Description: For many years, scientists and doctors alike weren’t sure if the appendix actually had a purpose1. The fact that many animals have an appendix, including rodents, rabbits, some primates, and humans, seemed to suggest the appendix did have a purpose, whether or not the purpose was still useful1. Some scientists believed that the appendix was a left-over part of a digestive tract that was used to digest cellulose (found in foods like broccoli, cauliflower, kale) when our diets had more greens than meat2. It wasn’t until we realized that we need bacteria in our gut to survive that other theories for the appendix’s function emerged1.