

This Isn't About You

May 3, 2014

This isn't about you. You are great,
you are fine! don't you get it; this is about me-

I'm in a bad situation right now
and I don't feel like I can articulate it to you

(why is this happening today?)
I've slipped under the pressure

I don't think you get why I'm upset

I'm metaphysically disturbed I think nothing