

Major sources of beliefs, light and knowledge

I find spiritual insight and inspiration in the following (even though I also tend to disagree with aspects of each):

- [The Bible and LDS scripture](#)
- Teachings of many LDS leaders (e.g., General Conference and BYU speeches)
- The works of C.S. Lewis
- Works by Stephen Covey and similar self-help and management books
- Ideas of [Brene Brown](#)
- [Tao Te Ching](#)
- [The Triple Path](#)
- [The Socratic dialogues](#)
- [Kantian ethics](#)
- [Utilitarianism](#)
- Some of Tolstoy's religious writings
- [The Church of Reality](#)
- [The Church of Spiritual Humanism](#)
- [Humanism](#)
- Some of the thoughts of secular humanists like [Bart Campolo](#)
- Modern moral philosophy (e.g., [What is moral progress?](#), [Being Good and Doing Good](#), [The Virtues of Cold Blood](#)).
- Modern [epistemology](#) as it relates to values.