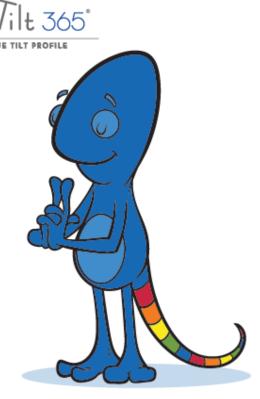
#### True Tilt official summaries



### Agile

#### THE POSITIVE INFLUENCER

When you have developed balance in all of the character strengths on the Tilt Model, then you are able to lean into whatever is needed in a given context. When triggered, you self-regulate your own behavior so that you do not trigger reactionary behavior in others. As a result, you have positive influence on those around you. This enables the people around you to show up at their best too.

Top Question: Where should I Tilt right now?

Top Motivators: Balance and Flow

Top Character Strengths: Self regulation

Motivates You: Creative Contribution in your chosen domain.

Motivation Levers: Being in flow.

Demotivates You: Distraction from flow.

Best Pace: Whatever the current situation needs.

Wants from Others: Character development, so the team can be in flow.

Offers to Others: Model for behavior.

Top Emotions: Gratitude, fulfillment

Stress Reaction: The same as your True Tilt, but you can recover quickly.

Emotions Under Stress: The same as your True Tilt, but you can recover quickly.

Problematic Trait: The same as your True Tilt, but it's less likely to show up and

you can recover from it quickly.

Motto: Be Kind, Be Wise, Be Bold, Be Unique, Be Real

Big Moves: What am I doing "big" in the world while I have Positive Influence?

### Connection

#### THE CROSS-POLLINATOR

Top outcome: Collaboration

Top question: Who?

Motivators: Socializing, storytelling

Wants from others: Freedom, diplomacy

**Offers to others:** Acceptance of differences

#### RESILIENCE

**Driven by: IDEAS** 

**Top character strengths:** 

Openness Inspiration Creativity

**Needs:** Attention and recognition

**Inner stress reaction: FLEE** 

#### **HUMANITY**

**Driven by: PEOPLE** 

Top character strengths:

Likability Empathy Trust

Needs: Approval and acceptance

Inner stress reaction: deFLECT



**Motto:** So many ideas, so many people, so little time

**Best pace:** Spontaneous, quick

Stress reaction: Overwhelmed; causes others confusion

**Big moves:** Be Wise – increase SKEPTICISM

Be Bold - increase CERTAINTY

When you are *T*ilting in CONNECTION, you appear to be focused on connecting PEOPLE and IDEAS, so you may be more alert to the needs of others and can intuit just how to help them. In this mode, you may feel more receptive than usual and can quickly interpret the cues to improvise. You may be focused on expanding social networks and positive influence to socialize your ideas.

## Impact THE CHANGE CATALYST

RESILIENCE

**Driven by: IDEAS** 

Top character strengths:

Openness Inspiration Creativity

**Needs:** Attention and recognition

Inner stress reaction: FLEE

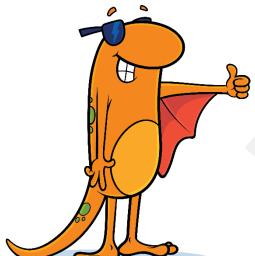
**Top outcome:** Innovation

Top question: Why?

Motivators: Changing the world

Wants from others: Positivity, cooperation

Offers to others: Confidence, risk-taking



#### COURAGE

**Driven by: RESULTS** 

Top character strengths:

Confidence Boldness Integrity

**Needs:** Power and autonomy

**Inner stress reaction: FIGHT** 

Motto: Everything that tests me makes me feel alive

Best pace: Rocket speed

Stress reaction: Impulsivity; causes others false starts

**Big moves:** Be Kind – increase RECEPTIVITY

Be Wise - increase SKEPTICISM

When you are *T*ilting in IMPACT, you appear to be connecting IDEAS and RESULTS, so you may be inventing new solutions by linking seemingly disparate information into meaningful expressions of your creative imagination. You appear ready to take risks and want to drive a new idea into action quickly. You may have a pressing need to follow your gut instinct regarding your hunches.

# Structure MASTER MIND



#### COURAGE

**Driven by: RESULTS** 

#### Top character strengths:

Confidence Boldness Integrity

**Needs:** Power and autonomy

**Inner stress reaction: FIGHT** 

#### **WISDOM**

**Driven by: DATA** 

Top character strengths:

Diligence Focus Perspective

**Needs:** Security and status

Inner stress reaction: FREEZE

Top outcome: Execution

**Top question:** How?

**Motivators:** Data, results

Wants from others: Autonomy, respect

Offers to others: Decisiveness, discipline

**Motto:** Efficiency and precision equal perfection

Best pace: Measured and efficient

Stress reaction: Obsession; others feel micromanaged

Big moves: Be Unique – increase OPTIMISM

Be Kind – increase RECEPTIVITY

When you are *T*ilting in **STRUCTURE**, you appear to be connecting RESULTS and DATA. You may be masterminding and building intricate, precise systems that offer stability and sustainability over time. You know how to focus on and execute work requiring complex reasoning and heavy task orientation, so you may appear a bit anti–social until the work is done.

# Clarity THE QUIET GENIUS

#### HUMANITY

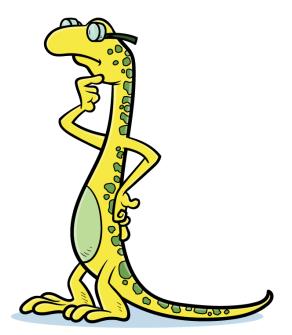
**Driven by: PEOPLE** 

Top character strengths:

Likability Empathy Trust

Needs: Approval and acceptance

Inner stress reaction: deFLECT



Top outcome: Alignment

Top question: What?

**Motivators:** Researching, supporting

Wants from others: Appreciation, kindness

Offers to others: Discernment, support

#### **WISDOM**

**Driven by: DATA** 

Top character strengths:

Diligence Focus Perspective

**Needs:** Security and status

Inner stress reaction: FREEZE

Motto: It's better to prepare than to regret

Best pace: Patient, thoughtful

Stress reaction: Resistance; causes others analysis paralysis

**Big moves:** Be Bold – increase CERTAINTY

Be Unique – increase OPTIMISM

When you are *T*ilting in **CLARITY**, you appear to be connecting PEOPLE and IDEAS. You may be analyzing and interpreting data that ultimately affects others, so you are not ready to make decisions. As you investigate the details thoroughly and explore options, you may find yourself in an advisory role because others find your judgement credible and sense that they can trust you.