

6/13 Pl. call w/ mom
Instagram review

Years 19 - 19

Instagram Review

A full-page view of a blank sheet of graph paper. The page is covered by a uniform grid of small squares. There are no margins, text, or other markings on the paper.

[illegible]

Apparently Chrome...
had discussed privacy concerns w/ mom - "Schmuckterberg" - mom didn't feel heard

NIMH-LCM Self Ratings (RETROSPECTIVE)

Patient Name _____

PLEASE PRINT

Years 19__ - 19__

6/13 ph. call column
instagram review

Other ()
Other ()
Other ()
Thyroid (T3 or T4) ()
Benzodiazepine ()
Neuroleptic ()
MAOI ()
Antidepressant II ()
Antidepressant I ()
Depakote ()
Tegretol ()
Lithium ()

Monthly Medication Dose (if available)

Mania

SEVERE

Essentially
Incapacitated
or
Hospitalized

MODERATE

Notable Difficulty
with Goal-Oriented Activity

MILD

More Energized & Productive With
Little or No Functional Impairment

MILD

Little or No
Functional Impairment

MODERATE

Functioning with
Notable Difficulty

SEVERE

Essentially
Incapacitated
or
Hospitalized

Depression

TRACK COMORBID
SYMPTOMS HERE

Number of Mood
Swings per Month
Cycling Within A Day (Y/N)

19__

19__

19__

19__

19__

(Date) Life Events Impact (-4 to +4)

2018 Nov. NYC move (3)
2018 Feb. Seemed worse
Serialist
(Medication) (1)
2018 March-April
back at meds
2018 July Departure NYC
Preliminary San Diego (2-3)
2018 August
Quit Job (2)
SAN DIEGO (1)
2018 October
Call to UPMA
Integrative Psych (2)
Symptoms
Begin Tx (2)

SEVERE
MODERATE
MILD
MILD
MODERATE
SEVERE