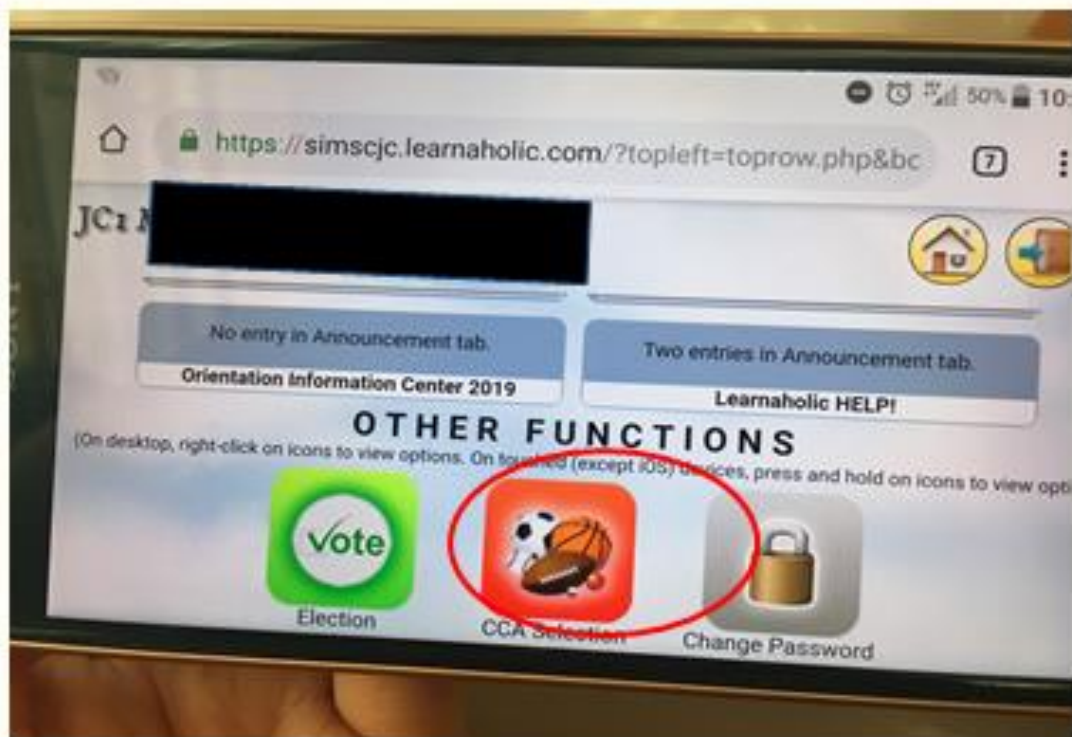


# CCAs in CJC

...

# CCA Selection



# SIMS

## – CCA Selection Guide

Home (5,941) Local Service CCA Admin 2020 CCA Team Staff simscg.catholic.moe.edu.sg

Not secure | simscg.catholic.moe.edu.sg/topleft=toprow.php&bottomright=ccaselection.php

App C CCA 2.0 Catholic JC e-Atten... NIS New Tab All

Welcome  
JCi [REDACTED]

Information

Dear [REDACTED] (SIMS),  
You can select up to 3 choices for your CCA. Fourth choice is only for (optional) second CCA.

1st Choice	
<input type="text"/>	Remarks: Please include handphone number, past CCA history and medical conditions / compulsory.
<input type="text"/>	

2nd Choice	
<input type="text"/>	Remarks: Please include handphone number, past CCA history and medical conditions / compulsory.
<input type="text"/>	

3rd Choice	
<input type="text"/>	Remarks: Please include handphone number, past CCA history and medical conditions / compulsory.
<input type="text"/>	

4th Choice	
<input type="text"/>	Remarks: Please include handphone number, past CCA history and medical conditions / compulsory.
<input type="text"/>	

Submit

# CCA Selection



State the following information under remarks column:

- a) *Medical Conditions. - Compulsory***
- b) *Contact No. - Compulsory***
- c) Leadership (if any)
- d) Enrichment (if any)
- e) Achievement (if any)
- f) Participation (if any)
- g) Service (if any)

# CCA Selection

- ***Students register for up to 3 choices in SIMS***  
***- 14 to 16 Feb, 5 pm***
- CCA Trials & Auditions - 17 to 21 Feb
  - *What if there is a clash?*
- ***Students update selections - 22 to 23 Feb, 5 pm***
- CCA Trials & Auditions continues - 24 to 28 Feb

***Please make sure the trial you going for is one of your 3 choices.....***

# Physical Sports

# Badminton

Training schedule: Monday : 5 pm to 7pm

Wednesday: 4pm to 7pm

Friday: 2:30pm to 5:30pm



# Basketball (Boys)



@cjcbasketball

## Training Schedule:

Mon	5:30 - 7:30 pm	SJI Indoor Court	Training for all members
Wed	5:30 - 7:30 pm		
Fri	3:00 - 6:00 pm	PSOEB (TBC) (21 Evans Rd)	Training for competition team



## Selection Trials: 17 Feb (Mon) and 19 Feb (Wed)

- Pls bring the appropriate attire / shoes
- Gather outside TDC at 5.15pm with all belongings (Trials will be in SJI)





# CJC CANOEING



## TRAINING DATES:

WED 4.30-6.30, FRI 3.30-6.30, SAT 8-11

## LOCATION:

MACRITCHIE RESERVOIR

FOLLOW @CJCANOEWHOOSH ON INSTAGRAM

SCAN THIS QR CODE TO SIGN UP FOR CCA TRIALS!

## CCA TRIAL DATES:

TUES 18/02- 5 PM onwards

THURS 20/02- 5 PM onwards

TUES 25/02- 5 PM onwards

MEET @ GRANDSTAND 😊



# Cross Country

Training schedule:

- Mondays, Tuesdays, Thursdays 17:00 CJC Track



# Fencing

## Training Schedule:

(1) Tuesday 5.30 pm - 7.30 pm AND

(2) Friday 2.30 pm - 5.30 pm

## Trial Dates:

18 Feb 5.30 pm or 21 Feb 3.00 pm

Please bring along your PE attire for the trial dates.

## Additional Information:

Eventually if you are allocated fencing as your CCA, you will be required to purchase a full set of fencing attire and the corresponding weapon category you are participating in.

# Floorball (Venue Audi)

Training schedule: Tuesday : 5 pm to 7pm

Thursday: 5pm to 7pm



18 Feb Tues	5 - 7 PM
20 Feb Thurs	5 - 7 PM
25 Feb Tues	5 - 7 PM



# FOOTBALL



Training schedule: Mondays, Wednesdays & Fridays



Date of Football Trials : 17th February at 5.15pm & 24th February at 5.15pm

Venue : College Field

Attire : Boots, Shin-Pads & PE Attire



Criteria : Players planning to vie for a spot in the squad will be evaluated on the following attributes : Overall Technical Ability (ball control, passing, shooting & dribbling), Tactical Ability (awareness, transition, positioning & decision-making) and Overall Physical Fitness (agility, speed, endurance & strength).



# NETBALL

## Trial Dates

<b>19 Feb Wednesday</b> (Girls with netball experience)	4:15 - 5:45 PM	Grandstand
<b>21 Feb Friday</b>	3 - 5:30 PM	
<b>26 Feb Wednesday</b>	4:15 - 5:45 PM	

Please report punctually in CJC PE attire and sports shoes.  
Long hair to be tied up and nails cut short.

## Training Schedule

<b>MONDAY</b> ('A' Div Team)	5 - 7 PM	Grandstand
<b>WEDNESDAY</b>	4:15 - 5:45 PM	
<b>FRIDAY</b>	3 - 5:30 PM	



Students who are interested,  
please indicate in SIMS and fill  
this form up as well.

<http://gg.gg/J1Netball2020>

# Shooting Club

Training schedule: Wednesdays (4:30-6:30pm)  
and Fridays (3:00-6:00pm)

JCI trial/interview during CCA timings:

19 Feb Wed, 21 Feb Fri, 26 Feb Wed

Additional information:

- Attire - CJC PE t-shirt & CJC long pants/skirt or trackpants
- Report early to venue - CJC range



# JUDO TRIALS AND TRAINING SCHEDULE

<b>18 Feb Tuesday</b>	<b>5 PM</b>	<b>JUDO TRIALS</b>  <b>VENUE: DOJO (G BLOCK TOP FLOOR)</b>  Please report punctually in PE attire.
<b>21 Feb Friday</b>	<b>230 PM</b>	
<b>24 Feb Monday</b>	<b>5 PM</b>	



柔道  
JUDO

If you have interest in learning Judo or have any prior experience in this sport, sign up in SIMS to indicate your interest.

Teachers in charge:  
Ms Serena Soh  
Mr Liu Yuci  
Dr Chin Yen Jin  
Mr Peter Goh

<b>Monday</b>	<b>5 - 630 PM</b>	<b>JUDO TRAINING</b>  <b>VENUE: DOJO (G BLOCK TOP FLOOR)</b>
<b>Tuesday (during A divisions)</b>	<b>5 - 630 PM</b>	
<b>Friday</b>	<b>230 - 530 PM</b>	



# Swimming

Day	Time	Venue
Mon	6:00 - 8:00 pm	CJC Grandstand
Wed	6:00 - 8:00 pm	
Fri	3:45 - 5:45 pm	



Sign-up for Swimming CCA using the QR Code on the left or the link below.

Due to the 2019-nCoV situation, in lieu of a physical trial at the pool, we will conducting interviews to gauge your swimming background, prior experience and interest. Please come prepared with the relevant documents and timing records, if available.

<https://tinyurl.com/jlsignupswimming>



# TENNIS

## Training Schedule



Days	Time	Remarks	Venue
Monday	5pm to 7pm	Girls Training	CJC tennis courts
Wednesday	4pm to 6pm	Boys Training	
Friday	230pm to 530pm	Girls Training	
	330pm to 630pm	Boys Training	

Trials: 17, 19, 21, 24, 26, 28 Feb

Attire: PE attire, tennis racket, shoes



# Tenpin Bowling



**Training schedule:** Wednesdays 5.30 - 7.30pm & Fridays 3.30 - 5.30pm

**JCI selections:** <https://www.form.gov.sg/5e421325ad75b000114fbd7a>

**Venue:** Civil Service Club at Bukit Batok (Westwood Bowl)

91 Bukit Batok West Ave 2, Singapore 659206 (Level 4)



**As of now, training sessions will be held in school. Further info will be communicated to you, if you are selected.**

**Teachers in charge:** Ms Sabrina Lim, Ms. Audrey Lioe, Mr. Idzham Ithnin

# Track and Field

Training schedule:

- Training schedule: Mondays, Tuesdays, Thursdays 17:00 CJC Track



# Volleyball



## Training schedule:

Group	Day	Time	Venue
Boys	Thu	5pm - 7pm	CJC outdoor courts
	Fri	4pm – 7pm	CJC outdoor courts / St Joseph's Institution Junior
Girls	Thu	5pm - 7pm	CJC outdoor courts / OCBC Arena
	Fri	4pm – 7pm	CJC outdoor courts
Group 1 non-competitive	Wed	4pm – 7pm	CJC Outdoor courts

## Selection trials:

**Boys:** 19 Feb (Wed) & 26 Feb (Wed)

**Girls:** 20 Feb (Thu) & 27 Feb (Thu)

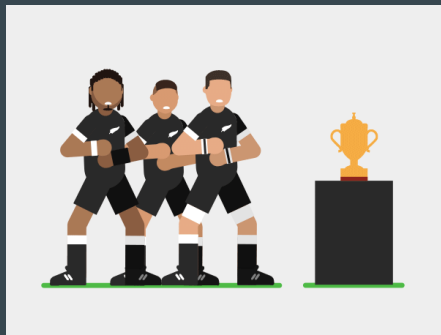
**Time:** 5pm

**Venue:** CJC outdoor courts

**Attire:** CJC PE attire & sports shoes

# RUGBY

Training schedule:



Group	Day	Time	Venue
SEMESTER 1	TUES	5 PM - 7 PM	CJC FIELD
	THUR S	5 PM – 7 PM	CJC FIELD
	FRI	3 PM - 5 PM	CJC FIELD

Selection trials:

18 Feb (TUE) & 20 Feb (THUR)

**Time:** 5 pm

21 Feb (FRI)

**Time:** 3 PM

**Venue:** CJC FIELD

**Attire:** CJC PE attire & Boots



# Ultimate (Frisbee)

Semester 1 Day	Time	Venue
Tuesday	5 – 7pm	CJC Field
Wednesday	4 – 7pm	
Selected Saturdays	9am – 12pm	

**Trials: 18, 19, 25, 26 February**

**Attire: CJ PE attire + Cleats (if you have)**



@CJUltimate



CJU started as an interest group and is now coached by our very own active alumni (of more than 3 generations)

If you have interest to join our CJU family, please apply as 2nd CCA (4th Choice) OR approach Mr Alvin Leong

VISUAL &  
PERFORMING ARTS



# CHOIR

## Training schedule:

Mondays & Thursday (5.30 - 8 pm)

Fridays (2.30 - 4.30 pm) (Additional Practice for Term 1 & 2)

## Training Venue: LT1

Trial dates : 17 - 20 Feb (5.30pm) @ LT1

24 - 27 Feb (5.30pm) @ LT1

**Any Other Information:** No prior experience needed but love to sing





Training and AUDITION  
info here:



**\_cjdc**

# CJC DRAMA SOCIETY



## WEEKLY TRAINING SESSIONS

**Venue:** Drama Centre F4-004

- Wednesdays, 4.30-6.30pm
- Fridays, 3.30-6.30pm

## DRAMA AUDITIONS

**Venue:** Lecture Theatre 2

19 & 26 Feb (Wed) 4.30-6.30pm

21 & 28 Feb (Fri) 3.30-6.30pm

The audition will consist of performing:

1. A prepared monologue (bring along your selected script)
2. A group improvisation segment
3. Q & A

*NO experience required.*

*It's our SYF year. Come, be part of the excitement!*

# GUITAR ENSEMBLE

## Training schedule:

- Tuesdays (5-7pm) and Fridays (3-5pm)
- Thursdays (5-7pm) additional session prior to performances and SYF

## Guitar interview slots for all interested students:

- Tuesday 18 Feb (5pm) or
- Friday 21 Feb (3pm) or
- Tuesday 25 Feb (5pm)
- **Venue: Guitar Room (F3-003), beside LT3**



**No prior music/guitar background necessary.**  
**We welcome all who are interested to learn the guitar!**

# GUZHENG ENSEMBLE

## Training schedule:

- Mondays (5.30-7.30pm) and Thursdays (5.30 - 7.30pm)
- Additional session prior to performances and SYF:  
*Wednesdays (4.30-6.30pm) OR Fridays (2.30-4.30pm)*



## Audition slots for all interested students:

- Monday 17 Feb (5.30pm) or Thursday 20 Feb (5.30pm)  
or Monday 24 Feb (5.30pm) or Thursday 27 Feb (5.30pm)
- **Venue: Guzheng Ensemble Room (F5-06/2)**
- *For experienced students: bring your own music to play*

**No prior music/guzheng background necessary**  
**although good to have prior Guzheng/ Chinese Orchestra Experience**  
**We welcome all who are interested!**

# SYMPHONIC BAND



## PRACTICES:

Mon 5.15 - 7 pm

Wed 5.15 - 8 pm

Sat 9 am - 1 pm (Terms 1 & 2)

@ F3-009

(Band Room)

# *Experience the Magic*

Catholic Junior College Symphonic Band

AUDITIONS: 15, 17, 19, 22, 24, 26 Feb

(Mon & Wed: 5.15 pm; Sat: 9 am)

No prior music/band background necessary.

All are welcome to join :)

# Music Ministry

**Venue and Time: NA (chapel mass practice is at students' own time)**

Pls see notice board for more information



# Film, Sound & Video Society

<https://www.flickr.com/photos/catholicjc/sets/>

Training schedule and Venues (FSV Room - F2-11):

- Wednesdays 4:30-6:30 pm
- Fridays 3:00-6:00 pm

## Application Information:

Interested applicants to prepare personal portfolio consisting of media produced in the past year by the applicants, to be submitted before the interviews.

- 1) Main portfolio to consist of 5 photos from the following 3 categories: Portrait, Sports/Action, Events.
- 2) If you have any video production experience, please include a couple of videos produced.
- 3) The FSV student leaders will inform you of the available interview time slots directly.

**Members are required to purchase personal storage media (SD Cards, not microSD) for use with DSLR cameras owned by the college.**



# CLUBS & SOCIETIES

# EDITORIAL CLUB

Meetings are held every Friday, 3:00 PM - 5:00 PM in the Library Beta Room

*If you have experience as a student writer for newsletters and magazines, or if you have a keen interest in honing and developing your skill as a student journalist/reporter, Editorial Club welcomes you to join us!*

Our work is featured in official college publications i.e. the FLAME newsletter and the College Annual.

## Additional Information:

- Students who wish to find out more about our activities may contact the Teachers-in-Charge: Ms Suzie Jumadi, Ms Nur Liyana, Ms Goh I-mei or Mdm Tan Seow Ling
- Applicants must sit for an written test (3 sections i.e. writing a report on a school event, editing, personal response).
- You are invited to take a look at our publications here: <https://cjc.moe.edu.sg/about/publications>



# ENVIRONMENTAL SCIENCE SOCIETY (ESS)



CCA Session:

Every Friday, 3 - 6 pm (Once a week)

Venue:

H3-03 in Block H, Science Practical Block  
(beside tennis court)

Any Other Information:

Students who wish to find out more about  
ESS can contact P and VP of society [i.e.  
83886679 and 96564630] respectively.

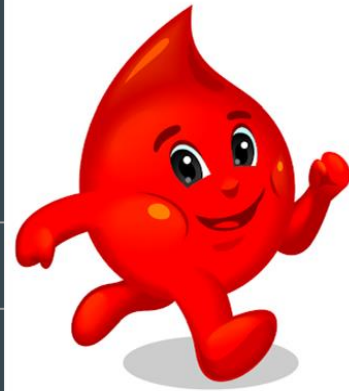
Teachers-in-charge:

Ms Sri Yuni and Dr Lim Wei Ying



# First Aid Club

Training schedule:



Date	Time	Venue	Remarks
Wednesday	4:30pm -- 6:30pm	J3-04	
Friday	2pm-4pm	J3-04	Selected weeks only.
8th -- 9th June  (Tentatively)	8am--5pm	MHI Training Center 218 E Changi Road #03-05A, PKMS Building S419737	Standard First Aid Course. Attendance is compulsory and have to pass the test.

Prior experience in First Aid is not necessary.

Please complete a form @ <https://tinyurl.com/firstaidclub2020> to arrange for an interview session.

# INTERACT CLUB

## CCA Schedule:

- 1) Every Wednesday, 4.30- 6.30pm, LT4/St John Room
- 2) Every Friday, 3-5pm, Various CIP Locations

**Briefing:** 19 February 2020 (Wed), St John Room (TDC)

## Teachers IC:

Ms Tan Mei Qi, Mr Gabriel Fu, Mr William Yeo,  
Mr Eugene Yap

Interested Students, Pls refer to the CCA Noticeboard



cjinteract

# ORATORICAL SOCIETY

*Freedom through Speech*

## Trial Dates:

18<sup>th</sup> February, Tue  
19<sup>th</sup> February, Wed

## Contact Us:



9150 1440  
(Shaz, Vice-President)



@cj\_oratorical



Simulate UN  
Councils on  
interesting  
world issues



Have engaging  
debates about  
mind-probing  
issues

## CCA Timings:

Mondays- 1700 to 1900  
Fridays- 1430 to 1700





# St. Vincent De Paul Society (SVDP)

*We serve the underprivileged in society*

## CCA timings:

- Wednesdays 4.15-6.30PM @ CJC
- Fridays 2.30-6PM @ External venue *\*This timing includes travelling time. Suspended till further notice in view of the Wuhan virus situation.*
- Some weekends may also be involved when we need to cater to the schedule of the community we are serving.

## Additional information:

- Students who wish to find out more about SVDP can contact an Exco member [get contact number from CCA notice board].
- Teachers-in-charge: Ms Charlene Lin & Mr Clarence Lee
- Students who are interested in applying to SVDP **must** complete the following survey:

<https://tinyurl.com/iwantSVDP2020>



# Strategy Games Club

CCA Timing: Fridays 2:30 to 5:30pm

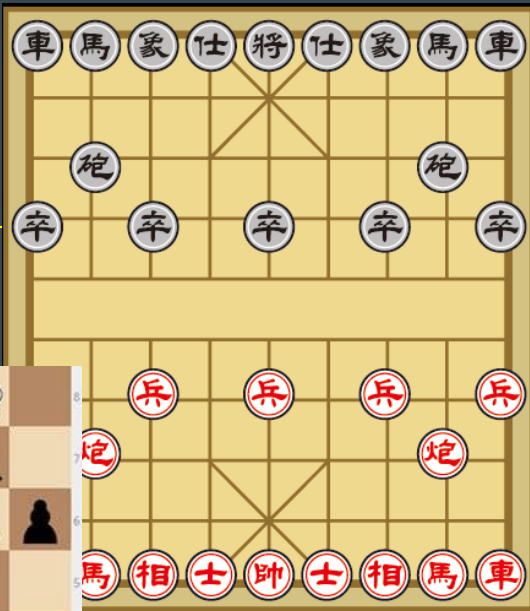
Venue: E3-06 and E3-07

Games Played:

- Contract Bridge
- Chinese Chess
- International Chess

No prior background necessary.

We welcome all who are interested!





# Investment & Entrepreneurship CJC NEXUS



Always once a week, e.g. Fri 2-5 pm.

No mandatory weekend/holiday sessions.

First session for JC1s: 21 Feb Fri 2pm

Find out more:  [@cj\\_nexus](https://www.instagram.com/cj_nexus)

Indicate interest at:

[bit.ly/nexus\\_j1\\_interest](https://bit.ly/nexus_j1_interest)

**Our  
partners:**



## ● Learning Journeys

Visit a business incubator, the GIC Trading Floor, Lego and other companies.

## ○ Workshops

Learn about financial literacy, investments, developing a business plan, and delivering a killer pitch.

## ✕ Speaker Series & Mentoring

Engage with entrepreneurs, finance & fintech professionals. Be mentored on your business plan & pitch.

## ■ Competitions & Conferences

Rub shoulders with students from other JCs and universities. Gain confidence in your knowledge of business, finance & economics.

# Student Council

## Meetings:

**Wednesday 5.15pm-7pm,  
Fridays 3.15pm-7pm**

- **Shape our College's Culture**

Have an opportunity to make a difference as a leader in our college through planning for events like Orientation, Rockafella, Catholic Activities, Open House and Graduation Night

- **Take up the Leadership Challenge**

Work with your Teacher Advisors and Peers to stretch yourself to develop your potential as a Leader

- **Specialise in a cause you feel for**

**Contribute in the Student Activities, Community Involvement or the Catholic Activities Wing**



**Info Session: 14<sup>th</sup> February 2020, 3pm-4pm, LT2**  
**Attendance is compulsory for all who are interested to run for Council**