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PRINCIPLES OF  
**HUMAN**  
PHYSIOLOGY

SIXTH EDITION

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CHAPTER **17**

The Respiratory  
System:  
Gas Exchange  
and Regulation  
of Breathing

# Chapter Opener

- 17.1 Overview of Pulmonary Circulation
- 17.2 Diffusion of Gases
- 17.3 Exchange of Oxygen and Carbon Dioxide
- 17.4 Transport of Gases in the Blood
- 17.5 Central Regulation of Ventilation
- 17.6 Control of Ventilation by Chemoreceptors
- 17.7 Local Regulation of Ventilation and Perfusion
- 17.8 Respiratory System in Acid-Base Homeostasis

# 17.1 Overview of Pulmonary Circulation

- Arterial blood  $O_2$  and  $CO_2$  levels remain relatively constant
  - $O_2$  moves from alveoli to blood at the same rate it is consumed by cells
  - $CO_2$  moves from blood to alveoli at the same rate it is produced by cells

**Figure 17.1 Movements of oxygen and carbon dioxide in pulmonary and systemic tissues during rest.**

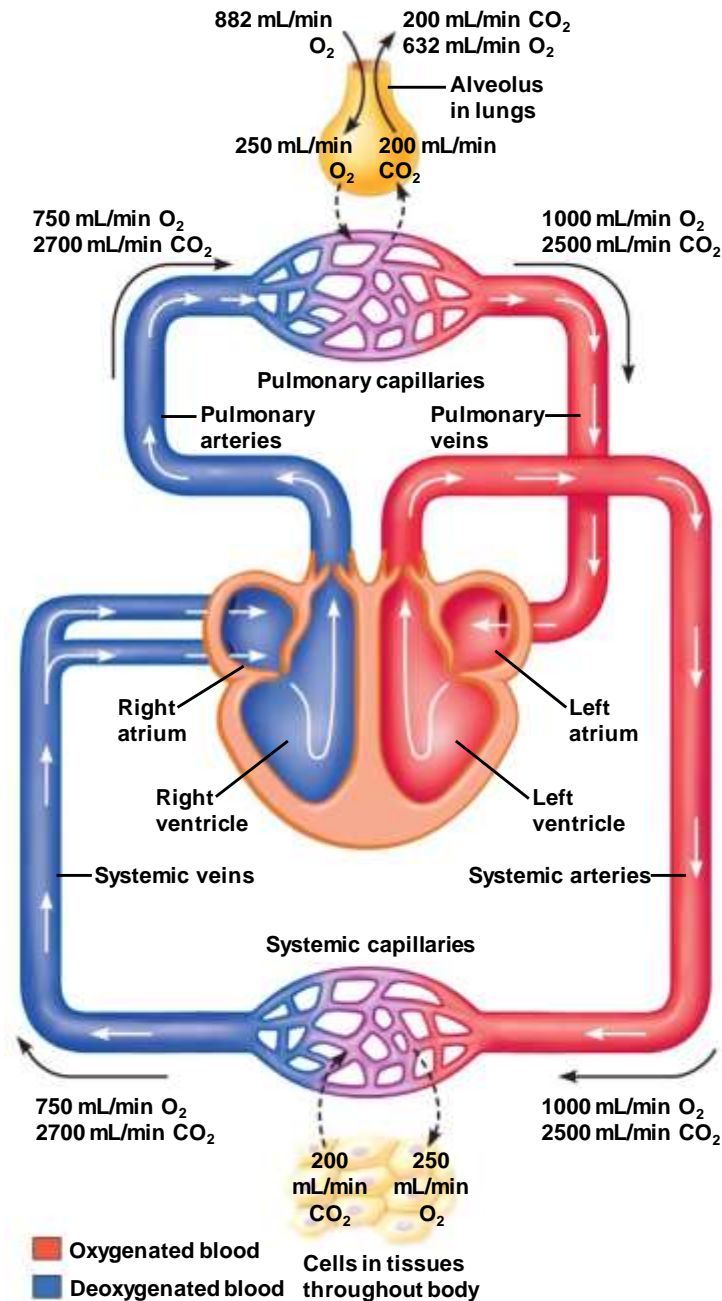
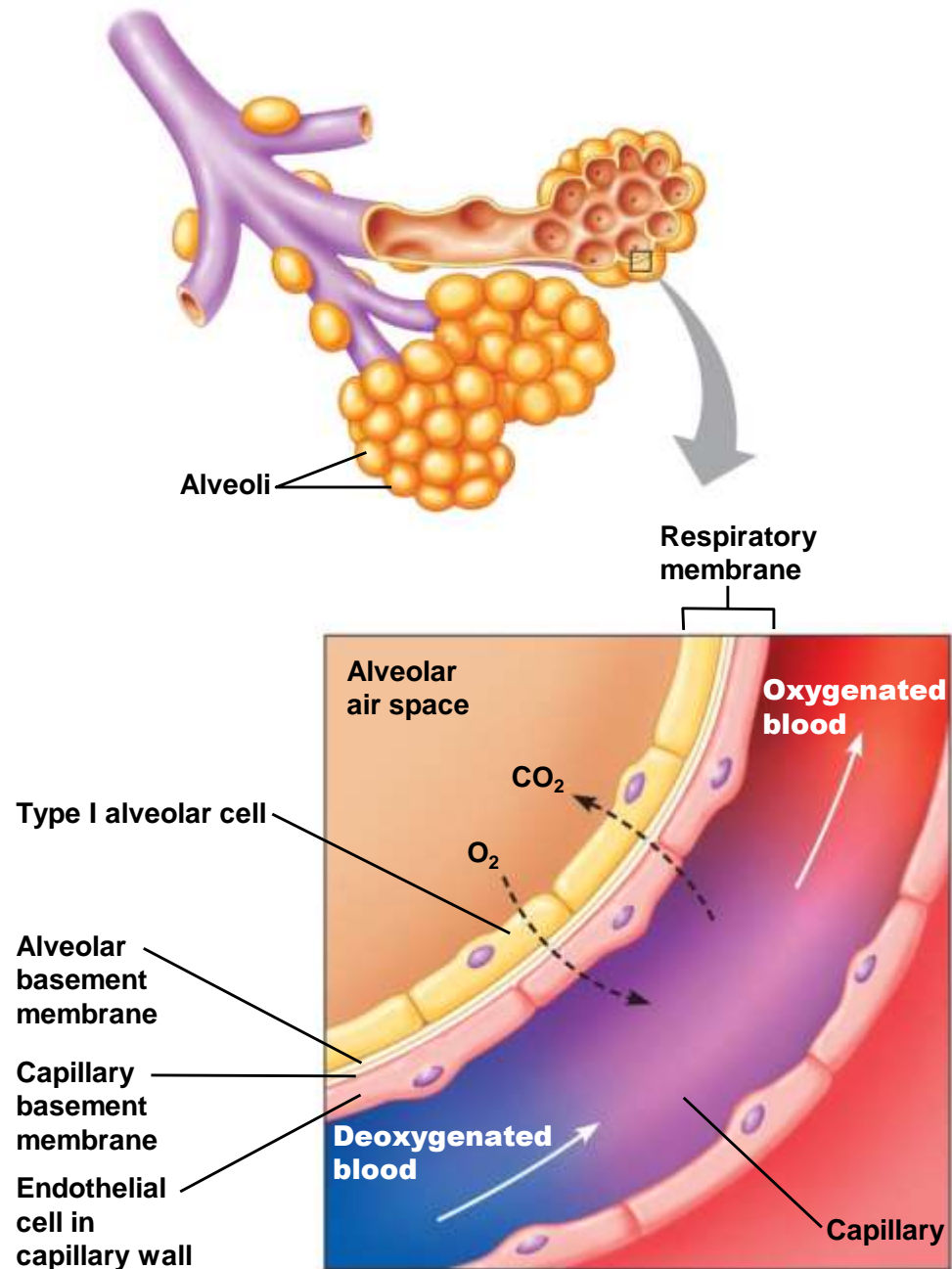




Figure 17.2 The respiratory membrane.



## 17.2 Diffusion of Gases

- Partial pressures of gases
- Solubility of gases in liquids

# Partial Pressure of Gases

- Ideal gas law
  - Pressure of a gas depends on the temperature, number of gas molecules, and volume
  - $PV = nRT$
  - $P = nRT/V$

# Partial Pressure of Gases

- Gas mixtures

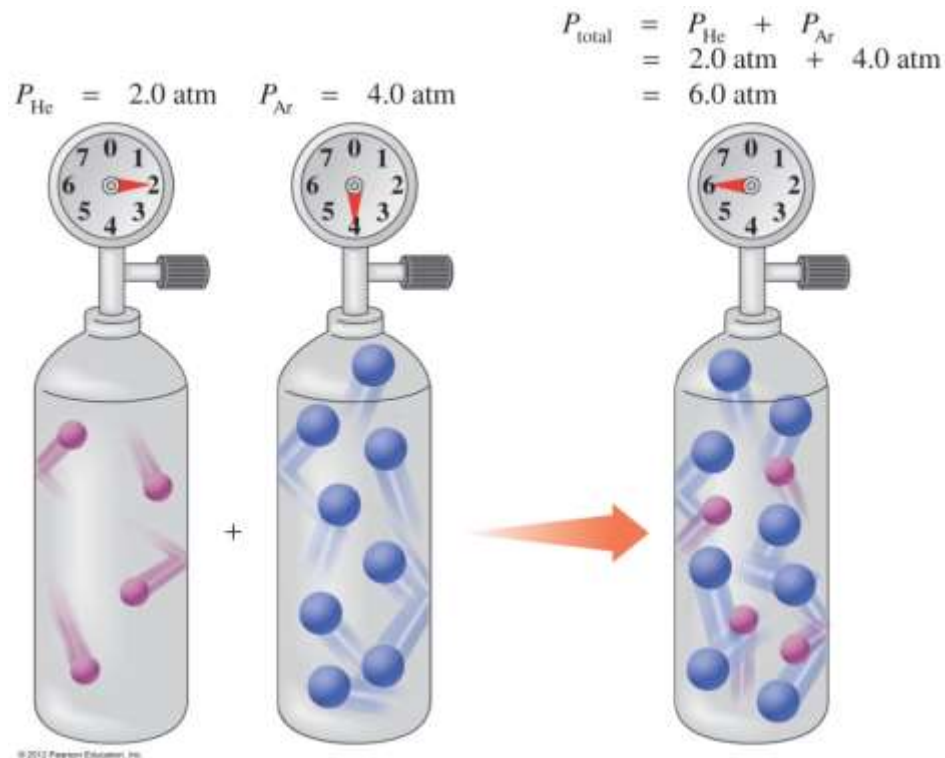
- Many gases are mixtures of different molecules
- Partial pressure of a gas = proportion of pressure of entire gas that is due to presence of the individual gas
- $P_{\text{total}} = P_1 + P_2 + P_3 + \dots P_n$
- Partial pressure of a gas depends on fractional concentration of the gas
- Total pressure of gas mixture

$$P_{\text{gas}} = \%_{\text{gas}} \times P_{\text{total}}$$



# Partial Pressure

The **partial pressure** of a gas is the pressure that each gas in a mixture would exert if it were by itself in the container.



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# Dalton's Law of Partial Pressures

**Dalton's law of partial pressures** indicates that

- pressure depends on the total number of gas particles, not on the types of particles
- the total pressure exerted by gases in a mixture is the sum of the partial pressures of those gases

$$P_T = P_1 + P_2 + P_3 + \dots$$

# Partial Pressure of Gases

- Gas mixtures
  - Many gases are mixtures of different molecules
  - Partial pressure of a gas = proportion of pressure of entire gas that is due to presence of the individual gas
  - $P_{\text{total}} = P_1 + P_2 + P_3 + \dots P_n$
  - Partial pressure of a gas depends on fractional concentration of the gas
  - Total pressure of gas mixture

$$P_{\text{gas}} = \%_{\text{gas}} \times P_{\text{total}}$$

# Partial Pressure of Gases

- Composition of air
  - 79% nitrogen
  - 21% oxygen
  - Trace amounts of carbon dioxide, helium, argon, and other gases
  - Water can be a factor depending on humidity
- $P_{\text{air}} = 760 \text{ mm Hg} = P_{\text{N}_2} + P_{\text{O}_2}$ 
  - $P_{\text{N}_2} = 0.79 \times 760 \text{ mm Hg} = 600 \text{ mm Hg}$
  - $P_{\text{O}_2} = 0.21 \times 760 \text{ mm Hg} = 160 \text{ mm Hg}$
  - Air is only 0.03% carbon dioxide
    - $P_{\text{CO}_2} = 0.0003 \times 760 \text{ mm Hg} = 0.23 \text{ mm Hg}$

# Partial Pressure of Gases

- Composition of air at 100% humidity
- $P_{\text{air}} = 760 \text{ mm Hg} = P_{\text{N}_2} + P_{\text{O}_2} + P_{\text{H}_2\text{O}}$ 
  - $P_{\text{N}_2} = 0.741 \times 760 \text{ mm Hg} = 563 \text{ mm Hg}$
  - $P_{\text{O}_2} = 0.196 \times 760 \text{ mm Hg} = 149 \text{ mm Hg}$
  - $P_{\text{H}_2\text{O}} = 0.062 \times 760 \text{ mm Hg} = 47 \text{ mm Hg}$
  - $P_{\text{CO}_2} = 0.00027 \times 760 \text{ mm Hg} = 0.21 \text{ mm Hg}$

# Solubility of Gases in Liquids

- Gas molecules can exist in gas form or dissolved in a liquid
- Ability to dissolve depends on properties of the gas and properties of the liquid
- Both vaporized and dissolved gases exert partial pressures
- The partial pressure of a gas affects the amount of gas that goes into solution
  - Partial pressures of vaporized and dissolved gases will be equal at equilibrium



# Solubility of Gases in Liquids

- Henry's law
  - $c = kP$
  - $c$  = molar concentration of dissolved gas
  - $k$  = Henry's law constant
  - $P$  = partial pressure of gas in atmospheres

# Solubility of Gases in Liquids

- Oxygen and carbon dioxide solubility
  - At 100 mm Hg partial pressure in water
    - $[\text{O}_2]$  in water = 0.15 mmole/L
    - $[\text{CO}_2]$  in water = 3.0 mmole/L
  - $\text{CO}_2$  is more soluble than  $\text{O}_2$  in water (and blood).

Figure 17.3a Solubilities of oxygen and carbon dioxide in water.

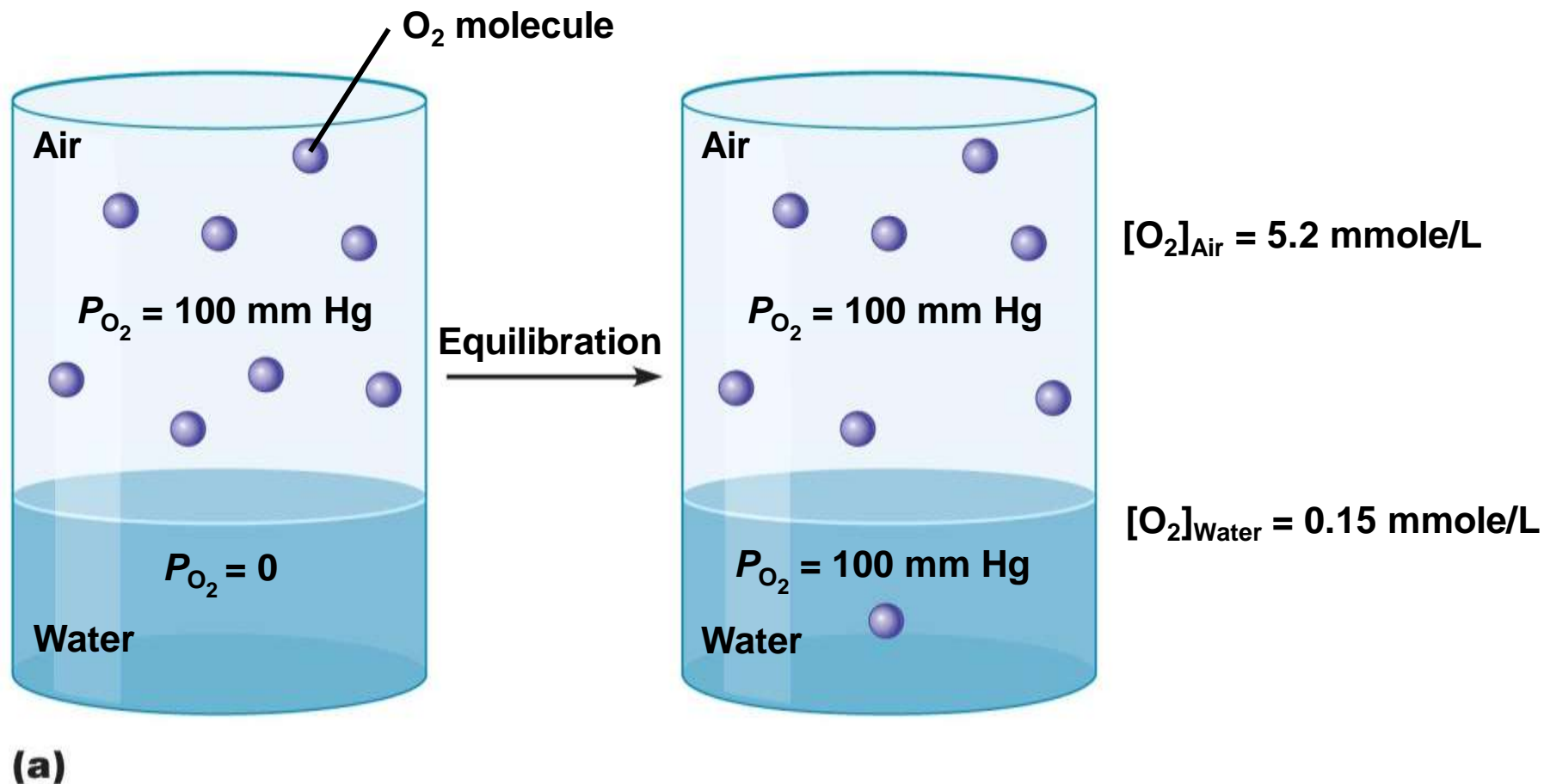
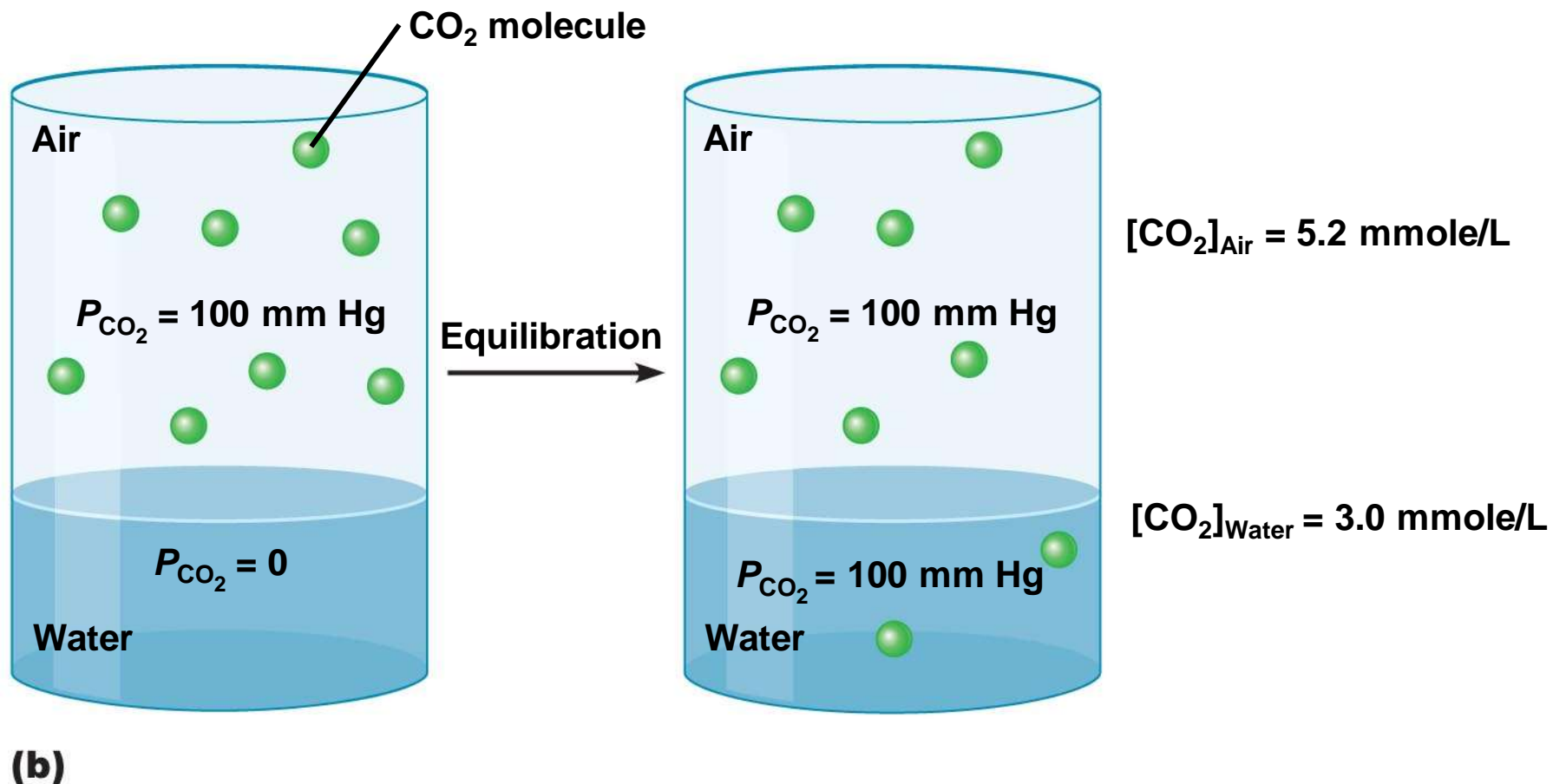


Figure 17.3b Solubilities of oxygen and carbon dioxide in water.



## 17.3 Exchange of Oxygen and Carbon Dioxide

- Gas exchange in the lungs
- Gas exchange in respiring tissue
- Determinants of alveolar  $P_{O_2}$  and  $P_{CO_2}$

# Gas Exchange in the Lungs

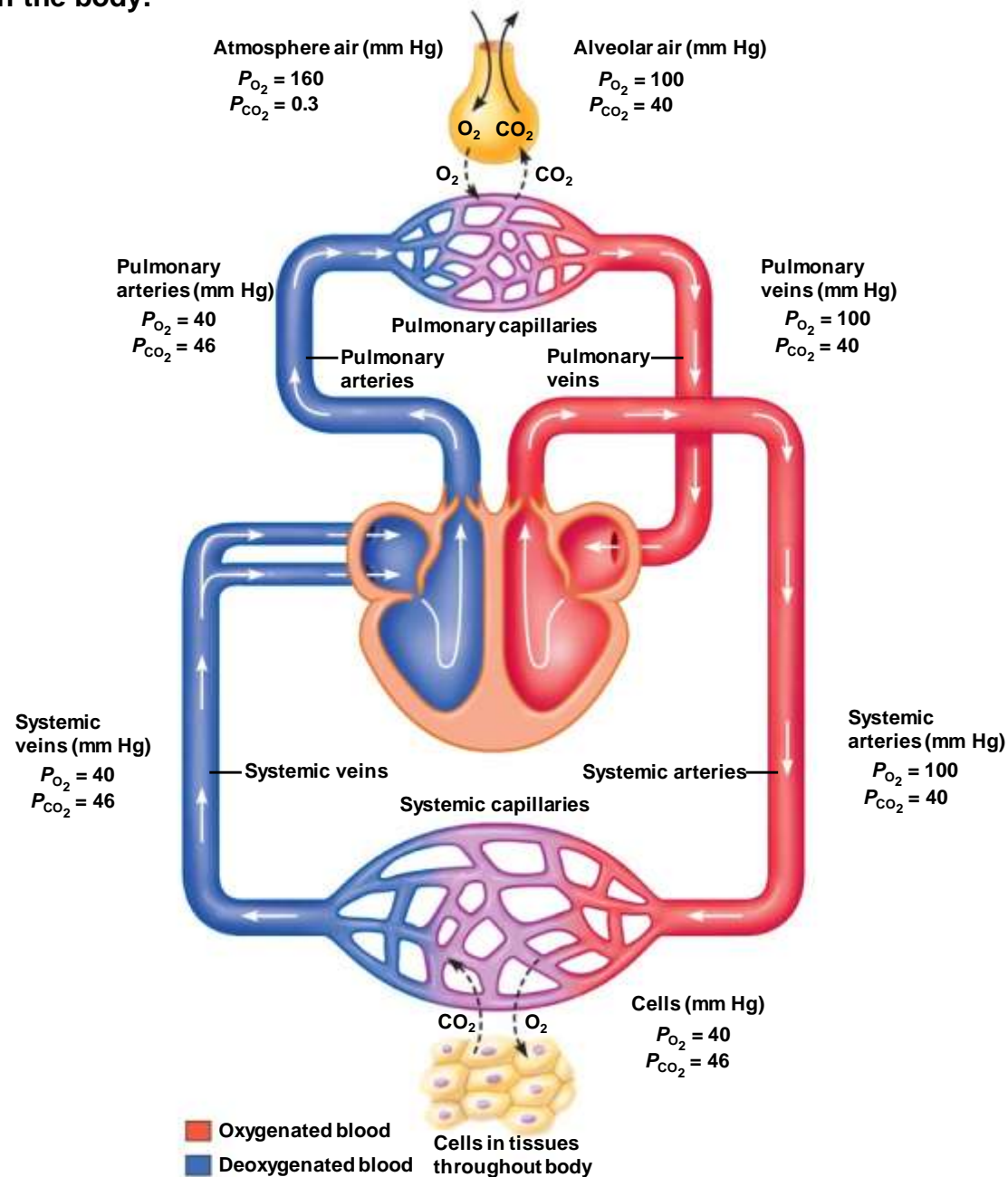
- Diffusion of gases
  - Gases diffuse down pressure gradients
    - High pressure  $\rightarrow$  low pressure
  - In gas mixtures, gases diffuse down partial pressure gradients
    - High partial pressure  $\rightarrow$  low partial pressure
  - A particular gas diffuses down its own partial pressure gradient
    - Presence of other gases is irrelevant



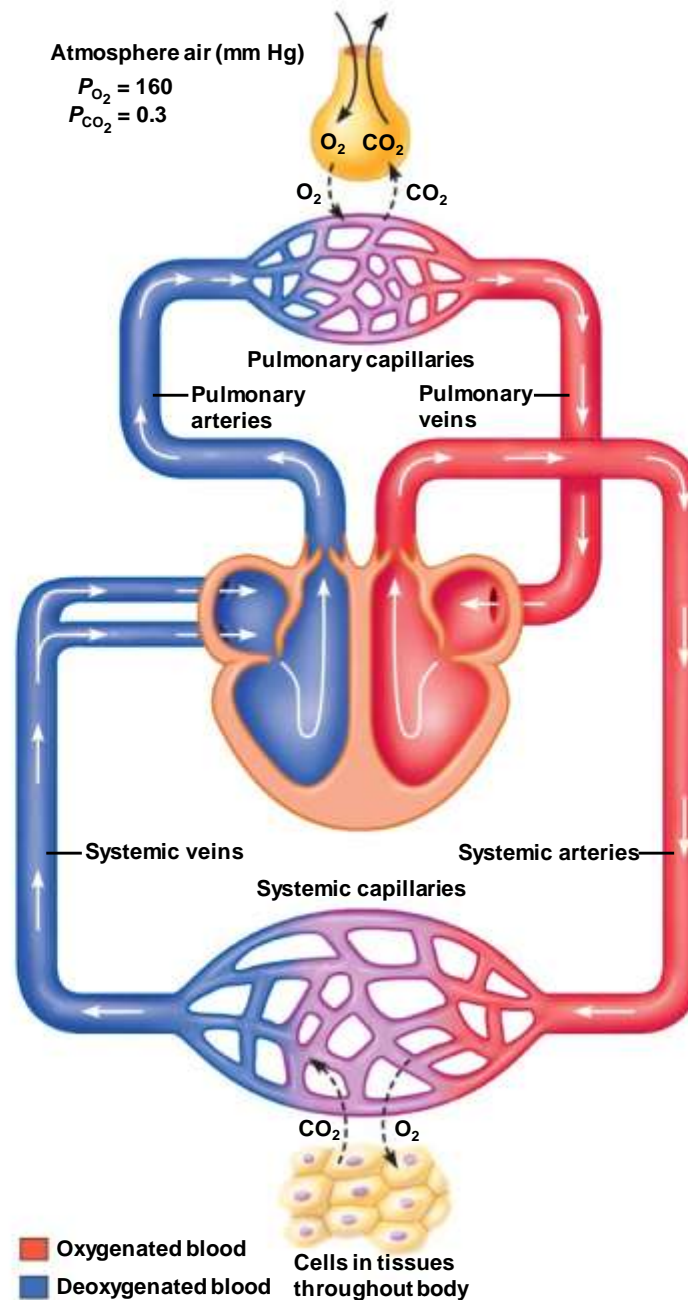
**TABLE 17.1** Typical Partial Pressures of Oxygen and Carbon Dioxide in Atmospheric Air and at Various Sites in the Body

	Oxygen	Carbon dioxide
Atmospheric air	160 mm Hg	0.3 mm Hg
Alveolar air	100 mm Hg	40 mm Hg
Pulmonary veins	100 mm Hg	40 mm Hg
Systemic arteries	100 mm Hg	40 mm Hg
Cells	$\leq 40$ mm Hg	$\geq 46$ mm Hg
Systemic veins	40 mm Hg	46 mm Hg
Pulmonary arteries	40 mm Hg	46 mm Hg

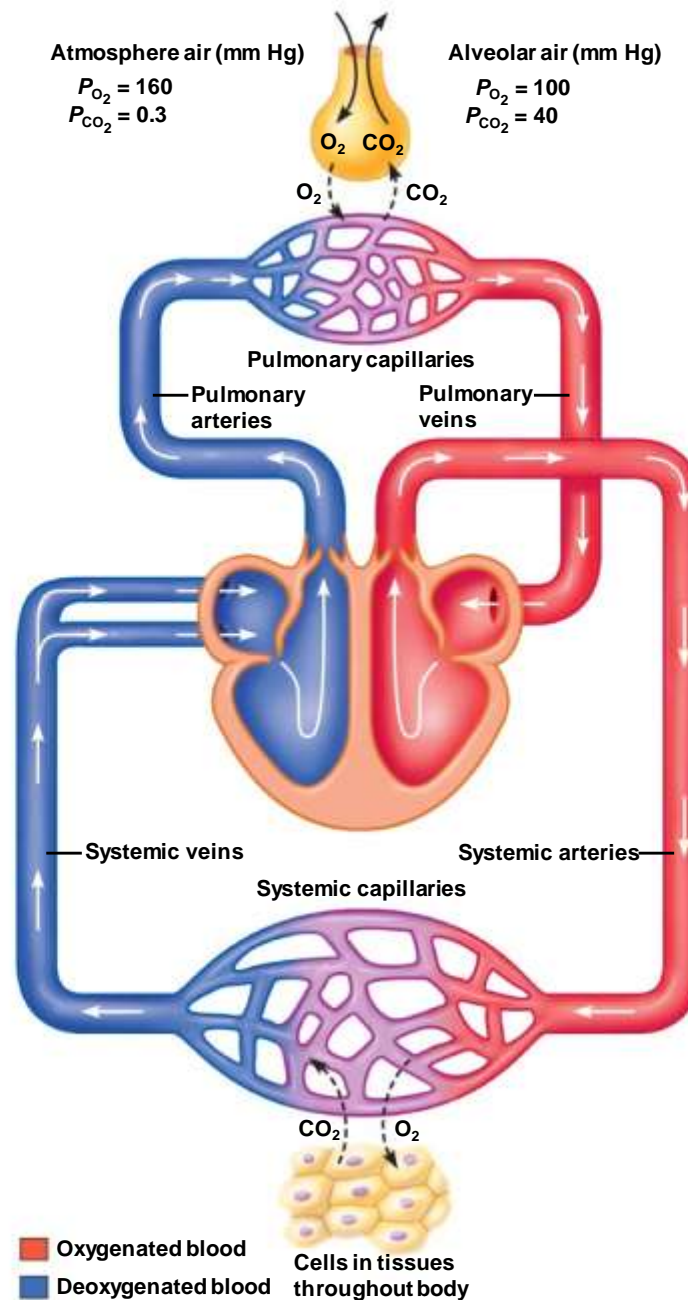
**Figure 17.4 Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.**



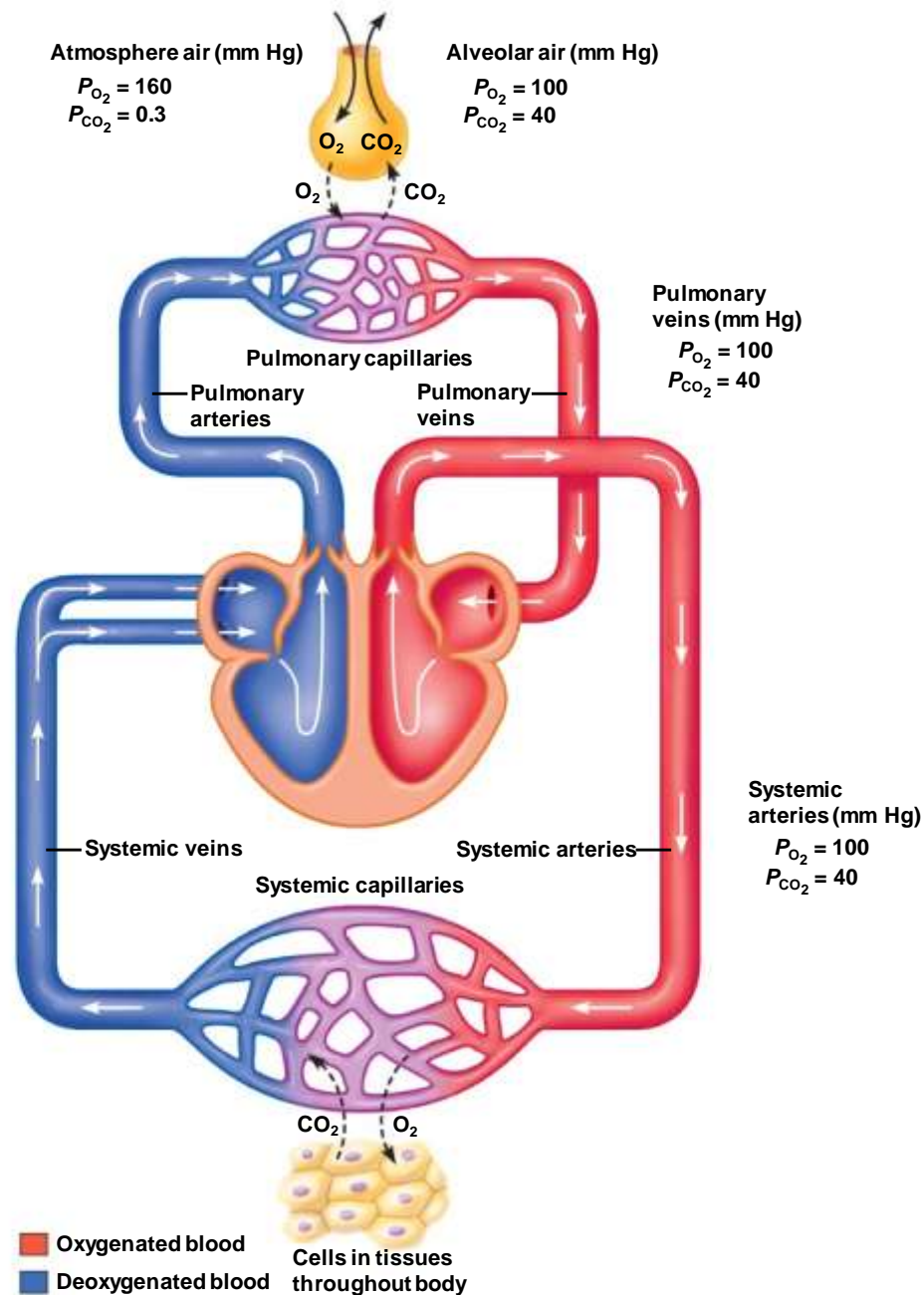
**Figure 17.4** Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.



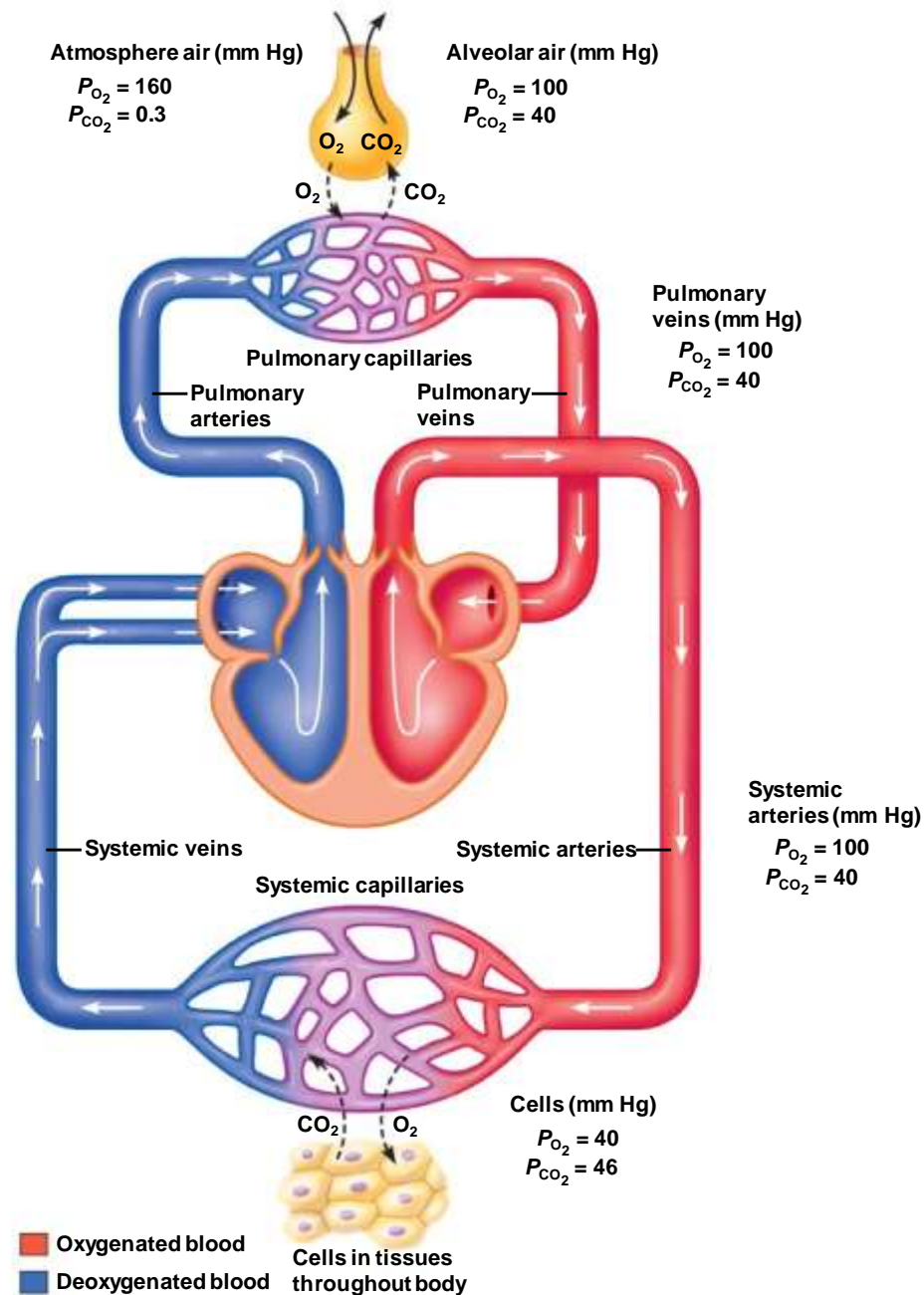
**Figure 17.4** Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.



**Figure 17.4 Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.**

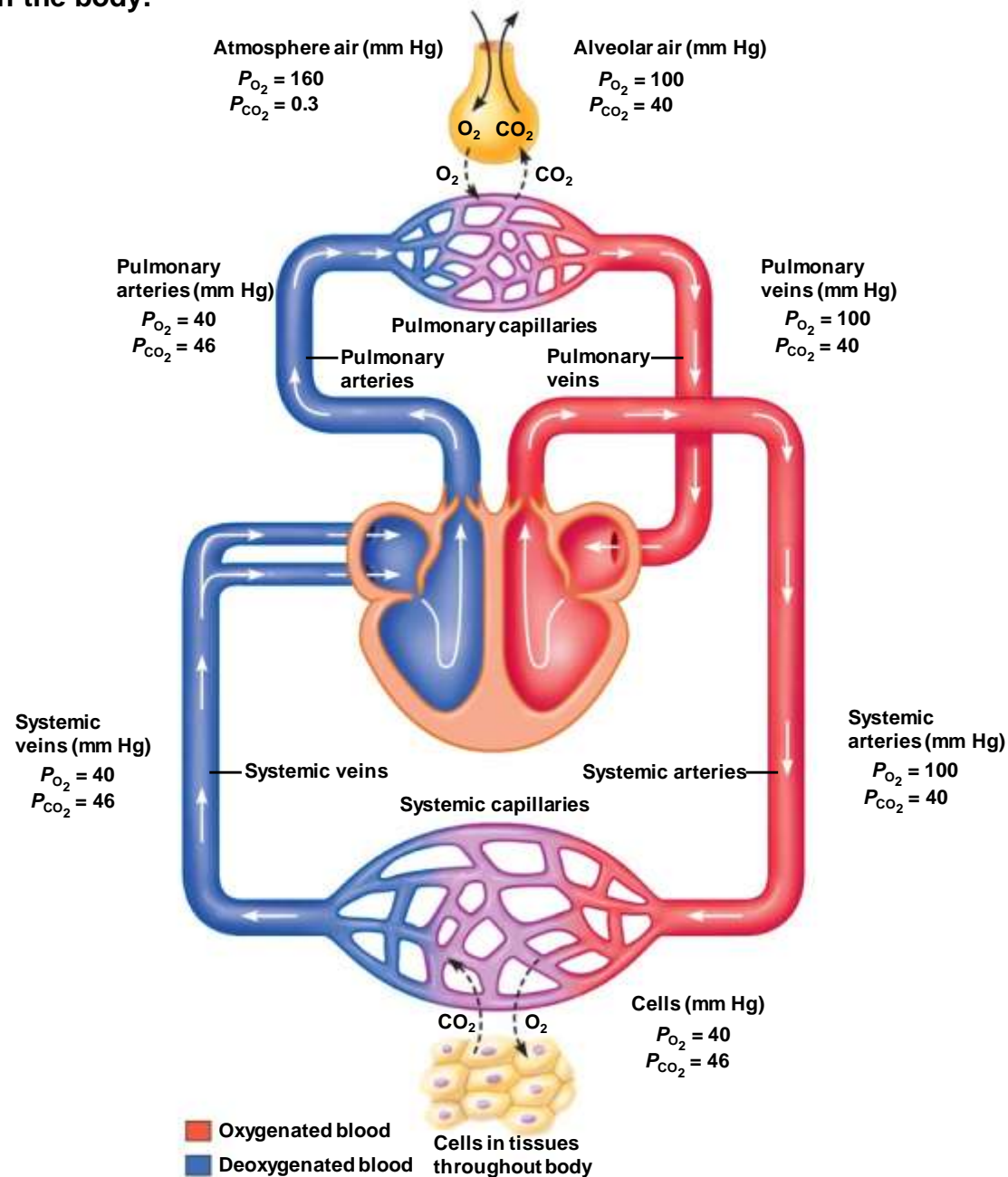


**Figure 17.4 Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.**





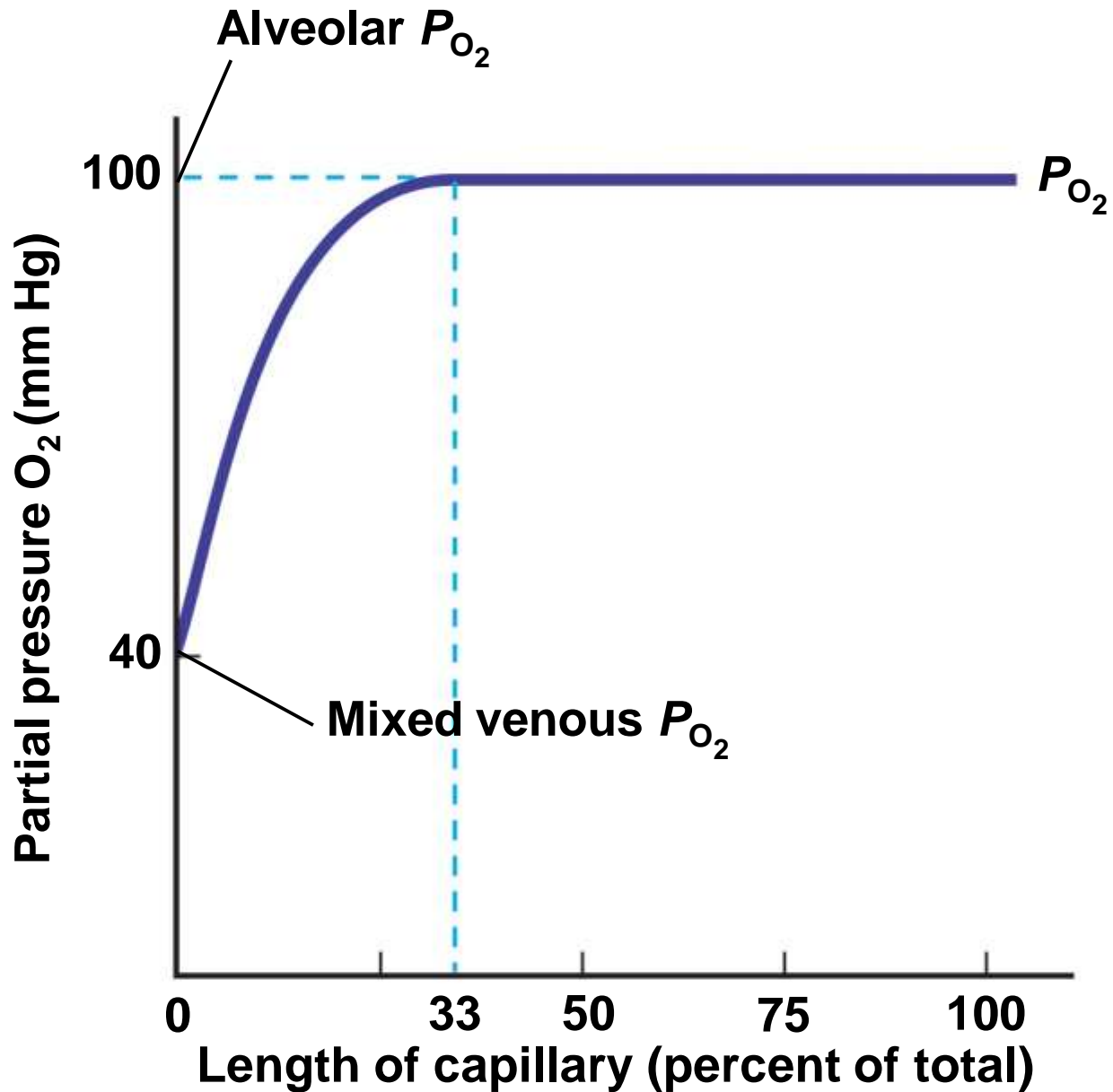
**Figure 17.4 Partial pressures of oxygen and carbon dioxide in atmospheric air, in alveolar air, and at various sites in the body.**



# Gas Exchange in the Lungs

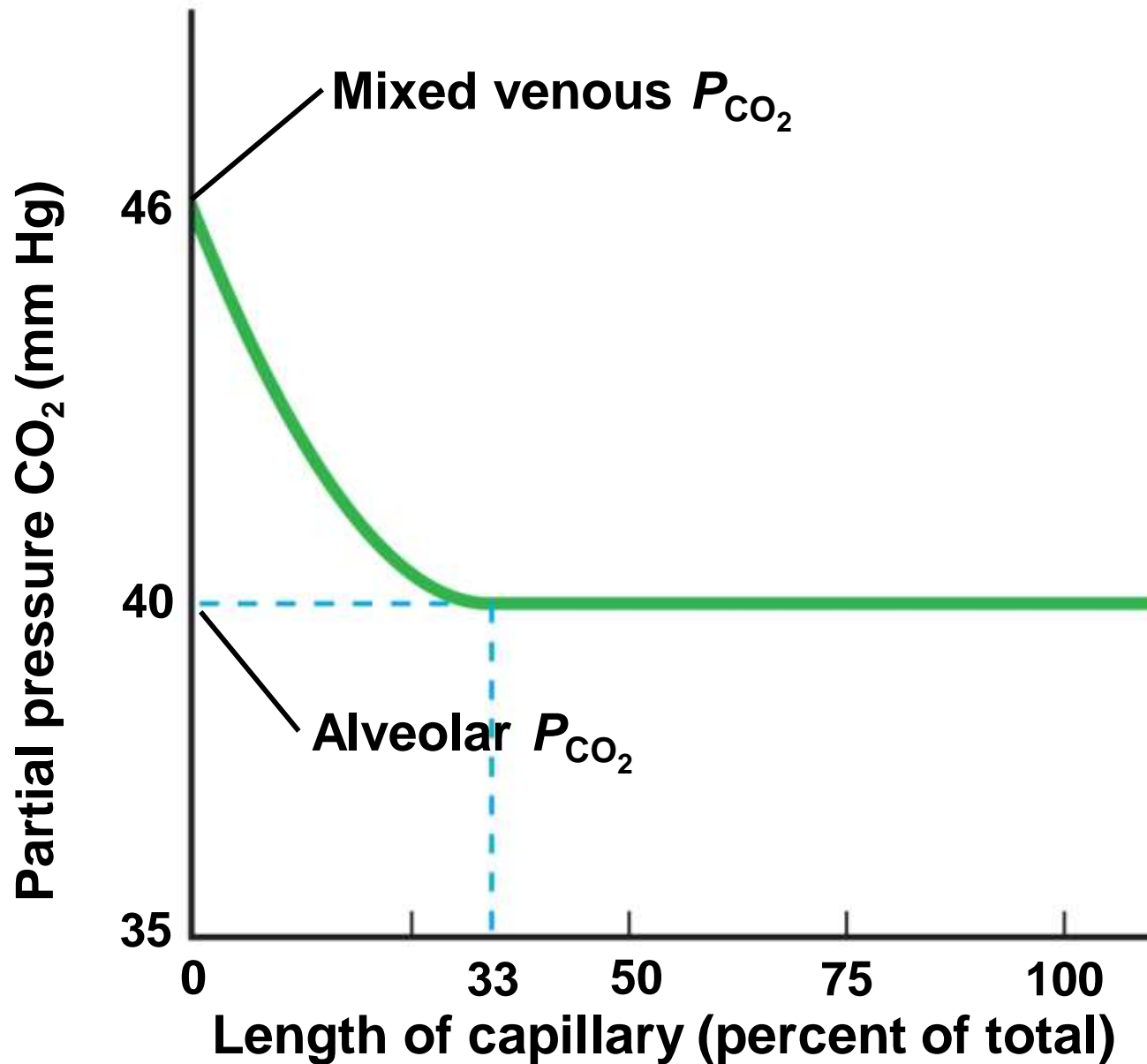
- Diffusion between alveoli and blood is rapid
  - Small diffusion barrier
  - Large surface area

Figure 17.5a Gas exchange as a function of pulmonary capillary length.



(a)

Figure 17.5b Gas exchange as a function of pulmonary capillary length.



(b)

# Gas Exchange in Respiring Tissue

- Gases diffuse down partial pressure gradients
- $P_{O_2}$  cells  $\leq$  40 mm Hg;  $P_{O_2}$  systemic arteries = 100 mm Hg
  - Oxygen diffuses from blood to cells
  - $P_{O_2}$  systemic veins = 40 mm Hg
- $P_{CO_2}$  cells  $\geq$  46 mm Hg;  $P_{CO_2}$  systemic arteries = 40 mm Hg
  - Carbon dioxide diffuses from cells to blood
  - $P_{CO_2}$  systemic veins = 46 mm Hg

# Gas Exchange in Respiring Tissue

- Mixed venous blood
  - Amount of  $O_2$  and  $CO_2$  that is exchanged in a vascular bed depends on metabolic activity of the tissue
    - Greater rate of metabolism → greater exchange
  - $P_{O_2}$  and  $P_{CO_2}$  in different systemic veins vary
  - All systemic venous blood returns to the right atrium and is pumped out of the right ventricle and into the pulmonary artery
  - Blood in pulmonary artery = mixed venous blood
    - $P_{O_2} = 40$  mm Hg
    - $P_{CO_2} = 46$  mm Hg



# Determinants of Alveolar $P_{O_2}$ and $P_{CO_2}$

- Factors affecting alveolar partial pressures
  - $P_{O_2}$  and  $P_{CO_2}$  of inspired air
  - Minute alveolar ventilation
  - Rates at which respiring tissues use  $O_2$  and produce  $CO_2$
- Most critical is the rate of alveolar ventilation relative to the rate of  $O_2$  use and  $CO_2$  production

# Determinants of Alveolar $P_{O_2}$ and $P_{CO_2}$

- Hyperpnea: increased ventilation due to increased demand
  - Minimal changes in arterial  $P_{O_2}$  and  $P_{CO_2}$
- Hypoventilation: ventilation does not meet demands
  - Arterial  $P_{O_2}$  decreases
  - Arterial  $P_{CO_2}$  increases
- Hyperventilation: ventilation exceeds demands
  - Arterial  $P_{O_2}$  increases
  - Arterial  $P_{CO_2}$  decreases

**TABLE 17.2** Some Terms Used in Respiratory Physiology

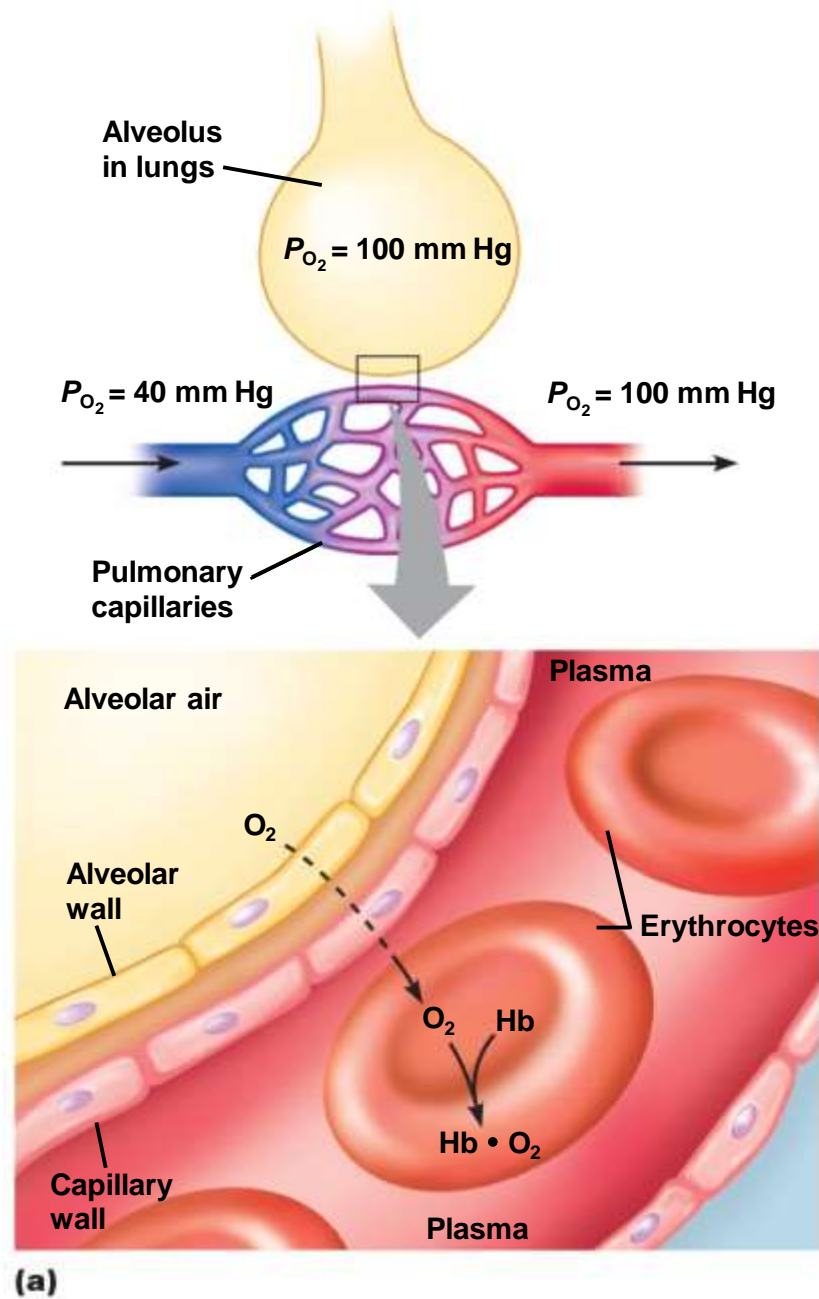
Term	Definition
Hyperpnea	An increase in ventilation to meet an increase in the metabolic demands of the body
Dyspnea	Labored or difficult breathing
Apnea	Temporary cessation of breathing
Tachypnea	Rapid, shallow breathing
Hyperventilation	A condition in which ventilation exceeds the metabolic demands of the body
Hypoventilation	A condition in which ventilation is insufficient to meet the metabolic demands of the body
Hypoxia	A deficiency of oxygen in the tissues
Hypoxemia	A deficiency of oxygen in the blood
Hypercapnia	An excess of carbon dioxide in the blood
Hypocapnia	A deficiency of carbon dioxide in the blood

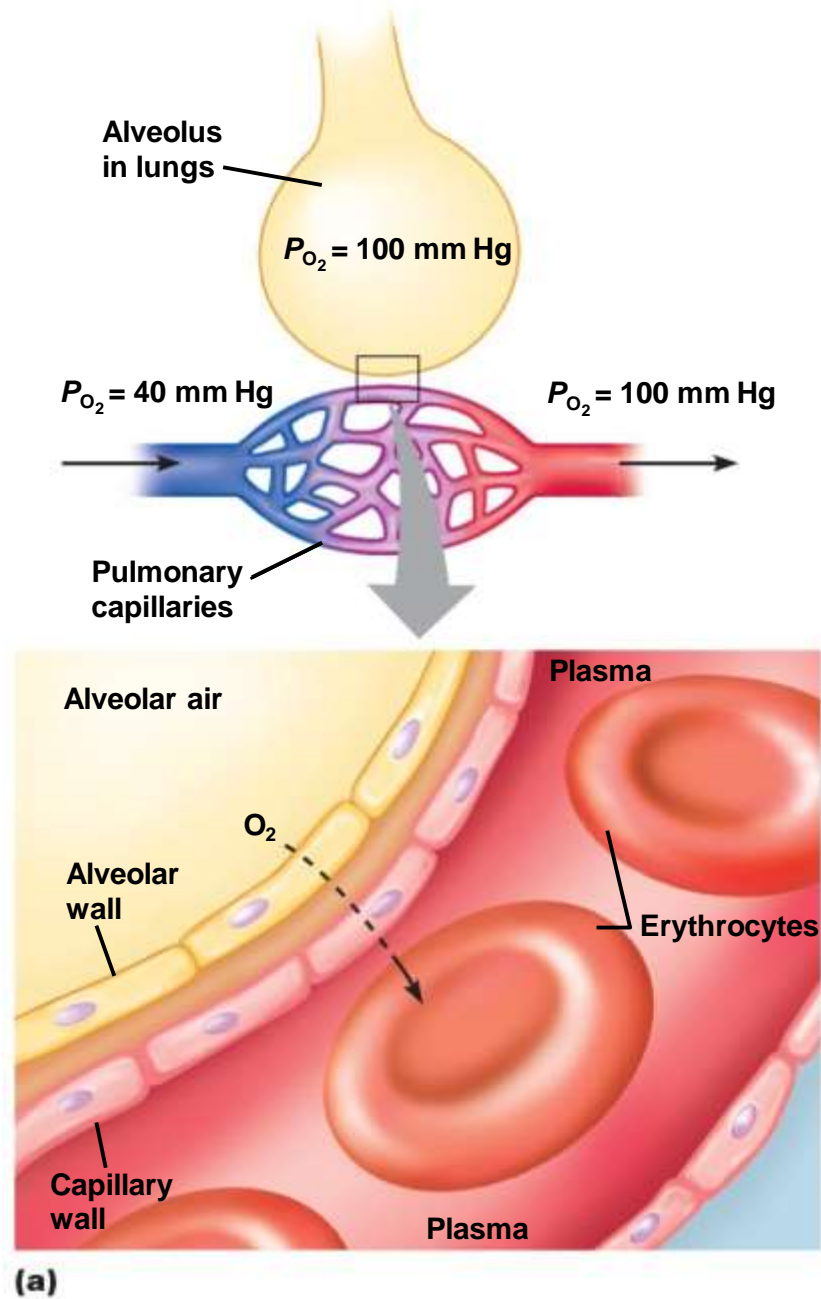
# 17.4 Transport of Gases in the Blood

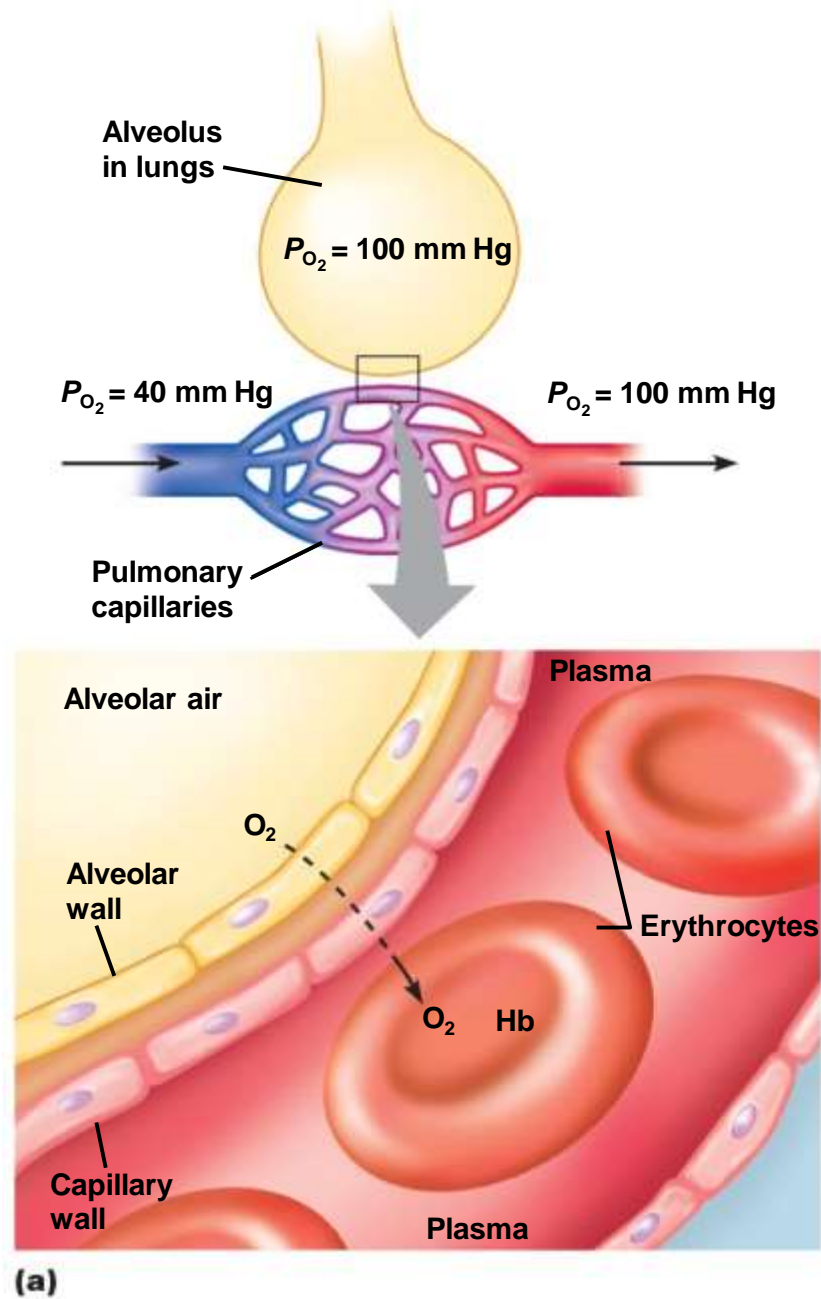
- Oxygen transport in blood
- Carbon dioxide transport in blood

# Oxygen Transport in the Blood

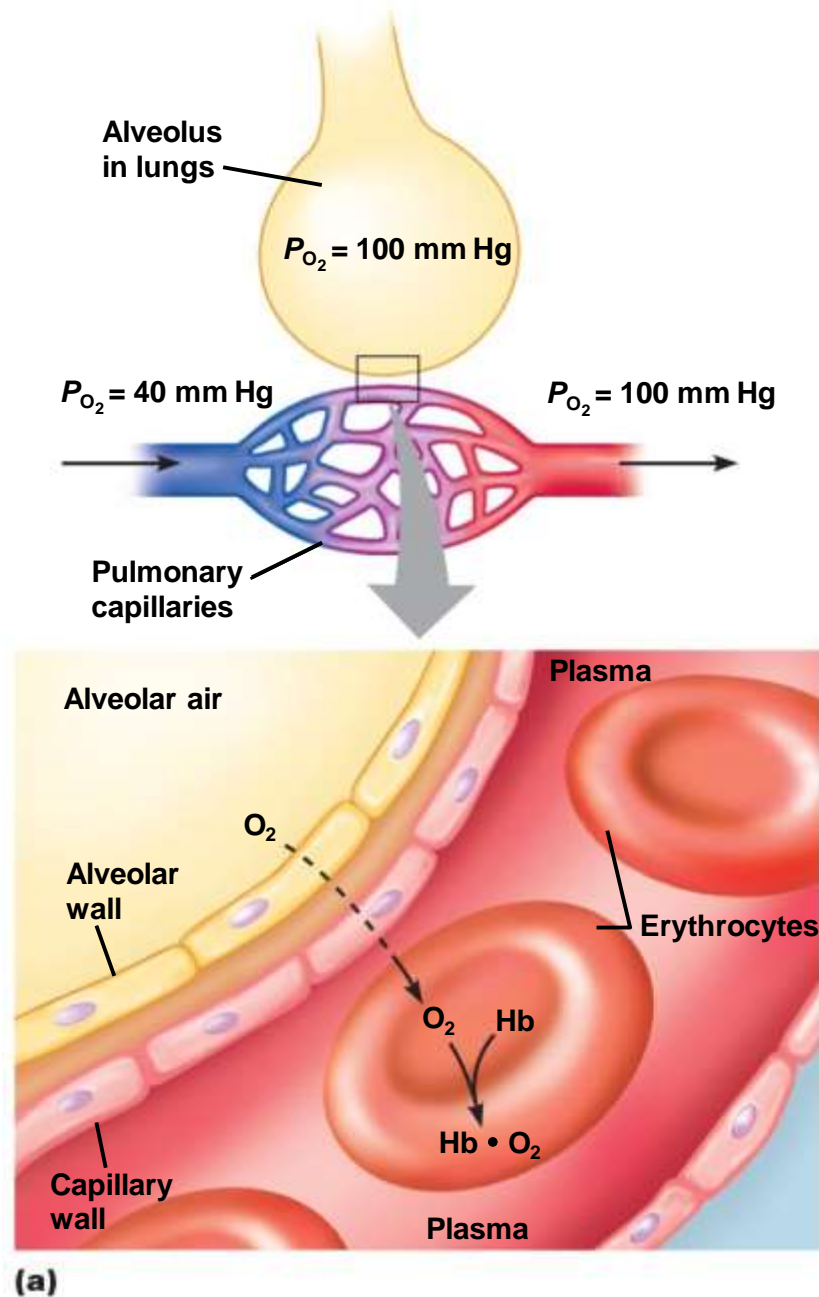
- Oxygen transport by hemoglobin
  - $O_2$  is not very soluble in plasma
  - Only 3.0 mL of every 200 mL of arterial blood  $O_2$  is dissolved in plasma (1.5%)
  - The other 197 mL of arterial blood  $O_2$  is transported by hemoglobin
- Oxygen binding to hemoglobin
  - $Hb + O_2 \rightleftharpoons Hb \cdot O_2$
  - Hb = deoxyhemoglobin
  - $Hb \cdot O_2$  = oxyhemoglobin

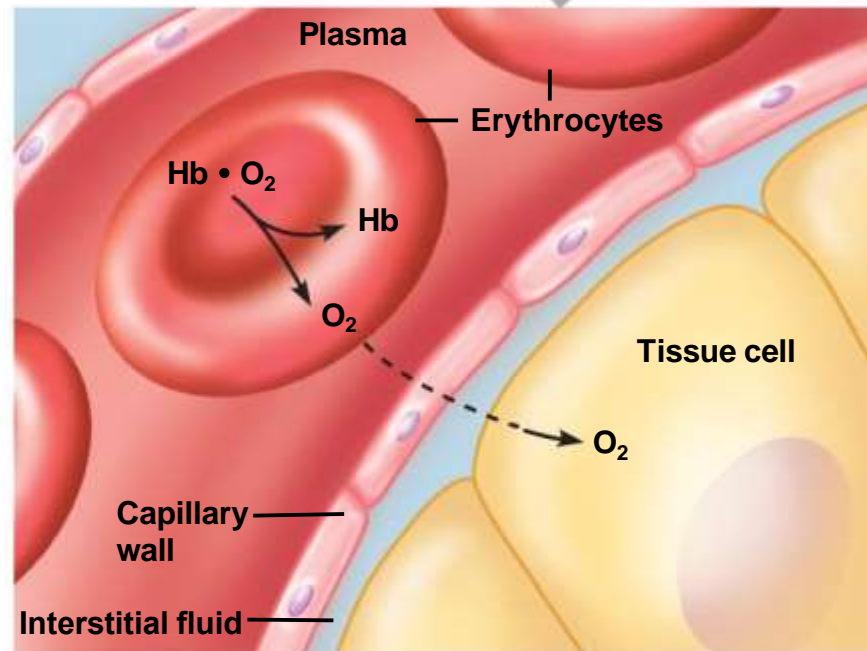
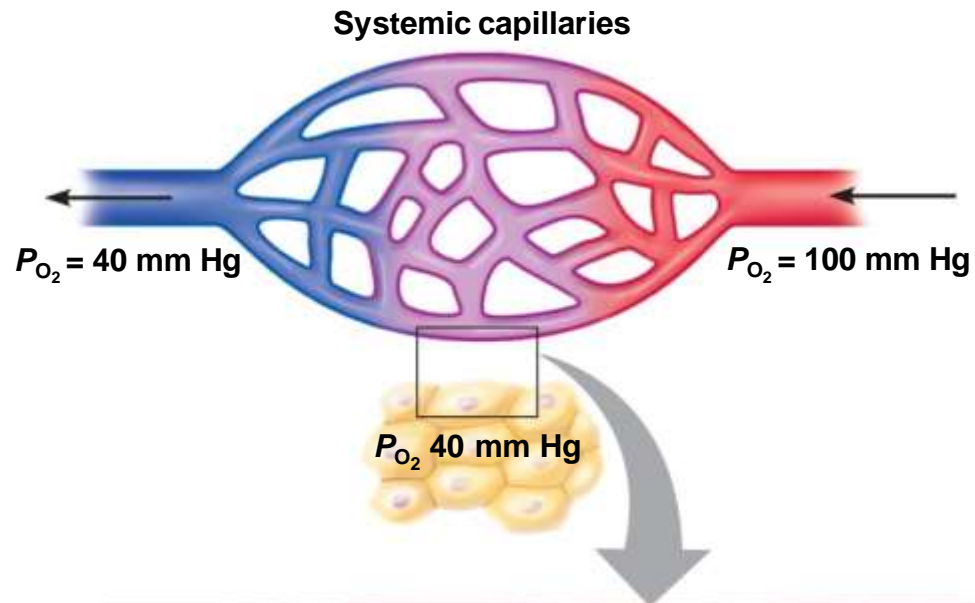




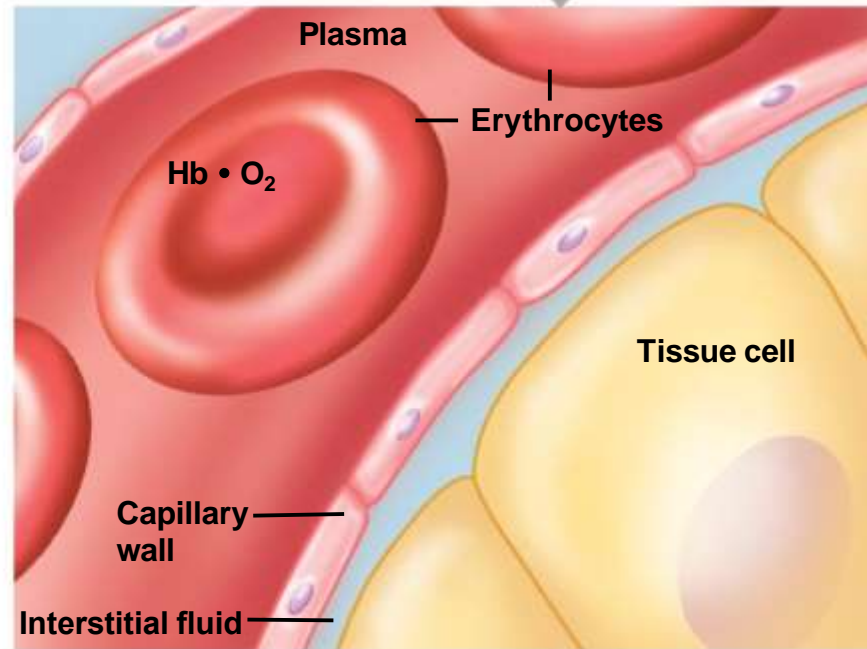
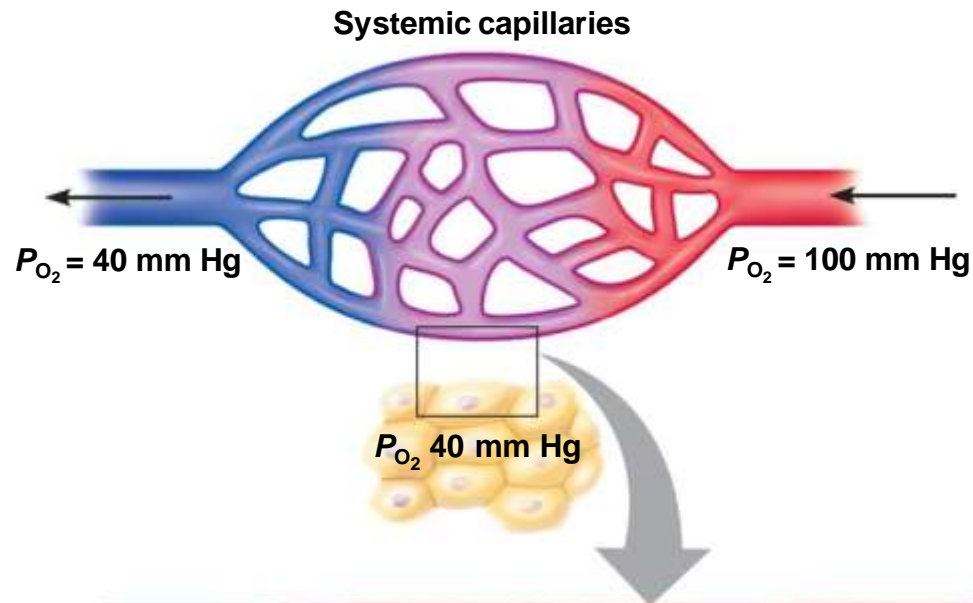




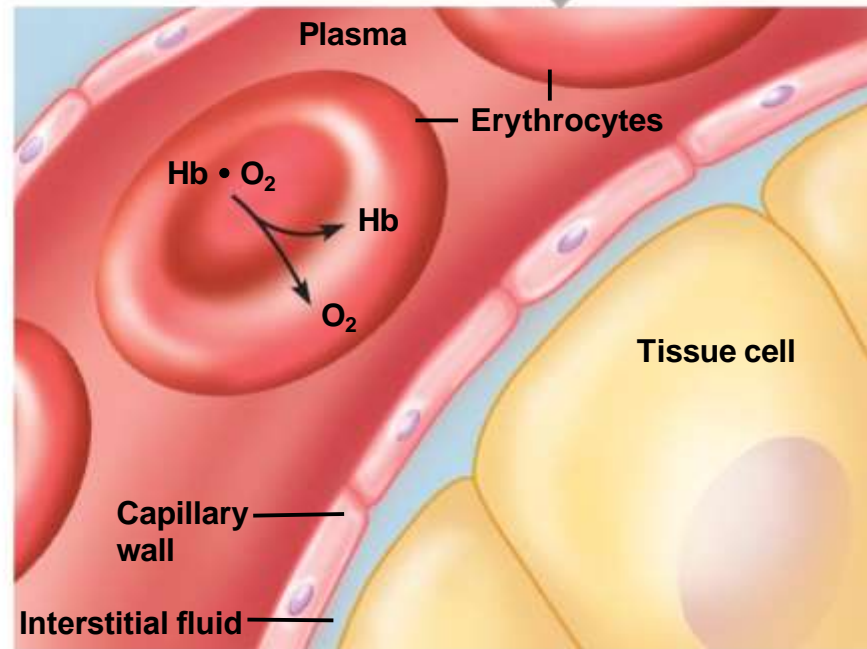
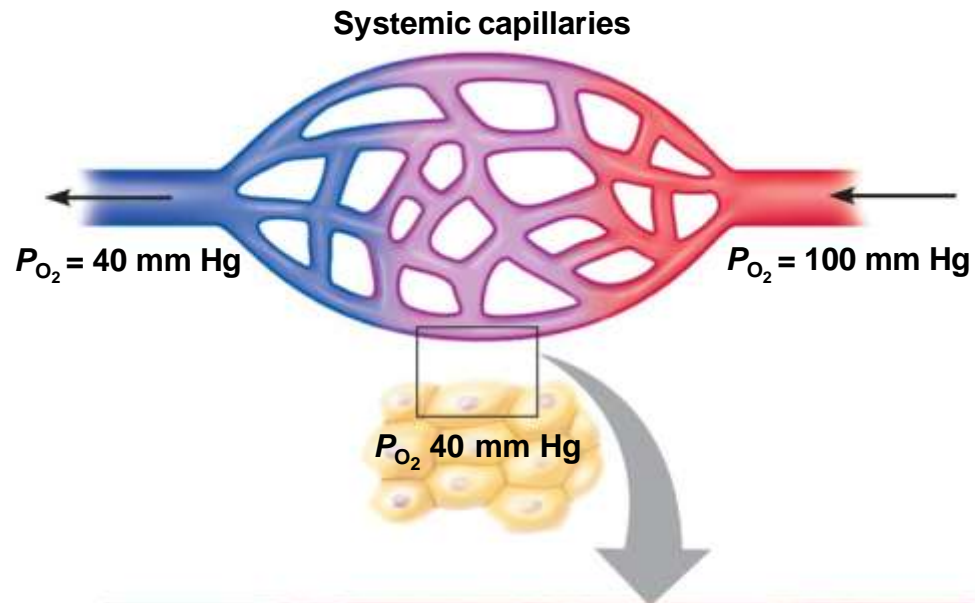




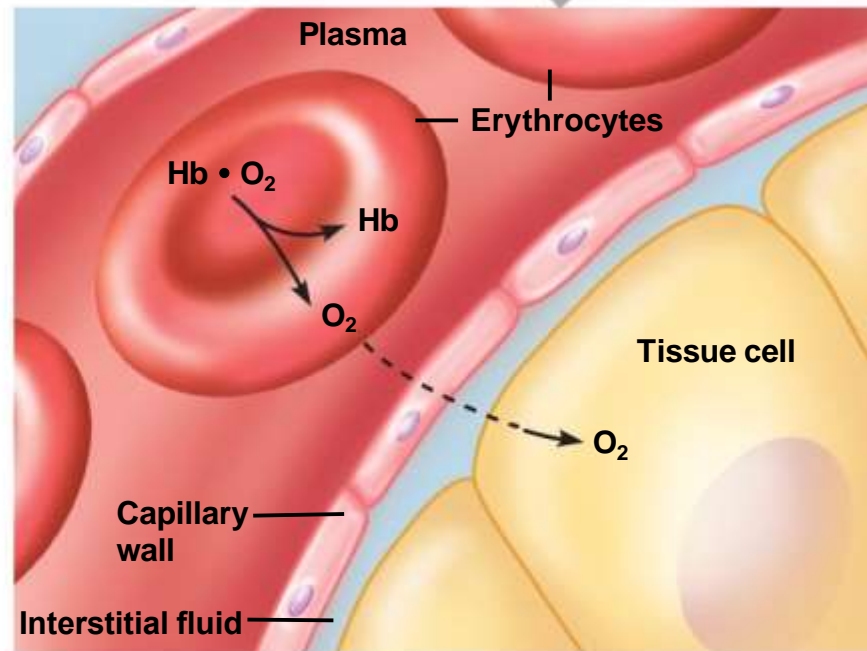
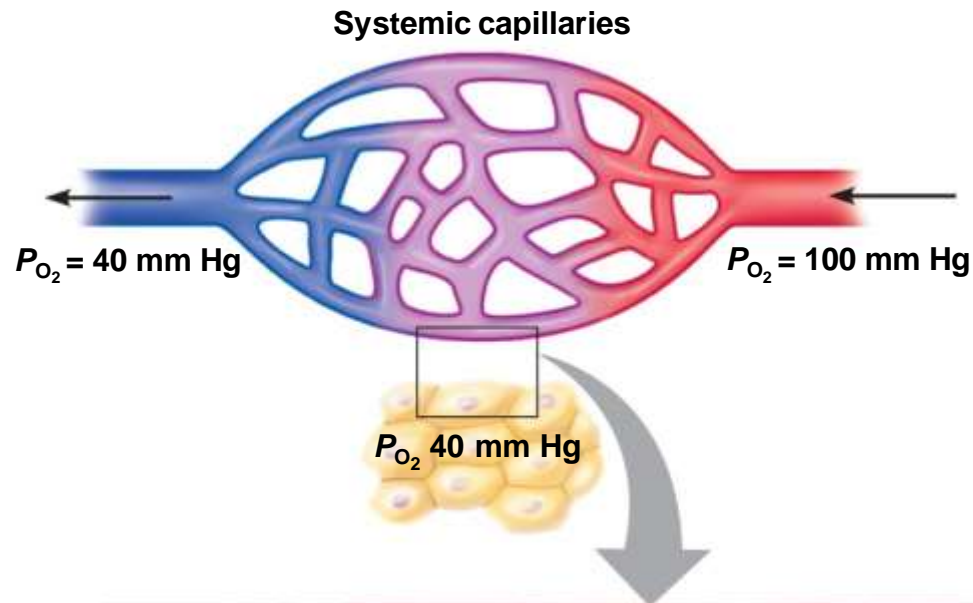
(b)



**(b)**



(b)



(b)

# Oxygen Transport in the Blood

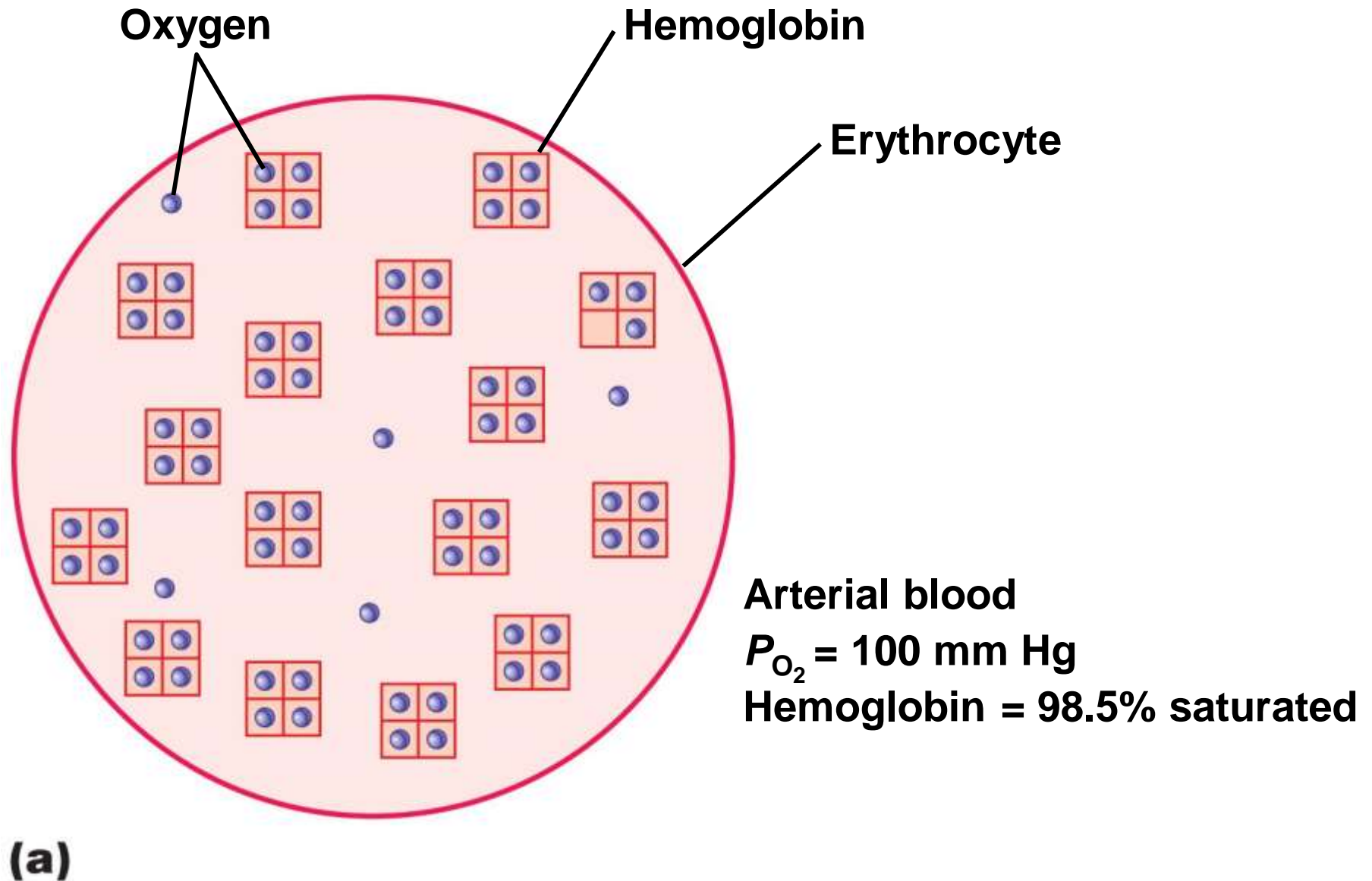
- Saturation of hemoglobin
  - Hemoglobin can bind up to four oxygen molecules
  - Binding of oxygen to hemoglobin follows the law of mass action
    - More oxygen → more binds to hemoglobin
    - Nonlinear relationship: positive cooperativity
  - Saturation of hemoglobin is a measure of how much oxygen is bound to hemoglobin
    - 100% saturation → all four binding sites on hemoglobin have oxygen bound to them



# Oxygen Transport in the Blood

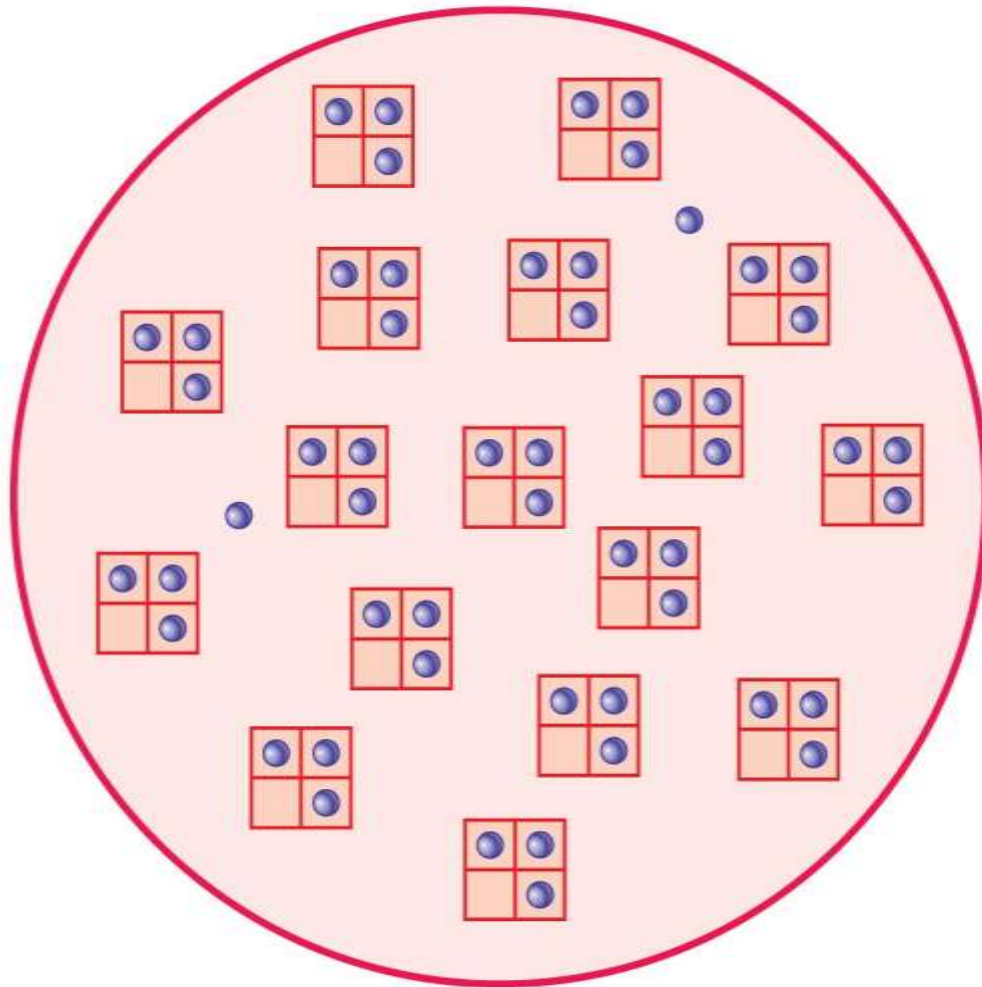
- $O_2$ -carrying capacity of blood
  - When 100% saturated, 1 g hemoglobin carries 1.34 mL  $O_2$
  - Normal blood hemoglobin levels
    - 2–17 g/dL
  - $O_2$ -carrying capacity of hemoglobin in blood
    - 200 mL  $O_2$  per 1 L blood
- Arterial blood
  - Hemoglobin is 98.5% saturated
- Venous blood
  - Hemoglobin is 75% saturated

Figure 17.7a Saturation of hemoglobin.





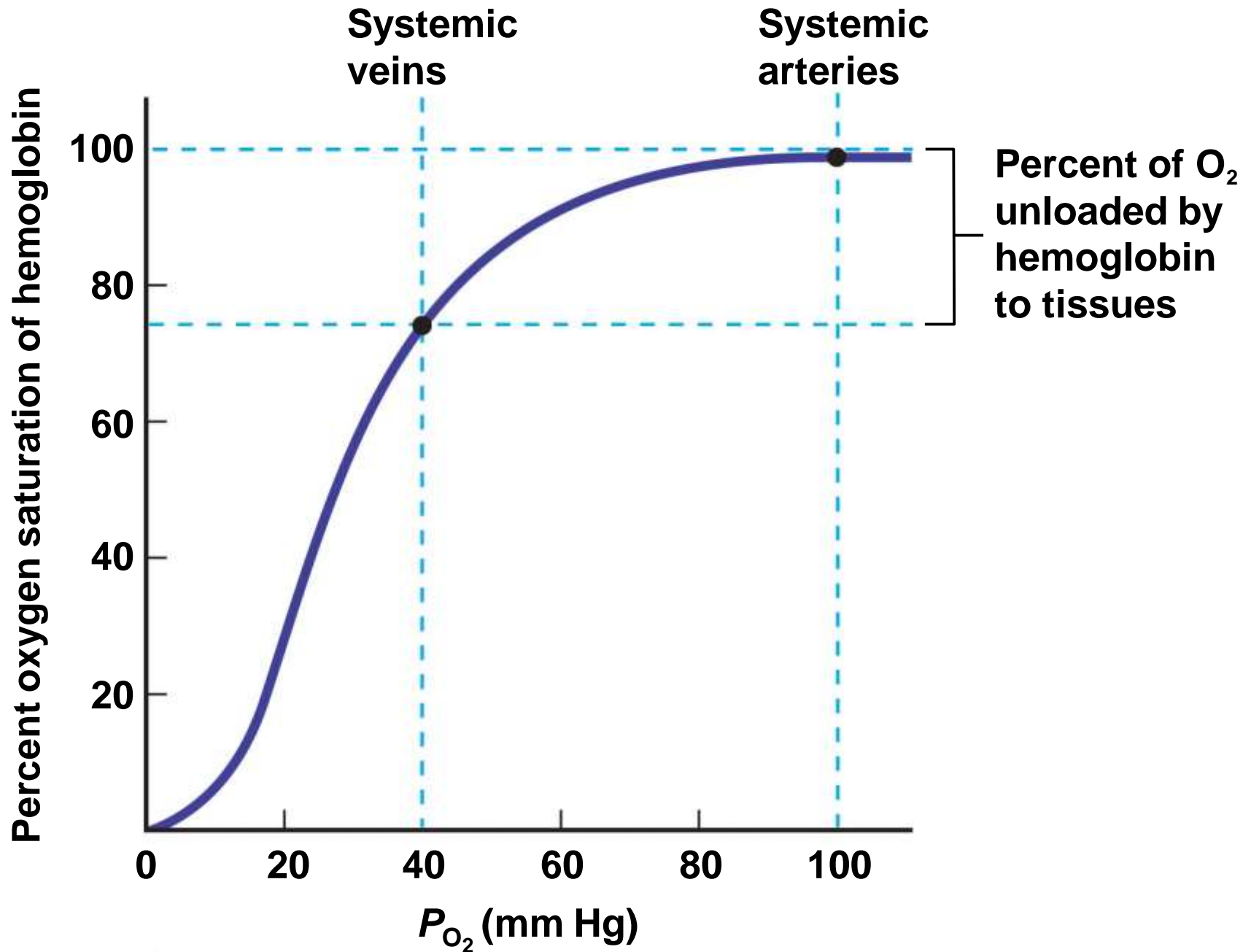
**Figure 17.7b Saturation of hemoglobin.**



**Mixed venous blood**  
 **$P_{O_2} = 40$  mm Hg**  
**Hemoglobin = 75% saturated**

**(b)**

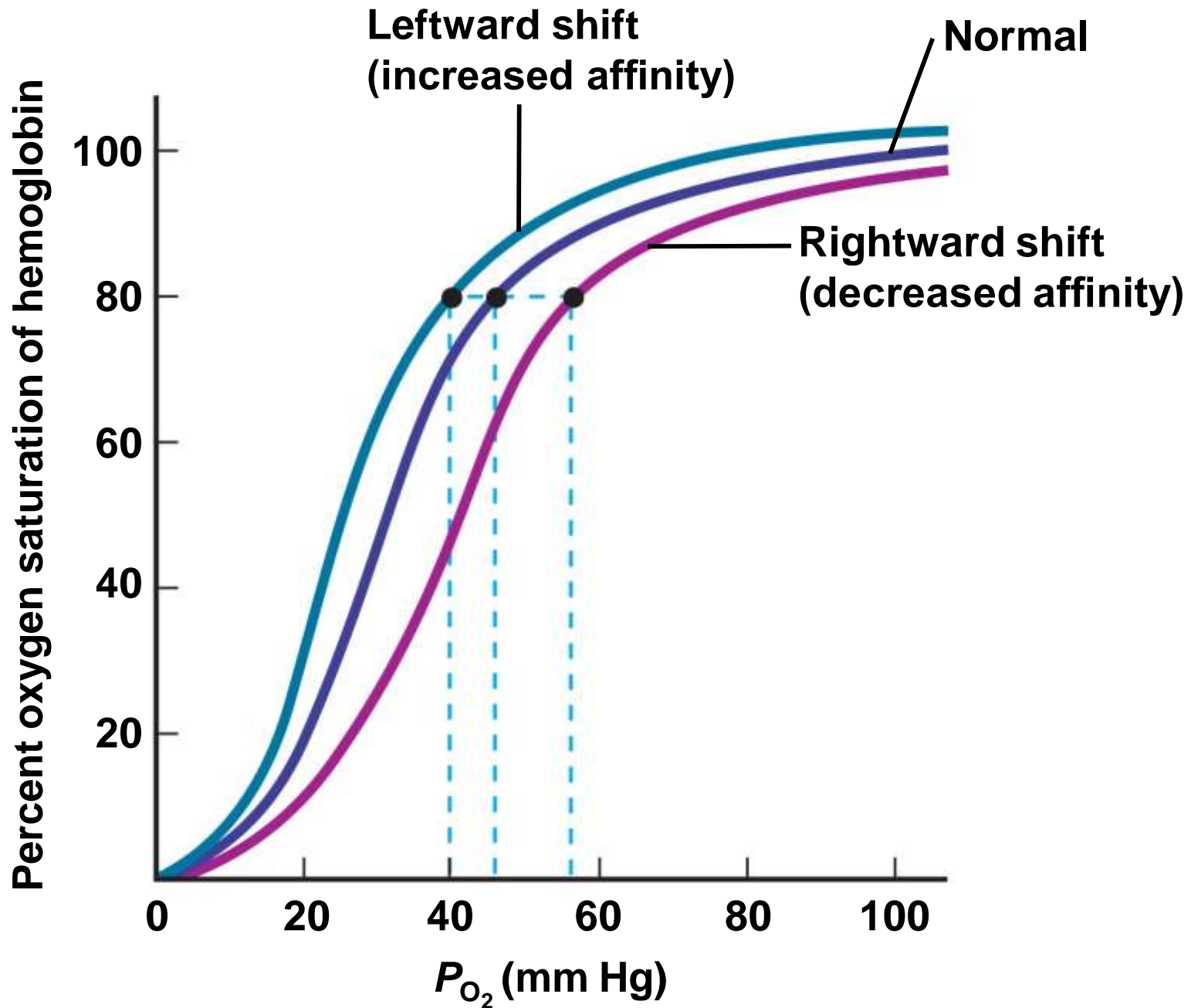
Figure 17.8 Hemoglobin-oxygen dissociation curve.



# Oxygen Transport in the Blood

- Effects of  $O_2$  affinity changes on  $Hb \cdot O_2$  dissociation curve
  - Shift right
    - Less loading of  $O_2$  and less unloading
  - Shift left
    - More loading of  $O_2$  and less unloading

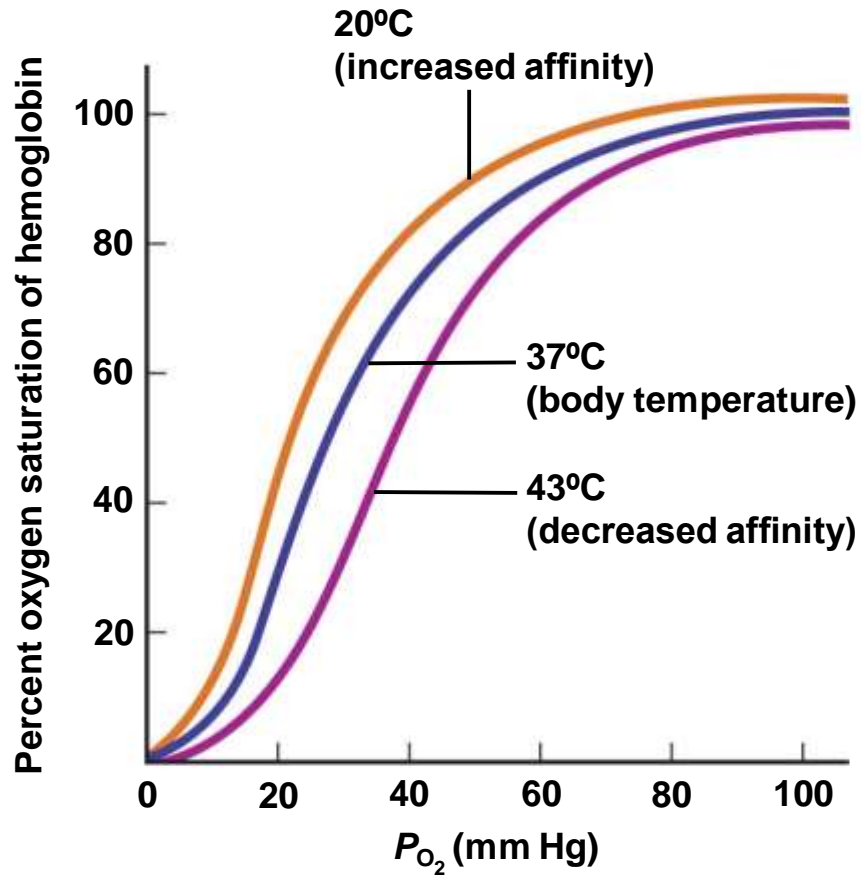
Figure 17.9 Effects of changes in the affinity of hemoglobin for oxygen on the hemoglobin-oxygen dissociation curve.



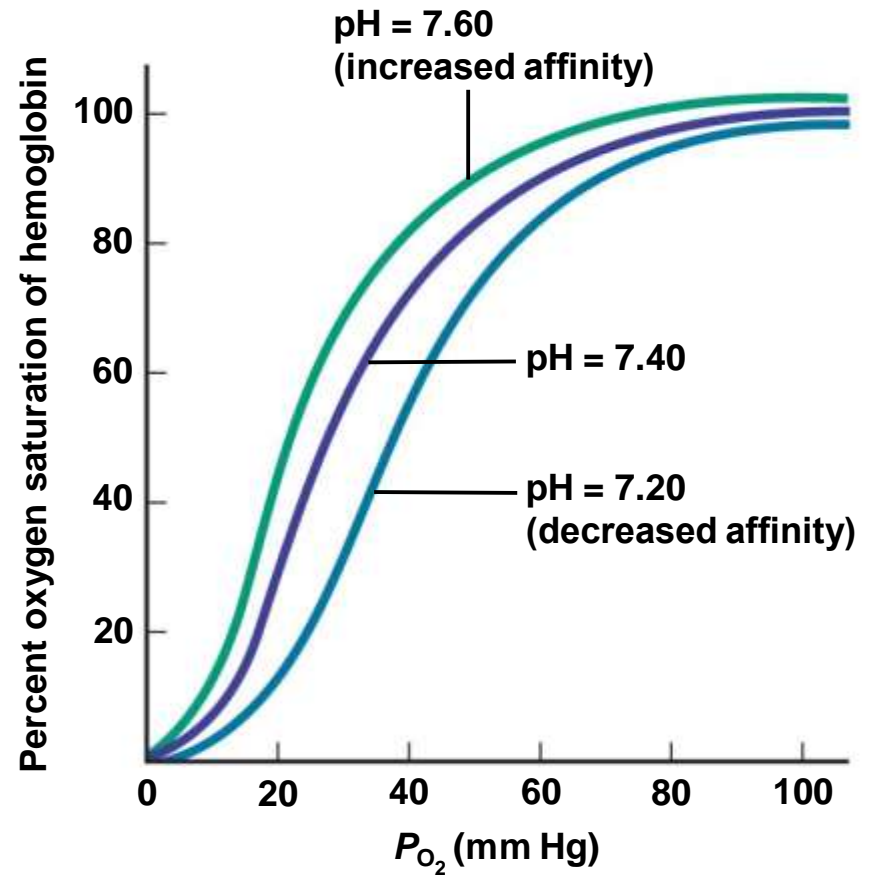
# Oxygen Transport in the Blood

- Effects of temperature on Hb•O<sub>2</sub> dissociation curve
- Higher temperature
  - Active tissues
  - Shift right
  - More O<sub>2</sub> unloading in tissues
  - More O<sub>2</sub> delivery to tissues

Figure 17.10 Effects of temperature and pH on the hemoglobin-oxygen dissociation curve.



(a) Effects of temperature



(b) Effects of pH

# Oxygen Transport in the Blood

- Effects of pH on Hb•O<sub>2</sub> dissociation curve
- Bohr effect
  - Lower pH increases O<sub>2</sub> unloading
- Active tissues
  - Produce more acid; pH decreases in tissues
  - Decreased pH causes shift right in saturation curve
  - More O<sub>2</sub> is unloaded to tissues

# Oxygen Transport in the Blood

- Effects of CO<sub>2</sub>—carbamino effect
  - CO<sub>2</sub> reacts with hemoglobin to form *carbaminohemoglobin*
    - $\text{Hb} + \text{CO}_2 \rightleftharpoons \text{HbCO}_2$
  - HbCO<sub>2</sub> has lower affinity for oxygen than Hb
  - Increased metabolic activity → increases CO<sub>2</sub>
  - Increased oxygen unloading in active tissue



# Oxygen Transport in the Blood

- Effect of 2,3-DPG
  - 2,3-DPG = 2,3-diphosphoglycerate
  - Produced in red blood cells under conditions of low  $O_2$  such as anemia and high altitude
  - Synthesis inhibited by oxyhemoglobin
  - 2,3-DPG decreases affinity of hemoglobin for  $O_2$ , enhancing  $O_2$  unloading
- Effect of carbon monoxide
  - Hemoglobin has greater affinity for carbon monoxide (CO) than for  $O_2$
  - Prevents  $O_2$  from binding to hemoglobin

# Carbon Dioxide Transport in Blood

- Role of carbonic anhydrase in carbon dioxide transport
  - Carbon dioxide exchange and transport in systemic capillaries and veins
  - Carbon dioxide exchange and transport in pulmonary capillaries and veins
- Effect of oxygen on carbon dioxide transport

**TABLE 17.3** Carbon Dioxide Transport in Blood

Form	Systemic Arterial Blood		Systemic Venous Blood	
	CO <sub>2</sub> volume (mL/liter of blood)	% of total CO <sub>2</sub> in blood	CO <sub>2</sub> volume (mL/liter of blood)	% of total CO <sub>2</sub> in blood
Dissolved in blood	27	5.5	31	5.8
Dissolved as bicarbonate	439	89.6	470	87.0
Bound to hemoglobin	24	4.9	39	7.2
Total	490	100.0	540	100.0

# Carbon Dioxide Transport in Blood

- CO<sub>2</sub> is more soluble in plasma than O<sub>2</sub>, but still not very soluble
  - 5–6% transported dissolved in plasma
- CO<sub>2</sub> can bind to hemoglobin to form carbaminohemoglobin
  - 5–8% transported bound to hemoglobin
- CO<sub>2</sub> can be converted to bicarbonate by erythrocytes, then transported in plasma
  - 86–90% of transported CO<sub>2</sub> dissolved in the plasma as bicarbonate

# Carbon Dioxide Transport in Blood

- Carbonic anhydrase
  - Enzyme that converts carbon dioxide and water to carbonic acid
  - *Law of mass action*: an increase in  $\text{CO}_2$  causes an increase in bicarbonate and hydrogen ions

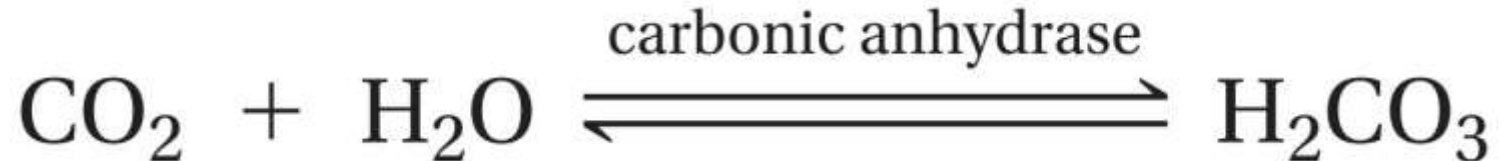


Figure 17.11 Carbon dioxide exchange and transport in blood.

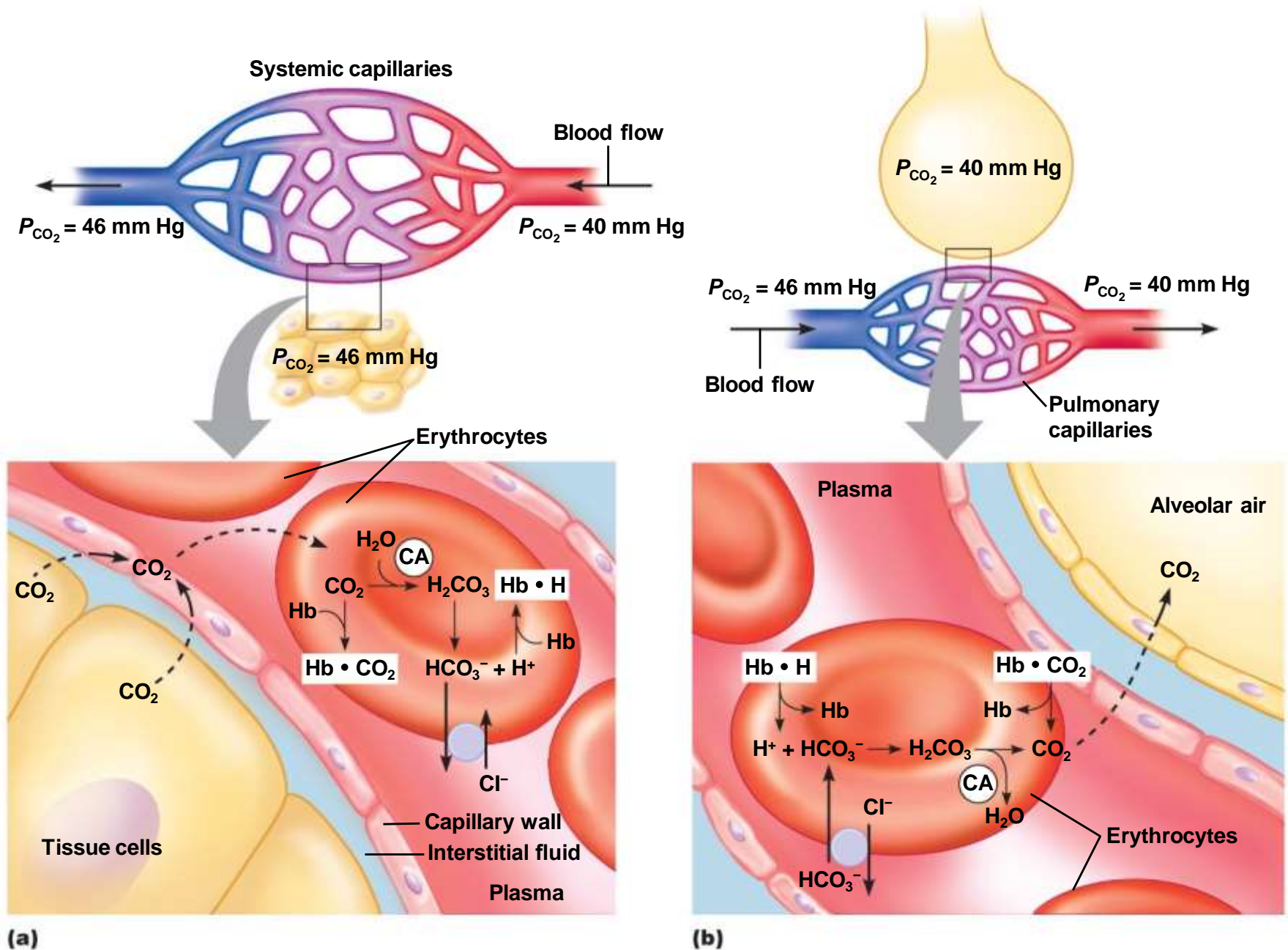


Figure 17.12 Effect of  $P_{O_2}$  on carbon dioxide transport.

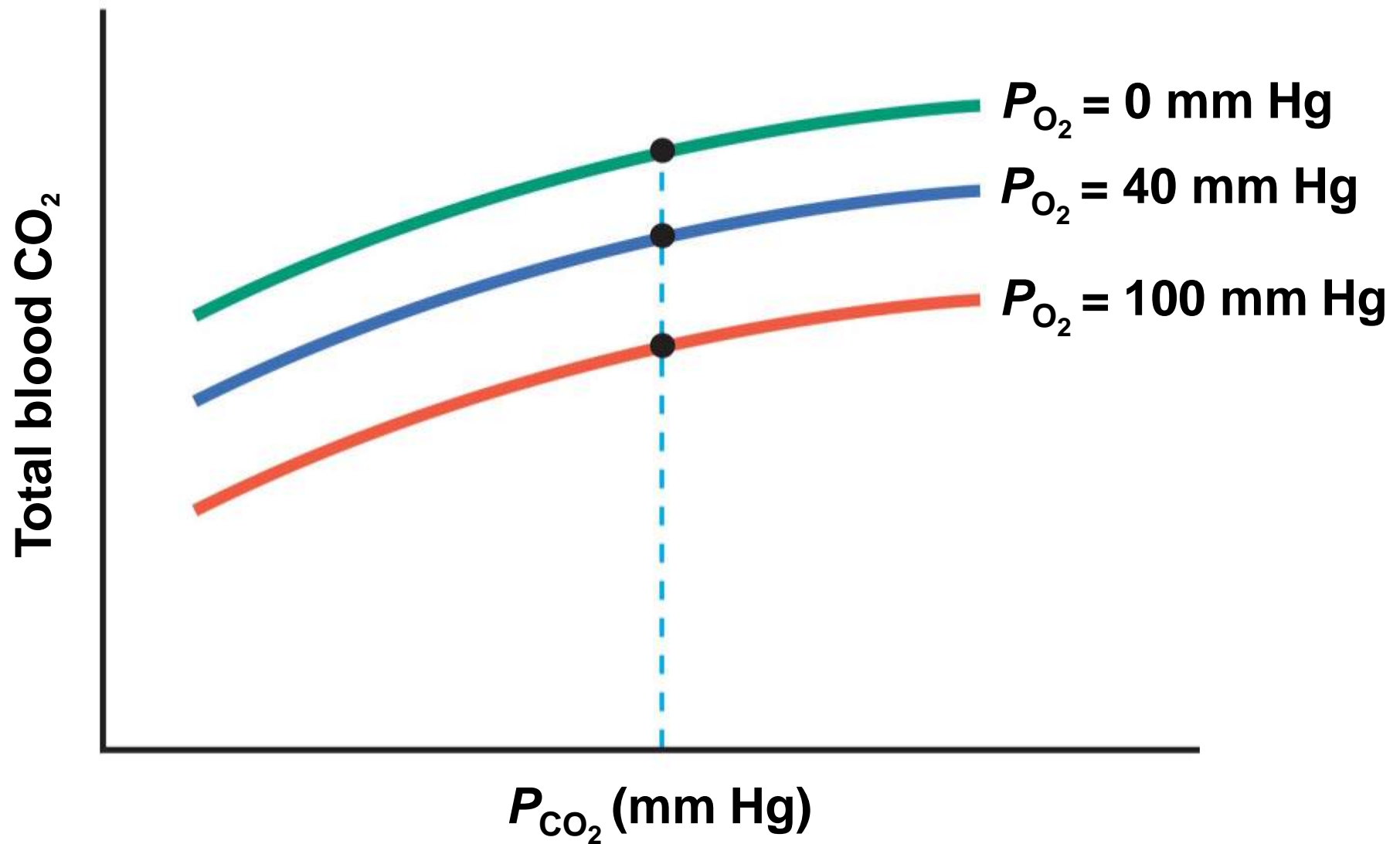
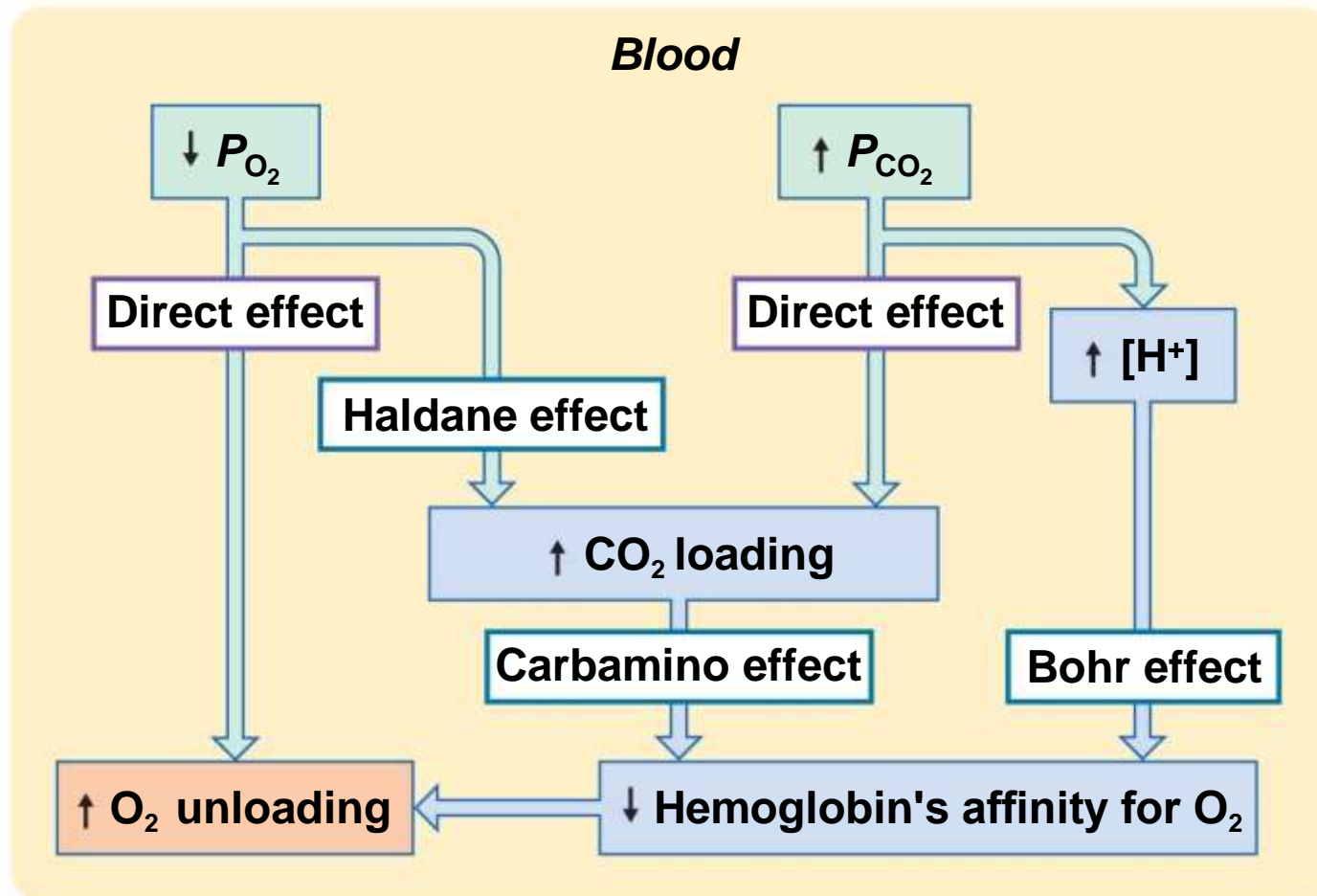


Figure 17.13a Effects of  $P_{O_2}$  and  $P_{CO_2}$  on carbon dioxide and oxygen loading and unloading.

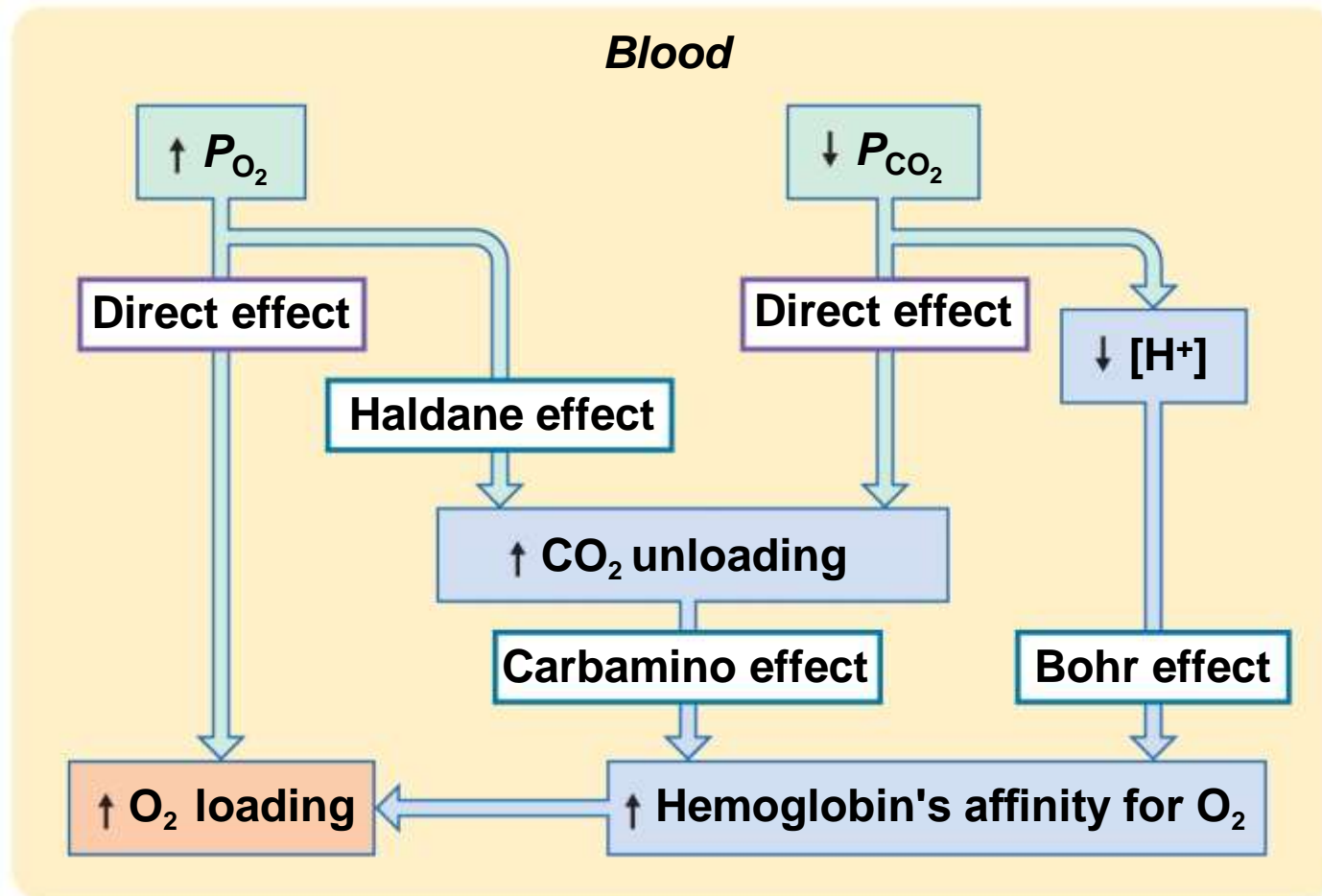


**(a)**  $CO_2$  loading and  $O_2$  unloading of hemoglobin in respiring tissue

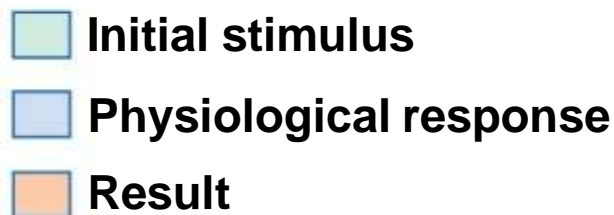
- Initial stimulus
- Physiological response
- Result



Figure 17.13b Effects of  $P_{O_2}$  and  $P_{CO_2}$  on carbon dioxide and oxygen loading and unloading.



**(b)**  $CO_2$  unloading and  $O_2$  loading of hemoglobin in lungs



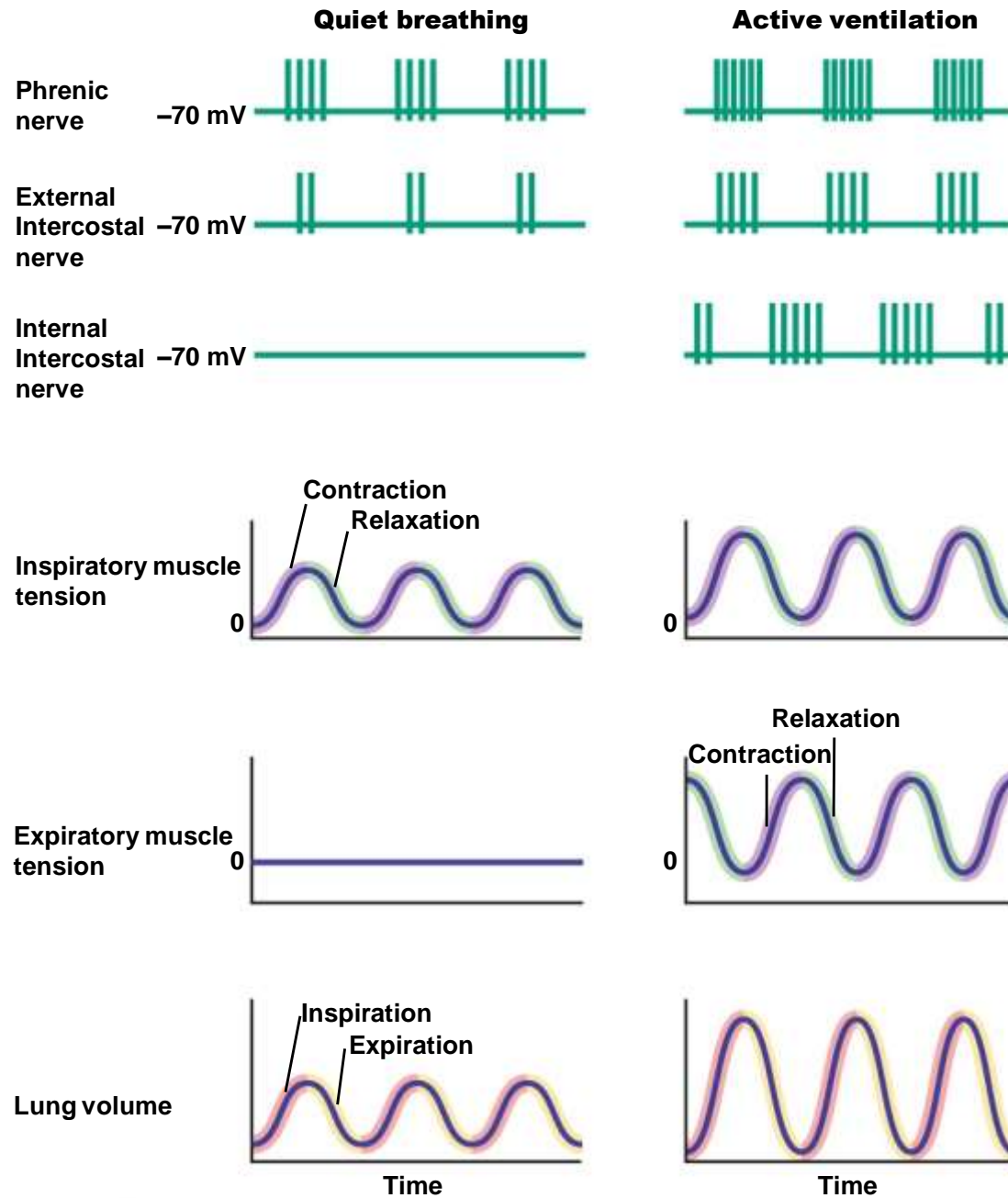
## 17.5 Central Regulation of Ventilation

- Neural control of breathing by motor neurons
- Generation of breathing rhythm in the brainstem
- Peripheral input to respiratory centers

# Neural Control of Breathing by Motor Neurons

- Respiratory muscles = skeletal muscles
- Controlled by motor neurons
- Inspiration
  - Phrenic nerve → diaphragm
  - External intercostal nerve → external intercostal muscles
- Expiration
  - Internal intercostal nerve → internal intercostal muscles

**Figure 17.14 A comparison of quiet breathing and active ventilation.**



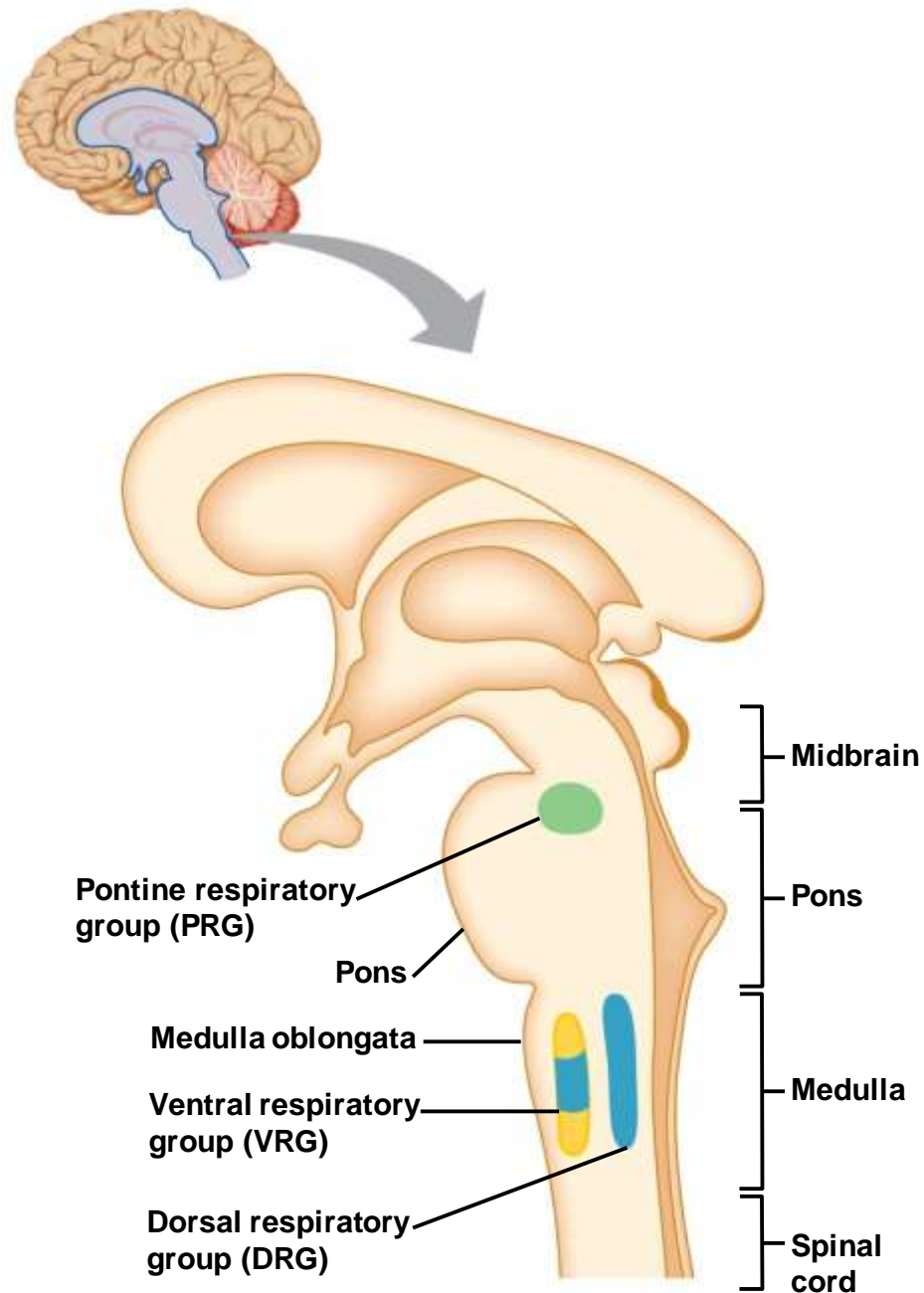
# Neural Control of Breathing by Motor Neurons

- Components that generate the breathing rhythm
  - Phrenic nerve
  - Internal and external intercostal nerves
  - Inspiratory and expiratory neurons
  - Respiratory control centers of medulla
  - Respiratory control centers of pons
  - Central pattern generator

# Generation of the Breathing Rhythm in the Brainstem

- Brainstem respiratory centers
  - Inspiratory neurons
    - Depolarize during inspiration
  - Expiratory neurons
    - Depolarize during expiration
  - Mixed neurons
    - Have properties of both inspiratory and expiratory neurons

**Figure 17.15 Brainstem centers of respiratory control.**

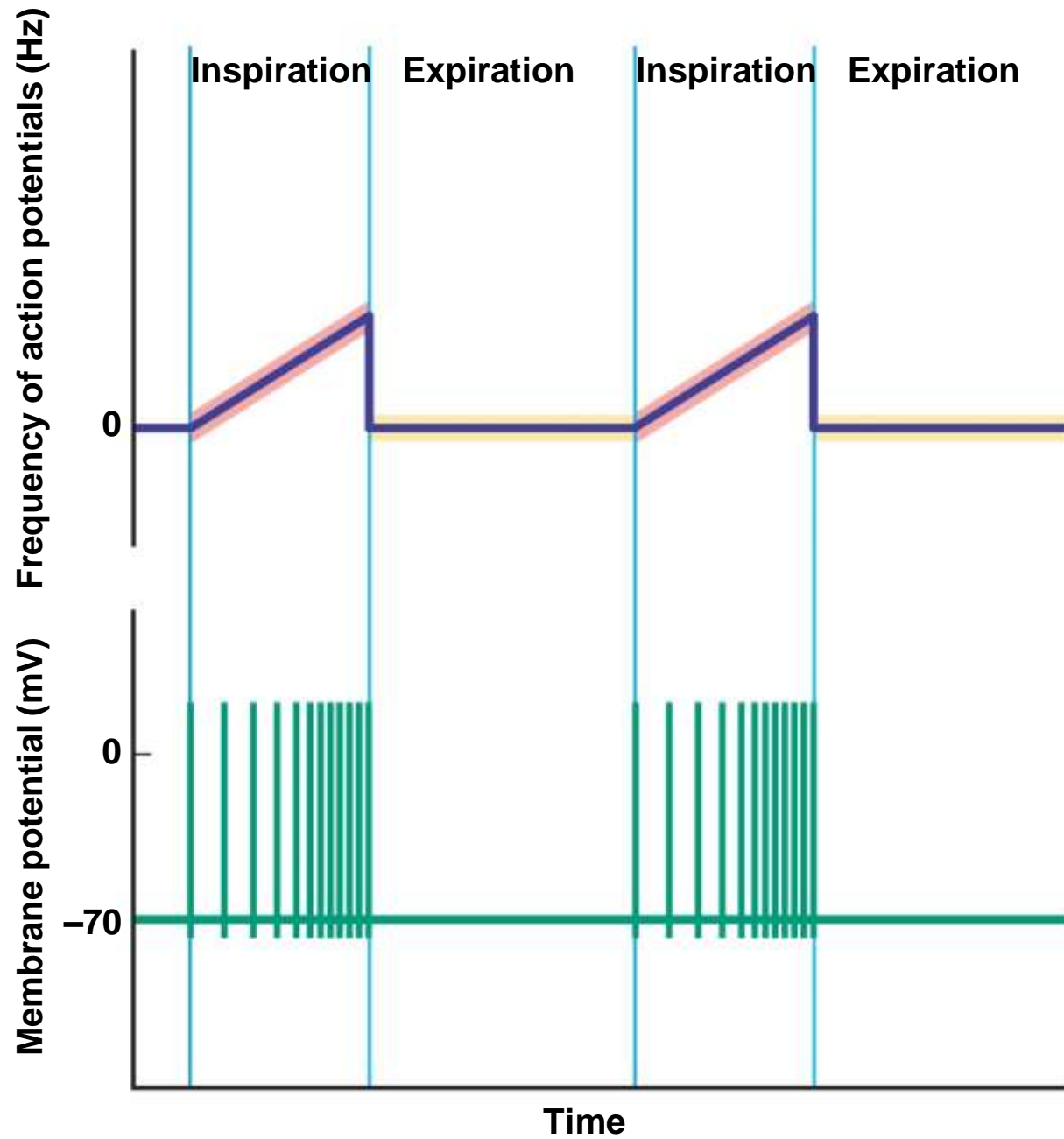


# Generation of the Breathing Rhythm in the Brainstem

- In medulla
  - Two respiratory control centers located on each side of the medulla
    - Ventral respiratory group (VRG): nucleus ambiguus
    - Dorsal respiratory group (DRG): nucleus tractus solitarius
  - Inspiratory neurons are hypothesized to control motor neurons to inspiratory muscles
  - Expiratory neurons are hypothesized to control motor neurons to expiratory muscles and/or inhibit inspiratory neurons



Figure 17.16 Activity of inspiratory neurons.



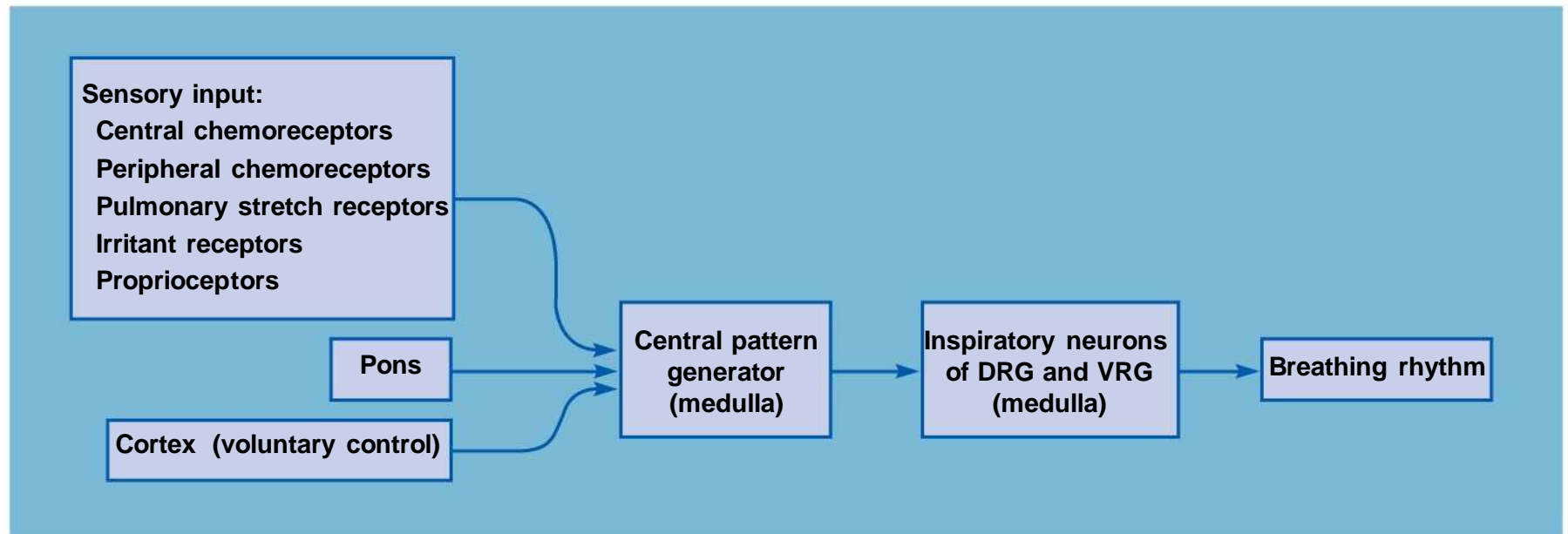
# Generation of the Breathing Rhythm in the Brainstem

- Pontine respiratory group
  - Contains inspiratory, expiratory, and mixed neurons
  - May regulate transitions between inspiration and expiration

# Generation of the Breathing Rhythm in the Brainstem

- Central pattern generator
  - Central pattern generator establishes respiratory cycle
  - Location and mechanism of action are unknown

**Figure 17.17 Model of respiratory control during quiet breathing.**



# Peripheral Input to Respiratory Centers

- Chemoreceptors
- Pulmonary stretch receptors
- Irritant receptors
- Muscle and joint proprioceptors

# 17.6 Control of Ventilation by Chemoreceptors

- Chemoreceptors
  - Detect blood levels of  $O_2$  and  $CO_2$
  - Two types
    - Peripheral chemoreceptors in carotid bodies
    - Central chemoreceptors in medulla oblongata

# Chemoreceptors

- Peripheral chemoreceptors
  - Located in carotid bodies near carotid sinus
  - Direct contact with arterial blood
  - Communicate with afferent neurons via chemical messenger
  - Afferent neurons project to medullary respiratory control areas
  - Respond mainly to changes in blood pH

**Figure 17.18 Location of peripheral chemoreceptors in the carotid bodies.**

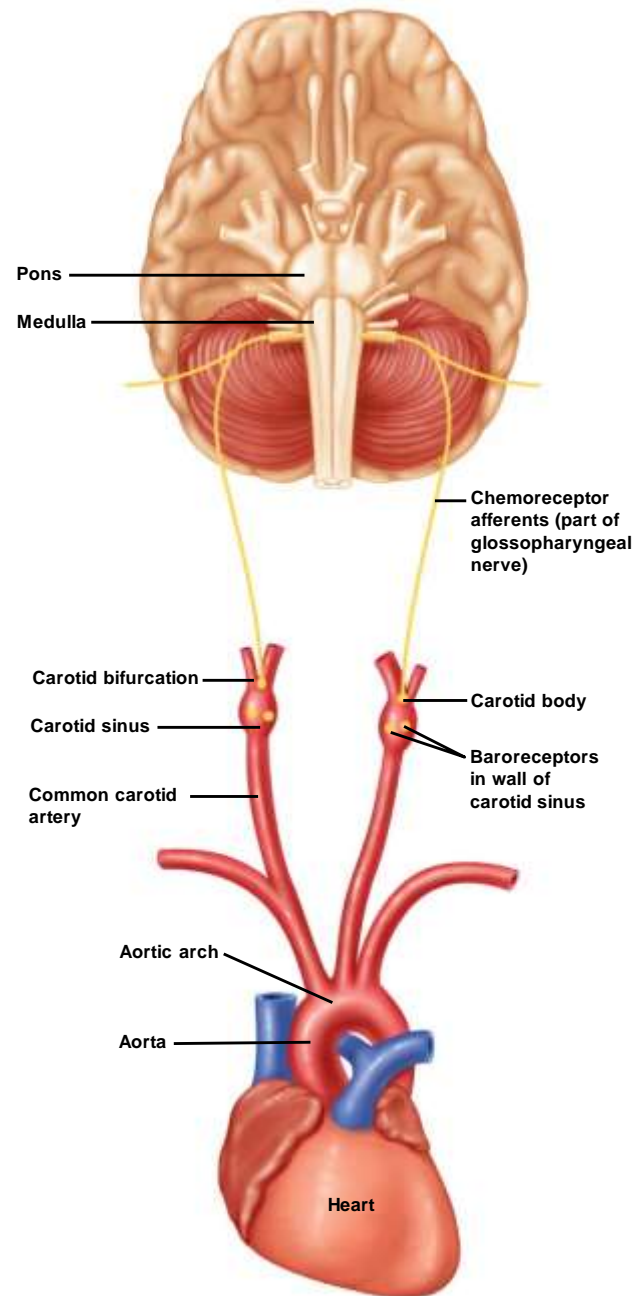
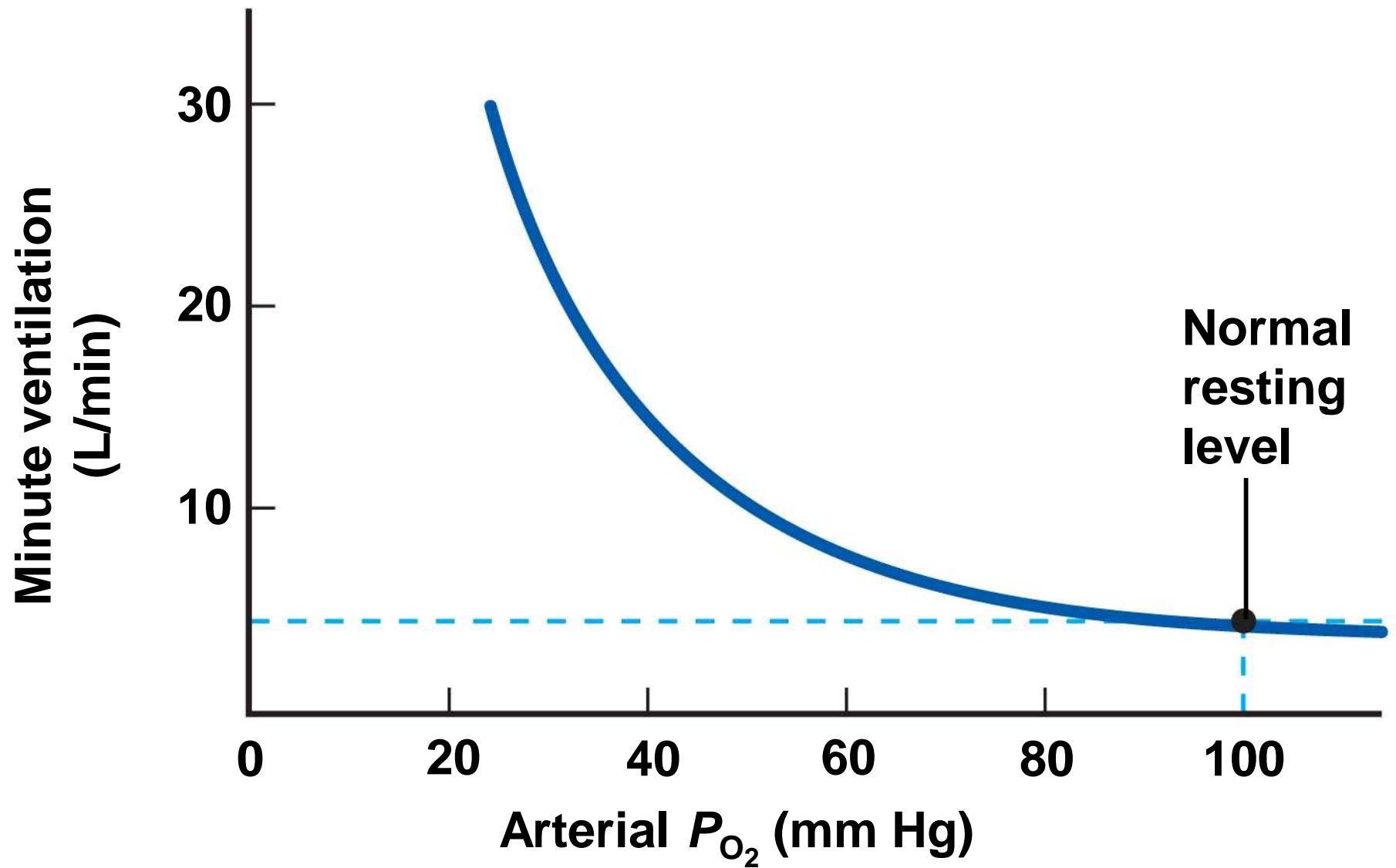


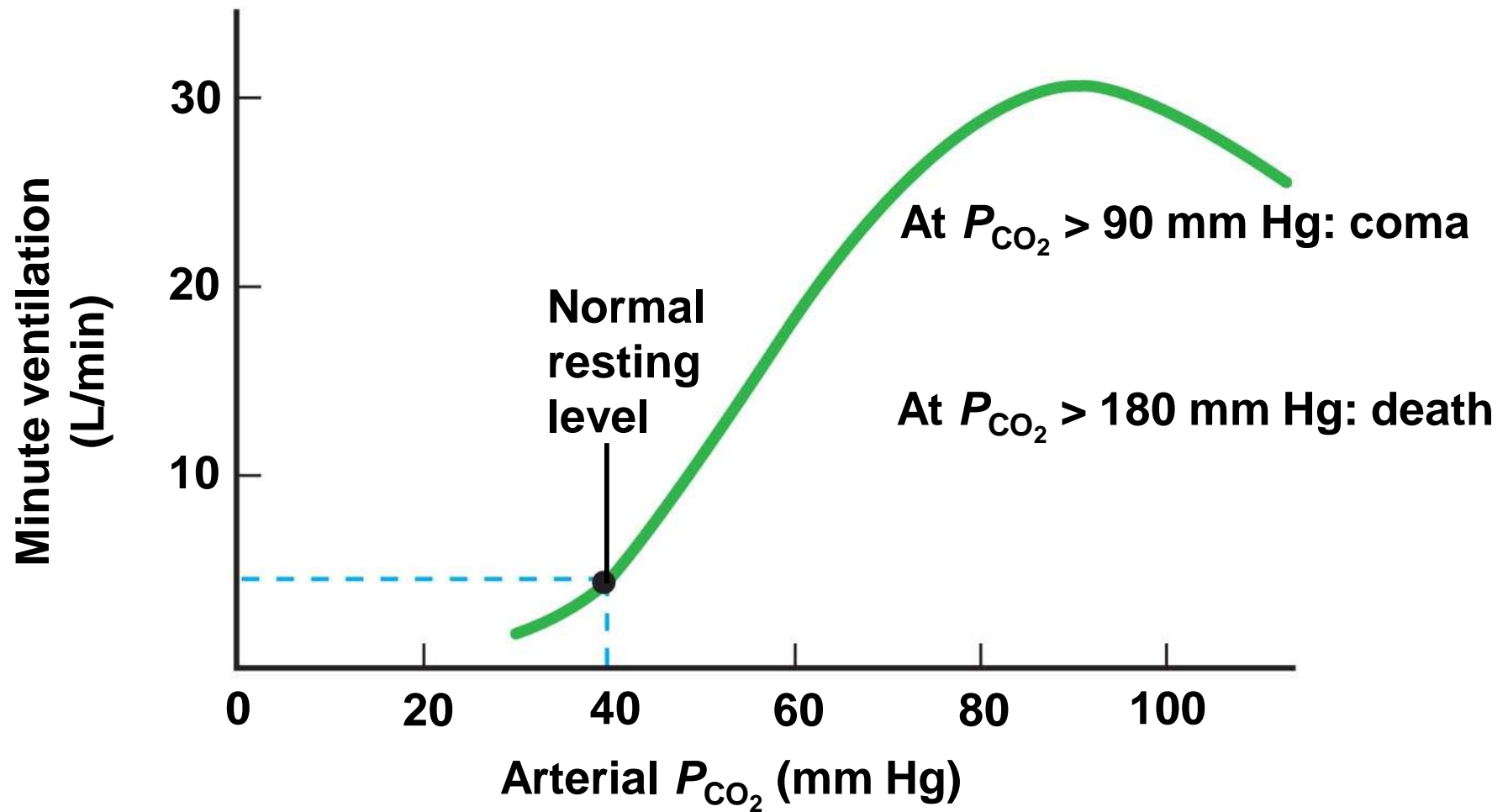


Figure 17.19a Respiratory control by chemoreceptors.



**(a)** Effects of arterial  $P_{O_2}$  on ventilation

Figure 17.19b Respiratory control by chemoreceptors.



**(b)** Effects of arterial  $P_{CO_2}$  on ventilation

# Chemoreceptors

- Central chemoreceptors
  - Located on the ventral surface of medulla
  - Respond to changes in pH of the CSF
  - Not directly responsive to  $\text{CO}_2$ 
    - Respond indirectly to  $\text{CO}_2$  via pH
    - Increased  $\text{CO}_2$  decreases pH
  - Not responsive to changes in  $[\text{O}_2]$

Figure 17.20 Activation of central chemoreceptors in the medulla oblongata.

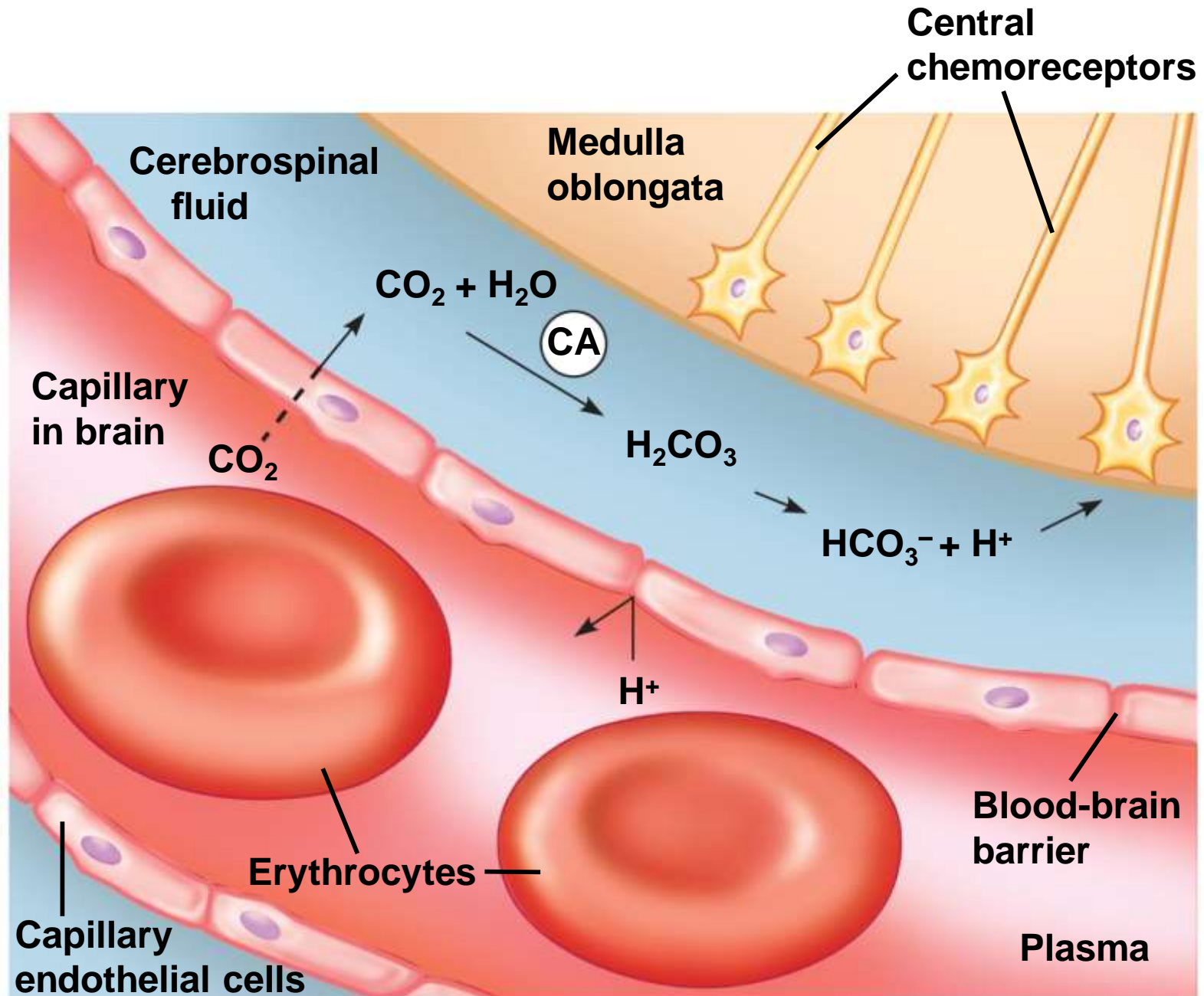


Figure 17.21 Chemoreceptor reflexes: The effects of changes in arterial  $P_{O_2}$ ,  $P_{CO_2}$ , and pH on ventilation.

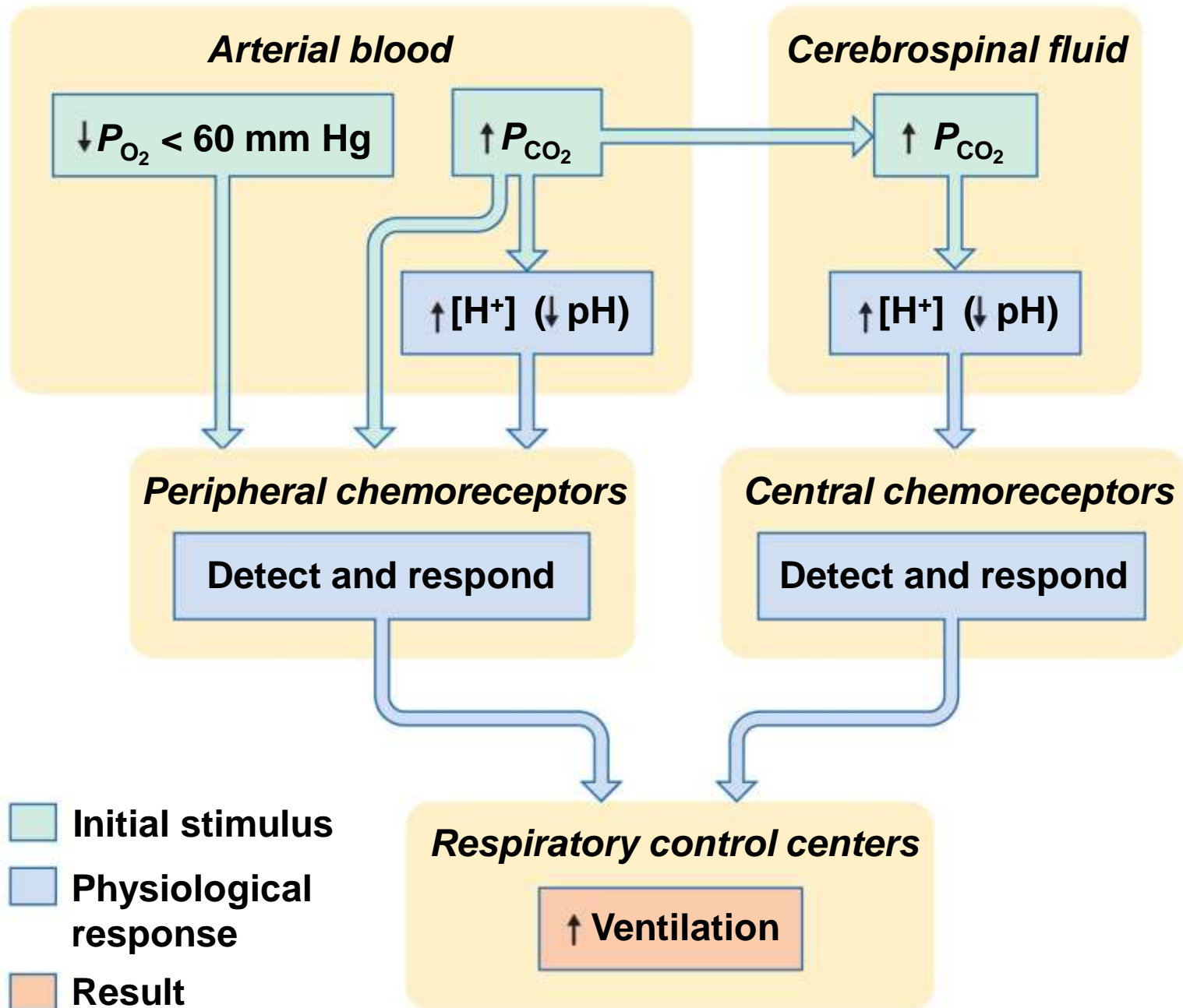
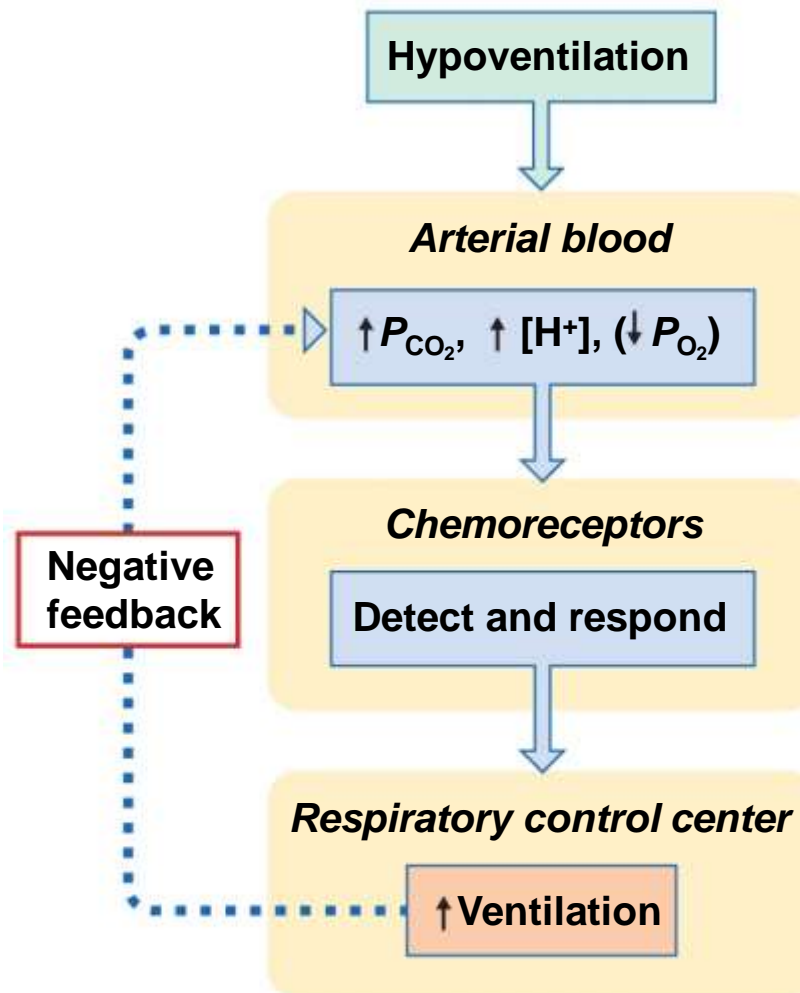


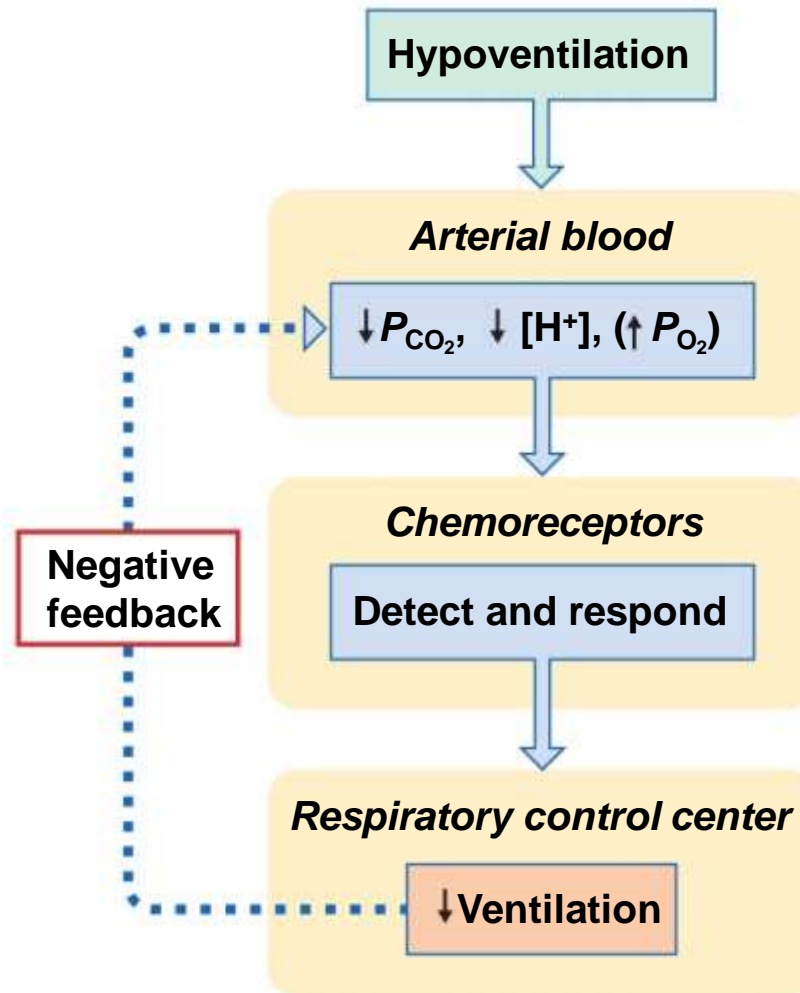
Figure 17.22a The effects of hypoventilation and hyperventilation on minute ventilation.



**(a)** Hypoventilation

- Initial stimulus
- Physiological response
- Result

Figure 17.22b The effects of hypoventilation and hyperventilation on minute ventilation.



**(b) Hyperventilation**

- Initial stimulus
- Physiological response
- Result

## 17.7 Local Regulation of Ventilation and Perfusion

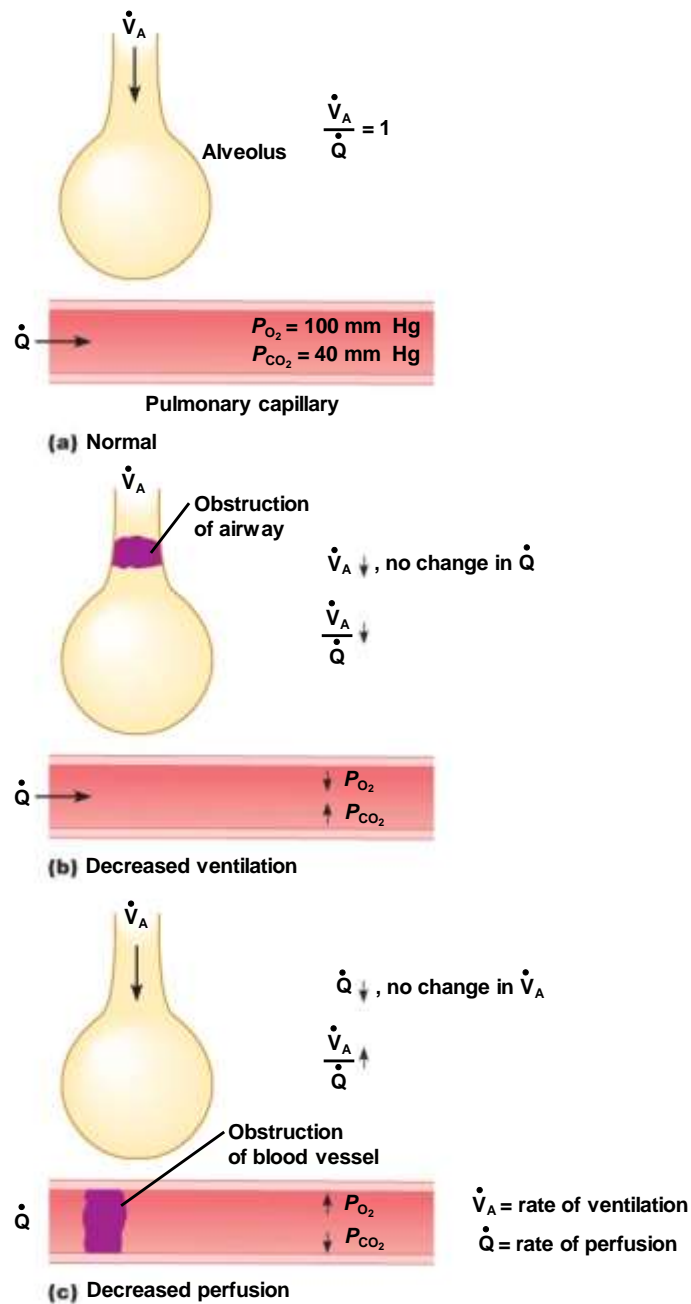
- Ventilation-perfusion ratios
- Local control of ventilation and perfusion



# Ventilation-Perfusion Ratios

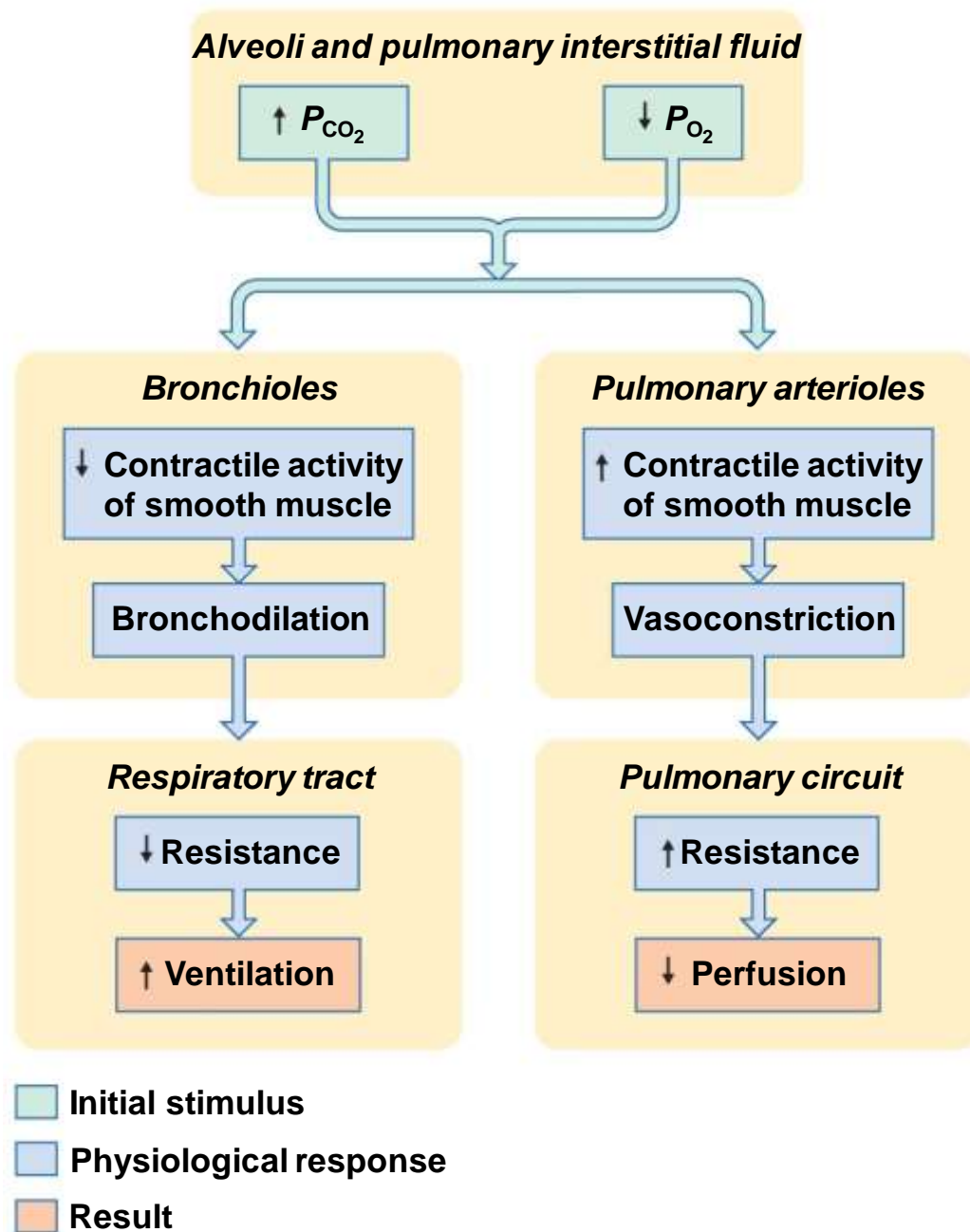
- Matching of ventilation to perfusion
  - Ventilation (V) = rate of air flow
  - Perfusion (Q) = rate of blood flow
  - Local ventilation and perfusion are regulated to match
- $V/Q$  = ventilation-perfusion ratio

**Figure 17.23 Ventilation-perfusion ratios.**



# Ventilation-Perfusion Ratios




- If ventilation to certain alveoli decreases
  - Increased  $P_{\text{CO}_2}$  and decreased  $P_{\text{O}_2}$  in blood and air
  - Increased  $P_{\text{CO}_2}$  in bronchioles → bronchodilation
  - Decreased  $P_{\text{O}_2}$  in P. arterioles → vasoconstriction
- If perfusion to certain alveoli decreases
  - Increased  $P_{\text{O}_2}$  and decreased  $P_{\text{CO}_2}$  in blood and air
  - Increased  $P_{\text{O}_2}$  in P. arterioles → vasodilation
  - Decreased  $P_{\text{CO}_2}$  in bronchioles → bronchoconstriction

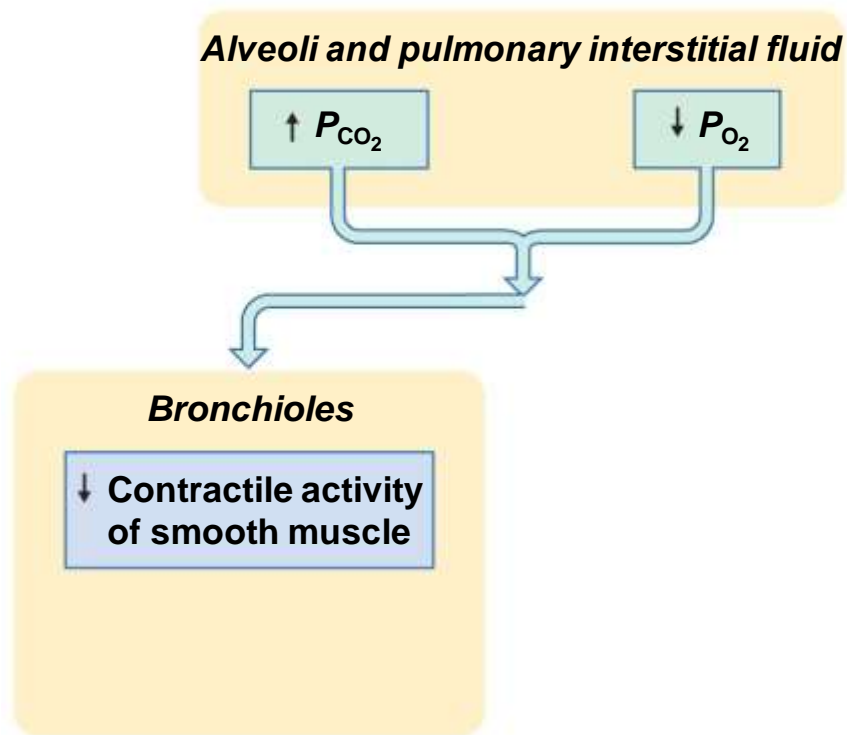


*Alveoli and pulmonary interstitial fluid*

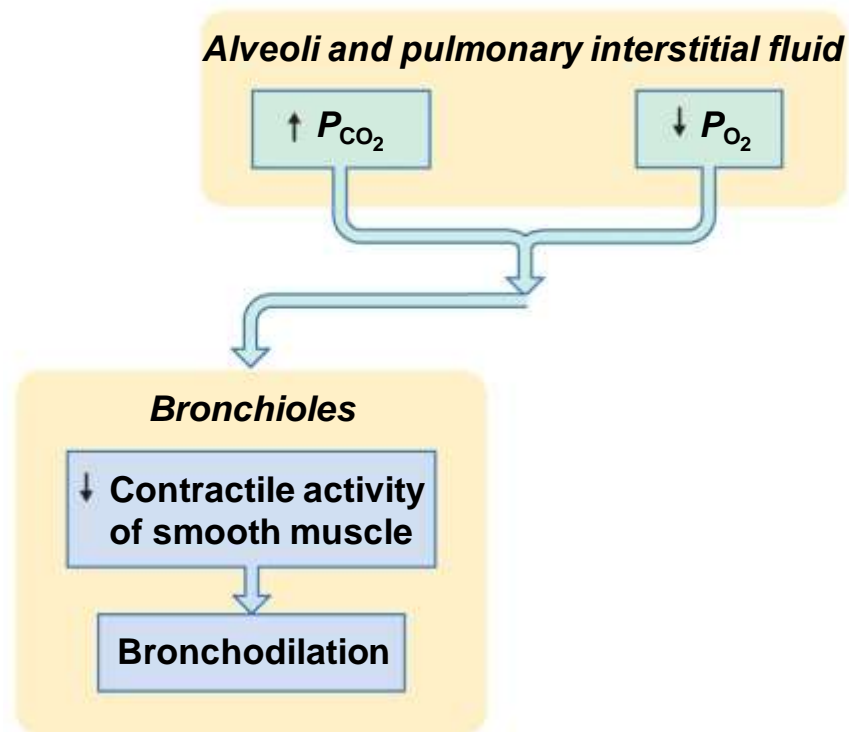
↑  $P_{\text{CO}_2}$

↓  $P_{\text{O}_2}$

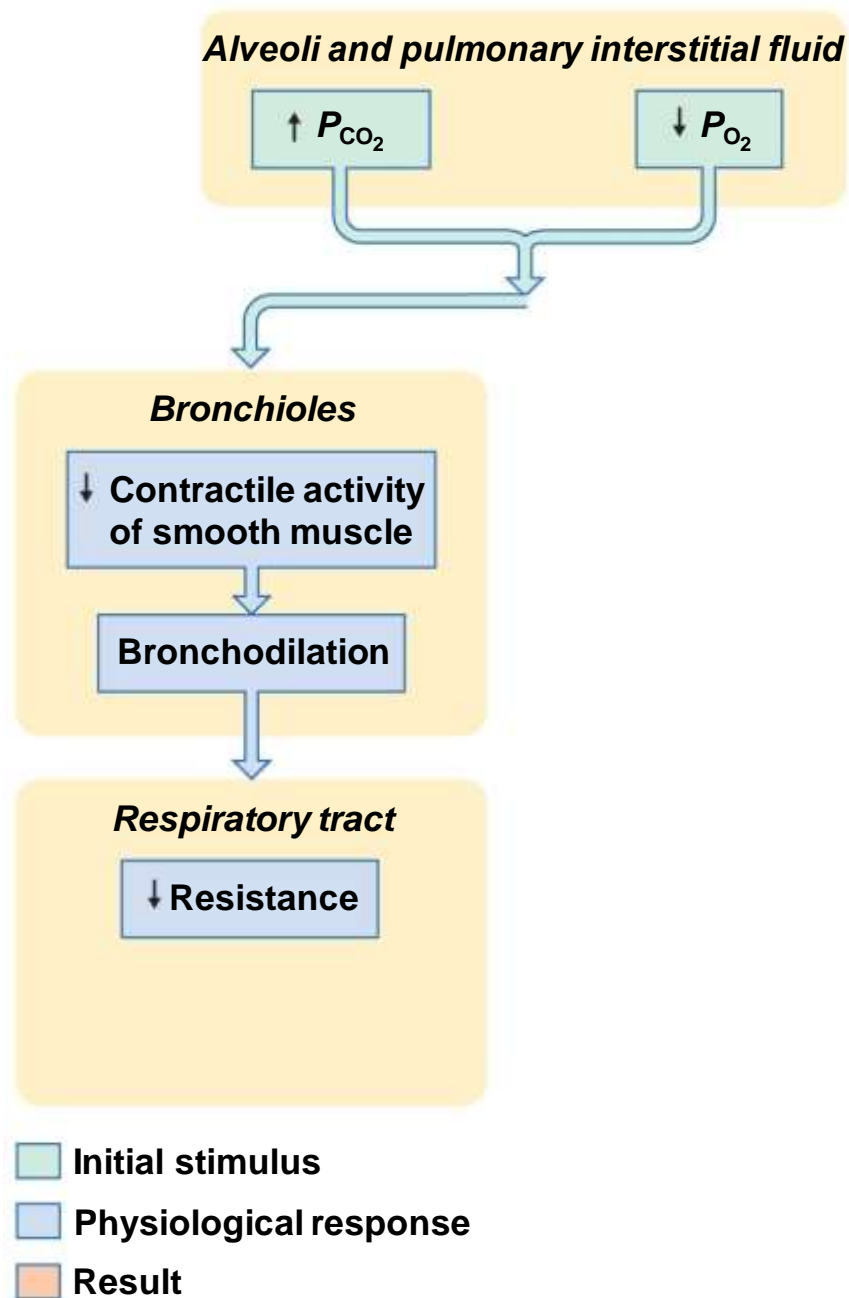
-  Initial stimulus
-  Physiological response
-  Result



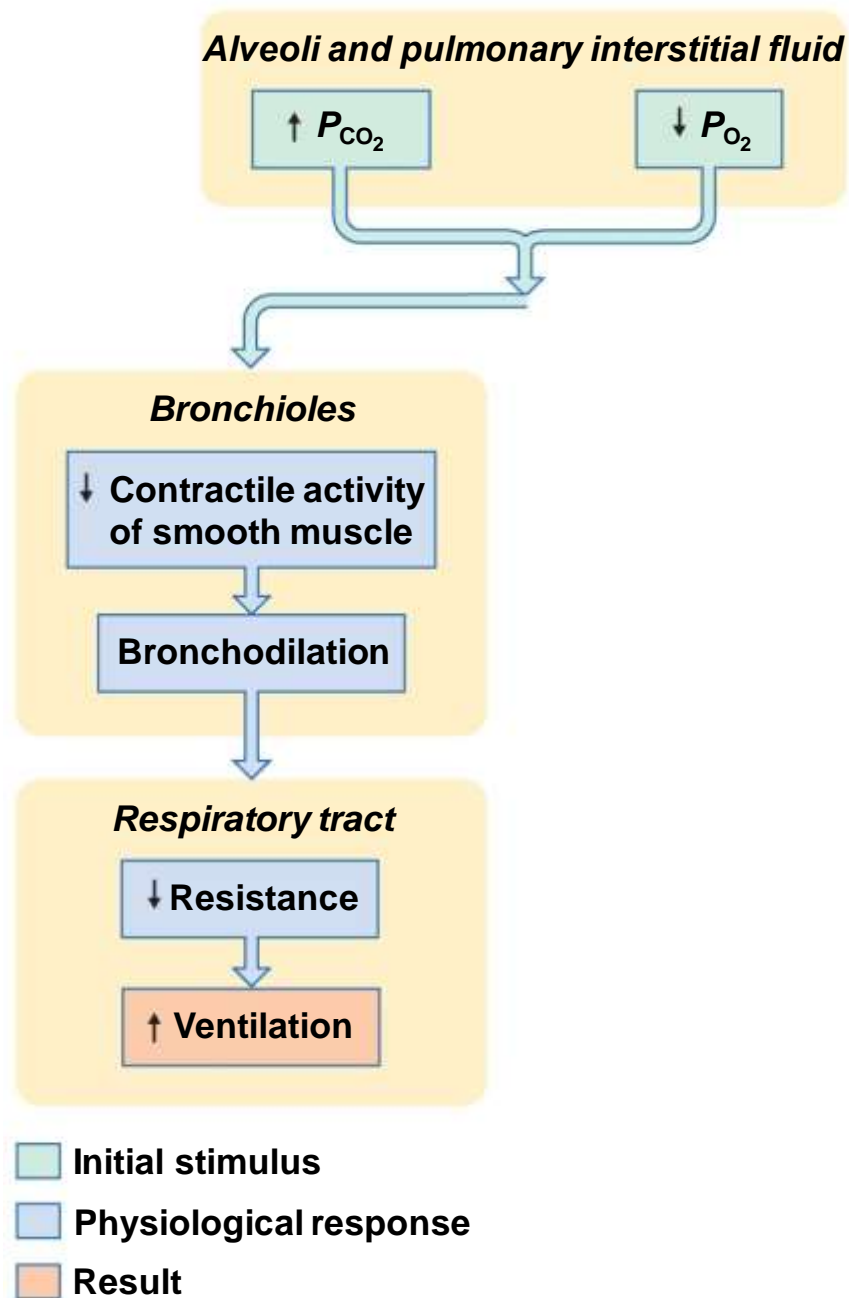
- Initial stimulus
- Physiological response
- Result

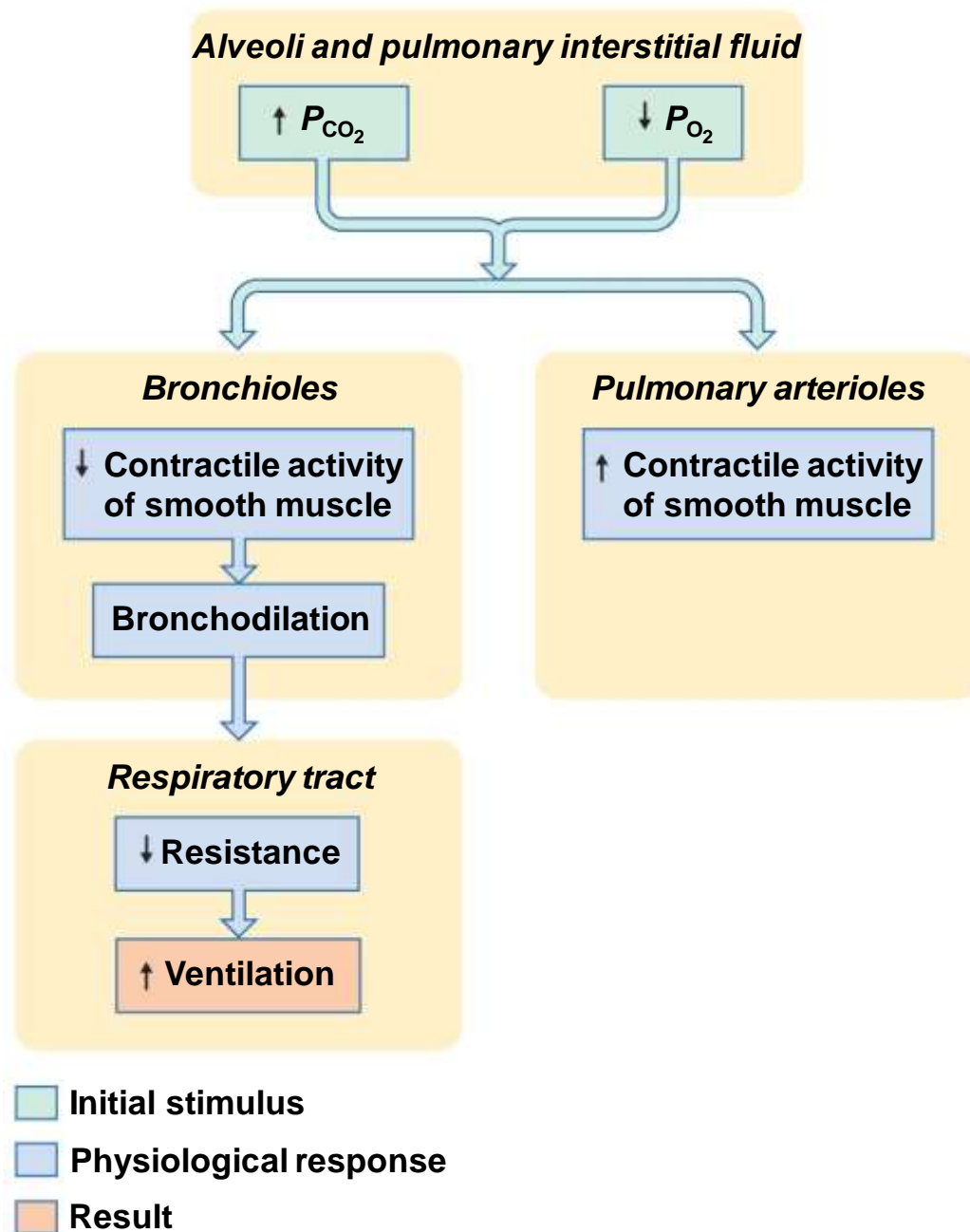


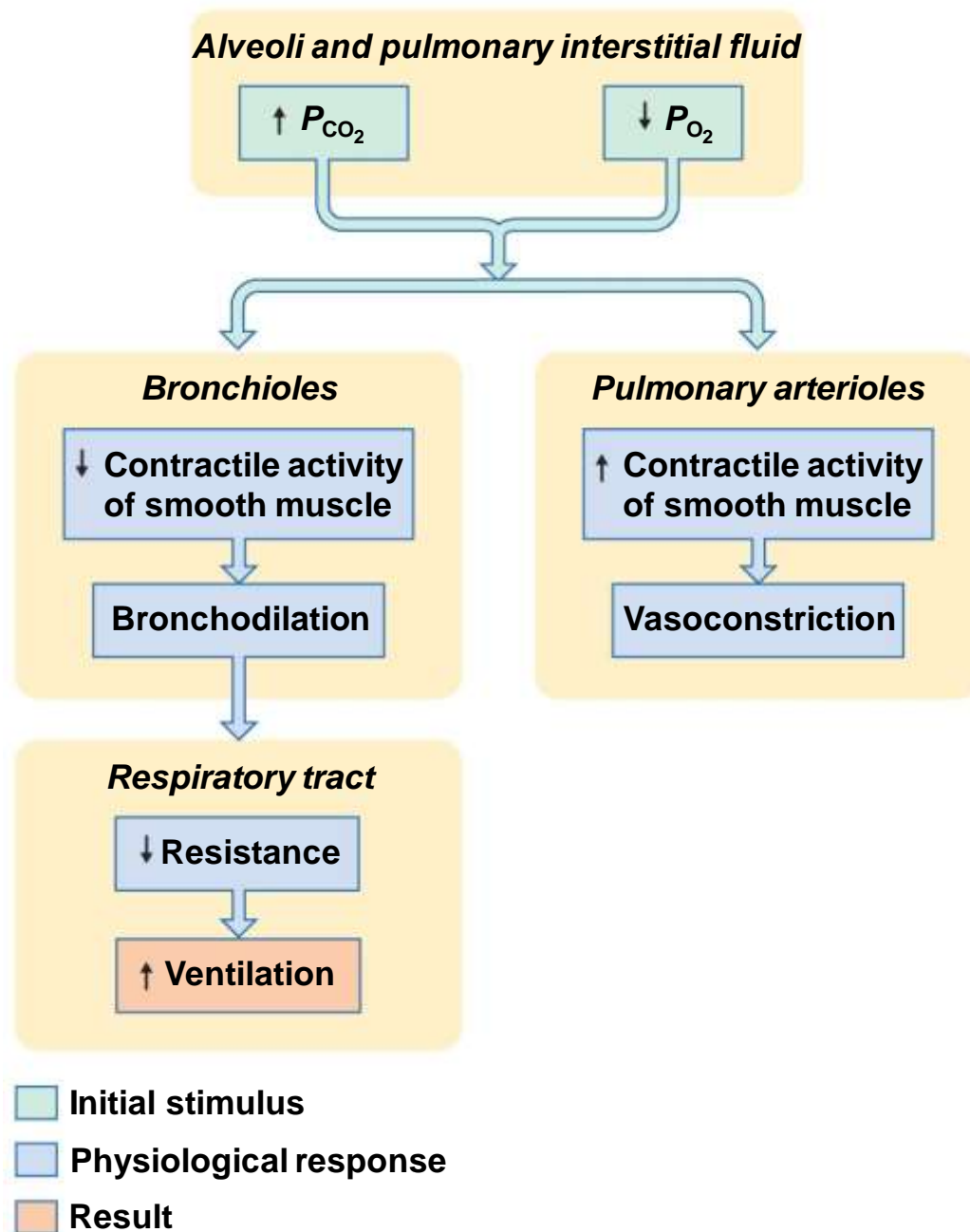
- Initial stimulus
- Physiological response
- Result

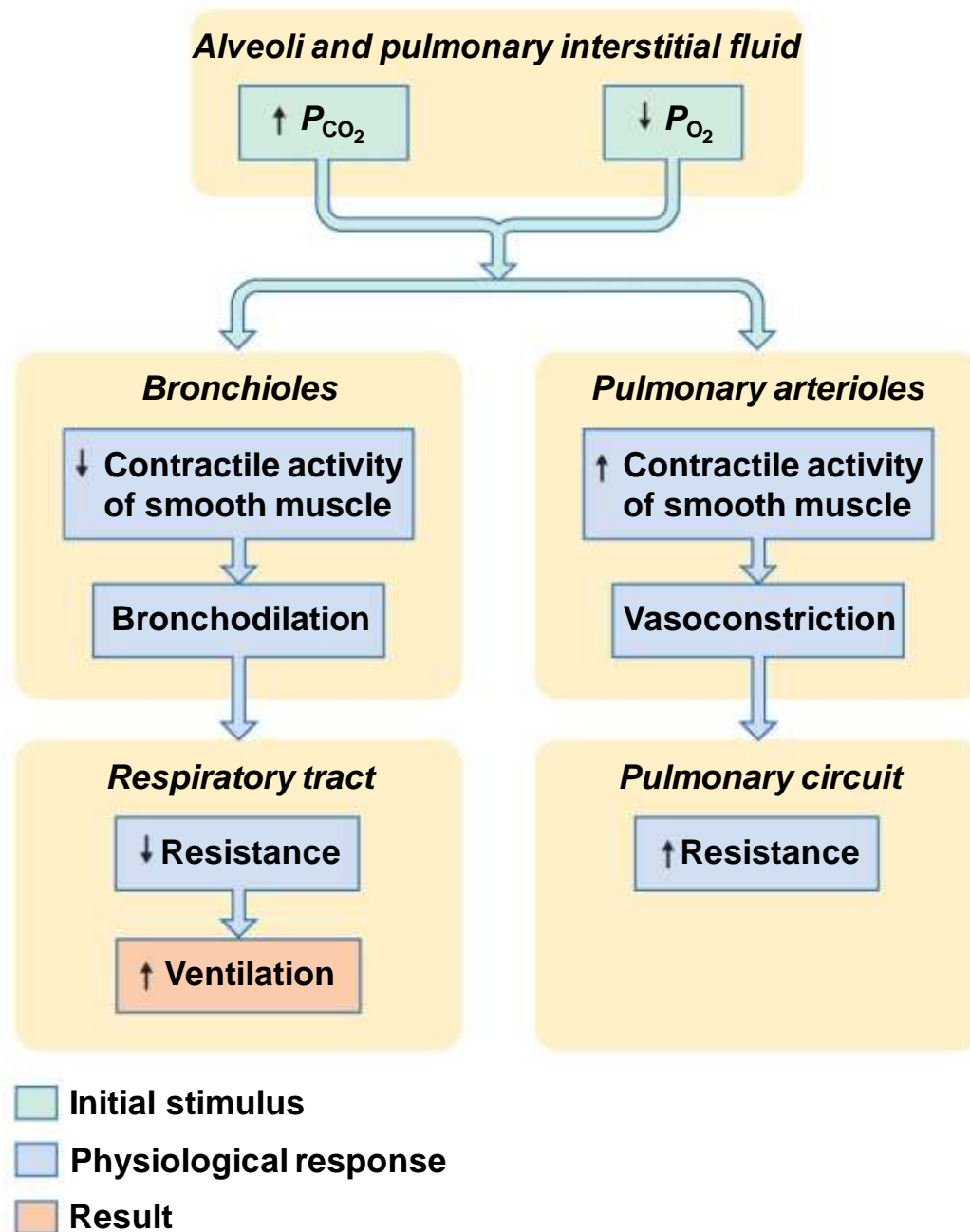


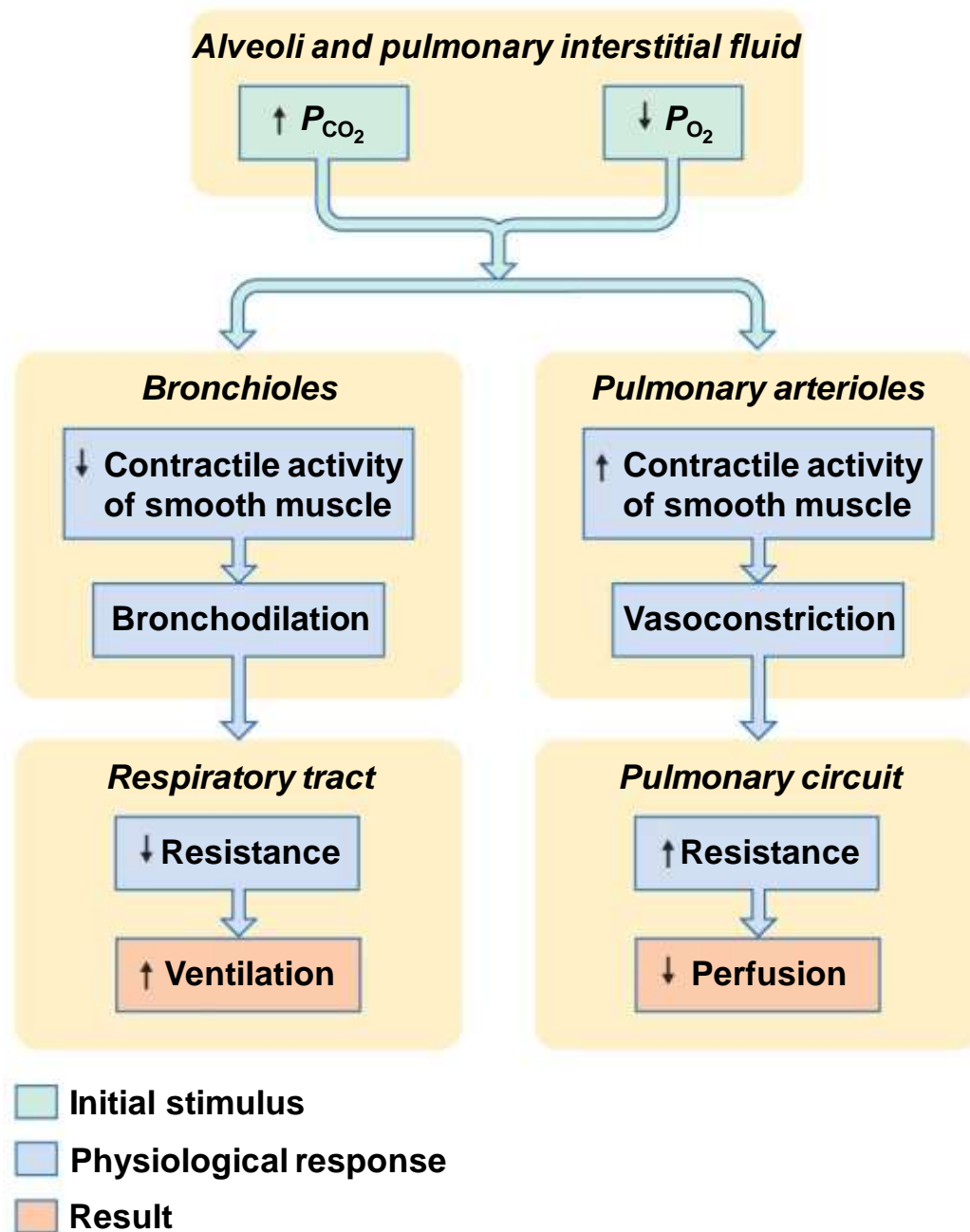












**TABLE 17.4** Local Controls of the Radius of Bronchioles and Pulmonary Arterioles

Change in gas composition in lungs	Response of bronchioles	Response of pulmonary arterioles
Increased $P_{\text{CO}_2}$	Dilation (increased $\dot{V}_A^*$ )	Weak constriction (decreased $\dot{Q}^\dagger$ )
Decreased $P_{\text{CO}_2}$	Constriction (decreased $\dot{V}_A$ )	Weak dilation (increased $\dot{Q}$ )
Increased $P_{\text{O}_2}$	Weak constriction (decreased $\dot{V}_A$ )	Dilation (increased $\dot{Q}$ )
Decreased $P_{\text{O}_2}$	Weak dilation (increased $\dot{V}_A$ )	Constriction (decreased $\dot{Q}$ )

 $\dot{V}_A$  = ventilation $\dot{Q}$  = perfusion

## 17.8 The Respiratory System in Acid-Base Homeostasis

- Acid-base disturbances in blood
- The role of the respiratory system in acid-base balance

# Acid-Base Disturbances in Blood

- Normal blood pH = 7.4 (range 7.3–7.42)
- Respiratory and renal systems regulate blood pH
- Small changes in pH have large physiological effects
  - Alter protein activity
- Acidosis: blood pH < 7.35
  - CNS depression
- Alkalosis: blood pH > 7.45
  - CNS over-excitation



# The Role of the Respiratory System in Acid-Base Balance

- Hemoglobin functions as a buffer
  - Deoxyhemoglobin has greater affinity for  $H^+$
  - $Hb + H^+ \rightleftharpoons HbH$
- Bicarbonate ions as a buffer
  - $HCO_3^- + H^+ \rightleftharpoons H_2CO_3 \rightleftharpoons CO_2 + H_2O$
- Can regulate pH by regulating  $CO_2$  levels

# The Role of the Respiratory System in Acid-Base Balance

- Henderson-Hasselbalch equation

$$\text{pH} = 6.1 + \log \frac{[\text{HCO}_3^-]}{[\text{CO}_2]}$$

- To maintain normal arterial pH = 7.4,  $[\text{HCO}_3^-] : [\text{CO}_2]$  must be 20:1
- Respiratory system regulates  $[\text{CO}_2]$
- Kidneys regulate  $[\text{HCO}_3^-]$

# The Role of the Respiratory System in Acid-Base Balance

- Respiratory acid-base disturbances
  - Respiratory acidosis
    - Caused by increased  $[\text{CO}_2]$
  - Respiratory alkalosis
    - Caused by decreased  $[\text{CO}_2]$