#### Habits

John Doe

March 22, 2005

In the morning In the evening

# In the morning

John Doe

Habits

## Getting up

- Turn off alarm
- Get out of bed

#### **Breakfast**

- Eat eggs
- Drink coffee

In the morning In the evening

# In the evening

#### Dinner

- Eat spaghetti
- Drink wine

In the morning In the evening

picture of spaghetti

### Going to sleep

- Get in bed
- Count sheep