Medications for treatment of preeclampsia and eclampsia

Preeclampsia/Eclampsia medication summary

This table has been adapted from the Queensland Maternity and Neonatal Clinical Guidelines Hypertension disorders in pregnancy.

Drug/Product	Dose	Route	Rate
Nifedipine	5-10mg capsule or 10-20mg tablet	Oral	Repeat after 30 minutes (for 5- 10mg dose) Repeat after 45 minutes (for 10- 20mg dose) *Should not be given if placenta abruption is suspected.
Hydralazine 20mg Ampoule Bolus Dose Reconstitute with: • 1ml H₂o for injections • Dilute with 19mls sodium chloride 0.9% in a 20 ml syringe (20mg /20ml) *Attach IV additive label	5 -10mg bolus (1mg/ml)	Intravenous via slow injection	Repeat 5mg doses - 20 minutes apart up to max. 15mg (x3 doses) Cease if maternal pulse >130bpm Consider Infusion if >20mg required or for longer term BP control Requires close monitoring and should only be given in an appropriate location able to support this.
Hydralazine Infusion 6omg Maintenance Dose Reconstitute with: 3 x 2omg ampoule with 3x 1ml H₂o for injections = 6omg Dilute with 57mls sodium chloride in a 6oml Luer lock syringe (6omg/6oml) *Attach IV additive label/ line labels	2mg/hr (2mls/hr) (1mg/ml)	Intravenous Infusion – Using IV infusion pump (drug library)	Increase infusion 10 minutely by 2mg hour until BP stable. Maximum infusion rate of 10mg hour Consider ceasing infusion if maternal pulse >125bpm.
Magnesium Sulphate Loading Dose 4g 16mmol (4g) in 20mls Pre-mix solution	4g/2omls (6omls/hr)	Intravenous Infusion – Using IV infusion pump (drug library)	Infuse over 20 minutes Requires close monitoring and should only be given in an appropriate location able to support this.
Magnesium Sulphate <u>Maintenance Dose 10g</u> 40mmol (9.86g) in 50mls Pre-mix solution	10g (9.86g) (5ml/hr)	Intravenous Infusion – Using IV infusion pump (drug library)	1g/hr (5mls/hr) for 24 hours *If impaired renal function, reduce maintenance dose to 0.5g/hr.

Drug/Product	Dose	Route	Rate
Magnesium Sulphate (non Premix solution) Loading Dose 4g - 20% 16mmol / 20mls	Vials 2g /10mls X2 = 4gms If smaller solution can be mixed with water for injection	Intravenous Infusion – Using IV infusion pump (drug library)	Infuse over 20 minutes.
Magnesium Sulphate (non Premix solution) Maintenance Dose 10g – 20% 40mmol (9.86g)	Vials 2g/10mls X5 = 10g If smaller solution can be mixed with water for injection	Intravenous Infusion — Using IV infusion pump (drug library)	1g/hr (5mls/hr) for 24 hours *If impaired renal function, reduce maintenance dose to 0.5g/hr.

Seizure treatment

Magnesium Sulphate 2g 16mmol (4g) in 20mls 1st line management	2g /10mls (120ml/hr)	Intravenous bolus via IV infusion pump	10ml over 5 minutes Repeat after 2 minutes if seizures persist Can be used during the maintenance dose.
Or Diazepam 5 - 10mg	5 -10mg (1-2mg/min)	Intravenous	IV over 4 - 5 minutes (max.of 10mg)
Or Clonazepam 1 - 2mg	1- 2mg	Intravenous	Give over 2-5 minutes

Magnesium Sulphate Overdose

Calcium Gluconate 1g	1g (10mls of 10% solution)	Intravenous Infusion – Using IV infusion pump (drug library)	Give slowly minimum of 5 minutes Pump – Set @ 100ml/hr = 6-minute infusion (pump max.)
Diazoxide	See 4.3.1 page 13 QCG Clinical Guideline Hypertension disorders in pregnancy for administration/ use		
Labetalol	See 4.3.1 page 13 QCG Clinical Guideline Hypertension disorders in pregnancy for administration/ use		