

Ink Heart, Chen's Words

—Zhang, Chenyu’s Calligraphy Exhibition

心筆宸翰
丁巳年夏
張辰宇書

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小友





张宸瑜，山东省实验中学 2022 级学生，2007 年 2 月生，山东济南人，六岁开始学习中国书法，从唐楷入手，后临习《兰亭序》、《秦石鼓文》、《泰山金刚经》、《曹全碑》等碑帖。研习王羲之、米芾、赵孟頫等书家生平、作品，尤爱刚柔相济、秀丽清逸的书法风貌。

屡次获得书法大赛金银奖。她曾经获得“墨彩杯”全国青少年儿童书画作品大赛幼儿组特等奖第一名；济南市规范汉字书写大赛小学组毛笔一等奖；在第十一届全国少年儿童文化艺术评选活动中获书法类少儿组一等奖。

Introduction of Zhang, Chenyu

Zhang, Chenyu, a student of Shandong Experimental High School, class of 2022, born in February 2007, is a native of Jinan, Shandong Province. She began to learn Chinese calligraphy at the age of six, starting with the Tang Dynasty Regular Script, and then practicing the Lanting Preface, Qin Shiku Writings, Taishan Diamond Sutra, Cao Quan Bei, etc. She has studied the life and works of Xizhi Wang, Fu Mi, Mengfu Zhao, and other calligraphers, and is particularly fond of the style of calligraphy that is strong and soft, beautiful and elegant.

She has won gold and silver awards in calligraphy competitions. She once won the first prize in the “Ink Color Cup” National Children’s and Youth Calligraphy and Painting Competition; She also took first prize in the Jinan Standardized Chinese Characters Writing Competition, and the first prize in the Children’s Group of the 11th National Children’s and Youth’s Cultural and Artistic Selection Activity in the Calligraphy Category.



心墨宸語 ——張宸瑜書法作品展

时维九月，金桂飘香，张宸瑜书法作品展在这个收获的季节如约和大家见面了。此次作品展是宸瑜同学学书十一载的小结，更是向悉心培育和帮助她的山东省实验中学老师和学友们的诚挚汇报！

宸瑜六岁初识翰墨，她勤奋好学、注重寻古，从唐楷入手，溯源秦篆汉隶，于王羲之书法用力颇深。行间玉润，气舒神畅，结字宛转，秀雅生动。宸瑜乐于传播中国传统文化，担任学校芳墨书篆社社长，开展书法公益活动，为老年朋友书福送福，为外国朋友讲习中国书法文化。

本次参展作品，精选了宸瑜 6 到 17 岁十一年的部分书法作品，包括篆书、隶书、行书和楷

书三十余幅作品，每一幅作品都是宸瑜同学坚持不辍学习历程心血的结晶，每一次笔触都记录着她的成长，感受着她对书法艺术的热爱和追求，也是对中国传统文化的理解和表达。

斗转星移，张宸瑜即将踏上异国求学之路，她也将在未来更广阔的舞台上，通过不懈努力，让更多的人领略悠久而璀璨的中国传统文化，领略中国书法之美，向全世界传播中国书法艺术。值此重要的人生学业关键点，新的航程即将开启之际，心墨宸语——张宸瑜书法作品展，既是一次国学阶段性作业和小结，也是心书心声的集中展示。以书传情，以书明志，请各位师长、同窗莅临指正！



沁园春·雪 行书
Qinyuan Spring Snow Running Script 2024 年

Ink Heart, Chen's Words

--Zhang, Chenyu Calligraphy Works Exhibition
Welcome to Zhang, Chenyu's Calligraphy Exhibition!

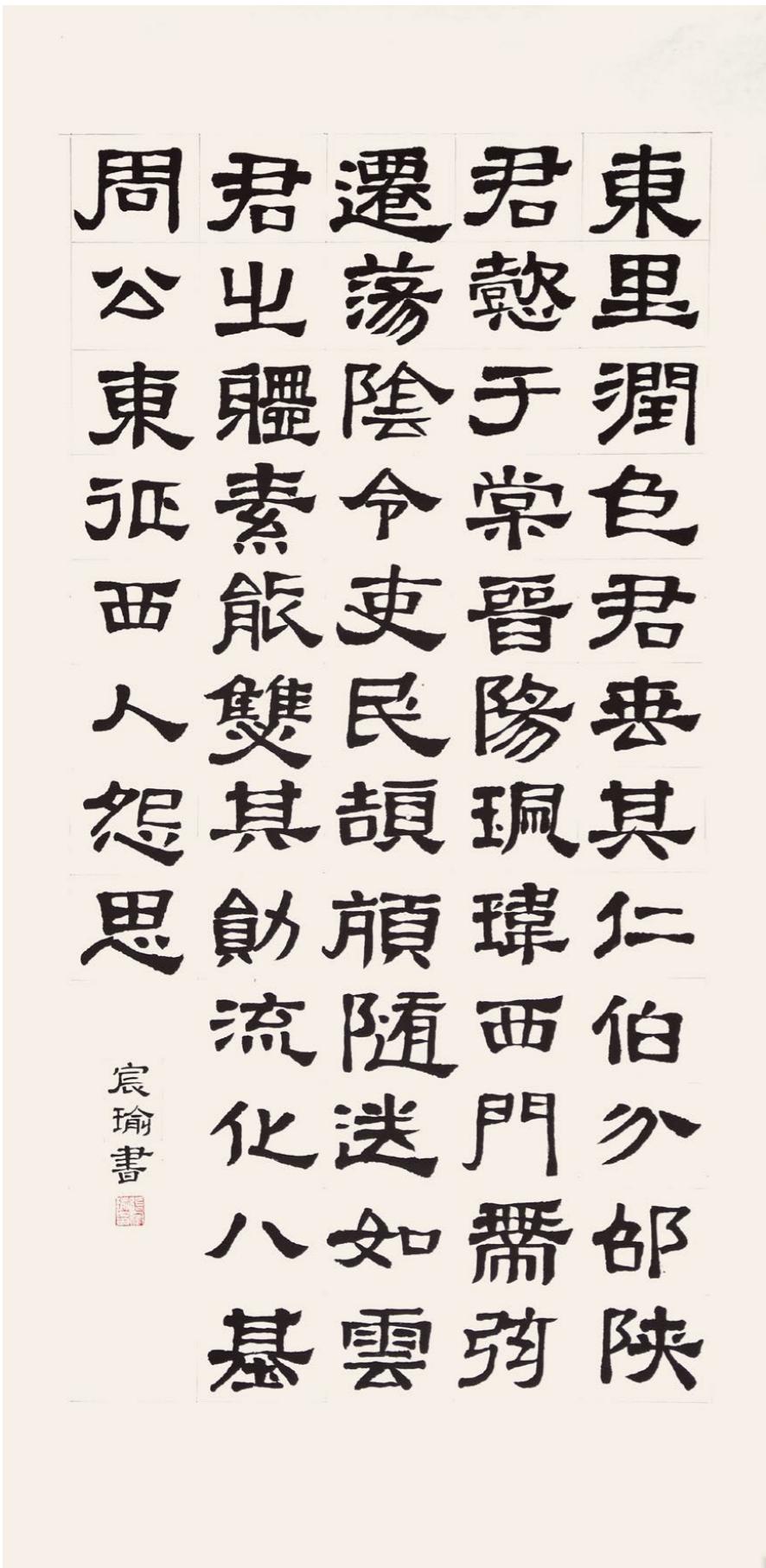
This exhibition is not only a summary of Chenyu's eleven years of studying calligraphy but also a personal portfolio dedicated to the teachers and friends of Shandong Experimental High School who have nurtured her growth!

Chenyu first learned calligraphy at the age of six. She is diligent in her work, searching for the nuance of antiquity: starting from the Tang Dynasty Regular Script, tracing back to the Qin Seal Script and Han Clerical Script, and finally channeling great attention towards Xizhi Wang Calligraphy. She is particularly fascinated by Xizhi Wang's calligraphy: elegant, vivid, and smooth in its composition, depicting ease of breath and spirit. Chenyu enjoys promoting traditional Chinese culture, serving as the president of her school's Fragrant Ink Calligraphy Club, using calligraphy to advance public welfare, writing blessings to the elderly, and lecturing on Chinese calligraphy culture to foreign friends.

This exhibition is a selection of some of

Chenyu's eleven years of calligraphy works from the age of 6 to 17, including more than 30 works in seal script, clerical script, running script, and regular script. Each work is the crystallization of Chenyu's unremitting learning journey, and each stroke marks her growth, her love, and her pursuit of the art of calligraphy, along with expressing her understanding of traditional Chinese culture.

Zhang, Chenyu is about to embark on studying in a foreign country. She plans to make unremitting efforts to help more people appreciate the millennia of traditional Chinese cultural arts and the beauty of Chinese calligraphy on a global scale. On the occasion of this important milestone, Zhang, Chenyu sets out on a new voyage, the exhibition of Ink Heart, Chen's Words is not only an encapsulation of her Chinese studies but also a demonstration of the profound heart of calligraphy. Teachers and classmates, we invite you to appreciate Chenyu's work, offer suggestions, and enjoy this exquisite art form.



节临张迁碑 隶书
A section of Stele of Zhang Qian,
in Clerical Script 2021 年



篆书一则
A piece in Seal Script 2020 年



隶书一则
A Model of Clerical Script 2022 年



行楷一则
A regular Script 2022 年

冬至

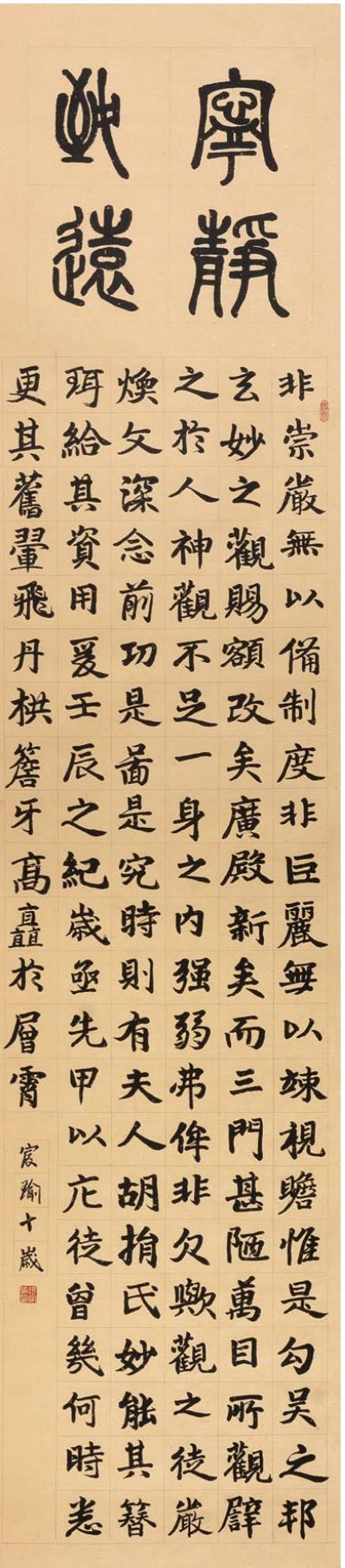
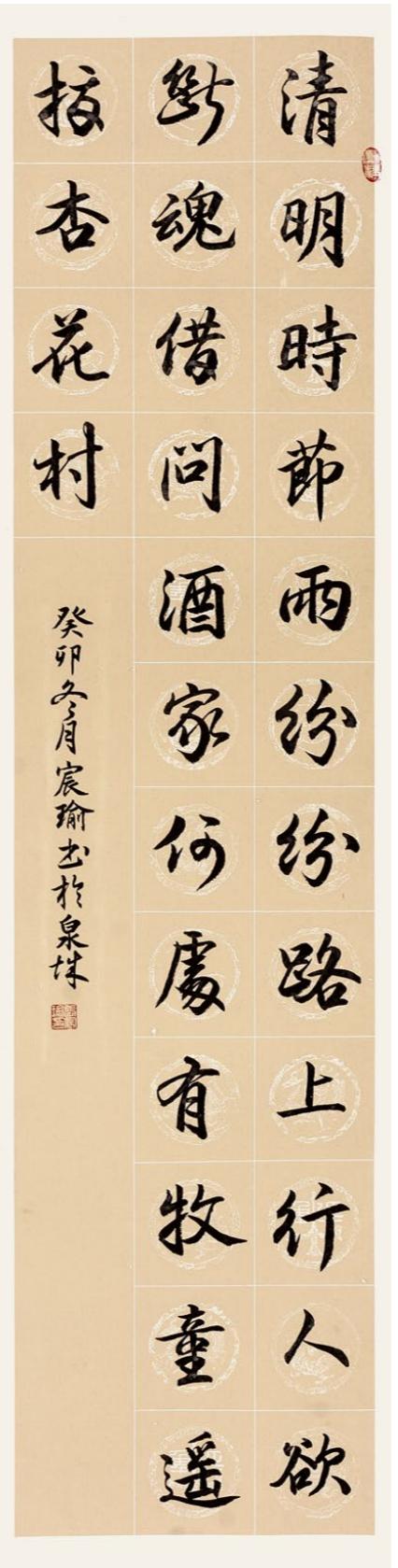
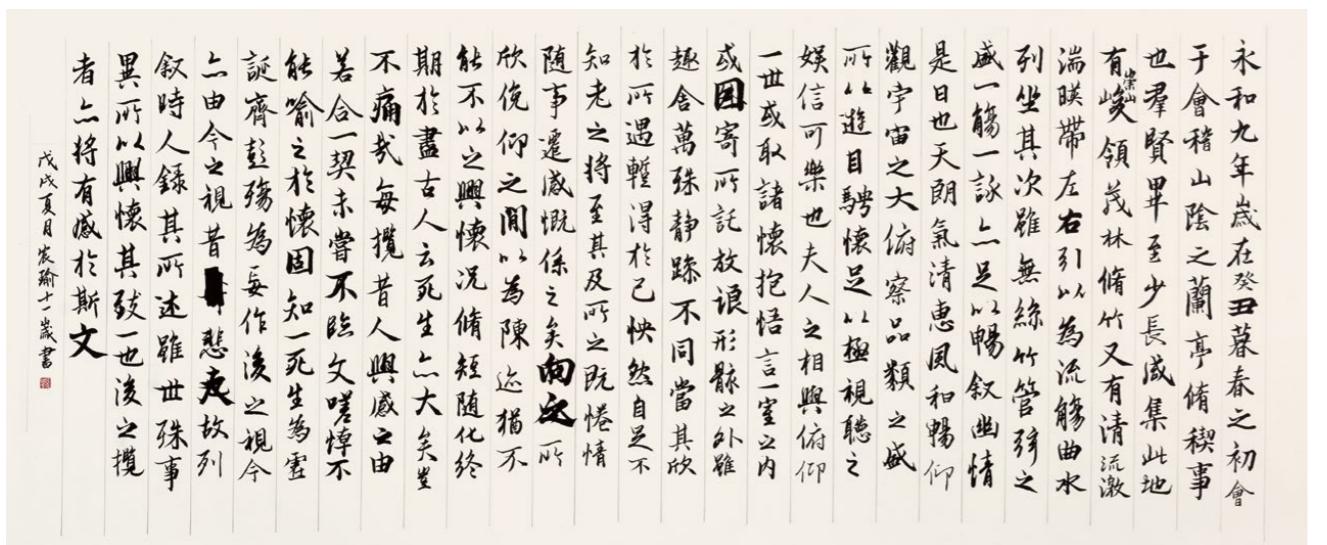
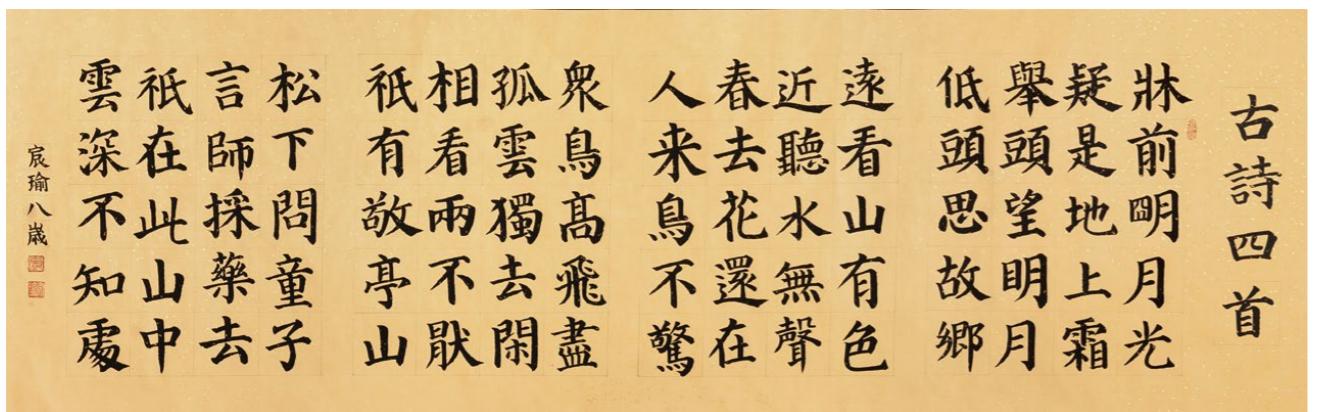
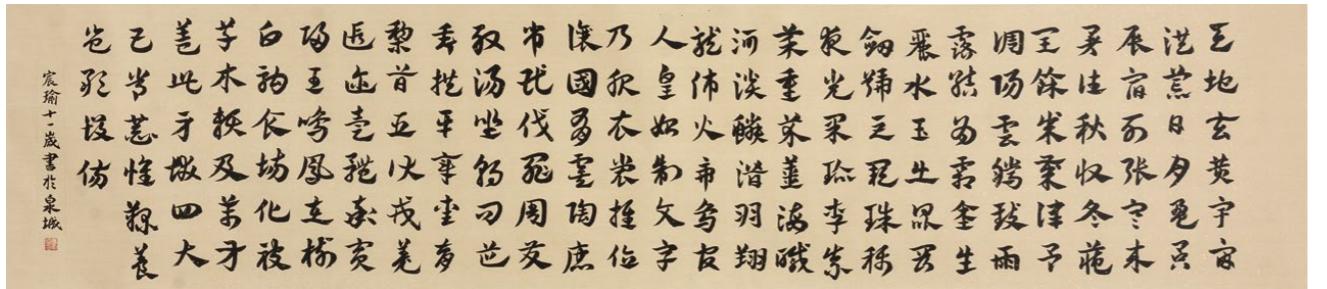
井底微陽迴未迴
蕭蕭寒雨濕枯荄
何人更似蘇夫子
不是花時肯獨來

冬至日獨遊吉祥寺
癸卯冬月宸瑜書於泉林

冬至 行书
Winter Solstice Running Script
2023 年

君人東爾
謹也乾勲
全之其福
字先機祿
景完敦故
蓋崩伐段
周之胄商
既定王武
穀效定武
宸瑜九歲書

节临曹全碑 隶书
A section of Stele of Cao Quan,
in Clerical Script 2016 年



歸序春秋勤
勤劬記武
竭仁異誠知
棠豫而識紀
名體難功體
靈易垂原度
度天載道世
安人危嘆所
誦

臨漢石門頌張寰瑜十歲書

君上辭廩子順難弘
升即大安節樂極
庶下有謙共荅勲
亦有益人皇崇明
商自魚捺人南鑿
社咸自龍卓懷北
門令農四君課
夫海其合司汝繼
朝同通絃情

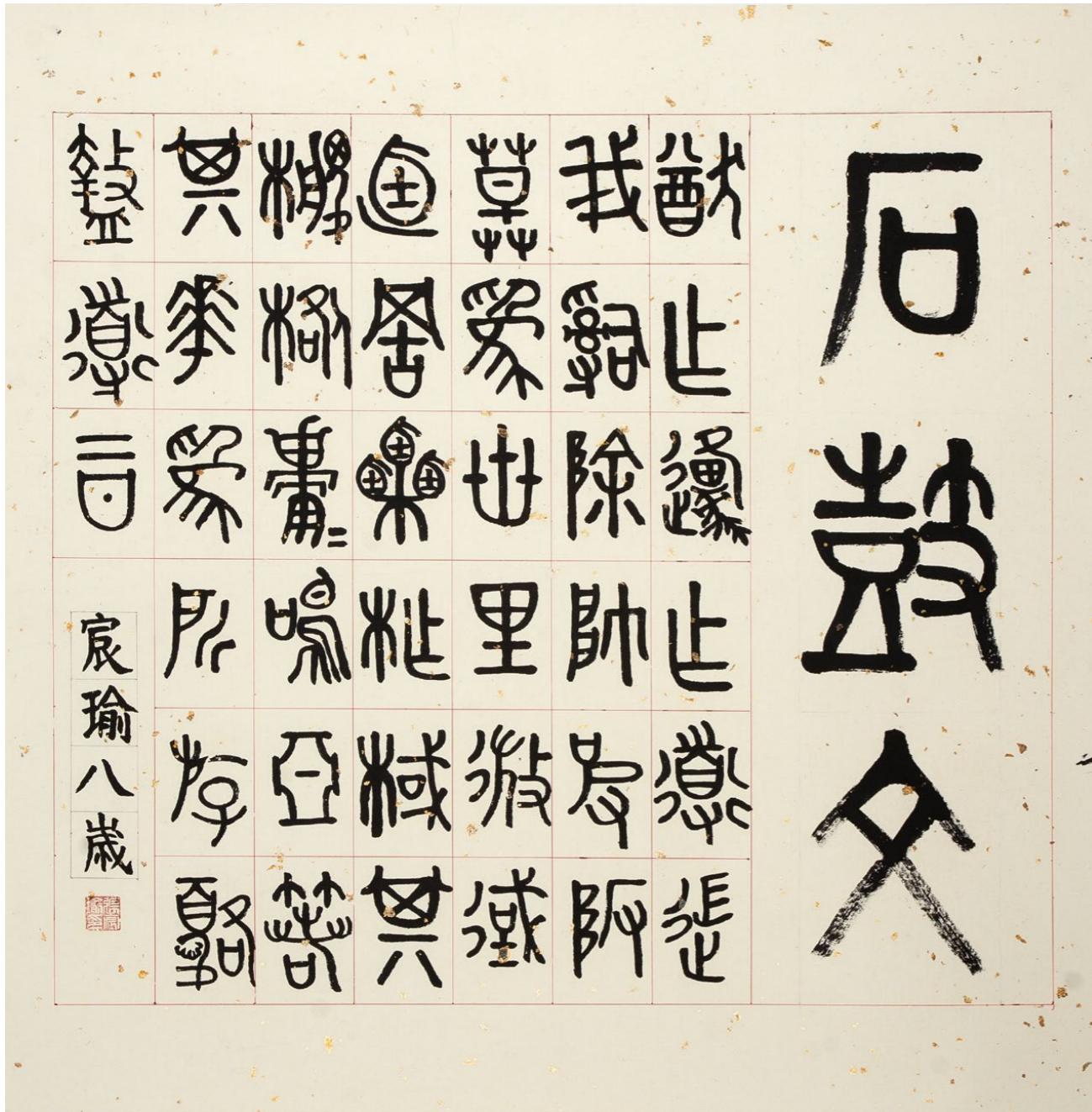
咸寧春封曉靜宣
週地蒸聖拾遺庶
思遭知政秋厲世興
貶清紀乾若八荒
通霜言輔無奉必
全愬魁承忠匡蕩
承杓義君八杓經
匪諸貞綏石禮雖
億有叫舒章常方
彊

子司陽蕉由議楊
可具斯駁君靡言
得其逐字於度執
孟是文明功百深知
飭遼執故爾咸忠
同要從伉彝校而
用上尉晏是素捷
平聽請為清發有校

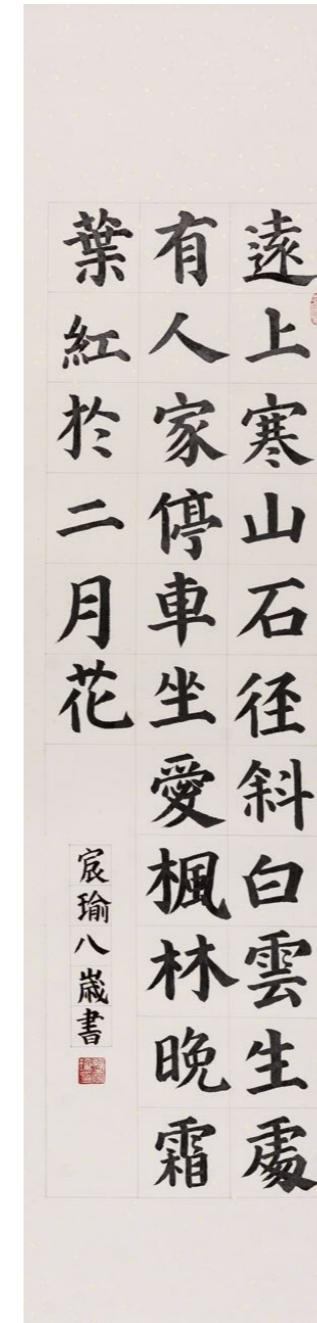
匱蛇履常餒蛭尾
之委心鮮患蟠寒
果末空木者秋輿
石楚轂軒相應霜
騎距尊稼遷利者
苗專磨弗夫弗確
安殘前賜愁經惠
臨苦率空危之不華
槍難登狩礪

虛西其蓋曲夷有
道深巖四趾顛殘
丰難下檣詔便則
梁書隨人斷開圍
寘絕余告廣子鑒
復寫牛通輸復石臺
漏堵門光平上中至
阿財遭於涼縣无永
深峻二平

出充通惟散余川
人高台靈之定建
受川位定命其川
帝位澤南股以興隆
躬漢於八澤試漢方
有所篤中所後道達
汪由益川子子域有
牛丰為所



石鼓文 大篆
Stone Drum Script Great Seal Script 2015 年



山行 楷书
Mountain-trip Regular Script
2015 年



篆书一则
A Seal Script 2016 年



咏柳 行楷
Singing of the Willow Semi-cursive Script in Regular Style 2023 年



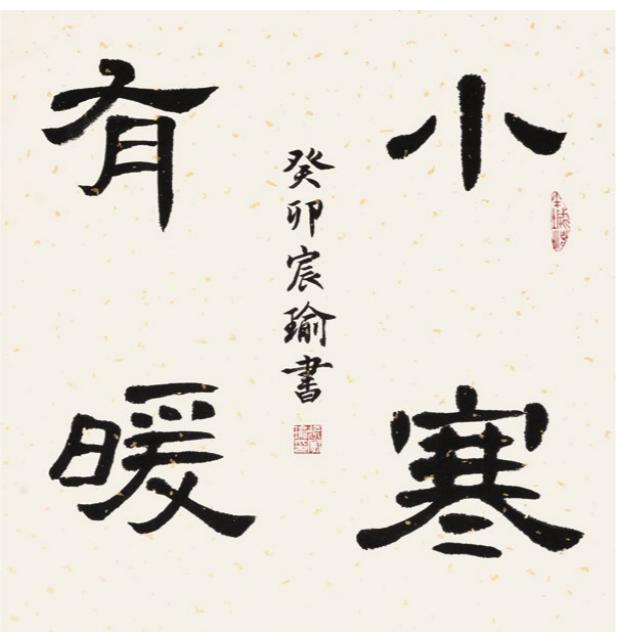
敏而好学 隶书
Sensitive and studious Clerical Script 2019 年



楷书一则
A Model of Regular Script 2015 年



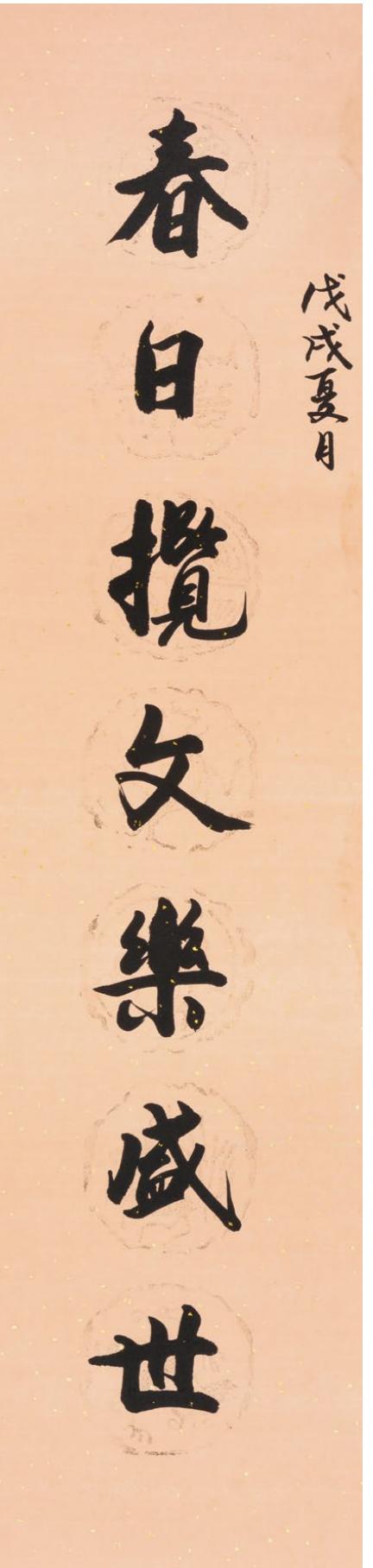
楷书
Regula Script 2015 年

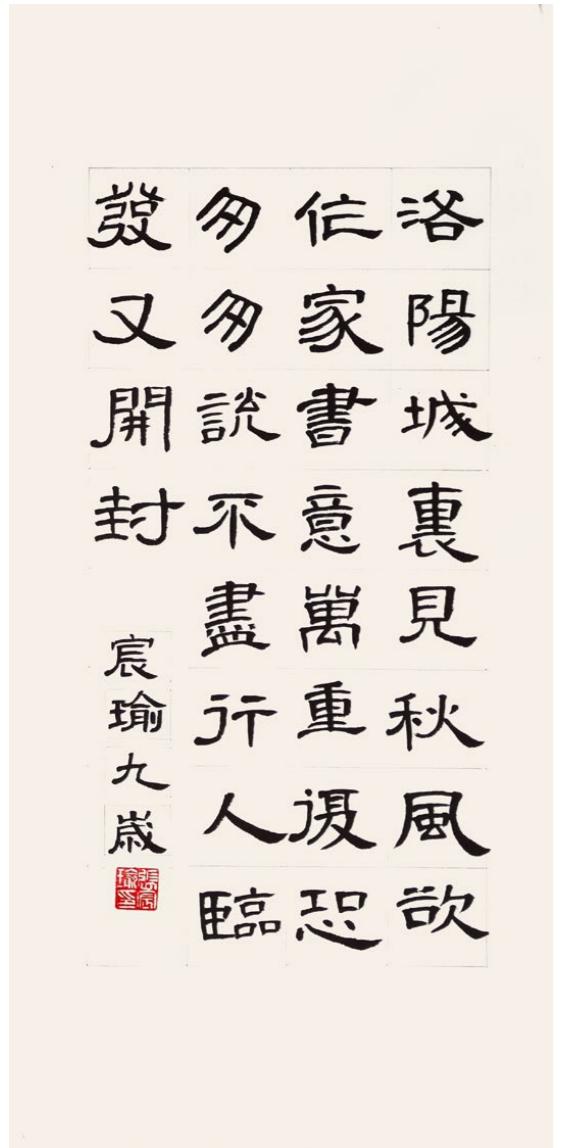


小寒 隶书
Slight Cold Clerical Script 2024 年

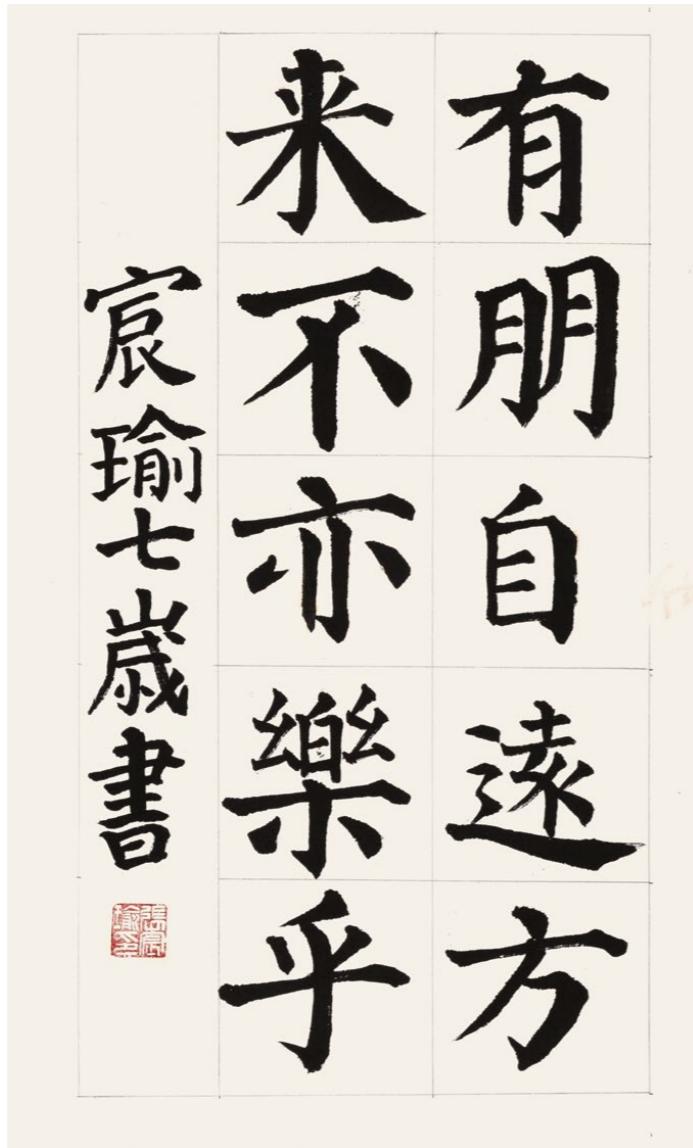


对联一则 行楷
One Couplet Semi-cursive Script in Regular Style 2018 年

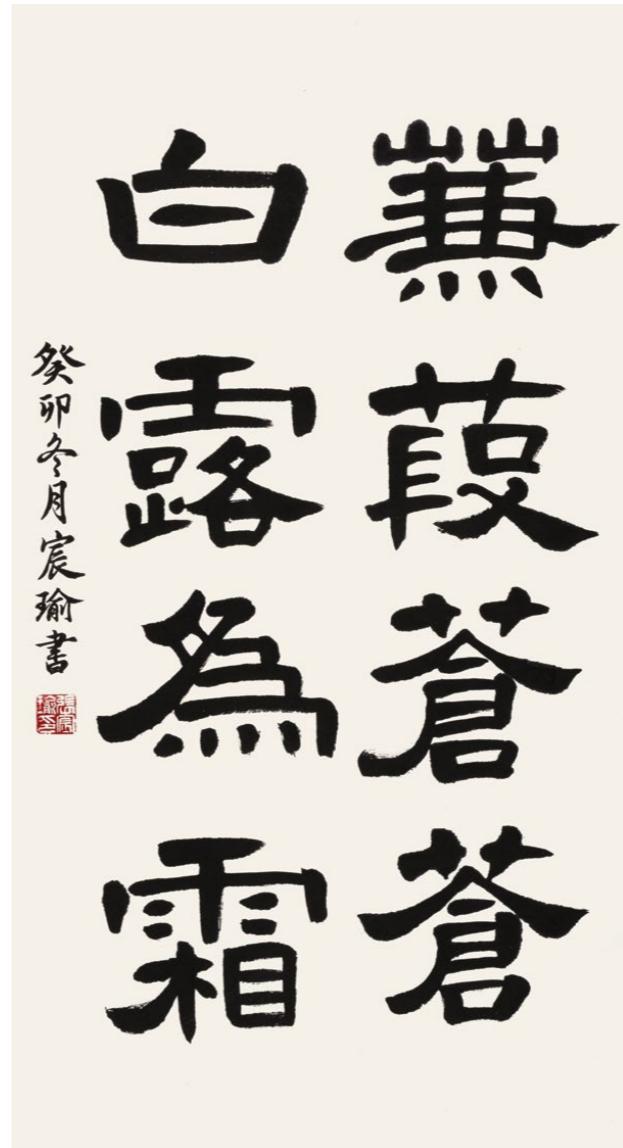




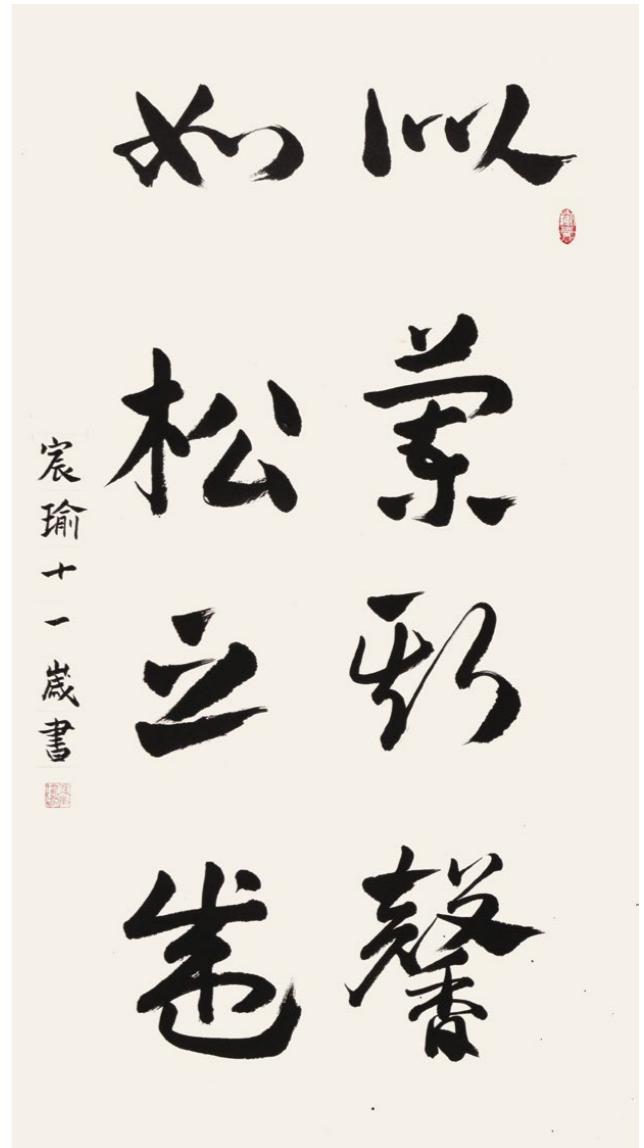
隶书一则
A Model of Clerical Script 2016 年



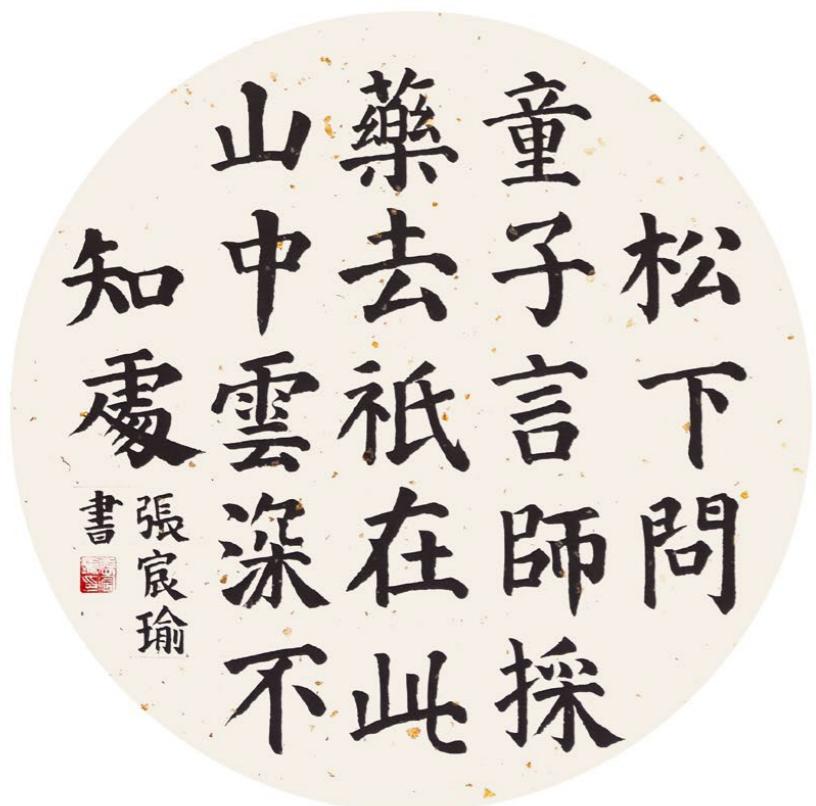
论语句 楷书
Statements from the Analects Regular Script 2014 年



白鹭 隶书
White Egret Clerical Script 2024 年



章草一则
A piece in Zhangcao Script 2018 年



古诗二首 楷书
Two Ancient Poems Regular Script
2015年



宸瑜六歲



上下五千年 楷书
Five Thousand Years Regular Script
2013年



宸瑜七歲



文章千古事 楷书
A Thousand Years of Writings Regular Script 2014年

结束语

学书之乐，在于弘扬文化和致力公益。张宸瑜积极参与公益活动，2023年12月22日，张宸瑜带领芳墨书篆社的成员们在“老少携手防诈骗”公益舞台演出中，以新颖的方式将防诈骗方法呈现在书法作品上，使防范诈骗的知识更加贴近老年人群体。2024年1月22日在山东省实验中学举办的传统文化节中，张宸瑜举办了以二十四节气为主题的书法展。除了展示传统书法作品外，她还带领芳墨书篆社的成员们将有关中国传统节气的诗句以书法的形式展示在扇子、灯笼和书签等介质上，这种独特的方式为学校传统文化活动注入了新的活力。时值临近中国春节，芳墨书篆社成员还现场书写对联、福字为老师和同学们送去祝福，制作书法文创产品作为公益活动的小礼品，成功地将书法文化传递给同学们，也展现出了她的组织能力和文化创新能力。

Conclusion

The joy of learning calligraphy lies in promoting culture and public welfare. Zhang, Chenyu actively participates in public welfare activities. She once led the members of the Fragrant Ink Calligraphy Club in the “old and young hand-in-hand to prevent fraud” public welfare stage performances, educating senior citizens through anti-fraud campaigns through calligraphy works. In the Traditional Culture Festival held in Shandong Experimental High School, Chenyu held a calligraphy exhibition with the theme of the twenty-four solar terms. In addition to displaying conventional calligraphy works, she led members of the Fragrant Ink Calligraphy Club to display poems about traditional Chinese festivals in calligraphy on mediums such as fans, lanterns, and bookmarks, a unique way to breathe new life into the school's traditional cultural activities. As the Chinese New Year was approaching, members of the Fragrant Ink Calligraphy Club also wrote couplets and fortune words on the spot to send their blessings to teachers and students, and made calligraphic cultural and creative products as small gifts for public welfare activities, profoundly conveying the culture of calligraphy to students and demonstrating her organizational and cultural innovation skills.



鸟鸣涧 篆书
Birdsong in the Ravine, in Seal Script 2016 年



求索 Seeking, in Seal Script

