of the Association for Contextual Behavioral Science, Berlin, Germany.
7. **Smith, B. M.**, Villatte, J. L., Twohig, M. P., Levin, M. E., & Hayes, S. C. (2014, November). Influence of a personal values intervention on cold pressor-induced distress tolerance. In M. P. Twohig (Chair), *Recent contextual behavioral research targeting psychological inflexibility*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
6. **Smith, B. M.** (2014, June). *Promoting exposure therapy in practice and research: The role of ACT and citizen science.* Symposium chaired at the annual meeting of the Association for Contextual Behavioral Science, Minneapolis, MN.
5. Abramowitz, J. S., **Smith, B. M.**, Bluett, E. J., Fabricant, L., Jacoby, R. J., Morrison, K., & Twohig, M. P. (2013, November). Predictors of OCD symptom dimensions:

Obsessional beliefs and experiential avoidance. In M. Whittal (Chair), *Understanding and treating obsessive-compulsive and related disorders: Methods, meaning, and maximizing treatment gains*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

4. Brooks Rickard, K., Newsome, W. D., **Smith, B. M.**, & Billett, J. (2013, May). *Demystifying the notions of educators: A clarification of worldviews*. Paper presented at the annual meeting of the Association for Behavior Analysis International, Minneapolis, MN.
3. Newsome, W. D., Ward, T. A., **Smith, B. M.**, Fuller, T. C., Brooks Rickard, K., Smith, G. S., Ward, E., Ward, T., Alavosius, M. P., & Hayes, L. J. (2012, February). *Hungry, will cooperate for food: UNR-BA students put green where mouth is*. Paper presented at the annual Behavior Analysis Research Fair, Reno, NV.
2. **Smith, B. M.**, Newsome, W. D., Brooks Rickard, K., & Billett, J. (2011, December). State your assumptions: Toward a better understanding of special education practices. In W. D. Newsome (Chair), *The cost of philosophical eclecticism in mainstream education and the benefit of stating your assumptions: The Fit Learning model from worldview to practice*. Paper presented at the annual meeting of the Standard Celeration Society, Reno, NV.
1. Billett, J., Brooks Rickard, K., Newsome, W. D., & **Smith, B. M.** (2011, December). Pushing back with proven principles and practices. In W. D. Newsome (Chair), *The cost of philosophical eclecticism in mainstream education and the benefit of stating your assumptions: The Fit Learning model from worldview to practice*. Paper presented at the annual meeting of the Standard Celeration Society, Reno, NV.

Peer-Reviewed Posters

9. Domenech Rodríguez, M. M., Reveles, A. K., Litson, K., Patterson, C., **Smith, B. M.**, & Ong, C. W. (2018, October). *Development of a measure to assess cultural competence in the general population*. Poster accepted for presentation at the biennial conference of the National Latina/o Psychological Association, La Jolla, CA.
8. **Smith, B. M.**, Slocum, T. A., & Twohig, M. P. (2017, November). *Longitudinal effects of a 2-year meditation and Buddhism course on psychological and health outcomes*. Poster presented at the Special Interest Group Exposition (Mindfulness & Acceptance SIG) at the annual meeting of the Association for Cognitive and Behavioral Therapies, San Diego, CA.
7. Galizio, A., Friedel, J. E., **Smith, B. M.**, Frye, C. C. J., McIntyre, S., & Odum, A. L. (2015, May). *Reinforced behavioral variability is resistant to change under extinction and reinstatement*. Poster presented at the annual meeting of the Association for Behavior Analysis International, San Antonio, TX
6. **Smith, B. M.**, Brooks Rickard, K., Newsome, W. D., & Humphreys, T. (2012, September). *Utilizing fluency-building to train deictic relational responding in a young child with autism*. Poster presented at the annual meeting of the Nevada Association for Behavior Analysis, Reno, NV.

5. Newsome, W. D., Ward, T. A., **Smith, B. M.**, Fuller, T. C., Brooks Rickard, K., Smith, G. S., Ward, E., Ward, T., & Alavosius, M. P. (2012, August). *"The Patch" cooperative gardening project*. Poster presented at the annual Behavior Change for a Sustainable World Conference, Columbus, Ohio.
4. **Smith, B. M.** & Brooks Rickard, K. (2012, July). *Utilizing fluency-building to train deictic relational responding in a young child with autism*. Poster presented at the annual meeting of the Association for Contextual Behavioral Science, Washington, D.C.
3. **Smith, B. M.**, Villatte, J. L., Levin, M., & Hayes, S. C. (2010, June). *The influence of a values-only intervention on pain tolerance*. Poster presented at the annual meeting of the Association for Contextual Behavioral Science, Reno, NV.
2. **Smith, B. M.**, Boulanger, J. L., & Hayes, S. C. (2009, June). *The influence of values on pain tolerance: A pilot study*. Poster presented at the annual meeting of the Association for Contextual Behavioral Science, Enschede, Netherlands.
1. **Smith, B. M.**, Boulanger, J. L., & Hayes, S. C. (2009, May). *Mediators of psychological flexibility in a modern application of clinical behavior analysis*. Poster presented at the annual meeting of the Association for Behavior Analysis International, Phoenix, AZ.

Clinical Trainings Provided

8. Papa, L. A. & **Smith, B. M.** (2018, January). *USU Safe Passages for U*. Four-hour diversity and multicultural workshop presented for Psychology 6290: Diversity Issues in Treatment and Assessment.
7. **Smith, B. M.** (2017, October). *Acceptance and commitment training for women in leadership*. Five-hour invited workshop presented for the Center for Women and Gender, Utah State University, Logan, UT.
6. **Smith, B. M.** & Smith, G. S. (2017, September). *Introduction and application of ACT for ABA*. Four-hour invited workshop presented at the Chrysalis Behavior Summit, Salt Lake City, UT.
5. **Smith, B. M.**, Lee, E. B., Haeger, J. A., & Smith, G. S. (2017, August). *Introduction to acceptance and commitment therapy for applied behavior analysts*. Three-hour workshop presented at the annual meeting of the Utah Association for Behavior Analysis, Salt Lake City, UT.
4. **Smith, B. M.** (2016, October). *Acceptance and commitment training: Women's Leadership Initiative*. Five-hour workshop presented for the Center for Women and Gender, Utah State University, Logan, UT.
3. Twohig, M. P., & **Smith, B. M.** (2016, September). *Introduction to acceptance and commitment therapy and ACT experiential workshop*. Two-day workshop presented at the annual Introduction to Acceptance and Commitment Therapy Workshop Series in Logan, UT.

2. **Smith, B. M.** (2015, April). *Why Can't I Stop These Thoughts?* Half-hour workshop presented at the annual Mental Health Awareness Week, Utah State University, Logan, UT.
1. **Smith, B. M.** (2015, March & April). *Stress Management 101*. Half-hour workshops presented at Brigham City Cardiac Wellness, Brigham City, UT.

Editorial Activities

Ad Hoc Reviewer

Mindfulness

Journal of Affective Disorders

Journal of Contextual Behavioral Science

Journal of the Experimental Analysis of Behavior

Special Issue on Experimental Manipulations of Delay Discounting & Related Processes

Special Issue on Stimulus-Stimulus Relations

Teaching Experience

Instructor – Utah State University

2015 – 2016 **Analysis of Behavior: Advanced (online)**
55 undergraduate students (2 courses)

2015 **Abnormal Psychology**
20 undergraduate students

Graduate Teaching Assistant – Utah State University

2014 – 2015 **Integrative Practicum with Adults, Adolescents, and Children**
8 graduate students
Supervisors: Susan Crowley, Ph.D. & Scott DeBerard, Ph.D.

2014 **Analysis of Behavior: Advanced**
25 undergraduate students
Supervisor: Amy Odum, Ph.D.

2013 **Intellectual Assessment**
11 graduate students
Supervisor: JoAnn Tschanz, Ph.D.

2013 **Analysis of Behavior: Basic Principles**
15 undergraduate students
Supervisor: Gregory Madden, Ph.D.

Memberships in Professional Organizations

Association for Behavioral and Cognitive Therapies
Mindfulness & Acceptance SIG

Association for Contextual Behavioral Science
Rocky Mountain Chapter
Student SIG
Association for Behavior Analysis International
Society for the Quantitative Analyses of Behavior
Psi Chi, National Honors Society in Psychology
Vice President UNR Chapter 5/09 – 5/10
American Association for the Advancement of Science

Service Activities

2/17 – Present	Cache Valley ACLU People Power Group Logan, UT
1/15 – Present	Cache Valley Sangha Leadership Group Cache Valley Sangha – Logan, UT
2/15 – 9/15	Meditation Co-Instructor Cache County Jail – Logan, UT

References

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