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Nature refers to the physical world and its phenomena, including landscapes, plants, animals, and natural forces. It is a source of beauty, inspiration, and sustenance for humanity. Natural ecosystems function through delicate balances. Forests, rivers, mountains, and deserts each play a vital role. Human dependence on nature is absolute, yet human actions often disrupt natural harmony. Nature has a profound impact on mental and physical well-being. Time spent in natural surroundings reduces stress and improves health. Cultural traditions across the world revere nature as sacred and life-giving. Preserving nature requires respect, restraint, and responsibility. Sustainable living ensures that natural resources remain available for future generations. A deep connection with nature fosters humility and appreciation for life.

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