

11th Austrian Sauna State Championship in a healthy feel-good infusion and Austria Trophy Gastein 2022

Event Date:

August 05 to August 07, 2022

Venue:

Alpenthalerme Gastein, Sen.-W.-Wilflingplatz 1, 5630 Bad Hofgastein, Austria

Tel: +43 6432 8293-0

<https://www.alpenthalerme.com>

Permission to participate:

All sauna infusers who possess a valid sauna attendant-/sauna master training are permitted to participate.

Sign up:

Registration for the event is now possible using the enclosed registration form.

Please register by email to: gesunderaufguss@aon.at

The entry fee is € 65,00

After receipt of the transfer to the account:

Alen Pikon, Winkl 39, 9194 St. Jakob

IBAN: AT56 3939 0000 0007 0086, BIC: RZKTAT2K390

the starting position is fixed. Please register as soon as possible, as the number of participants is limited.

General Conditions:

All participants in the competition will be provided with admission to the spa as well as a food voucher for each day of the event. For the duration of the event, a second sauna is available for training purposes.

Travel and accommodation are to be organized and paid for by yourself.

The Alpenthalerme Gastein offers partner hotels for a slightly cheaper overnight stay.

Please book the accommodation directly with the listed partner companies. (When booking a room please state that you are a championship participant) It is also possible to book an overnight stay in the B&Bs nearby. However, for the B&Bs there exists no price reduction.

Partner hotels of the Alpenthalerme:

<https://www.kurparkhotel.at/de>

the hotel is connected to the spa by bathrobe walk

They generally offer a 20% discount on the room rate for the participants

<http://thermenhotels-gastein.com/de/hotel-norica>

the hotel is also connected to the spa by bathrobe walk

The Hotel Norica has provided a number of rooms at a special price of € 450,00/room for 2 persons incl. Half board.

(Room use from August 05 to August 07, 2022)

<http://thermenhotels-gastein.com/de/hotel-alpina>

the hotel is not connected to the Alpenthalerme but is within walking distance.

Hotel Alpina has also provided a number of rooms at a special rate.

Double room for € 304,00/Room for 2 persons incl. Half board and the

Single room for € 155,00/room incl. Half board

(Room use from August 05 to August 07, 2022)

Please book the rooms as soon as possible, as there is only a certain number of discounted rooms.

Conditions of competition

- Each participant has a competition infusion
- The infusion can be performed as classic modern infusion or show infusion
- The infusion must start punctually at the start time and may last between 10 and 15min.
- At the beginning of the infusion, the participant has to announce his subject and the duration of the infusion as well as the number of sauna rounds. 2-4 infusion rounds are allowed. The hazard statements shall also be announced.
- Announcements should be in German or English. During the infusion, the respective mother tongue may also be used.
- The following applies to Austria Trophy applicants: the announcement should be made in their native language and English
- Special emphasis is placed on safety and hygiene
- The amount of water and ice is freely selectable, but should be adapted to the sauna volume
A total of up to 4 sauna fragrances may be used
- Incense is also allowed
- Fresh herbs, self-produced organic infusions and hydrolats are awarded with additional points
- The main focus for the evaluation are the waving techniques and the well-being effect of the audience
- Wedel aids are optional and can be used indefinitely.
- In the case of musical accompaniment, attention must be paid to the comprehensibility of the speaker's speech
- Not allowed: throwing ice and spraying water during infusion, as well as serving drinks and food in the sauna!
- Support in the preparation, operation of the music and post-production
(Enrichment of drinks after infusion etc.) by assistants is allowed
- The evaluation is carried out by a qualified expert jury and a guest jury
(The guest jury is drawn with chips before each infusion)

The safety regulations acc. Bathroom hygiene ordinance must be complied with! Failure to comply with the general conditions may result in a deduction of points or disqualification by jury decision!

General Information

- Deadline for nominations: June 1st, 2022, at midnight
- The starting places will be chosen live via Zoom on June 18th, 2022. At 5 p.m.
- The link to participate in the draw will be sent to each participant by e-mail
- The starting times will be published on www.gesunderaufguss.at after the draw!
- Each participant will also receive a confirmation of their starting time by e-mail
- An exchange of starting times is not possible for organizational reasons

- Photos and film recordings will be made for press and marketing purposes during the competition. By registering, I acknowledge this and agree to it.
- I have taken note of the advertisement. Failure to comply may result in disqualification of the participant.

- For participants who are taking part in an Austrian state championship for the first time, we ask that you submit the sauna warden/sauna master certificate with the registration.

The organizer reserves the right to make minor changes to the rules and procedures.

Inquiries about the competition etc. should only be sent by e-mail to Gesunderaufguss@aon.at

I'm looking forward to the new organizational challenge and wish myself and all participants a lot of fun, good luck and good sweating!

Alen Pikon

Registration form

11th Austrian Sauna State Championship in a healthy feel-good infusion and Austria Trophy Gastein 2022

from August 5th to August 7th, 2022 in the Alpengerme Gastein in Bad Hofgastein

Applications: (please tick the respective application)

- Sauna State Championship 2022 (participation only for Austrians or for whom has a main residence for at least 7 years in Austria)
- Austria Trophy Gastein 2022 (participation for non-Austrians)

Information about the participant:

First name:

Last name:

Address:

Nationality:

Email:

Phone:

Date

Signature Participant

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