

# Free Food February

## *Our 'love it, cook it, share it' menu*

*Tuck into...*

Delicious cold cuts of meat

Ploughman's on a stick

Raw veggie sticks, cherry tomatoes  
& Free houmous

Mini quiche muffins

A selection of sumptuous salads

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Unlimited grapes, chopped fresh  
pineapple, kiwi fruit & banana

Mini Eton mess with raspberries  
& yogurt

Free ice cream



#FreeFoodFeb

*Slimming*  
WORLD

touching hearts, changing lives