## Mass

The main unit of MASS / WEIGHT is the gram (g). We can also use the kilogram (kg) for heavier objects.

## 1000 grams (g) = 1 kilogram (kg)

The appropriate unit to use for different items

Kilogram	Gram
Fish in the market	A lime
Vegetables	A pen
A bag of flour	A watch
A 10 yr old child	A pack of nuts
A television	A copy book
A brick	A table spoon



The block weighs 1Kg, as the scale is balanced