



## Becoming an Emotionally Healthy School: Auditing and Developing the National Healthy School Standard (Hardback)

By Charlie Smith, Shall McKee

SAGE Publications Inc, United States, 2005. Hardback. Condition: New. CD-ROM ed. Language: English. Brand new Book. Includes CD-RomPupils can fulfil their potential only when they are healthy, happy and at ease in all areas of their lives and the National Healthy Schools Standard (NHSS) is designed to give practical support to help schools achieve this through creating an environment which reduces health inequalities, promotes social inclusion and raises educational achievement. The book provides the reader with:"an overview of the National Healthy School Standard (NHSS)"insight into the theme of emotional health"a range of case study examples to draw on as exemplars of good practice"knowledge and resources required to undertake a school based audit on emotional health and well being"resources to implement an emotional health and well being curriculum.Becoming an Emotionally Healthy School helps school staff, people working with schools and healthy schools co-ordinators to create, develop and promote a whole school approach to emotional health and well-being. The book offers advice, handy hints and support at each stage of the process and provides all the resources that will be required, including an emotional health curriculum that can be delivered with small groups or whole class groups.



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