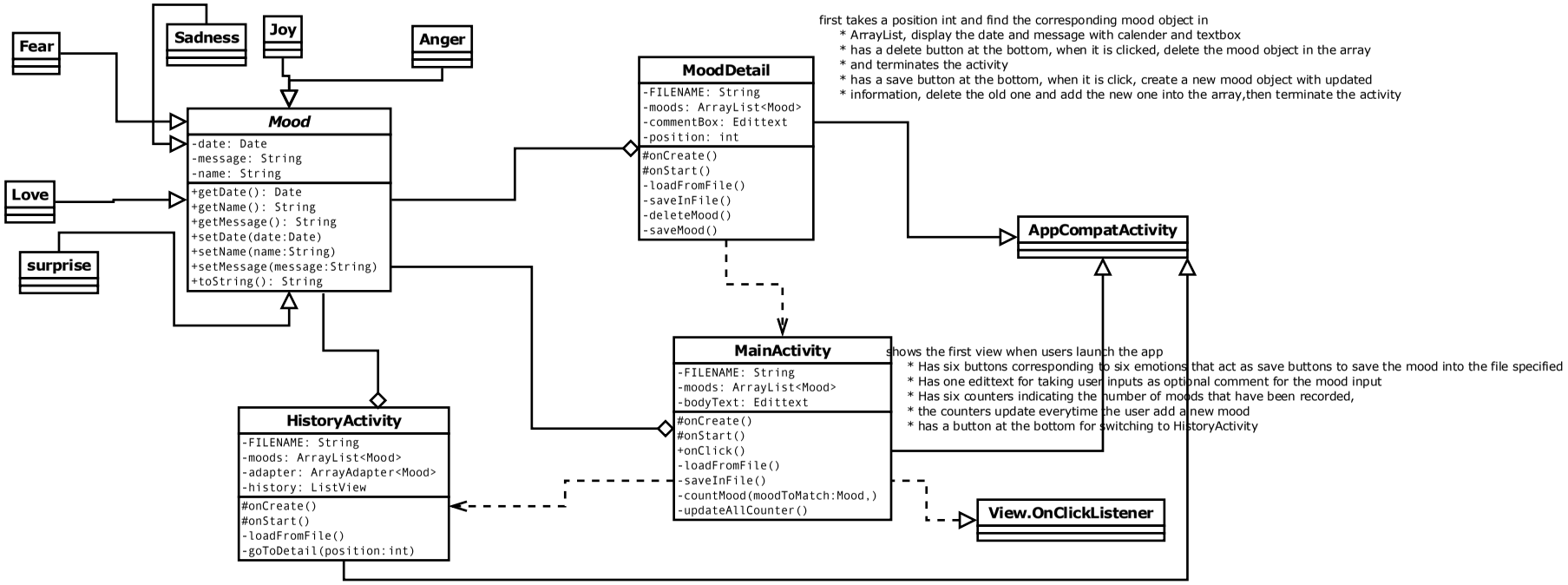

first takes a position int and find the corresponding mood object in
* ArrayList, display the date and message with calender and textbox
* has a delete button at the bottom, when it is clicked, delete the mood object in the array
* and terminates the activity
* has a save button at the bottom, when it is click, create a new mood object with updated
* information, delete the old one and add the new one into the array,then terminate the activity

shows the first view when users launch the app
* Has six buttons corresponding to six emotions that act as save buttons to save the mood into the file specified
* Has one edittext for taking user inputs as optional comment for the mood input
* Has six counters indicating the number of moods that have been recorded,
* the counters update everytime the user add a new mood
* has a button at the bottom for switching to HistoryActivity

launched when user pressed "Read my feelsbook" in MainActivity
* display a listview with all mood that has been recorded in the file
* each item in the list has the format "date|mood|message"
* Listview also checks for user clicks, then find the position the user clicked on,
* intent to MoodDetail activity to show user the full detail of the mood